

# Working with Employee Assistance Providers or Independently to Provide Workforce Counselling

**Friday 15<sup>th</sup> November 2024 (10.00am to 3.00pm)**

Providing workforce counselling, either independently for local employers or through Employee Assistance Providers, can add variation to your work. Most workforce counselling is required to be time limited and as a result the therapeutic relationship is very different for both the client and the therapist. Time limited or short-term therapy is solution based, goal orientated, and focused on the present. The time limited nature of the sessions requires more structure, a focus on what the client wants and what they can do for themselves. Use of the client's motivation to get to the end goal is a significant part of the therapy.

This session will introduce you to short term therapy and give you the opportunity to explore working in this way. It will also provide helpful information in relation to working independently with local employers and/or Employee Assistance Providers.

This training sets out to explore:

- The context of Short-term therapy.
- The short-term therapeutic relationship; beginning, middle and end.
- Solution Focused Brief Therapy its ethos and techniques.
- Working with Employee Assistance Providers.
- Working independently with local employers
- Writing your own Service Level Agreements for local employers.

**Facilitated By:** Pam Evans MBACP (accred) BSc. Integrative Counselling. Pam has had additional training in Solution Focused Therapy and worked using the short-term model with Employee Assistance Providers and independently with local employers. Pam also works with addiction recovery groups; in this time limited setting the ethos is to work towards positive outcomes. Pam is confident that her phenomenological and relational approach adapts well to goal orientated short term therapy.

**Cost:** 95.00 Please see Booking Form below for booking a place and payment

**Numbers:** The training is face-to-face and participative.

**Venue:** LIFE-FORCE Centre, 3 East Hill, Colchester, CO1 2QL

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## Booking Form

### To reserve a place on this training:

Choose a payment option and make a payment by bank transfer to:

Life-Force School of Counselling Ltd

Sort Code: 12-24-82

Account number: 06069038 (Please use your initials for payment reference)

Fill in the form below and send the booking form by email or post to the address below to secure your place

I have paid £25 deposit by bank transfer  
(Balance of £70 payable by Monday 4<sup>th</sup> November)

I have paid £95 by bank transfer

Invoice needed to activate payment

**NB. The £25 deposit once paid to reserve a place is non-refundable, unless the training is cancelled due to unforeseen circumstances.**

Participant's Name: .....

Contact Telephone: .....

Contact Email: .....

Organisation / Job Role: .....

Qualification & Year: .....

Additional Requirements: .....

**Please send the completed application form to:**

**[katrinaf@lifeforce-counsellingschool.co.uk](mailto:katrinaf@lifeforce-counsellingschool.co.uk)**

All personal details & information supplied on this form will be deleted appropriately by digital deletion, and/or double cross shredding, within thirty days of completing the training and the information not used for any other purpose.

To maintain ethical boundaries this training is not open to Current Registered Life-Force School Students.

Katrina Fassnidge Course Director

Life-Force School of Counselling

Tel: 07903094525

Venue Location: LIFE-FORCE Centre, 3 East Hill, Colchester, Essex, CO1 2QL