



## Allergen information week 19

### Monday

Beef Bolognese with vegetables (15+16)

Roasted pepper pesto (16)

Whole wheat pasta (1)


Grilled vegetables, mozzarella, arugula and quinoa (7+16)

Sandwich spread: Fennel salami with tomato tapenade (16)

Eggs (3), shrimp (2) and herb mayonnaise (3+10)

Veggie/Vegan: Vegetable Bolognese with mushrooms and lentils (15+16)

### Tuesday

 Classic Danish meatballs (3+16)

Pickled cucumbers

Potato salad with pickled red onions, peas and radishes (3+7+10+15)

Gem lettuce with green asparagus, runner beans and cherry tomatoes (16)

sandwich spread: Chicken with spinach and herb cream (7+16)

Shellfish salad with apples and herbs (2+3+10)

Veggie/Vegan: Aubergine fritters with kidney beans and lemon (15+16)

### Wednesday

Chicken Korma with almonds and coconut (8/Almonds+15+16)

Chutney (15+16) and raita (7+16)

Pilau rice with onions and spices (15)

Cauliflower, cucumbers, spinach and nigella seeds (16)

Sandwich spread: Liver pate (1+7) with pickled marrow cucumber

Roast beef with sour cream n'onion (3+7+10+15) and pickled red onions (15)

Veggie: Dhal with veggies, almonds and coconut (8/Almonds+15+16)

Vegan: Dhal with veggies, almonds, tofu and coconut (6+8/Almonds+15+16)

### Thursday – Christ's Ascension – Closed

### Friday - Closed

1 = Gluten // 2 = Crustaceans // 3 = Eggs // 4 = Fish // 5 = Peanuts // 6 = Soy // 7 = Lactose // 8 = Nuts // 9 = Celery // 10 = Mustard // 11 = Sesame seeds // 12 = Sulfur dioxide // 13 = Lupin // 14 = Molluscs // 15 = Onion // 16 = Garlic

*Allergen precautions in our main courses, sandwich spreads and vegetarian dishes - Should you have any further queries regarding allergens content, do not hesitate to contact us.*