

# Facilitating a Trauma- Informed Approach for Clients, using The Power Threat Meaning Framework

**Friday 25<sup>th</sup> October 2024 (10.00am to 3.00pm)**

Adopting a trauma-informed approach to clients means that we do not assume a clients psychological and emotional distress are the consequences of medical illness that need diagnosing and treating. The Power Threat Meaning Framework offers a comprehensive alternative to the traditional medical model. Put simply, the framework uses a trauma-informed approach that moves from asking 'what is wrong with you?' to 'what happened to you?' The framework is facilitative and for everyone, offering tools that enable us to make new meaning of out of the experiences and distress of ourselves and of our clients.

The learning from this day will offer you an in-depth introduction to The Power Threat Meaning Framework, and how this can facilitate a trauma-informed approach to our work with clients.

## **The session sets out to:**

- Explore the benefits of a trauma- informed approach
- Enable understanding of the many power systems that influence us
- Help us to identify various threats we face
- Explore the meaning we make of the power and threats we experience
- Indicate our reactions to threats are ways of coping and surviving

**Facilitated By:** Pam Evans MBACP (accred) BSc. Integrative Counselling.

Pam is confident that a trauma-informed approach facilitates an open, compassionate, and relational approach to her counselling work.

**Cost:** 95.00 Please see Booking Form below for booking a place and payment

**Numbers:** The training is face-to-face and participative.

**Venue:** LIFE-FORCE Centre, 3 East Hill, Colchester, CO1 2QL

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## Booking Form

### To reserve a place on this training:

Choose a payment option and make a payment by bank transfer to:

Life-Force School of Counselling Ltd

Sort Code: 12-24-82

Account number: 06069038 (Please use your initials for payment reference)

Fill in the form below and send the booking form by email or post to the address below to secure your place

I have paid £25 deposit by bank transfer  
(Balance of £70 payable by Monday 14<sup>th</sup> October)

I have paid £95 by bank transfer

Invoice needed to activate payment

**NB. The £25 deposit once paid to reserve a place is non-refundable, unless the training is cancelled due to unforeseen circumstances.**

Participant's Name: .....

Contact Telephone: .....

Contact Email: .....

Organisation / Job Role: .....

Qualification & Year: .....

Additional Requirements: .....

**Please send the completed application form to:**

**[katrinaf@lifeforce-counsellingschool.co.uk](mailto:katrinaf@lifeforce-counsellingschool.co.uk)**

All personal details & information supplied on this form will be deleted appropriately by digital deletion, and/or double cross shredding, within thirty days of completing the training and the information not used for any other purpose.

To maintain ethical boundaries this training is not open to Current Registered Life-Force School Students.

Katrina Fassnidge Course Director

Life-Force School of Counselling

Tel: 07903094525

Venue Location: LIFE-FORCE Centre, 3 East Hill, Colchester, Essex, CO1 2QL

Life Force  
School of Counselling