



## Mimi – mind changer

# The road to integration is paved with challenges

This mind changer activity shall help interest in and reflect upon the different aspects of diversity and see also how HR managers / company owners may understand the situation in their life and work. It shall be an initiator to rethink any discrimination.

Mind changer implementation and follow-up – For VET providers

### Step 01

#### Prepare

Group discussion about the difficulties migrants face in a host country.

### Step 02

#### Implement

Each participant will write down on a piece of paper one difficulty, either according to their experience or to what they have heard. They put it in a box, and the trainer mixes the content of the box.

### Step 03

#### Develop

Each participant pulls out one paper, reads it aloud, and tries to find a solution to the problem.

### Step 04

#### Follow-up

Further discussion on each problem and its solution is encouraged.

## Recommendations, Tips & Hints

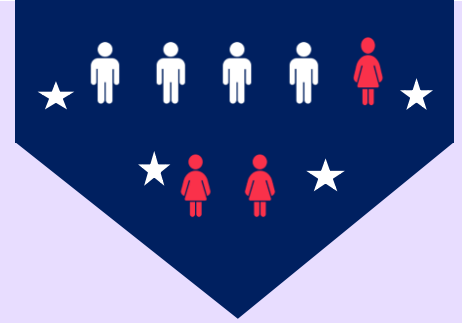
The participants should consider that natives may face the same problems as migrants, but the solution may not be the same. What role does discrimination play in this?

### Classroom resources

Small pieces of papers  
Pens/pencils

### Duration

1h (It may vary depending on the participants' engagement level)

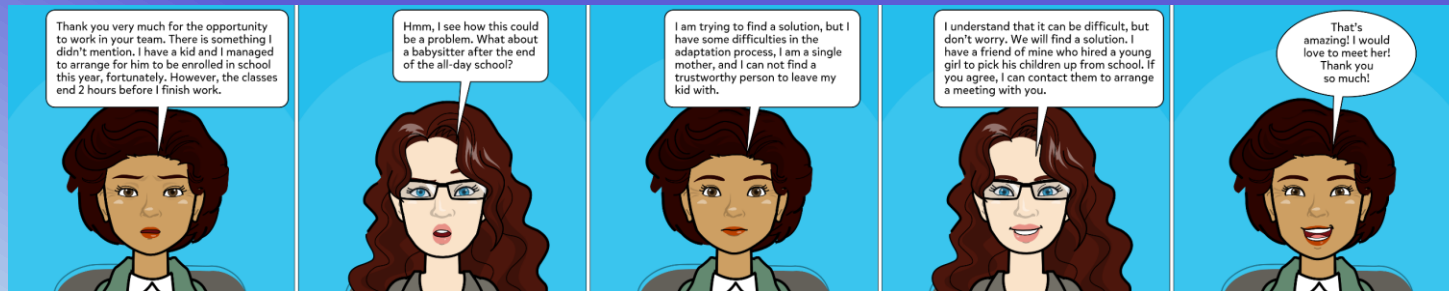


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Picture this:

A woman from Indonesia has just been hired in a call centre. Despite the good news, it seems that something is bothering her. What could that be? Is there a solution for it? Look into the story below.



### About the tool

What you can get from this story is that even if migrants find employment in the host country, they still face challenges they need to overcome to fully integrate themselves.

### Food for thoughts

Let's reflect – what would you do to help a migrant employee in your company solve an adaptation problem they may face?

Take notes & discuss with peers

### Key words

integration, difficulties, solutions, adaptation

### Further material

- [Refugee Stories](#)
- [The story of Tea Eisa from Sudan](#)