

# The top 5 ultra-marathons you need to try - from chasing sunsets in Mongolia to Nepal's most imposing 100km event

• As the rest of the world opens up, here are the best races taking place in Asia over the next 6 months

Topic | Hiking and Running



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Mongolia Sunrise to Sunset. The race is centred around Toilogt Ger Camp, which is a 14-hour drive from the capital city and airport of Ulaanbaatar. Photo: Mongolia Sunrise to Sunset

As most of the world leans to live with the coronavirus and normality resumes, attention turns to the things we added to our bucket lists when travel was not possible.

The thought of escaping to open spaces or taking on new challenges in far off lands was an important part of surviving the feeling of claustrophobia the developed over the past two years.

For many, the ultra-marathons that span the globe in places that might not be first on the list for a holiday became a beacon of what might be possible when restrictions lifted.

So, while Hong Kong's strict quarantine rules make getting away more difficult than for people living in the rest of the world, if you can get a flight, and harder still a find a designated hotel that isn't fully booked, here are five of Asia's finest ultra trail-running events that are happening later this year and should be on your to do list.



## Mongolia Sunrise to Sunset

Mongolia is a must-see destination for many of us, and yet the logistics of pulling together travel there can often seem daunting. This is where a packaged event such as the MS2S comes into it's own.

The race is centred around Toilogt Ger Camp, which is a 14-hour drive from the capital city and airport of Ulaanbaatar, a location that makes it one of the most remote ultra races around.

Being at relative altitude (1,645m) means that you should take a few days to acclimatise, and this is all part of service offered by the organisers of the race, which has a 42km & 100km distance option.

Considered "one of the most beautiful trail races in the world," it takes place between August 6th and 13th this year.

Web site: [www.ms2s.org](http://www.ms2s.org)