

We support people in their own homes so they can remain independent for longer.

Life Care Plus provides high-quality, personalised home care, live in care and support services to adults of all ages. Central to our approach is the rights of the service user, to whom we are dedicated to enhancing quality of life, and helping them to retain independence in their own homes for longer.

Working predominantly throughout London and the Home Counties, we provide care to people who have been assessed as needing assistance to meet their social and personal care needs. For some, this means regular planned home care visits, whereas for others this can mean 24 hour private or commissioned-based care, including weekends and Bank Holidays.



Providing peace of mind in personal care.

Contact our experienced, compassionate team today:

 0203 002 7898

 [www.lifecareplusltd.co.uk](http://www.lifecareplusltd.co.uk)

 [info@lifecareplusltd.co.uk](mailto:info@lifecareplusltd.co.uk)



Life Care Plus Ltd • 2 Bakers Yard • High Street • Uxbridge UB8 1JZ




Family can't always be there, but we can

- Personal Care
- Hourly Home Care
- Respite Care
- Live In Care
- Hospital to Home Care
- Companionship
- Dementia Care
- End of Life Care

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**Life Care Plus provides a comprehensive portfolio of home health care and live in services throughout London and the Home Counties. Affordable and flexible to meet the needs of each individual client, we have earned a reputation that is second-to-none.**

### **Personal Care**

Many older people struggle to perform everyday tasks such as taking care of their appearance and maintaining personal hygiene. Our carers will support your loved one with all aspects of personal care, including bathing, grooming, hair care, shaving and dressing, which in turn allows the client to live life to the full without being anxious about their appearance. Our highly-trained and experienced carers will treat your loved one with the utmost respect, dignity and modesty at all times, minimising the potential for any discomfort or embarrassment.

### **Hourly Home Care**

If you're looking for a comprehensive, cost effective alternative to placing your loved one into an assisted living facility, hourly home care is definitely worth considering. The emotional strain associated with moving away from the familiarity and comfort of home can sometimes lead to mental and physical decline, further loss of independence and diminished quality of life. Our hourly home care service is reliable, flexible and highly-personalised, prioritising each client's interests above all else. We treat service users as part of our extended family and aim to become an indispensable part of their support network.

### **Respite Care**

Caring for a loved one can be tiring, physically and emotionally challenging and at times overwhelming. By offering family carers relief from the full-time care they provide their loved one, respite care offers a valuable opportunity to rejuvenate, refresh and take a bit of time for yourself and your own needs.

### **Live In Care**

Quite understandably, many older people wish to remain at home for as long as safely possible, retaining the familiarity, friends and memories that accompanies living under your own roof. Moving to an assisted living facility is a life-changing and typically upsetting step, and so it is not surprising that it is often delayed until no other options remain. Live in care presents a compelling alternative to assisted living, allowing the individual to maintain their independence and quality of life, whilst being safely supported by highly-trained and experienced carers.

### **Hospital to Home Care**

Many older people are at their most vulnerable following discharge from hospital. That is why our hospital to home care service is designed to make the transition as easy as possible, aiding recovery, and providing the confidence to live independently in your own home once again. Each individual's care plan is likely to differ according to need, but our hospital to home care service can encompass many different types of support, from accompaniment home and transportation to appointments, to personal care, physical assistance when moving around the house, domestic tasks and companionship.

### **Companionship**

While maintaining physical health and fitness is important as you get older, emotional and social well-being is just as important to quality of life. Regular social interaction and companionship is vital to keeping you alert, engaged and with purpose to your life. As part of our companionship service, our friendly, courteous carers will spend time with you or your loved one, helping with the crossword, joining in with hobbies and interests, tidying the garden, attending social events, or sometimes just having a good chat over a cup of tea.

### **Dementia Care**

Living with dementia is particularly distressing, with routine and familiarity key to reducing the potential for upset and helping the individual remain engaged and independent for longer. Staying at home among friends, memories and familiar surroundings can often help this process, which is why home care (also known as in-home care) is such an important tool in supporting those with dementia. At Life Care Plus, our experienced, empathetic and compassionate carers support people living with dementia every day, and apply their advanced, specialist training to ensure that those in their care are well looked-after.

### **End of Life Care**

There are few things in life that are more upsetting than seeing someone you love deal with the enormity of knowing they have a terminal illness. While nothing can make such awful circumstances any easier, enabling your loved one to remain in their own home, surrounded by familiarity, memories and the people who mean the most to them, can offer some comfort. It's at times like these that you need to make the most of your time together, and utilising an end of life home care service can help with this. Our highly-trained, empathetic and compassionate carers will provide one-to-one care to your loved one, supporting them in their day-to-day activities, transporting them to hospital appointments, helping with personal care, and providing emotional succour during times of distress.

### **Quality of Carers**

Our priority is to provide caring, compassionate and personalised in-home care, facilitated by highly-trained, experienced and DBS-checked carers. Not only do we recruit carers with significant experience, but we provide advanced, ongoing training, conduct in-person interviews and background checks, and follow up personal and professional references.