




Week 45

Monday

Beef goulash with smoked paprika and root vegetables
Tzatziki with hispi cabbage and dill
Mashed potatoes
Roasted cauliflower with curry, broccolini, oranges and pumpkinseeds
Sandwich spread: Smoked turkey with pepper pesto
Smoked trout salad with cottage cheese and radishes
Veggie: "Shakshuka" with tomato, peppers, feta and black beans
Vegan: "Shakshuka" with tomato, peppers, tofu and black beans

Tuesday

 U.S. election menu:
Bbq style spareribs
Bbq sauce and ranch dressing
Mac & Cheese with cheddar, mozzarella and vegetables
Coleslaw with white cabbage, kale, carrots, peppers and honey mustard
Sandwich spread: Beef salami with piccalilli
Tuna salad nicoise with beans, olives and eggs
Veggie/Vegan: Bbq butternut squash with black beans, corn and cranberries

Wednesday

Chicken with paprika and parsley
Salsa romesco
Dauphinoise potatoes with spinach, leeks and onions
Spinach, broccoli, cucumber, mint and yoghurt dressing with pink peppercorn
Sandwich spread: Smoked ham with russian salad
Shrimp salad with asparagus and dill
Veggie/Vegan: Carrot falafel with chickpeas, paprika and parsley pesto

Thursday

Soy marinated salmon with goma dressing and lime
Sesame seared tuna with wasabimayonnaise and wakame seaweed
Chicken skewers with peanuts and satay sauce
Noodles with broccoli, radishes, carrots, edamame and sweet chili
Edamame beans in the pod and wakame seaweed
Sandwich spread: Cold roasted pork loin with mustard cream and pickled cucumbers
Chicken salad with apples and curry
Veggie: Omelet with sesame, scallions, edamame beans and chili mayonnaise
Vegan: Grilled tofu with sesame, scallions, edamame and chili
Cake: Apple gingerbread cake with vanilla frosting

Friday

Veal rump with ratatouille
Chunky salsa verde with capers and horseradish
Baked potatoes with herb salt
Roasted beets, hazelnuts, kale and lentils
Sandwich spread: "Dyrlægens natmad"
Smoked salmon salad with capers, apples and chives
Veggie/Vegan: Grilled red cabbage with ratatouille and parsley pesto

Allergen information is available on our website or by telephone enquiry