

Lebanese Cuisine

Here at **Mira**, we offer an extensive, diverse menu packed full of Lebanese favourites and contemporary dishes. Our authentic dishes are family recipes, tried, tested, and loved for generations! But what are the features of authentic Lebanese food, and what sets it apart from other Middle Eastern fare?

LEBANESE STAPLES

The Lebanese diet is a quintessentially Mediterranean one.

Vegetables, fruits, fresh fish, and seafood are in favour – and poultry is consumed far more often than red meat. If red meat is used in a dish, it's likely to be lamb. Meats and vegetables are often grilled or sautéed, creating incredibly robust and earthy flavours. There are a few ingredients that are used in almost every Lebanese dish: lemon, olive oil and garlic. Food is often sautéed in garlic, and olive oil is used to dress salads, where its delicate flavour really comes alive. Lemon is used extensively in authentic Lebanese food – especially salads. The Lebanese often cook with a nut-based oil, such as peanut oil, for more flavour and better results, but due to allergies we do not use this, opting instead for a non-GMO vegetable oil.

MEZZE: THE TAPAS OF LEBANON

Mezze is a way of life in Lebanon – it's where a diverse collection of small dishes is placed before guests, allowing them to pick and choose the dishes they'd like to eat. Think raw salads, skewered meat, marinated seafood, pickled vegetables, hummus, and pitta bread – everything you could possibly want! A typical mezze might consist of around thirty carefully selected dishes, both hot and cold.

MIRA CLASSICS

Mira offers many Lebanese classics on their menus, including tabbouleh, which is a delicious parsley salad mixed with cracked wheat, tomato, lemon juice and olive oil. Chicken or lamb shawarma are also real favourites they involve shredded meat, marinated in an amazing blend of herbs and spices before being served in a rolled pitta with dipping sauces.

These symbols are a guide to the ingredients used in our dishes

- ♥ suitable for vegetarians ♦ contains nuts ↑ contains celery ♦ contains gluten
 - \bigcirc contains eggs \bigcirc contains fish or shellfish \bigcirc contains milk or cream
 - ⊕ contains sesame seeds or extract y contains chilli



Cold Starter

Houmous 👓	\$	£7.50
Chickpeas, tahina ,oliv oil & fresh lemon juice	·	
Houmous Avocado 👓	\$	£8.50
Chickpeas, Avocado tahina , beetroot ,oliv oil & fresh lemon juice beetroot		
Moutabbal 👓	\$	£8.00
Grilled aubergine, tahina ,oliv oil & lemon juice topped with pomegranate seeds		
Baba Ghanoush © ® V	\$	£8.00
Grilled aubergine, lemon juice, pepper garlic topped with pomegranate seeds and oliv oil		
Houmous bayrout ©0	\$	£8.00
Chickpeas, tahina ,oliv oil & fresh lemon juice, chilli &garlic		
Moussaka •	\$	£8.00
Baked aubergine with tomato mixed peppers chickpeas, onions & spices		
Vine leaves •	\$	£8.00
Vine leaves stuffed with rice, tomato, onion, parsley & spice cooked in oliv oil		
Labneh 00	\$	£6.50
a creamy Lebanese Yogurt topped with dry mints olive oil		
Bamiyeh b'zeit®	\$	£8.00
Okra cooked in olive oil, tomato & onion, garlic &coriander		

Salad

Fatoush 90	£9.95
Chopped Lettuce, cucumber, mixed peppers, radishes, tomato, onion oliv oil extra virgin & crispy pita and topped pomegranate seeds.	
Tabbouleh •••	£9.95
Diced tomato, onion, parsley, crashed wheat mixed with lemon juice and extra virgin olive oil	
Halloumi Salad 👓	£12.95
Grilled halloumi, chopped lettuce, cucumber, mixed peppers, Radishes, tomato, onion, and extra virgin olive oil.	
Feta Cheese Salad 👓	£12.95
Feta cheese, mixed leaves, tomato topped lemon juice and extra virgin olive oil	
Chicken Salad	£12.95
Grilled chicken, mixed leaves, topped tomato lemon juice and extra virgin olive oil	

 $\label{eq:prices} Prices are inclusive of VAT$ A Service Charge of 12.5% will be added to the bill



Hot Starter

Soup of the day 🚳 🖤

£5.95 **Xibbeh 6 S**

Falafel 💵 😘 🚳

£9.00 \otimes

(Please ask the waiter)

Hummus Awarma 🤒

£9.50

Chickpeas, Tahina & fresh lemon juice topped with diced lamb.

Chickpeas, onion, parsley, coriander, garlic deep fried served with tahina sauce.

crashed wheat filed with seasoned minced meat

£7.50

Foul Moudamas 🐠

£7.50

Grilled Chicken Wings

£7.50

Boiled broad beans, chickpeas seasoned with lemon juice, garlic & olive oil

Grilled marinated chicken wing served with garlic sauce

Cheese Samboussek 🎱 🗓 🖤

£7.50 Lamb Samboussek 0 £7.95

Lebanese pastry filled with mix cheese & herbs

Lebanese pastry filled with minced meat & onions

Puff pastry filled with white mixed vegetable.

Cheese Roll 🛛 🕽 🗪 £7.50

Veg. Roll 🛛 🖤

£7.50

Puff pastry filled with cheese

Grilled Halloumi 💵

Served with fresh tomato topped dry mint with extra virgin oil

Fries' halloumi cheese

Kellai 🗸 🖰 🗐

£9.00

Fatayer B'sabanekh 💵

£7.50

£9.00

Halloumi fries 💵 🗈

£7.50

Lebanese pastry filled with spinach, onions, pomegranate seed lemon juice, olive oil & sumac

grilled bread filled with halloumi cheese& dry mint

Arayes meat & cheese 💵 £8.50

Arayes 🗐

£7.50

Grilled flat bread filled with lamb kofta &cheese

Grilled flat bread filled with lamb kofta

Chicken liver £7.50

Sujuk 🥦

£9.00

£7.50

Cooked Chicken liver in pomegranate sauce lemon juice garlic

Traditional Spicy Lebanese sausages pan-fried with tomatoes & lemon juice

Spicy potato 💵 £7.50

Fried cauliflower 💵

deep fried corn flour served with tahina sauce

Cubes of potatoes fried with fresh coriander chillies peppers & garlic

Full Mezza plate £35.00

Hummus, moutabal, tabbouleh, moussaka, falafel, Vine leaves, meat Sambousak, Labneh, bread

> Prices are inclusive of VAT A Service Charge of 12.5% will be added to the bill



Main courses

Special of the day	£17.50
Please ask your waiter Shish Tawouk Two skewers of grilled chicken served with rice and garlic saud	£18.50
Kafta	£18.50
Charcoal grilled two skewers of seasoned minced lamb served	with rice.
Lahem Meshwi	£19.50
Charcoal grilled Two skewers of lamb cubes with rice.	
Mixed Grill	£22.00
Charcoal grilled skewers of seasoned minced lamb, marinated lamb cubes and marinated chicken cubes served w Grilled chicken Charcoal Grilled boneless babe chicken served with garlic sauce and chips	ith rice £19.50
Lamb cutlets Charcoal grilled marinated lamb chops. Served with rice.	£23.00
Moussaka v Baked aubergine with tomato, mixed peppers chickpeas, onions, and spices Served with rice	£17.50
Bamiyeh b'zeit Okra cooked in extra virgin olive oil, tomato. onions, and spices Served with rice	£17.50

See food

Grilled Sea Bass 9

£22.00

Boneless Charcoal grilled marinated sea bass served with rice

Set Menu

Set menu for two people £70.00 Selection of 5 Mezza Hummus, moutabal, Fattoush, falafel,

labneh rice Mixed grill platters for two

Set menu for four people £130.00
Selection of 7 Mezza Hummus, moutabal, Fattoush, bamiyeh falafel, Vine leaves, rice labneh mixed grill platters for four

Side £ 4.95 Salad, chips, rice, Olives, pickles

Prices are inclusive of VAT A Service Charge of 12.5% will be added to the bill



Desserts

OND BAKLAWA (6 PIECES) £6.50

Selection of traditional Lebanese layered pastries filled with pistachios, pine nuts or almonds.

™ MAAMOUL DATE (6 PIECES) £6.00

Homemade cake filled with fresh dates and pine kernel

™ MAAMOUL PISTACHIO (6 PIECES) £6.50

Homemade cake filled with fresh pistachios and pine kernel

SOUKENAFE £6.50

Oriental cheesecake, served warm, topped with syrup

©©© MOUHALLABIEH £6.00

Lebanese milk pudding flavoured with rose water, topped with crushed pistachios & syrup

Soft Drinks

Hot Drinks		Cola. 7up, Fanta	4.50
		Still / Sparkling water	4.50
Pot of Tea, Mint tea	£5.95	Large still/sparkling water	7.5
Café latté, Cappuccino	£3.95		7.0
Black coffee	£3.95	Fresh Juice	
		Orange juice	4.95
Espresso single	£2.50	Lemon and mints	4.95
Espresso double	£2.95	Managa bilan	
		Mango juice	4.95
		Jallab	4.95

Prices are inclusive of VAT A Service Charge of 12.5% will be added to the bill



Wine List

Lebanon, boasting a legacy as one of the world's most ancient and storied wine-producing regions, owes its prominence to the exceptional quality of grapes nurtured in this territory. The vinevards,

strategically nestled at a lofty 850 meters above sea level, flourish within the embrace of a meticulously protected microclimate.

Positioned at the 32nd latitude, Lebanon enjoys the distinction of experiencing 9 months of abundant sunshine coupled with 3 months of intermittent rain and snowfall annually. This remarkable

microclimate can be attributed to the unique interplay of various factors: the towering Mount Lebanon, which acts as a formidable shield, safeguards the vineyards against the influence of the humid

Mediterranean climate, while the imposing Anti-Lebanon Mountains to the east provide a barrier against the desert-like conditions.

The topography of the region is characterized by a rich blend of rocky and clayey soils. The rocks, present in abundance, play a pivotal role in retarding evaporation, whereas the clay content is instrumental in retaining moisture, thus facilitating the vine's roots to delve deeply into the earth.

Throughout the course of three winter months, the mountain summits are gracefully adorned with a pristine layer of snow, complemented by an annual rainfall of approximately 750mm. Subsequently, the landscape transitions through three seasons of glorious sunshine, marked by infrequent

rainfall. This unique elevation, combined with the protective envelope of the microclimate, imparts an invigorating breath of freshness and unparalleled quality to the grapes, resulting in wines that are distinguished by their rich and aromatic character.



Lebanese House Wine

125ml

£6.50

St Thomas Red	£33.00
Grenache, Cinsault, Syrah and Cabernet Sauvignon	
St Thomas White Sauvignon Blanc, Chardonnay, Viognier give to this wine a floral character.	£33.00 fruity &
St Thomas Rose	£33.00

Glass

Syrah, Cinsault, Petit Verdot

Lebanese Red Wines

Chateau Ksara Le Pruiere	£39.00
Cabernet Sauvignon 40%, Carignan 40%, Mourvedre 20%	
Ksara Reserve Du Couvent	£42.00
Cabernet Franc 30%, Cabernet Sauvignon 35%, Syrah 35%	
Domaine Wardy Caberent Sauvignon	£48.00
100% Syrah oaked 6 months	

Lebanese White Wines

Chateau Kefraya Les Breteches	£37.50
Sauvignon Blanc 30%, Clairette 15%, Muscat petit grain 35%, Viognier 20%	
Chateau Kefraya Blanc De Blanc	£39.50
Chardonnay 25%.Clairette 15%.Muscat 15%.	
Sauvignon Blanc 25%, Viognier 20%.	
St Thomas Chardonnay	£43.50
Chardonnay 100%	

Lebanese Rose Wines

Chateau Ksara Suns	£37.50
Cabernet Sauvignon 60%, Syrah 40%	
Chateau Kefraya Myst	£39.50
Cinsault 30%, Grenache 30%, Mourvedre 20%, Syrah 10%, Tempranillo 10%	

Lebanese Reserved Wines

Chateau Kefraya 2012	£65.00
Cabernet Sauvignon 30%, Carignan 20%, Mourvedre 20%, Syrah 30%	
♂ Chateau Musar 2017	£120.00
Cabernet Sauvignon 60%, Carignan 20%, Cinsault 20%	
Chateau Ksara 1999	£250.00
Cabernet Sauvignon 40%, Merlot 40% Petit Verdot 20%.	
Chateau St Thomas Magnum 1.5L 2009/2010/2011 Cabernet-Sauvignon 50%, Syrah 30% and Merlot 20% Oaked for 12 months in French Barrel	£350.00

European & Other wine

Rioja (Spain) Made in a modern, Unoaked style the wine is full of vibrant summer fruit. Well balanced, soft, and approachable	£35.50
Côte Du Rhône (France)	£38.00
A proper Côtes du Rhône. Issued of Grenache, Carignan, Mourvèdre	
 Chianti (Italy) Sangiovese 90% Canailo 10% A Fresh, Modern, and approachable Chianti Youthful Style with a nice depth Of Sangiovese Fruit. 	£39.00
■ Bordeaux Sauvignon Blanc (France) ■ This Sauvignon Blanc gives intense citric aromas, a nice natural acidity. and well balanced.	£35.50
 ✓ Pinot Grigio (Italy) ✓ Fresh, fruity, and dry with nice weight and a hint of spice and lemon on the finish 	£33.00
Chablis (France) A classic Chablis from vines grown on the famous Kimmeridgian Clay. Clean fruit with balanced acidity and a dry, crisp finish. with a fresh, mineral notes on nose and palate.	£85.00
 Sancerre (France) ✓ Vibrant Sauvignon notes of grapefruit and Lemon with good weight and clean crisp finish 	£95.00



Arak Lebanese traditional drink

(Made from grapes and anis 53% alc)

Ksara 18CL £28.50 Glass £4.95

Champagne

Prosecco	£35.00
House Champagne	£65.00
Moet Et Chandon	£140.00

Cocktails

Bellini	£10.00
Tall Island	£10.00

Whisky

	Single 25ml	Double 50ml
Johnnie Walker Black	£4.00	£7.00
Jack Daniels	£4.00	£7.00
Hennessy	£8.75	

Spirits

	Single	Double
Bombay Gin	£6.50	£9.00
Bacardi	£6.50	£9.00
Absolut Vodka	£6.50	£9.00

Beers

Almaza	(Authentic Lebanese Beer)	£6.50
Peroni		£6.50



