

I serve on the board of CNVC from September 2020 to May 2025 as the treasurer

From CNVC's website:

Kirsten feels honored to serve our international community on CNVC's Board. She trusts that together we can create amazing movements that none of us can do alone and that we can organize ourselves for more impact in how we work towards the more beautiful world our hearts know is possible. When Kirsten met Marshall in 1998, she decided to take every opportunity to study with him and share NVC with others. She found NVC to be the missing link in her work as a family therapist, and in her personal development and spiritual growth. Kirsten's interest in leadership & organizational structures led her to attend several CNVC board meetings as an observer, starting in 2002 in Hungary where organizing CNVC with circles was talked about for the first time.

Kirsten's main project has been creating the association LIVKOM, which serves as the foundation for NVC work in Denmark and abroad. [LIVKOM](#) (Life-Enriching Communication) has supported many projects including winning funding for 10 projects since 2009 and involved NVC trainers to deliver them. In 2006, she created her own publishing house when the big publishers were not willing to bring out more of Marshall's books in Danish. She has brought 9 titles to the Danish audience. Over the years, Kirsten has shared NVC in many countries from North to South, West to East, including Healing and Reconciliation with NVC in Nepal in 2014 and 2016, a project she found very meaningful. Kirsten is ready to do playful work and have serious fun with CNVC. [Learn more about Kirsten](#). (*term expires June 2022*)

When I entered the CNVC board in the summer 2020, I set out the following aims and we are getting there

I want to make my knowledge, experience, skills and collected wisdom available.

I see the first pressing job for CNVC board to care for 2 big areas: **Financial sustainability and Reconnection and Healing** among CT's.

I see a way forward in focusing on **Projects and Fundraising** while strengthening collaboration with CTs, and creating accountable channels of communication.

I see CNVC's board handling administrative issues and developing policies that guide our work, with **compassion and political savvy** – “**from now on**”.

I support local and regional groups in having more influence and responsibility. A more connecting role in training the candidates and cooperating with assessors. I support regional groups to include candidates and supporters in their network and cooperation, so there is a clear place for them to connect. I support a **linking between CNVC and regional groups**, so CNVC can focus on communication with groups, instead of 700+ individuals. Maybe use Sociocratic structure with double links or similar channels for communication.



Kirsten Kristensen

Kommunikation for Livet



I support **transparency**, inviting **everybody's wisdom**, **creating feedback mechanisms that supports accountability, clarity** and maybe new ways of fulfilling tasks for the community. Maybe changing what we do based on renewed priorities. E.g.

- How are assessors chosen, trained and given feedback about needs met and not met?
- How are IIT-RT team chosen, trained and given feedback?
- How are CCC members chosen, trained and given feedback?
- Develop IIT and choose trainer teams for IIT's.
- Formulating/revising Trainer agreement and contribution to CNVC.
- How will we deal with complaints from participants and conflicts in our network?
- Developing new areas like Projects and Fundraising and much more

My focus is on creating structures that enhance our co-operation and helps us **share NVC with more people, contribute to social change**. Structures/frames that will support us in **bridging the divides between us** around for example:

- What is NVC?
- How to work with "Privilege"?
- How to increase access for "underrepresented" groups?
- Getting clear how Influence and Responsibility can play together? **"Influence comes to you as you take on more responsibility"**.
- Who gets to decide what, and how? Not a few deciding for many, but many deciding together – facilitated by a few.

I want to listen to others with openness, curiosity and compassion especially to those I don't agree with or don't understand. **I will ask for help when I don't manage to show up with openness, curiosity and compassion.**

I will involve and consult with my colleagues.

My experience

I am a 67 years old woman, living and born in Denmark. I am one of those that makes a lot of social change project possible because I care, have time, experience and opportunities to do volunteer work.

I was part of the GCC – Global Community Circle that in the years 2007-2009 worked on a suggestion for organizing CNVC and CTs in circles. I received intensive training in Sociocracy and was part of forming the Nordic-Baltic-NVC-Circle, with links to English Europe-Africa Circle.

I have experience of working in an association with international outreach
LIVKOM: <https://livkom.dk/internationale-projekter-girafprog/>

Certified 2003. Served as trainer at 6 IIT's, attended 7 IIT's, organized 2 IIT's, spent more than 100 days with Marshall in trainings & board meetings.

2004-2018 I gave 100-120 days of NVC training each year. In 2019 less. I organized most of these trainings myself and organized for others as well.