Back to School Healthy Lunch

In the UAE, schools aim to educate children on the importance of healthy eating and the different functions of foods. All schools in the UAE are nut and pork-free schools. Bearing this in mind, plan a healthy lunch box. Cut and paste the healthy foods into the lunch boxes below and add some of your own ideas if possible.



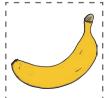




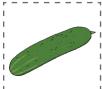








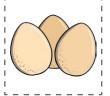










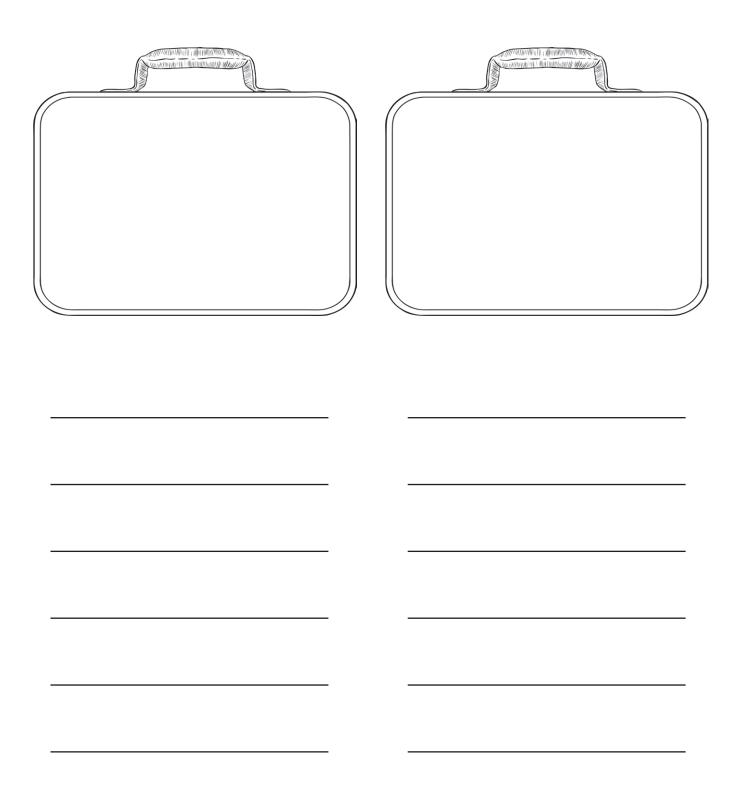






Back to School Healthy Lunch

In the UAE, schools aim to educate children on the importance of healthy eating and the different functions of foods. All schools in the UAE are nut and pork-free schools. Bearing this in mind, plan two healthy lunch boxes. List the items below.



Back to School Healthy Lunch

In the UAE, schools aim to educate children on the importance of healthy eating and the different functions of foods. All schools in the UAE are nut and pork-free schools. Bearing this in mind, plan a healthy menu with a range of different foods for children to choose.

Menu			
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