PĀNIHĀṬI RECIPES

By His Holiness Jayapatākā Swami Mahārāja

(Compiled by Mahāguṇā Devī Dāsī)

Hare Kṛṣṇa! Soon this will be published as a book by the Victory Flag Publications with much more details, pastimes, and history.

There are a total of 18 Recipes in this Recipe booklet. Each of the flavors are described below. There are 6 Flavors/Recipes for each category. The 3 categories are Kheer (Condensed milk), Yogurt and Salty.

1.1. Kṣīra Asian (KA)

Kṣīra-sindhu Mahā-saṅkīrtana Mahā-bhoga

The ocean of milks is agitated with the ecstasy of the great Saṅkīrtana Movement of Lord Caitanya Mahāprabhu. This dynamic offering is a harmony of all ingredients just as *saṅkīrtana* is comprised of all varieties of devotees from various backgrounds.

2 Kṣīra | 6 Chida | ½ Jaggery | 1½ Organic Cane Sugar | Puffis: 2 or as needed.

Crystallized ginger = 0.25 | Brazil nuts = 0.50 | Cashews = 0.50 | Hazelnut = 0.50 | Pistachios = 0.50 | Raw pumpkin seeds = 0.50 |

Raw sunflower seeds = 0.50 | Walnuts = 0.50 | Bananas = 0.50 | Cranberries = 0.50 | Macadamia = 0.50 | Mangoes = 0.50 | Nectarines = 0.50 | Peaches = 0.50 | Pears = 0.50 | Pineapples = 0.50 | Peanuts = 1 | Pecans = 1 | Slivered almonds = 1 | Apples = 1 | Apricots = 1 | Black raisins = 1 | Dates = 1 | Figs = 1 | Golden raisins = 1 | Papayas = 1 | Mangoes = 1 | Nectarines = 1 | Apples = 2 | Apricots = 2 | Bananas = 2 | Blackberries = 2 | Blueberries = 2 | Pears = 2 | Raspberries = 2 | Red plums = 2 | Strawberries = 2 | White grapes = 2 | Honey = 2 | Cherries = 3 | Puffed wheat = 3 | Papayas = 4 | Peaches = 4 | Indian puffed rice = 8 | Cardamom = 1 tbsp.

1.2. Kṣīra Traditional (KT)

Daṇḍa-Mahotsava Kṣīra Mahā-Bhoga

As the original “Festival of Loving Punishment” for Raghunātha dāsa had half of the flat-rice soaked in *kṣīra*. This offering (*mahā-bhoga*) contains similar fruits as were available for offering to Lord Nityānanda at Pānihāṭi. This is in the original Pānihāṭi Dhāma in East Indian tradition.

2 Kṣīra | 6 Ciḍā | ½ Jaggery | 1½ Organic cane sugar | Puffis 2 or as needed.

Crystallized ginger = 1 | Pistachios = 1 | Raw pumpkin seeds = 1 | Raw sunflower seeds = 1 | Walnuts = 1 | Red plums = 1 | Cashews = 2 | Bananas = 2 | Mangoes = 2 | Pineapples = 2 | Slivered almonds = 2 | Dates = 2 | Figs = 2 | Golden raisins = 2 | Honey = 2 | Papayas = 3 | White grapes = 3 | Puffed wheat = 3 | Bananas = 5 | Mangoes = 6 | Papayas = 8 | Indian puffed rice = 8 | Cardamom = 1 tbsp.

1.3.Kṣīra Western (KW)

Śrī Śrī Rādhā Madana-mohana Kṣīra Mahā-bhoga

Śrī Rāghava Paṇḍita worshipped Their Lordships Śrī Śrī Rādhā Madana-mohana at Pānihāṭi, similarly Śrī Śrī Rādhā Madana-mohana are worshipped at New Pānihāṭi Dhāma, ISKCON Atlanta. This *kṣīra mahā-bhoga* contains local fruits of Georgia and the USA for the satisfaction of Their Lordships.

2 Kṣīra | 6 Ciḍā | ½ bottle maple syrup | 1½ Organic Cane Sugar | Puffis: 2 or as needed.

Carob = 0.25 | Papayas = 0.50 | Hazelnut = 0.50 | Nectarines = 0.50 | Pistachios = 1 | Pineapples = 1 | Slivered almonds = 1 | Golden raisins = 1 | Mangoes = 1 | Brazil nuts = 1 | Cranberries = 1 | Macadamia = 1 | Peaches = 1 | Pears = 1 | Apricots = 1 | Nectarines = 1 | Apples = 1 | Blackberries = 1 | Walnuts = 1.50 |

Raw pumpkin seeds = 2 | Raw sunflower seeds = 2 | Honey = 2 | Peanuts = 2 | Pecans = 2 | Apples = 2 | Black raisins = 2 | Apricots = 2 | White grapes = 3 | Puffed wheat = 3 | Raspberries = 3 | Strawberries = 3 | Red plums = 4 | Cherries = 5 | Pears = 6 | Peaches = 6 | Indian puffed rice = 8 | Cardamom = 1 tbsp.

1.4. Kṣīra Devotional (KD)

Damayantī Prāṇadhana Kṣīra Mahā-Bhoga

Damanyatī Devī, the celebrated sister of Rāghava Paṇḍita, cooked the "Rāghava's Jhāli" which would remain fresh for one whole year.She cooked with her full heart and the offering was to the treasure of her life, or *prāṇa-dhana*, (Lord Caitanya Mahāprabhu). This *kṣīra mahā-bhoga* contains a selection of dried fruits and nuts which have been preserved with love in the spirit of the great devotee, Damayantī Devī, who blessings are ever prayed for to make this offering, pure nectar.

2 Kṣīra | 6 Cida | ¾ Bottle Honey | 1½ Organic Cane Sugar | Puffis: 2 or as needed.

Carob = 0.50 | Crystallized ginger = 0.50 | Black raisins = 0.75 | Pears = 1 | Raw pumpkin seeds = 1 | Raw sunflower seeds = 1 | Peanuts = 1 | Apricots = 1 | White grapes = 1 | Raspberries = 1 | Bananas = 1 | Mangoes = 1 | Brazil nuts = 1.50 | Cranberries = 1.50 | Peaches = 1.50 | Papayas = 2 | Hazelnut = 2 | Nectarines = 2 | Pistachios = 2 | Pineapples

= 2 | Golden raisins = 2 | Macadania = 2 | Blackberries = 2 | Walnuts = 2 | Honey = 2 | Cherries = 2 | Cashews = 2 | Dates = 2 | Figs = 2 | Blueberries = 2 | Slivered almonds = 3 | Mangoes = 3 | Apricots = 3 | Nectarines = 3 | Apples = 3 | Pecans = 3 | Apples = 3 | Puffed wheat = 3 | Bananas = 3 | Pears = 4 | Indian puffed rice = 8 | Cardamom = 1 tbsp.

1.5.Kṣīra Ecstasy (KE)

Lord Nitāi-Gaura's Cowherd Boy Picnic Pastime Mahā-bhoga

Their Lorships Śrī Śrī Nitāi Gauracandra were in the ecstacy of cowherd boys as They had Their transcendental picnic at Pānihāṭi. This *kṣīra mahā-bhoga* is a simple nectar of the Lord's picnic ecstasy.

2 Kṣīra | 6 Ciḍā | ¾ Bottle Honey | 1½ Organic Cane Sugar | Puffis: 2 or as needed.

Carob = 0.50 | Pears = 0.50 | Bananas = 0.50 | Mangoes = 0.50 | Brazil nuts = 0.50 | Cranberries = 0.50 | Peaches = 0.50 | Hazelnut = 0.50 | Pistachios = 0.50 | Macadania = 0.50 | Walnuts = 0.50 | Figs = 0.50 | Nectarines = 0.50 | Pecans = 0.50 | Black raisins = 1 | Peanuts = 1 | Papayas = 1 | Pineapples = 1 | Golden raisins = 1 | Blackberries = 1 | Cashews = 1 | Dates = 1 | Slivered almonds = 1 | Apricots = 1 | Apples = 1 | Pears = 1 | White grapes

= 2 | Raspberries = 2 | Honey = 2 | Cherries = 2 | Blueberries = 2 | Bananas = 2 | Strawberries = 2 | Mangoes = 3 | Puffed wheat = 3 | Red plums = 3 | Peaches = 3 | Papayas = 3 | Indian puffed rice = 8 | Cardamom = 1 tbsp

1.6. Kṣīra Prema (KP)

Śrīla Prabhupāda's Bhakti-rasa-sāgara Kṣīra Mahā-bhoga

His Divine Grace A.C. Bhaktivendanta Swami Prabhupāda has caused the ocean of devotional ecstacy to flood its banks at New Pānihāṭi Dhāma. This *kṣīra mahā-bhoga* is the simple nectar of Śrīla Prabhupāda's ecstasy at New Pānihāṭi Dhāma.

(Diabetic pot) 2 Kṣīra | 6 Ciḍā | 1 Bottle Agave | ½ cup (not) Stevia | Puffis: 2 or as needed.

Pears = 0.50 | Bananas = 0.50 | Mangoes = 0.50 | Brazil nuts = 0.50 | Hazelnut = 0.50 | Macadamia = 0.50 | Pecans = 0.50 | Black raisins = 0.50 | Slivered almonds = 0.50 | Apples = 0.50 | Nectarines = 0.50 | Papayas = 1 | Apricots = 1 | White grapes = 1 | Cherries = 1 | Mangoes = 1 | Peaches = 2 | Nectarines = 3 | Puffed wheat = 3 | Red plums = 4 | Apricots = 5 | Indian puffed rice = 8 | Cardamom = 1 tbsp.