


Allergen information week 45

Monday

Beef goulash with smoked paprika and root vegetables (9+15+16)
 Tzatziki with hispi cabbage and dill (7+16)
 Mashed potatoes (7+16)
 Roasted cauliflower with curry, broccolini, oranges and pumpkinseeds (16)
 Sandwich spread: Smoked turkey with pepper pesto (16)
 Smoked trout salad with cottage cheese and radishes (4+7)
 Veggie: "Shakshuka" with tomato, peppers, feta and black beans (7+15+16)
 Vegan: "Shakshuka" with tomato, peppers, tofu and black beans (6+15+16)

Tuesday

 U.S. election menu:
 Bbq style spareribs
 Bbq sauce (16) and ranch dressing (7+16)
 Mac & Cheese with cheddar, mozzarella and vegetables (1+3+7+15+16)
 Coleslaw with white cabbage, kale, carrots, peppers and honey mustard (3+10+16)
 Sandwich spread: Beef salami with piccalilli (10+15)
 Tuna salad nicoise with beans, olives and eggs (3+4+10)
 Veggie/Vegan: Bbq butternut squash with black beans, corn and cranberries (15+16)

Wednesday

Chicken with paprika and parsley (15+16)
 Salsa romesco (8/almonds+16)
 Dauphinoise potatoes with spinach, leeks and onions (7+15+16)
 Spinach, broccoli, cucumber, mint and yoghurt dressing with pink peppercorn (7+16)
 Sandwich spread: Smoked ham with russian salad (3+10)
 Shrimp salad with asparagus and dill (2+3+10)
 Veggie/Vegan: Carrot falafel with chickpeas, paprika and parsley pesto (15+16)

Thursday

Soy marinated salmon (4+6) with goma dressing (6+11+16) and lime
 Sesame seared tuna (4+6+11) with wasabimayonnaise (3+10) and wakame seaweed (6+11)
 Chicken skewers with peanuts (6+8/peanuts+16) and satay sauce (4+6+8/peanuts+16)
 Noodles with broccoli, radishes, carrots, edamame and sweet chili (1+3+6+8/cashew+16)
 Edamame beans in the pod (6) and wakame seaweed (6+11)
 Sandwich spread: Cold roasted pork loin with mustard cream (10) and pickled cucumbers
 Chicken salad with apples and curry (3+10)
 Veggie: Omelet with sesame, scallions, edamame beans and chili mayonnaise (3+6+10+11+15+16)
 Vegan: Grilled tofu with sesame, scallions, edamame and chili (6+11+15+16)
 Cake: Apple gingerbread cake with vanilla frosting (1+3+7)

Friday

Veal rump with ratatouille (15+16)
 Chunky salsa verde with capers and horseradish (16)
 Baked potatoes with herb salt
 Roasted beets, hazelnuts, kale and lentils (8/Hassel nødder+16)
 Sandwich spread: "Dyrlægens natmad" (1+7+15)
 Smoked salmon salad with capers, apples and chives (3+4+10+15)
 Veggie/Vegan: Grilled red cabbage with ratatouille and parsley pesto (15+16)

1 = Gluten // 2 = Crustaceans // 3 = Eggs // 4 = Fish // 5 = Peanuts // 6 = Soy //
 7 = Lactose // 8 = Nuts // 9 = Celery // 10 = Mustard // 11 = Sesame seeds //
 12 = Sulfur dioxide // 13 = Lupin // 14 = Molluscs // 15 = Onion // 16 = Garlic