

Speaker Information

Lactation Consultants of Great Britain Virtual Conference



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Talks

What's New in Lactation?

- *Nancy Mohrbacher*

Breast Surgery and Breastfeeding

Breast Cancer and Breastfeeding

- *Katrina Mitchell*

Palliative Care

- *Nathan Riley*

COVID-19 & Breastmilk/Breastfeeding

Evidence into Practice

- *Michael Narvey*

Differential Diagnosis

- *Christina Smillie*

Gadgets, Gizmos and Alternative Feeding Methods in Support of Breastfeeding

- *Kay Hoover*



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Speaker Biographies



Nancy Mohrbacher

IBCLC, FILCA

Nancy Mohrbacher, IBCLC, FILCA began helping nursing families in 1982 as a volunteer peer supporter. She became a board-certified lactation consultant in 1991 and spent 10 years growing a large private lactation practice in the Chicago area, where she worked one-on-one with thousands of families.

Nancy has written three current books for nursing parents and two for lactation specialists, including her 2020 comprehensive, evidence-based resource, *Breastfeeding Answers, Second Edition*. Her *Breastfeeding Solutions* app is used worldwide and her YouTube channel has nearly 2 million views. She currently contracts with hospitals to improve lactation practices. She created and presents a 90-hour training course in China to prepare aspiring lactation consultants for the IBLCE exam and speaks at events around the world.

Nancy was in the first group of 16 to be honoured for their contributions to breastfeeding with the designation FILCA, Fellow of the International Lactation Consultant Association.



Katrina Mitchell

MD, IBCLC, PMH-C, FACS

Katrina B. Mitchell, MD, IBCLC, PMH-C, FACS, is a board-certified general surgeon, fellowship-trained breast surgical oncologist, and International Board Certified Lactation Consultant (IBCLC) whose practice includes the surgery of women with breast cancer and benign breast disease.

She treats maternal complications of lactation, and has a special interest in pregnancy-associated and postpartum breast cancer. She has a Certificate in Perinatal Mental Health (PMH-C) and cares for women impacted by perinatal mood disorders. Dr. Mitchell lectures locally, nationally, and internationally on the intersection of lactation and surgery, and has authored book chapters, clinical care protocols, and journal articles on the topic.

Dr. Mitchell resides in Santa Barbara, California and practises at the Ridley Tree Cancer Center at Sansum Clinic. She enjoys reading, travelling, and spending time with her son at the beach. More information about her clinical and educational interests is available at katrinamitchell.org.



Kay Hoover

M Ed, IBCLC

Kay Hoover, M Ed, IBCLC became an International Board Certified Lactation Consultant in 1985. She sat for the very first exam and has taken the exam 4 times.

She has worked as a private practice lactation consultant, a hospital lactation consultant at 5 different hospitals, the lactation consultant for the Philadelphia Department of Public Health, The Center for Childhood Obesity Research at The Pennsylvania State University, and the Pennsylvania Department of Health.

She currently is retired. She has presented workshops at national and international conferences and is a co-author of The Breastfeeding Atlas.



Nathan Riley MD

Nathan Riley, MD, is a physician in the Department of Palliative Medicine in Norton Healthcare and also works in the Department of Obstetrics and Gynecology.

Trained in Philadelphia Pennsylvania, Los Angeles California, and San Diego California, his residency was in OBGYN and his fellowship was in palliative medicine. He wanted to combine the two into a balanced fulfilling career.

In palliative medicine, he focuses on the alleviation of suffering, whether that suffering comes from managements of the psychosocial aspects of the scary diagnosis for patients or their family members or whether alleviation of suffering means managing a patient's symptoms which could be pain, constipation, anxiety, depression, nausea. He also meets a patient's spiritual and emotional needs.

He has a wife, a new daughter and a little dog.



Michael Narvey

MD, FRCPC, FAAP

Michael Narvey, MD, FRCPC, FAAP

Section Head, Neonatology; Medical Director of the Child Health Transport Team; Health Sciences Centre, Winnipeg, Manitoba, Canada.

Dr. Narvey began his training in Pediatrics at the University of Manitoba in Winnipeg where he completed a year of further training in Neonatology. This was followed by two years of Neonatal fellowship at the University of Alberta in Edmonton. Afterwards he began his career as a Neonatologist in the same city and over the 6 years he spent there, his career included both clinical and administrative duties including 4 years as the Fellowship Program Director and two years as the Medical Director for a level II unit. In late 2010 he accepted a position in Winnipeg to become the Section Head of Neonatology and continues to hold this post. In 2016 he took on the additional role of Medical Director of the Child Health Transport Team. In 2015 he became a member of the Canadian Pediatric Society's Fetus and Newborn Committee and in 2019 took over as Chair of the same.

His interests predominantly lie in the use of non-invasive technology to minimize painful procedures during an infant's stay in the NICU. He is active on social media, has a passion for fundraising and is an active board member of the Children's Hospital Foundation of Manitoba.



Christina Smillie

MD, FAAP, IBCLC, FABM

Christina Smillie, MD, FAAP, IBCLC, FABM is an American paediatrician who speaks nationally and internationally about the clinical management of a wide variety of breastfeeding issues.

Board certified by both the American Board of Pediatrics in 1983 and by the International Board of Lactation Consultant Examiners in 1995, she founded in 1996 the first private medical practice in the USA devoted to the specialty of breastfeeding medicine.

She's been a Fellow of the American Academy of Pediatrics since 1984 and has intermittently served the AAP's Section on Breastfeeding. In that capacity, she wrote the initial iterations of the AAP's "Guide to Getting Paid" for paediatricians seeing breastfeeding families, updated and still available on the AAP website.

She's been a member of the Academy of Breastfeeding Medicine since 1996, and an ABM Fellow since 2002. She served on their Board for six years and speaks annually at the preconference course, "What Every Physician Should Know about Breastfeeding."

Dr. Smillie authored a popular video about the innate neurobehaviors that help infants learn to breastfeed, now translated into 6 other languages. She speaks frequently to physicians on the practical management of the clinical problems associated with breastfeeding and lactation—this "organ system they forgot to teach us in medical school," always stressing the role of the "motherbaby" as a single psychoneurobiological system, and emphasizing the innate instincts underlying both maternal and infant competence.

She values her continuing education from colleagues in the field, the literature, and clinical experience with breastfeeding babies and their mothers.

She's the proud mother of two truly wonderful people, both breastfed as children, and grandmother of three delightful (and breastfed) grand- and step-grandchildren.

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