Bring You Heaven

Count: 48 **Wall:** 3 **Level:** High Intermediate Phrased - Rolling 8 Rhythm

Choreographer: Niels Poulsen (DK) - November 2025

Music: Love The Hell Out Of You - Lewis Capaldi : (iTunes)

Intro: The dance starts on the very first beat. Contact me for a version with a spoken count-in!
***1 restart: During 3rd A, after 16 counts, facing 6:00. Now start your B part**
Sequence: A, B, B, A, B, B, A (restart), B, B, Ending
NOTE: Big thanks to Debbie Carlson for suggesting this beautiful track to me

A part – Comes 3 times. It always starts at 12:00 and finishes at 6:00. It's always followed by a B part
[1 – 8] R&L cross point, weave ¼ L fwd, full turn sweep, back 1/8 R point L, sweep R 1/8 L

1a – 2a	Cross R over L (1), point L to L side (a), cross L over R (2), point R to R side (a) …

Option: change the points to L&R light twinkles
(changing the counts to '&a')… 12:00

3&a4	Cross R over L (3), step L to L side (&), cross R behind L (a), turn ¼ L stepping L fwd (4) 9:00
&a5	Step R fwd (&), turn ½ L stepping onto L (a), turn ½ L stepping R back sweeping L (5) … 9:00

Non-turny option: do a R mambo sweep (rock R fwd, recover L, step R back sweeping L)

6a7	Step L back (6), turn 1/8 R stepping R to R side (a), point L to L side prepping body R (7) 10:30
8	Recover onto L with 1/8 L sweeping R fwd (8) 9:00

[9 – 16] Diamond 5/8 R, L coaster step, R rock fwd, 1 1/8 rolling vine into R side rock

1&a	Cross R over L (1), step L to L side (&), turn 1/8 R stepping back on R (a) 10:30
2&a	Step back on L (2), turn 1/8 R stepping R to R side (&), turn 1/8 R stepping L fwd (a) 1:30
3&a	Cross R over L (3), turn 1/8 R stepping L to L side (&), turn 1/8 R stepping back on R (a) 4:30
4&a	Step back on L (4), step R next to L (&), step L fwd (a) 4:30
5 – 6	Rock R fwd into L diagonal (5), recover back on L (6) 4:30
0a7	Turn 3/8 R stepping R fwd (a), turn ½ R stepping back on L sweeping R to R side (7) 3:00
8a	Turn ¼ R rocking R to R side (8), recover on L (a) … Restart here into B during 3rd A.

Note: keep body facing 6:00 in the rock step for a smooth transition into the sailor 6:00

[17 – 23] R&L sailor steps, behind sweep, behind side cross, R lunge, roll 1 ¼ R

1&a	Cross R behind L (1), step L to L side (&), step R to R side (a) … (Travel back slightly) 6:00
2&a	Cross L behind R (2), step R to R side (&), step L to L side (a) … (Travel back slightly) 6:60
3	Cross R behind L sweeping L to L side (3) 6:00
4&a5	Cross L behind R (4), step R to R side (&), cross L over R (a), lunge R to R side (5) 6:00
6a7	Turn ¼ L stepping L fwd (6), turn ½ L stepping R back (a), turn ½ L stepping L fwd and sweeping R fwd at the same time (7) 3:00

[24 – 32] R&L samba collect, weave sweep, behind side cross, ¼ L back, ½ L fwd

8a1	Cross R over L (8), step L to L side (a), turn 1/8 R stepping R next to L (1) 4:30
2a3	Cross L over R (2), turn 1/8 L stepping R to R side (a), turn 1/8 L stepping L next to R (3) 1:30
4a5	Cross R over L (4), turn 1/8 R stepping L to L side (a), cross R behind L sweeping L (5) 3:00
6a7	Cross L behind R (6), step R to R side (a), cross L over R (7) 3:00
8a	Turn ¼ L stepping back on R (8), turn ½ L stepping fwd on L (a) 6:00

B Part – Comes 6 times, twice in a row. First time facing 6:00, next time facing 9:00. Ending at 12:00
[1 – 8] R&L rocks with ½ turns, fwd R with L scuff hitch, back LR, L back rock, ¼ R side L

1 – 2a	Rock R fwd (1), recover on L (2), turn ½ R stepping R fwd (a) 12:00
3 – 4a	Rock L fwd (3), recover on R (4), turn ½ L stepping L fwd (a) 6:00
5 – 6a	Step R fwd scuffing and hitching L knee up (5), run back L (6), run back R (a) 6:00
7 – 8a	Rock back on L (7), recover on R (8), turn ¼ R stepping L to L side (a) 9:00

[9 – 16] Behind sweep, behind side, L&R cross rock side, walk L fwd with prep, full turn L

1 – 2a	Cross R behind L sweeping L to L side (1), cross L behind R (2), step R to R side (a) 9:00
3 – 4a	Cross rock L into R diagonal (3), recover on R (4), step L to L side (a) 9:00
5 – 6a	Cross rock R into L diagonal (5), recover on L (6), step R to R side (a) 9:00
7 – 8a	Walk L straight fwd towards 9:00 prepping body R (7), turn ½ L stepping back on R (8), turn ½ L stepping fwd on L (a) 9:00

Start again

Ending Finish 6th B facing 12:00. Do the first 4 counts of B, then step R next to L on count 5 12:00