



On The Cover: Java Wood Carving
Photo By: Jimmy Wilkins

CIRCLE UP!

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1-8 August 2015

Mongolia Sunrise to Sunset

2015

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The 17th Mongolia Sunrise to Sunset 42k and 100k ultra trail run takes place in the week of 1-8 August 2015. Early bird travel packages are available until March 1st on www.ms2s.org!

Mongolia-

For the 17th time already, adventure seeking runners from all over the world will gather at the shores of Lake Hovsgol in Northern Mongolia for a very special experience: the Mongolia Sunrise to Sunset 42k and 100k ultra trail marathon. Until March 1st, 2015, runners can book a discounted early bird travel package on the event website www.ms2s.org. "It is a whole week of exploration with horseback riding, kayaking, hiking, fishing, sleeping in traditional Mongolian Gers – and of course running", says race director Nicolas Musy.



The race on August 5th will be as challenging as it is beautiful. Runners pass by yak herds and wild horses, shamanistic Ovoos as well as Mongolian yurts and horsemen, in one of the most pristine and spectacular areas on this planet. Amongst participants, the race is known as the world's most beautiful 42k and 100k run. A lakeside single track through woods and over windblown lowlands; steep, rocky mountain passes with breath-taking views; river valleys and marshy forests; seas of wildflowers. The accumulated elevation gain/loss for the marathon distance is 2.255 meters, for the 100k course it is 3.365 meters.

Preserving the National Park

The Mongolia Sunrise to Sunset is organised on a non-profit basis. All proceeds are used to keep Hovsgol National Park pristine and to support the culture of the local population via the "ecoLeap foundation" registered in Geneva, Switzerland. Nicolas Musy: "It is not only the pristine nature that makes this part of the world so special. It is also the unique culture of the nomads and their way of life. The nomads should be proud of their abilities and culture."

For more information please visit:

www.ms2s.org

[www.facebook.com/
MongoliaSunriseToSunset](https://www.facebook.com/MongoliaSunriseToSunset)

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POLAR CIRCLE MARATHON

The Polar Circle Marathon - often referred to as "the coolest marathon on earth" takes place in Kangerlussuaq, Greenland. The endless ice and arctic tundra of this vast country make up the backdrop of this unusual race, in which runners pass glacier tongues, moraine landscapes and the soundless, arctic desert. This is a rare opportunity to visit one of the most remote corners of the world combined with a challenging running event.

A part of the route takes place on the ice cap itself, but the main part of the course is run on the gravel road (often snow covered) that connects the inland ice with the small township of Kangerlussuaq, just north of the Polar Circle.

