UITSLAGEN

5 en 10 km Heist Loopt 2025

Categorie: 5 km Heren

Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
1	**394**	CERNEELS Tom		M	1	00:18:18	5,200	17,05
2	**110**	SMETS Jeroen		M	1	00:18:55	5,200	16,49
3	**55**	VAN DE PUT Sem	Duffel	M	1	00:18:58	5,200	16,45
4	**167**	PAUWELS Maxime	Itegem	M	1	00:19:09	5,200	16,29
5	**232**	JONAS Vloebergs	Booischot	M	1	00:20:15	5,200	15,41
6	**329**	HEYE Hannes	Stekene	M	1	00:21:10	5,200	14,74
7	**76**	VAN LOOY Cédric	Heist-op-den-Berg	M	1	00:21:26	5,200	14,56
8	**33**	VAN VELTHOVEN Jeroen	Heist-op-den-Berg	M	1	00:22:02	5,200	14,16
9	**402**	WOUTERS Luka		M	1	00:22:16	5,200	14,01
10	**111**	LENDERS Frans	Itegem	M	1	00:22:21	5,200	13,96
11	**68**	GOOSSENS Milan	Heist-op-den-Berg	M	1	00:22:26	5,200	13,91
12	**307**	NAUWELAERTS (zoon van) Anita	Heist op den Berg	M	1	00:22:43	5,200	13,73
13	**224**	VERCRUYSSEN Andi		M	1	00:22:48	5,200	13,68
14	**228**	STRUYS Robbe	Hallaar	M	1	00:22:51	5,200	13,65
15	**297**	HELSEN Rud	Booischot	M	1	00:22:54	5,200	13,62
16	**291**	PELLEGROMS Michael	Heist-op-den-Berg	M	1	00:22:55	5,200	13,61
17	**210**	VERBEECK Ellen	Heist-op-den-Berg	M	1	00:23:07	5,200	13,5
18	**247**	LAPORTE Finn	Heist op den Berg	M	1	00:23:10	5,200	13,47
19	**244**	JACQUEMYN Tom	Itegem	M	1	00:23:17	5,200	13,4
20	**119**	VAN DEN BROECK Jasper	Heist-op-den-Berg	M	1	00:23:31	5,200	13,27
21	**8**	FIERENS Kurt	Heist-op-den-Berg	M	1	00:23:40	5,200	13,18
22	**293**	VAN DER HEYDEN Niels	Heist op den Berg	M	1	00:24:10	5,200	12,91
23	**409**	VAN ACKER Alexander		M	1	00:24:12	5,200	12,89
24	**172**	WYNS Jos	Heist-op-den-Berg	M	1	00:24:13	5,200	12,88
25	**285**	VELTMANS Roel	Schriek	M	1	00:24:16	5,200	12,86
26	**222**	WEYNS Leo	Heist-op-den-Berg	M	1	00:24:24	5,200	12,79
27	**273**	ALEWATERS David	Muizen	M	1	00:24:29	5,200	12,74
28	**130**	VAN DEN BROECK Diego	Schriek	M	1	00:24:33	5,200	12,71
29	**122**	RONGÉ Kasper	Heist-op-den-Berg	M	1	00:24:34	5,200	12,7
30	**376**	THIELEMANS Hans		M	1	00:24:43	5,200	12,62
31	**290**	JACOBS Cedric	Schriek	M	1	00:24:48	5,200	12,58
32	**2140**	LUMBEECK Jan	Heist op den Berg	M	1	00:24:49	5,200	12,57
33	**64**	AVONTS Jeroen	Heist-op-den-Berg	M	1	00:24:50	5,200	12,56
34	**382**	HELSEN Samuel		M	1	00:25:16	5,200	12,35
35	**1162**	VANDERHAEGEN Joost		M	1	00:25:20	5,200	12,32
36	**56**	GROSSEN Thomas	Heist-op-den-Berg	M	1	00:25:22	5,200	12,3
37	**169**	KUSSENEERS Luc	Heist-op-den-Berg	M	1	00:25:24	5,200	12,28
38	**287**	VAN TOMPAY Mathias	Baal	M	1	00:25:31	5,200	12,23
39	**263**	KONINCKX Alexander	Heist op den Berg	M	1	00:25:33	5,200	12,21
40	**9**	PRESENT Bart	Heist-op-den-Berg	M	1	00:25:49	5,200	12,09
41	**295**	VAN DE SCHOOT Benny	Heist op den Berg	M	1	00:25:50	5,200	12,08
42	**349**	GOVAERTS Tim	Heist-op-den-Berg	M	1	00:25:51	5,200	12,07
43	**246**	STAEPELAERE Ferre	Hallaar	M	1	00:26:02	5,200	11,98

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Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
44	**209**	FEYAERTS Mathieu	Heist-op-den-Berg	M	1	00:26:02	5,200	11,98
45	**112**	HEIVERS Maarten	Heist-op-den-Berg	M	1	00:26:04	5,200	11,97
46	**406**	NEVELSTEEN Robin		M	1	00:26:06	5,200	11,95
47	**124**	LEUNIS Dirk	Heist-op-den-Berg	M	1	00:26:17	5,200	11,87
48	**330**	NAEGELS Vincent	Heist op den Berg	M	1	00:26:20	5,200	11,85
49	**300**	PELGRIMS Stef	Heist-op-den-Berg	M	1	00:26:22	5,200	11,83
50	**296**	UMANS Joeri	Heist op den Berg	M	1	00:26:28	5,200	11,79
51	**345**	GOVAERTS Louic	Heist op den Berg	M	1	00:26:32	5,200	11,76
52	**229**	MATTIJS Herman	Heist-op-den-Berg	M	1	00:26:35	5,200	11,74
53	**205**	DE HERDT Frank	Heist-op-den-Berg	M	1	00:26:36	5,200	11,73
54	**206**	CALANT Robbe	Heist-op-den-Berg	M	1	00:26:36	5,200	11,73
55	**323**	VOLCKAERTS Danny	Heist op den Berg	M	1	00:26:38	5,200	11,71
56	**166**	WALI Rokhan		M	1	00:26:39	5,200	11,71
57	**416**	DE WEVER Pol		M	1	00:26:42	5,200	11,69
58	**284**	DE ZUTTER Dries	Stekene	M	1	00:26:48	5,200	11,64
59	**328**	CANT Stef	Stekene	M	1	00:26:48	5,200	11,64
60	**327**	CANT Josse	Stekene	M	1	00:26:49	5,200	11,63
61	**355**	D HEER Kobe	Stekene	M	1	00:26:49	5,200	11,63
62	**248**	DE TEMMERMAN Robbe	Heist op den Berg	M	1	00:26:58	5,200	11,57
63	**403**	PROVOOST Bert		M	1	00:26:59	5,200	11,56
64	**373**	KNOPS Florian	Leuven	M	1	00:27:06	5,200	11,51
65	**365**	VAN DE WEYER Ward	Booischot	M	1	00:27:18	5,200	11,43
66	**12**	MEYLEMANS Cyriel	Heist-op-den-Berg	M	1	00:27:22	5,200	11,4
67	**58**	CEULEMANS Senne	Booischot	M	1	00:27:24	5,200	11,39
68	**108**	VAN VEEN Cas	Heist-op-den-Berg	M	1	00:27:24	5,200	11,39
69	**117**	VAN DEN BROECK Steve	Heist-op-den-Berg	M	1	00:27:39	5,200	11,28
70	**253**	VAN DER HAEGEN Nico	Heist op den Berg	M	1	00:27:42	5,200	11,26
71	**239**	VLIETJENS Jan	Heist op den Berg	M	1	00:27:53	5,200	11,19
72	**288**	BLAUWENS Bert	Heist-op-den-Berg	M	1	00:27:58	5,200	11,16
73	**367**	CHRISTIAENS Lieven	Heist-op-den-Berg	M	1	00:27:59	5,200	11,15
74	**4**	LINTERMANS Twan	Itegem	M	1	00:27:59	5,200	11,15
75	**144**	VAN ECCELPOEL Kenrick	Heist-op-den-Berg	M	1	00:28:04	5,200	11,12
76	**415**	VERLINDEN Wim		M	1	00:28:07	5,200	11,1
77	**170**	UYTTERHOEVEN Peter	Heist-op-den-Berg	M	1	00:28:23	5,200	10,99
78	**230**	LEON Gysemans	Wiekevorst	M	1	00:28:24	5,200	10,99
79	**245**	VAN DEN BOSCH Joel	Heist-op-den-Berg	M	1	00:28:24	5,200	10,99
80	**262**	LANDUYT Thomas	Kortenaken	M	1	00:28:26	5,200	10,97
81	**156**	VAN DEN EYNDE Kevin	Heist-op-den-Berg	M	1	00:28:26	5,200	10,97
82	**335**	NYS Basile	Heist op den Berg	M	1	00:28:32	5,200	10,93
83	**30**	PEETERS Gino	Heist-op-den-Berg	M	1	00:28:43	5,200	10,86
84	**401**	VAN WOENSEL Pieter		M	1	00:28:52	5,200	10,81
85	**220**	ROEIERS Steven		M	1	00:28:53	5,200	10,8
86	**118**	VAN DEN BROECK Robbe	Heist-op-den-Berg	M	1	00:28:54	5,200	10,8
87	**252**	VAN LOOY Giovanni	Heist op den Berg	M	1	00:29:01	5,200	10,75
88	**236**	BARSTOW Thorsten	Heist op den Berg	M	1	00:29:09	5,200	10,7
89	**237**	LEFEVRE Emrick	Heist op den Berg	M	1	00:29:10	5,200	10,7
90	**132**	D'HELFT Finn	Heist-op-den-Berg	M	1	00:29:10	5,200	10,7
91	**11**	PRESENT Vince	Heist-op-den-Berg	M	1	00:29:19	5,200	10,64
92	**194**	DOUCHY Matisse		M	1	00:29:19	5,200	10,64

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Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
93	**241**	SIPS Thomas	Heist op den Berg	M	1	00:29:20	5,200	10,64
94	**43**	VAN LOO Karl	Heist-op-den-Berg	M	1	00:29:20	5,200	10,64
95	**155**	ROELEN Jan	Heist-op-den-Berg	M	1	00:29:28	5,200	10,59
96	**116**	VERSTRAETEN Johan	Booischot	M	1	00:29:30	5,200	10,58
97	**417**	GOOSSENS Gommeer		M	1	00:29:39	5,200	10,52
98	**413**	CLABAUT Steven		M	1	00:29:46	5,200	10,48
99	**280**	HAEST Johan	Heist-op-den-Berg	M	1	00:29:51	5,200	10,45
100	**363**	VELTMANS Florian	Schriek	M	1	00:29:56	5,200	10,42
101	**281**	WYNS Hendrik	Heist-op-den-Berg	M	1	00:29:59	5,200	10,41
102	**308**	STRAETMANS Gilbert	Heist op den Berg	M	1	00:30:10	5,200	10,34
103	**294**	BUTS Marc	Heist op den Berg	M	1	00:30:12	5,200	10,33
104	**184**	VAN DESSEL Daniel	Heist-op-den-Berg	M	1	00:30:17	5,200	10,3
105	**195**	HERMANS Lou	Heist-op-den-Berg	M	1	00:30:24	5,200	10,26
106	**346**	GOVAERTS Jim	Heist op den Berg	M	1	00:30:26	5,200	10,25
107	**234**	DOM Wim	Heist-op-den-Berg	M	1	00:30:35	5,200	10,2
108	**173**	HUYBRECHTS Kris	Heist-op-den-Berg	M	1	00:30:46	5,200	10,14
109	**164**	VANSNICK Wim		M	1	00:30:48	5,200	10,13
110	**353**	MEURIS Jan	Hallaar	M	1	00:31:02	5,200	10,05
111	**325**	VAN ROMPAEY Thomas	Heist op den Berg	M	1	00:31:03	5,200	10,05
112	**154**	OP T EYNDE Rodney	Heist-op-den-Berg	M	1	00:31:06	5,200	10,03
113	**193**	DOUCHY Emeric		M	1	00:31:07	5,200	10,03
114	**223**	DENIES Pieter	Heist op den Berg	M	1	00:31:08	5,200	10,02
115	**356**	VAN HOECKE Pepijn	Lokeren	M	1	00:31:14	5,200	9,99
116	**147**	BOGAERTS Maurice	Hallaar	M	1	00:31:22	5,200	9,95
117	**146**	DE WINTER Frederik	Hallaar	M	1	00:31:22	5,200	9,95
118	**128**	VERDUYN Wim	Heist-op-den-Berg	M	1	00:31:35	5,200	9,88
119	**179**	OP DE BEECK Stijn	Heist-op-den-Berg	M	1	00:31:46	5,200	9,82
120	**238**	HULET Dimitri	Heist op den Berg	M	1	00:31:46	5,200	9,82
121	**393**	HEYLEN Cass		M	1	00:31:55	5,200	9,78
122	**392**	FLIES Ilyano		M	1	00:31:56	5,200	9,77
123	**343**	RAIGNIER Maxime	Heist op den Berg	M	1	00:31:57	5,200	9,77
124	**227**	DESEYN Maxim	Geel	M	1	00:31:57	5,200	9,77
125	**390**	VEKEMANS Wim		M	1	00:32:10	5,200	9,7
126	**93**	VAN GENECHTEN Vince	Heist-op-den-Berg	M	1	00:32:27	5,200	9,61
127	**198**	WINCKELMANS Benjamin	Leuven	M	1	00:32:39	5,200	9,56
128	**270**	VLEUGELS Mathias	Heist-op-den-Berg	M	1	00:32:55	5,200	9,48
129	**399**	CEUPPENS Robbe		M	1	00:32:58	5,200	9,46
130	**90**	BOSMANS Tim	Heist-op-den-Berg	M	1	00:33:00	5,200	9,45
131	**197**	WOUTERS Mario	Heist op den Berg	M	1	00:33:03	5,200	9,44
132	**1119**	SAENEN Johan	Heist-op-den-Berg	M	1	00:33:10	5,200	9,41
133	**85**	VERSCHUEREN Robbe	Heist-op-den-Berg	M	1	00:33:15	5,200	9,38
134	**322**	VERBIST Eric	Heist op den Berg	M	1	00:33:18	5,200	9,37
135	**226**	LEMMENS Victor	Itegem	M	1	00:33:21	5,200	9,36
136	**348**	LEMME S Valentine	Lier	M	1	00:33:32	5,200	9,3
137	**279**	VAN GENECHTEN Julie	Kessel	V	1	00:34:02	5,200	9,17
138	**84**	BOSMANS Jos	Heist-op-den-Berg	M	1	00:34:15	5,200	9,11
139	**86**	VERSCHUEREN Witse	Heist-op-den-Berg	M	1	00:34:18	5,200	9,1
140	**97**	PEIREMANS Bart	Heist-op-den-Berg	M	1	00:34:26	5,200	9,06
141	**152**	GIJSEMANS Michel	Heist-op-den-Berg	M	1	00:34:33	5,200	9,03

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Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
142	**347**	HETEMANS Ludo		M	1	00:34:39	5,200	9
143	**153**	DE CONINCK Bavo	Heist-op-den-Berg	M	1	00:34:44	5,200	8,98
144	**391**	FLIES Geoffry		M	1	00:34:44	5,200	8,98
145	**283**	CLAES Tuur	Heist op den Berg	M	1	00:34:51	5,200	8,95
146	**282**	CLAES Tim	Heist op den Berg	M	1	00:34:52	5,200	8,95
147	**135**	MOORTGAT Jelle	Itegem	M	1	00:35:03	5,200	8,9
148	**44**	VISSENAEKENS Gert	Heist-op-den-Berg	M	1	00:35:07	5,200	8,88
149	**70**	JACOBS Suzy	Heist-op-den-Berg	M	1	00:35:28	5,200	8,8
150	**177**	VAN OPSTAL Karel	Heist-op-den-Berg	M	1	00:35:30	5,200	8,79
151	**125**	FEIJAERTS Matti	Heist-op-den-Berg	M	1	00:35:32	5,200	8,78
152	**137**	VAN TENDELOO Rui	Heist-op-den-Berg	M	1	00:35:34	5,200	8,77
153	**49**	VERCAMMEN Jef	Heist-op-den-Berg	M	1	00:35:37	5,200	8,76
154	**113**	VAN ROMPAEY Kato	Hallaar	V	1	00:35:47	5,200	8,72
155	**379**	DUVIVIER Christophe		M	1	00:35:59	5,200	8,67
156	**370**	MICHIELS Roel	Heist-op-den-Berg	M	1	00:36:03	5,200	8,65
157	**165**	TIELEMANS Stijn		M	1	00:36:55	5,200	8,45
158	**17**	MINNEBO Thomas	Heist-op-den-Berg	M	1	00:36:59	5,200	8,44
159	**178**	RINGOOT Danny	Heist-op-den-Berg	M	1	00:37:54	5,200	8,23
160	**158**	NAETS Yari	Itegem	M	1	00:38:05	5,200	8,19
161	**62**	BRUYNSEELS Frederik	Hulshout	M	1	00:38:52	5,200	8,03
162	**306**	SCHRIJVERS Bram	Heist-op-den-Berg	M	1	00:39:13	5,200	7,96
163	**99**	VERSCHUEREN Lander	Heist-op-den-Berg	M	1	00:39:18	5,200	7,94
164	**20**	DRIESSENS Koen	Heist-op-den-Berg	M	1	00:39:18	5,200	7,94
165	**261**	VERHEYDEN Tessa	Booischot	V	1	00:40:28	5,200	7,71
166	**82**	LEMBRECHTS Burt	Heist-op-den-Berg	M	1	00:40:34	5,200	7,69
167	**54**	DEYCK Robin	Heist-op-den-Berg	M	1	00:40:37	5,200	7,68
168	**286**	FEYEN Mathias		M	1	00:41:53	5,200	7,45
169	**69**	GOOVAERTS Joseph	Heist-op-den-Berg	M	1	00:45:38	5,200	6,84
170	**405**	TAOUFIK Taoufik		M	1	01:01:07	5,200	5,1

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Categorie: 5 km Dames

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1	**364**	VAN AELST Linde	Heist-op-den-Berg	V	1	00:22:13	5,200	14,04
2	**60**	VERTOMMEN Britt	Lier	V	1	00:24:16	5,200	12,86
3	**92**	LUYTEN Leen	Heist-op-den-Berg	V	1	00:24:32	5,200	12,72
4	**233**	ROBAERT Vanessa	Heist-op-den-Berg	V	1	00:25:04	5,200	12,45
5	**191**	VAN DE WALLE Anouck	Heiststop den berg	V	1	00:25:19	5,200	12,32
6	**276**	ALITOVSKI Zulfa	Heist-op-den-Berg	V	1	00:25:20	5,200	12,32
7	**96**	VAN DAM Hanne	Heist-op-den-Berg	V	1	00:25:36	5,200	12,19
8	**333**	VRANCX Stephanie	Heist op den Berg	V	1	00:26:06	5,200	11,95
9	**65**	AVONTS Evelien	Heist-op-den-Berg	V	1	00:26:07	5,200	11,95
10	**422**	VANHOVE Tinne		V	1	00:26:44	5,200	11,67
11	**361**	TORFS Charlotte	Heist-op-den-Berg	V	1	00:27:28	5,200	11,36
12	**362**	LAURENT Amélie	Heist-op-den-Berg	V	1	00:27:28	5,200	11,36
13	**400**	DUNAJ Nela		V	1	00:27:39	5,200	11,28
14	**324**	VOLKAERTS Sabine	Heist op den Berg	V	1	00:27:46	5,200	11,24
15	**315**	DE MEYER Lore	Heist op den Berg	V	1	00:28:17	5,200	11,03
16	**360**	VERMAELEN Sandra	Heist op den Berg	V	1	00:28:20	5,200	11,01
17	**408**	BERNAERTS Annelies		V	1	00:28:27	5,200	10,97
18	**320**	VAN HERCK Bianca	Heist op den Berg	V	1	00:28:36	5,200	10,91
19	**163**	VERTOMMEN Kato		V	1	00:28:44	5,200	10,86
20	**331**	DESTADSBADER Lauren	Booischot	V	1	00:28:54	5,200	10,8
21	**407**	VAN GENECHTEN Inge		V	1	00:29:02	5,200	10,75
22	**254**	ROELANTS An	Heist op den Berg	V	1	00:29:03	5,200	10,74
23	**199**	CREEMERS Naima	Heist-op-den-Berg	V	1	00:29:03	5,200	10,74
24	**39**	MILIS Oriana	Begijnendijk	V	1	00:29:06	5,200	10,72
25	**314**	PEETERS Linde	Heist op den Berg	V	1	00:29:14	5,200	10,67
26	**204**	DE WINTER Britt	Itegem	V	1	00:29:15	5,200	10,67
27	**201**	HUBAR Fleur	Heist-op-den-Berg	V	1	00:29:23	5,200	10,62
28	**80**	SCHATTEMAN Aurélie	Heist-op-den-Berg	V	1	00:29:27	5,200	10,59
29	**133**	KOPASZEWSKA Louisa	Heist-op-den-Berg	V	1	00:29:31	5,200	10,57
30	**192**	VAN DEN BROECK Margot	Itegem	V	1	00:29:33	5,200	10,56
31	**142**	VAN HEUGTEN Hanne	Hallaar	V	1	00:29:39	5,200	10,52
32	**326**	VAN DYCK Jana	Hallaar	V	1	00:29:43	5,200	10,5
33	**258**	SCHOLLAERT Ellen	Hulshout	V	1	00:30:08	5,200	10,35
34	**259**	DE CEUSTER Carolien	Hulshout	V	1	00:30:08	5,200	10,35
35	**257**	TRIMPE Katleen	Hulshout	V	1	00:30:10	5,200	10,34
36	**59**	VAN DEN BRANDE Dorien	Booischot	V	1	00:30:10	5,200	10,34
37	**292**	BUTS Annick	Heist op den Berg	V	1	00:30:12	5,200	10,33
38	**225**	BASTANIE Kaya	Putte	V	1	00:30:29	5,200	10,24
39	**256**	VERSLEGERS Roxan	Heist op den Berg	V	1	00:30:35	5,200	10,2
40	**316**	HEYLEN Annemie	Heist op den Berg	V	1	00:30:37	5,200	10,19
41	**387**	VAN ZAND Florence		V	1	00:30:38	5,200	10,18
42	**74**	VAN HOVE Christine	Heist-op-den-Berg	V	1	00:30:43	5,200	10,16
43	**240**	GORIS Lisa	Heist op den Berg	V	1	00:30:44	5,200	10,15
44	**272**	VAN EECKE Jill	Keerbergen	V	1	00:30:54	5,200	10,1
45	**383**	INGE Van de Staey		V	1	00:30:55	5,200	10,09
46	**351**	MEURIS Diane	Hallaar	V	1	00:31:00	5,200	10,06
47	**332**	JACOBS Jozefien	Heist op den Berg	V	1	00:31:05	5,200	10,04
48	**26**	THYS Liv	Heist-op-den-Berg	V	1	00:31:06	5,200	10,03
49	**318**	VERRYCT Katleen	Heist op den Berg	V	1	00:31:09	5,200	10,02

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Categorie: 5 km Dames

Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
50	**41**	FIERENS Elke	Heist-op-den-Berg	V	1	00:31:11	5,200	10,01
51	**145**	DECKERS Chantal	Hallaar	V	1	00:31:19	5,200	9,96
52	**443**	NAGELS Sabine		V	1	00:31:21	5,200	9,95
53	**67**	BROOTHAERS An-Sofie	Heist-op-den-Berg	V	1	00:31:22	5,200	9,95
54	**319**	CUMPS Katrien	Heist op den Berg	V	1	00:31:23	5,200	9,94
55	**114**	PAUWELS Lynn	Heist-op-den-Berg	V	1	00:31:40	5,200	9,85
56	**299**	SCHEERENS Frauke	Heist-op-den-Berg	V	1	00:31:42	5,200	9,84
57	**79**	FIERENS Nancy	Heist-op-den-Berg	V	1	00:31:42	5,200	9,84
58	**321**	TOLLENEER Eva	Beerzel	V	1	00:31:43	5,200	9,84
59	**66**	BAUWELEERS Femke	Heist-op-den-Berg	V	1	00:31:52	5,200	9,79
60	**162**	TIELEMANS Frauke	Westerlo	V	1	00:31:54	5,200	9,78
61	**141**	OOST Morgan	Hallaar	V	1	00:31:58	5,200	9,76
62	**217**	DE WACHTER Rani	Heist op den Berg	V	1	00:31:58	5,200	9,76
63	**42**	LUYTENS Annick	Heist-op-den-Berg	V	1	00:32:03	5,200	9,73
64	**342**	VAN KERKHOVEN Pauline	Heist op den Berg	V	1	00:32:06	5,200	9,72
65	**185**	GOOVAERTS Stella	Heist-op-den-Berg	V	1	00:32:10	5,200	9,7
66	**27**	VERSTRAETEN Merel	Heist-op-den-Berg	V	1	00:32:14	5,200	9,68
67	**75**	VAN LOO Charlotte	Heist-op-den-Berg	V	1	00:32:20	5,200	9,65
68	**423**	MARIËN hannelore		V	1	00:32:29	5,200	9,6
69	**425**	YSALINE Ysaline		V	1	00:32:30	5,200	9,6
70	**136**	VAN LOOY Wendy	Itegem	V	1	00:32:31	5,200	9,6
71	**14**	SCHEERENS Charlotte	Hulshout	V	1	00:32:31	5,200	9,6
72	**298**	SCHEERENS Eveline	Heist-op-den-Berg	V	1	00:32:32	5,200	9,59
73	**176**	HEREMANS Miet	Heist-op-den-Berg	V	1	00:32:32	5,200	9,59
74	**424**	MARIËN Isolde		V	1	00:32:51	5,200	9,5
75	**213**	DE WEERDT Tille	Heist op den Berg	V	1	00:32:53	5,200	9,49
76	**396**	DE KEPPER Margaux		V	1	00:32:55	5,200	9,48
77	**341**	THYS Dien	Heist op den Berg	V	1	00:32:56	5,200	9,47
78	**215**	VIS Julie	Heist op den Berg	V	1	00:32:56	5,200	9,47
79	**88**	BOSMANS Loes	Heist-op-den-Berg	V	1	00:32:59	5,200	9,46
80	**34**	MORIS Jill		V	1	00:33:08	5,200	9,42
81	**37**	WAUTERS Linske	Keerbergen	V	1	00:33:11	5,200	9,4
82	**52**	RONDAGS Jolien	Heist-op-den-Berg	V	1	00:33:17	5,200	9,37
83	**78**	JANSSENS Shana	Bonheiden	V	1	00:33:20	5,200	9,36
84	**389**	VERBIST Katrien		V	1	00:33:21	5,200	9,36
85	**274**	VAN ROMPAEY Britt-Fleur	Hallaar	V	1	00:33:37	5,200	9,28
86	**357**	HERMUS Alice	Heist-op-den-Berg	V	1	00:33:39	5,200	9,27
87	**359**	NUYENS Fleur	Heist-op-den-Berg	V	1	00:33:39	5,200	9,27
88	**23**	VAN CRAEN Stefanie	Hallaar	V	1	00:33:47	5,200	9,24
89	**138**	BRANT Petra	Heist-op-den-Berg	V	1	00:33:49	5,200	9,23
90	**139**	LUYTEN Lies	Hallaar	V	1	00:33:59	5,200	9,18
91	**21**	VERBEECK Barbara	Heist-op-den-Berg	V	1	00:34:02	5,200	9,17
92	**265**	VAN DER AUWERA Floor	Booischot	V	1	00:34:04	5,200	9,16
93	**410**	BRIAT Louise		V	1	00:34:07	5,200	9,15
94	**264**	QUADRADO Sara	Heist op den Berg	V	1	00:34:07	5,200	9,15
95	**25**	VAN DEN WYNGAERT Nathalie	Heist-op-den-Berg	V	1	00:34:09	5,200	9,14
96	**242**	COVENS Kathleen	Heist op den Berg	V	1	00:34:14	5,200	9,11
97	**358**	WOUTERS Lien	Heist-op-den-Berg	V	1	00:34:20	5,200	9,09
98	**398**	SCHAUT Lauren		V	1	00:34:24	5,200	9,07

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Categorie: 5 km Dames

Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
99	**338**	VAN CALSTER Emelie	Heist op den Berg	V	1	00:34:26	5,200	9,06
100	**50**	DENS Anja	Heist-op-den-Berg	V	1	00:34:29	5,200	9,05
101	**131**	D'HELFT Ine	Heist-op-den-Berg	V	1	00:34:29	5,200	9,05
102	**160**	VERELST Joni	Heist-op-den-Berg	V	1	00:34:34	5,200	9,03
103	**159**	JANSSENS Femke	Heist-op-den-Berg	V	1	00:34:34	5,200	9,03
104	**266**	DILLEN Patricia	Booischot	V	1	00:34:36	5,200	9,02
105	**414**	CLABAUT Simke		V	1	00:34:37	5,200	9,01
106	**115**	HEREMANS Ines		V	1	00:34:41	5,200	9
107	**38**	VERDICKT Steffi	Keerbergen	V	1	00:34:45	5,200	8,98
108	**3**	EELEN Alicia	Aarschot	V	1	00:35:08	5,200	8,88
109	**126**	JEGERS Lotte	Heist-op-den-Berg	V	1	00:35:23	5,200	8,82
110	**388**	JANSSENS Jill		V	1	00:35:29	5,200	8,79
111	**372**	FREDERICKX Iliana	Heist-op-den-Berg	V	1	00:35:43	5,200	8,74
112	**304**	BUTS Rani	Heist-op-den-Berg	V	1	00:35:47	5,200	8,72
113	**271**	GOYVAERTS Chloé	Heist-op-den-Berg	V	1	00:35:49	5,200	8,71
114	**303**	HEREMANS Julie	Heist-op-den-Berg	V	1	00:35:50	5,200	8,71
115	**302**	VAN DEN BOGAERT Griet	Heist-op-den-Berg	V	1	00:35:50	5,200	8,71
116	**15**	CLAESSENS Bea	Heist-op-den-Berg	V	1	00:35:52	5,200	8,7
117	**200**	LEDEGEN Karlijn	Heist-op-den-Berg	V	1	00:35:57	5,200	8,68
118	**267**	HEYLEN Sarah	Kessel	V	1	00:35:57	5,200	8,68
119	**202**	PEETERS Carine	Itegem	V	1	00:35:58	5,200	8,67
120	**344**	MACKEN Ingeborg	Beerzel/Putte	V	1	00:35:59	5,200	8,67
121	**1086**	OP DE BEECK Riet	Berlaar	V	1	00:36:00	5,200	8,67
122	**371**	MESSING Inge	Heist-op-den-Berg	V	1	00:36:01	5,200	8,66
123	**212**	FOUQUAET Julie	Kortenberg	V	1	00:36:02	5,200	8,66
124	**196**	MINNE Nele	Heist-op-den-Berg	V	1	00:36:02	5,200	8,66
125	**368**	JACQUEMYN Julie	Itegem	V	1	00:36:26	5,200	8,56
126	**203**	BONNEZ Laura	Itegem	V	1	00:36:29	5,200	8,55
127	**377**	VAN BEYLEN Kitty		V	1	00:36:45	5,200	8,49
128	**32**	MARIËN Annick	Heist-op-den-Berg	V	1	00:36:47	5,200	8,48
129	**250**	VERMEYLEN Nancy	Heist op den Berg	V	1	00:37:06	5,200	8,41
130	**1045**	GRAULS Laurence	Heist-op-den-Berg	V	1	00:37:08	5,200	8,4
131	**369**	WILLAERT Inge	Itegem	V	1	00:37:22	5,200	8,35
132	**18**	SLEGTEN Caroline	Heist-op-den-Berg	V	1	00:37:45	5,200	8,26
133	**278**	WILLAERT Sam	Duffel	V	1	00:37:45	5,200	8,26
134	**107**	VAN DEN VONDER Stefanie	Heist-op-den-Berg	V	1	00:37:45	5,200	8,26
135	**275**	VERCAUTEREN Eline	Heist-op-den-Berg	V	1	00:37:46	5,200	8,26
136	**157**	OOMS Dorien	Heist-op-den-Berg	V	1	00:37:46	5,200	8,26
137	**35**	HEREMANS Ann	Heist-op-den-Berg	V	1	00:37:58	5,200	8,22
138	**175**	VERLOY Tine	Heist-op-den-Berg	V	1	00:38:14	5,200	8,16
139	**48**	JANSSENS An	Heist-op-den-Berg	V	1	00:38:18	5,200	8,15
140	**46**	JANSSENS Mieke	Heist-op-den-Berg	V	1	00:38:18	5,200	8,15
141	**47**	JANSSENS Joke	Heist-op-den-Berg	V	1	00:38:19	5,200	8,14
142	**120**	CORNELIS Bo	Heist-op-den-Berg	V	1	00:38:23	5,200	8,13
143	**127**	CARNAS Annelie	Heist-op-den-Berg	V	1	00:38:25	5,200	8,12
144	**354**	DE MEUTTER Amber	Heist op den Berg	V	1	00:38:26	5,200	8,12
145	**366**	ROSALIE Margriet	Heist op den Berg	V	1	00:38:27	5,200	8,11
146	**143**	MEURIS Robin	Heist-op-den-Berg	V	1	00:38:27	5,200	8,11
147	**339**	SRUMSIRI Jully	Heist op den Berg	V	1	00:38:48	5,200	8,04

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Categorie: 5 km Dames

Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
148	**337**	SRUMSIRI Romy	Heist op den Berg	V	1	00:38:49	5,200	8,04
149	**106**	WEGGE Vicky	Heist-op-den-Berg	V	1	00:38:56	5,200	8,01
150	**305**	DE WEYER Lieselot	Heist-op-den-Berg	V	1	00:39:13	5,200	7,96
151	**140**	VAN CLEYNENBREUGEL Magda	Berlaar	V	1	00:39:21	5,200	7,93
152	**174**	HUYBRECHTS Sien	Heist-op-den-Berg	V	1	00:39:56	5,200	7,81
153	**2**	DE WINTER Renée	Heist-op-den-Berg	V	1	00:39:58	5,200	7,81
154	**148**	CLAES Kendra	Heist-op-den-Berg	V	1	00:40:16	5,200	7,75
155	**149**	DE CUYPER Astrid	Hallaar	V	1	00:40:16	5,200	7,75
156	**350**	PELEGRIN Evy	Heist-op-den-Berg	V	1	00:40:20	5,200	7,74
157	**313**	VAN DEN EYNDEN Tamara	Heist op den Berg	V	1	00:40:21	5,200	7,73
158	**260**	DE MOERLOOZE Babs	Heist-op-den-Berg	V	1	00:40:29	5,200	7,71
159	**428**	TURKDOGAN Esra		V	1	00:40:41	5,200	7,67
160	**243**	VAN ROOSBROECK Liesl	Heist op den Berg	V	1	00:40:50	5,200	7,64
161	**71**	KESLER Ellen	Heist-op-den-Berg	V	1	00:41:08	5,200	7,59
162	**72**	KESLER Stephanie	Heist-op-den-Berg	V	1	00:41:15	5,200	7,56
163	**63**	HEYLEN Liesbeth	Keerbergen	V	1	00:41:54	5,200	7,45
164	**187**	GIELIS Ellen	Heist-op-den-Berg	V	1	00:43:12	5,200	7,22
165	**380**	DEMOULIN Sophie		V	1	00:43:35	5,200	7,16
166	**381**	FEYAERTS Raissa		V	1	00:43:36	5,200	7,16
167	**216**	SCHEERENS Martine	Heist op den Berg	V	1	00:44:22	5,200	7,03
168	**385**	VERMEIRE Lies		V	1	00:44:43	5,200	6,98
169	**386**	DE LAET Naomi		V	1	00:45:32	5,200	6,85
170	**40**	VERBRUGGEN Lindsey	Heist-op-den-Berg	V	1	00:47:26	5,200	6,58
171	**182**	CUMPS Els	Heist-op-den-Berg	V	1	00:49:53	5,200	6,25
172	**171**	OP DE BEECK Suzy	Heist-op-den-Berg	V	1	00:49:53	5,200	6,25

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Categorie: 10 km Heren

Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
1	**1175**	MASSEZ Jesse	Heist op den Berg	M	2	00:36:10	10,400	17,25
2	**1210**	VAN DEN BROECK Stefaan		M	2	00:36:20	10,400	17,17
3	**1112**	NICASY Ruben	Herenthout	M	2	00:37:49	10,400	16,5
4	**1206**	STEENMANS Geert		M	2	00:39:28	10,400	15,81
5	**1012**	VERBRUGGEN Matthias	Heist-op-den-Berg	M	2	00:40:38	10,400	15,36
6	**2179**	WAEYAERT Tom		M	2	00:42:28	10,400	14,69
7	**1091**	DANKERS Kees-Jan	Lier	M	2	00:42:44	10,400	14,6
8	**1104**	RAMS Dries	Heist-op-den-Berg	M	2	00:42:48	10,400	14,58
9	**1134**	GHEKIERE Thijs	Heist-op-den-Berg	M	2	00:43:07	10,400	14,47
10	**2165**	MAES Dave		M	2	00:44:07	10,400	14,14
11	**301**	VOCHTEN Peter	Heist-op-den-Berg	M	2	00:44:46	10,400	13,94
12	**1159**	SANDERS Stijn	Heist op den Berg	M	2	00:45:01	10,400	13,86
13	**1152**	LIEVENS Gilles	Heist-op-den-Berg	M	2	00:45:13	10,400	13,8
14	**1171**	HASSELS Daan	Heist-op-den-Berg	M	2	00:45:30	10,400	13,71
15	**1148**	KESTELOOT Thomas	Duffel-Herentals-Kontich	M	2	00:45:39	10,400	13,67
16	**1170**	VERCAUTEREN Lorenz	Heist-op-den-Berg	M	2	00:45:45	10,400	13,64
17	**1082**	STERCKX Peter	Heist-op-den-Berg	M	2	00:45:57	10,400	13,58
18	**1173**	WILLAERT Sven	Duffel	M	2	00:46:04	10,400	13,55
19	**1015**	DELWAIDE Vincent	Heist-op-den-Berg	M	2	00:46:11	10,400	13,51
20	**1118**	SMETS Jean Marc	Heist-op-den-Berg	M	2	00:46:29	10,400	13,42
21	**1147**	VAN LANDSCHOOT Jorik	Maldegem	M	2	00:47:43	10,400	13,08
22	**1049**	HEYLIGEN Tom	Heist-op-den-Berg	M	2	00:47:54	10,400	13,03
23	**1010**	WILLEMSE Jarno	Westerlo	M	2	00:48:35	10,400	12,84
24	**1197**	VAN DEN BROECK Jesse		M	2	00:48:43	10,400	12,81
25	**1122**	DOUCHY Vincent		M	2	00:48:59	10,400	12,74
26	**1131**	DE HAES Toon	Heist-op-den-Berg	M	2	00:49:02	10,400	12,73
27	**1139**	DEBACKER Stijn	Heist op den Berg	M	2	00:49:06	10,400	12,71
28	**1129**	VLOEBERGHS Sam	Heist-op-den-Berg	M	2	00:49:14	10,400	12,67
29	**1047**	STUYCKENS Kim	Heist-op-den-Berg	M	2	00:49:14	10,400	12,67
30	**1166**	VAN LOOCK Toon	Heist op den Berg	M	2	00:49:16	10,400	12,67
31	**1187**	SCHOOVAERTS Nils	Heist-op-den-Berg	M	2	00:50:08	10,400	12,45
32	**1136**	HENDERYCKX Gregory	Heist op den Berg	M	2	00:50:33	10,400	12,34
33	**2016**	VAN LERBERGHE Tom	Heist-op-den-Berg	M	2	00:50:41	10,400	12,31
34	**1177**	VAN STEYVOORT Stijn	Heist op den Berg	M	2	00:50:50	10,400	12,28
35	**1205**	VERGOUWEN Bjarne		M	2	00:50:56	10,400	12,25
36	**1088**	CUYPERS Milo	Heist-op-den-Berg	M	2	00:51:17	10,400	12,17
37	**1178**	UYTTERHOEVEN Gunter	Heist op den Berg	M	2	00:51:18	10,400	12,16
38	**1084**	D HELFT Noah	Heist-op-den-Berg	M	2	00:51:24	10,400	12,14
39	**1179**	SCHEERS Kurt	Heist op den Berg	M	2	00:51:24	10,400	12,14
40	**1057**	BROOTHAERS Patrick	Heist-op-den-Berg	M	2	00:51:25	10,400	12,14
41	**1192**	MEURIS Patrik	Schriek	M	2	00:51:53	10,400	12,03
42	**1000**	ECHELPOELS Stef	Heist-op-den-Berg	M	2	00:51:55	10,400	12,02
43	**1107**	LINTERMANS Michael	Heist-op-den-Berg	M	2	00:52:17	10,400	11,93
44	**1100**	VAN EYNDE Steven	Heist-op-den-Berg	M	2	00:52:17	10,400	11,93
45	**1106**	VERSTRAETEN Didier	Heist-op-den-Berg	M	2	00:52:18	10,400	11,93
46	**1013**	VERHOEVEN Wim	Heist-op-den-Berg	M	2	00:52:21	10,400	11,92
47	**1062**	PAPEN Peter	Heist-op-den-Berg	M	2	00:52:25	10,400	11,9
48	**1130**	CLAES Geert	Heist-op-den-Berg	M	2	00:52:25	10,400	11,9
49	**1204**	VAN REET Dave		M	2	00:52:44	10,400	11,83

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Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
50	**1011**	VERHELST Jorn	Itegem	M	2	00:52:46	10,400	11,83
51	**1183**	VAN DEN EEDE Vincent	Herselt	M	2	00:52:48	10,400	11,82
52	**1190**	VAN DE VEN Christophe	Hulshout	M	2	00:53:07	10,400	11,75
53	**1142**	DE HERDT Robin	Heist-op-den-Berg	M	2	00:53:24	10,400	11,69
54	**1161**	GORIS Danny	Heist op den Berg	M	2	00:53:30	10,400	11,66
55	**1066**	VERHAGHE Marino	Heist-op-den-Berg	M	2	00:53:50	10,400	11,59
56	**1193**	VAN DEN BRUEL Tim	Hallaar	M	2	00:54:03	10,400	11,54
57	**1191**	MESENS Jurgen	Heist-op-den-Berg	M	2	00:54:04	10,400	11,54
58	**2035**	DHOORE Ben	Heist-op-den-Berg	M	2	00:54:17	10,400	11,5
59	**1079**	HUENAERTS Fabrizio	Heist-op-den-Berg	M	2	00:54:27	10,400	11,46
60	**1176**	DEFFONTAINE Olivier	Heist op den Berg	M	2	00:54:45	10,400	11,4
61	**1167**	VAN LOOCK David		M	2	00:55:03	10,400	11,34
62	**1004**	HANQUET Barteld	Heist-op-den-Berg	M	2	00:55:12	10,400	11,3
63	**1008**	VAN DEN BOSCH Kristof		M	2	00:55:21	10,400	11,27
64	**1009**	BAUWELEERS Ivan	Heist-op-den-Berg	M	2	00:55:22	10,400	11,27
65	**1160**	BEKERS Sven	Heist op den Berg	M	2	00:55:35	10,400	11,23
66	**1137**	DEN ABT Milin	Heist op den Berg	M	2	00:55:42	10,400	11,2
67	**1138**	DESAEVER Pieter	Heist op den Berg	M	2	00:55:44	10,400	11,2
68	**1016**	PATYN Toon	Heist-op-den-Berg	M	2	00:56:18	10,400	11,08
69	**1182**	VAN ROMPAEY Simon	Heist op den Berg	M	2	00:56:25	10,400	11,06
70	**1068**	VERMAELEN Peter	Heist-op-den-Berg	M	2	00:56:25	10,400	11,06
71	**1064**	VAN DEN ACKER Jan	Heist-op-den-Berg	M	2	00:56:37	10,400	11,02
72	**1209**	ORIS Bart		M	2	00:56:44	10,400	11
73	**1125**	VAN DEN HEUVEL Dirk	Herenthout	M	2	00:57:10	10,400	10,92
74	**1034**	VAN ZAND Andy	Antwerpen	M	2	00:57:20	10,400	10,88
75	**1141**	PAUWELS Sebastiaan	Heist op den Berg	M	2	00:57:24	10,400	10,87
76	**1144**	KIEBOOMS Jan	Heist-op-den-Berg	M	2	00:57:25	10,400	10,87
77	**1145**	RIVIERE Eric	aartselaar	M	2	00:57:25	10,400	10,87
78	**1181**	VAN ROMPAEY Dave	Heist op den Berg	M	2	00:57:35	10,400	10,84
79	**1076**	VAN GENECHTEN David	Heist-op-den-Berg	M	2	00:57:45	10,400	10,81
80	**1078**	AERTS Liam	Heist-op-den-Berg	M	2	00:58:09	10,400	10,73
81	**1003**	RONDAGS ?	Heist-op-den-Berg	M	2	00:58:25	10,400	10,68
82	**1043**	VERSCHUEREN Werner	Heist-op-den-Berg	M	2	00:58:29	10,400	10,67
83	**1198**	STAELENS Iwan		M	2	00:58:49	10,400	10,61
84	**1096**	VAN DEN BROECK Tim	Heist-op-den-Berg	M	2	00:59:20	10,400	10,52
85	**1014**	NEVEN Sam	Heist-op-den-Berg	M	2	00:59:29	10,400	10,49
86	**1186**	MARIËN Philippe	Herenthout	M	2	00:59:37	10,400	10,47
87	**1158**	VAN CALSTER Jef	Heist op den Berg	M	2	00:59:50	10,400	10,43
88	**1035**	VERHAEGEN Ryan	Heist-op-den-Berg	M	2	00:59:50	10,400	10,43
89	**1072**	VERCAMMEN Willem	Heist-op-den-Berg	M	2	00:59:55	10,400	10,41
90	**1081**	DE HOEF Dieter	Heist-op-den-Berg	M	2	01:00:05	10,400	10,39
91	**1156**	KONINCKX Philippe	Heist op den Berg	M	2	01:00:19	10,400	10,35
92	**1150**	TIM Schenck	Berlaar	M	2	01:00:20	10,400	10,34
93	**1083**	VAN NOTEN Stein	Hallaar	M	2	01:00:20	10,400	10,34
94	**1208**	HOFMANS Jordi		M	2	01:00:22	10,400	10,34
95	**1095**	DE SMET Milan	Heist-op-den-Berg	M	2	01:01:04	10,400	10,22
96	**1163**	TRAPPERS Rutger	Heist op den Berg	M	2	01:01:11	10,400	10,2
97	**1093**	SPRUYT Rob	Heist-op-den-Berg	M	2	01:02:55	10,400	9,92
98	**1039**	VERRET Koen	Berlaar	M	2	01:03:05	10,400	9,89

5 en 10 km Heist Loopt 2025

Categorie: 10 km Heren

Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
99	**1101**	HERMUS Paul	Heist-op-den-Berg	M	2	01:03:13	10,400	9,87
100	**1105**	MOENS Bart	Heist-op-den-Berg	M	2	01:03:22	10,400	9,85
101	**1028**	VAN DEN BERGH Kjelle	Schriek	M	2	01:03:51	10,400	9,77
102	**1146**	GEENS Robin	Heist op den Berg	M	2	01:03:53	10,400	9,77
103	**1115**	NEUTS Michel		M	2	01:05:23	10,400	9,54
104	**1113**	VAN TORNHAUT Koen		M	2	01:06:09	10,400	9,43
105	**1189**	FEYAERTS Patrick	Heist-op-den-Berg	M	2	01:06:40	10,400	9,36
106	**1143**	BERGHMANS Erik	menen	M	2	01:07:07	10,400	9,3
107	**1094**	DE SMET Kristof	Heist-op-den-Berg	M	2	01:07:49	10,400	9,2
108	**1031**	SEVENANS Sven	Kalmthout	M	2	01:09:13	10,400	9,02
109	**1070**	LEMMENS Christophe	Heist-op-den-Berg	M	2	01:12:02	10,400	8,66
110	**1032**	SCHODTS Steven	Nederokkerzeel	M	2	01:13:31	10,400	8,49
111	**1037**	HENDERICKX Guy	Heist-op-den-Berg	M	2	01:13:49	10,400	8,45
112	**1098**	DE CANDT Vincent	Heist-op-den-Berg	M	2	01:14:16	10,400	8,4
113	**1099**	DE CANDT Wesley	Heist-op-den-Berg	M	2	01:14:18	10,400	8,4
114	**1151**	VERTOMMEN Nathan	Heist-op-den-Berg	M	2	01:15:23	10,400	8,28

5 en 10 km Heist Loopt 2025

Categorie: 10 km Dames

Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
1	**1123**	VAN HESE Charlotte	Lier	V	2	00:35:21	10,400	17,65
2	**1061**	MEURIS Nele	Heist-op-den-Berg	V	2	00:47:02	10,400	13,27
3	**1059**	DE COCK Laura	Heist-op-den-Berg	V	2	00:47:54	10,400	13,03
4	**1090**	GEERTS Caro		V	2	00:48:16	10,400	12,93
5	**1017**	PATYN Nette	Heist-op-den-Berg	V	2	00:50:29	10,400	12,36
6	**1154**	VERHOEVEN Eveline	Heist-op-den-Berg	V	2	00:50:39	10,400	12,32
7	**1195**	MIN Lena	Lier	V	2	00:51:18	10,400	12,16
8	**1071**	MAES Kim	Heist-op-den-Berg	V	2	00:52:34	10,400	11,87
9	**1067**	VERVOORT Jasmine	Heist-op-den-Berg	V	2	00:53:22	10,400	11,69
10	**1194**	VAN THIELEN Els	Hallaar	V	2	00:54:04	10,400	11,54
11	**1188**	HOEKSTRA Marieke	Heist-op-den-Berg	V	2	00:54:38	10,400	11,42
12	**1060**	GOOSSENS Julie	Heist-op-den-Berg	V	2	00:55:49	10,400	11,18
13	**1201**	VAN EVEN Ellen		V	2	00:56:59	10,400	10,95
14	**1126**	VAN DEN HEUVEL Nathalie	Herenthout	V	2	00:57:10	10,400	10,92
15	**1027**	MILIS Alessia	Begijnendijk	V	2	00:58:05	10,400	10,74
16	**1023**	VAN DEN PUTTE Lien	Putte	V	2	00:58:39	10,400	10,64
17	**1038**	JENNIS Karin	Duffel-Herentals-Kontich	V	2	00:59:37	10,400	10,47
18	**1185**	HEYLEN Gilke	Herenthout	V	2	00:59:38	10,400	10,46
19	**2015**	VAN KERKHOVEN Alexandra	Heist-op-den-Berg	V	2	01:00:02	10,400	10,39
20	**1022**	CLISSEN Natalie	Putte	V	2	01:00:29	10,400	10,32
21	**1102**	MEUWS Martine	Heist-op-den-Berg	V	2	01:01:03	10,400	10,22
22	**1046**	VERVOORT Annelies	Booischot	V	2	01:01:27	10,400	10,15
23	**1196**	BAELE Myrthe	Nijlen	V	2	01:01:30	10,400	10,15
24	**1065**	LEYSEN Yuliya	Heist-op-den-Berg	V	2	01:01:32	10,400	10,14
25	**1025**	DE BORGER Ilse	Begijnendijk	V	2	01:01:32	10,400	10,14
26	**1056**	VAN ZAND Astrid	Heist-op-den-Berg	V	2	01:01:35	10,400	10,13
27	**1153**	VAN DEN VENNE Elke	Heist-op-den-Berg	V	2	01:02:34	10,400	9,97
28	**1169**	VERSTRAETE Kristel	Haacht	V	2	01:02:44	10,400	9,95
29	**1005**	CEULEMANS Leen	Heist-op-den-Berg	V	2	01:03:36	10,400	9,81
30	**1103**	DEVOGELAERE Marie	Heist-op-den-Berg	V	2	01:04:36	10,400	9,66
31	**1155**	KONINCKX Micheline	Heist op den Berg	V	2	01:04:47	10,400	9,63
32	**1024**	TIELEMANS Lotte	Putte	V	2	01:06:04	10,400	9,45
33	**1133**	SEL Marlies	Heist op den Berg	V	2	01:06:17	10,400	9,41
34	**1110**	DOM Isaura	Heist-op-den-Berg	V	2	01:07:38	10,400	9,23
35	**1109**	WOUTERS Yana	Heist-op-den-Berg	V	2	01:07:59	10,400	9,18
36	**1073**	AUBROECK Femke	Wiekevorst	V	2	01:08:06	10,400	9,16
37	**1108**	PEETERS Yente	Heist-op-den-Berg	V	2	01:08:30	10,400	9,11
38	**1111**	DE COUX Irina	Heist-op-den-Berg	V	2	01:08:31	10,400	9,11
39	**2074**	SCHEERLINCK Tieke	Heist-op-den-Berg	V	2	01:09:07	10,400	9,03
40	**1165**	DECKERS Jorien	Heist op den Berg	V	2	01:09:15	10,400	9,01
41	**1164**	BEELEN Debby	Heist op den Berg	V	2	01:09:16	10,400	9,01
42	**1041**	VERLINDEN Hanne	Heist-op-den-Berg	V	2	01:10:17	10,400	8,88
43	**1042**	VERLINDEN Elise	Heist-op-den-Berg	V	2	01:10:17	10,400	8,88
44	**1002**	GOYVAERTS Katrien	Heist-op-den-Berg	V	2	01:10:19	10,400	8,87
45	**1174**	CLAES Joyce	Geel	V	2	01:11:38	10,400	8,71
46	**1087**	VAN REET Marylise	Hallaar	V	2	01:11:49	10,400	8,69
47	**1069**	ARDIES Kristel	Heist-op-den-Berg	V	2	01:12:01	10,400	8,66
48	**1058**	COECK Axelle	Heist-op-den-Berg	V	2	01:12:52	10,400	8,56
49	**1075**	WITTERS Wendy	Heist-op-den-Berg	V	2	01:13:14	10,400	8,52

5 en 10 km Heist Loopt 2025

Categorie: 10 km Dames

Pl.	Startnr	Naam:	Club:	M / F	Rondes	Race Time	Afstand:	Km/u
50	**1074**	GOOSSENS Pauline	Heist-op-den-Berg	V	2	01:13:48	10,400	8,46
51	**1029**	VAN GINDERDEUREN Inge	Heist-op-den-Berg	V	2	01:16:21	10,400	8,17
52	**1007**	LIEKENS Wendy	Itegem	V	2	01:19:41	10,400	7,83
53	**1077**	AERTS Aileen	Heist-op-den-Berg	V	2	01:19:56	10,400	7,81
54	**1033**	SWINNEN Brenda	Ekeren	V	2	01:22:02	10,400	7,61
55	**1030**	PATERNOTTE Danielle	Kalmthout	V	2	01:22:03	10,400	7,61
56	**231**	LOUISE Gysemans	Wiekevorst	V	1	00:25:45	5,200	12,12

Event: Heist Loopt 2025

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