

WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

WAKO.SPORT

# WAKO

PULSE  
FEB 2021



# BACK IN ACTION!



# PRESIDENT'S MESSAGE



“ YOU ARE NOT YOUR PAST, DONT DWELL IN IT,  
LEARN FROM IT GROW FROM IT , IMPROVE OVER IT,  
STEP UP AND STEP FORWARD.  
LIVE LIFE ! ”

ROY BAKER - WAKO IF PRESIDENT



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@WAKOKICKBOXING



## International Women's Day



BOTH MEN AND WOMEN SHOULD FEEL FREE TO BE SENSITIVE. BOTH MEN AND WOMEN SHOULD FEEL FREE TO BE STRONG, TO BE HEARD. IT IS TIME THAT WE ALL PERCEIVE GENDER ON A SPECTRUM NOT AS THREE OPPOSING SETS OF IDEAS, BUT A GOD GIVEN RIGHT TO ALL.

ROY BAKER - WAKO IFF PRESIDENT



WAKO.SPORT

# WAKO CALENDAR 2021 - CORRECTIONS



WAKO CALENDAR 2021				Revision / edition 29-91-2021
<b>January 2021</b>				
Cancelled	22	24	Golden Glove (WAKO European Cup)	Italy
<b>February 2021</b>				
Cancelled	3	7	International kickboxing cup „India Open“ 2021	India
Postponed	5	7	Athens Challenge	Greece
Postponed	24	28	2 <sup>nd</sup> International Jordan Open Kickboxing Tournament (K-1, FC, PF, LC) and Referee Seminar	Jordan
<b>March 2021</b>				
Cancelled	4	7	Irish Open International 2021 (WAKO World Cup) (Official WAKO Referee Worlds/Europeans)	Ireland
B	19	21	Serbian Open (WAKO European Cup)	Serbia
Postponed	26	28	Yokoso Dutch Open 2021	The Netherlands
<b>April 2021</b>				
A	8	11	6 <sup>th</sup> International Turkish Open (WAKO European Cup)	Turkey
B	24	25	Point Fighting Cup 2021	Italy
Cancelled	30	2 May	Slovak Open	Slovakia
<b>May 2021</b>				
C	14	16	Latvia Open	Latvia
B	20	22	AmeriKick Internationals	USA
C	21	26	International Kickboxing Tournament - Uzbekistan Open 2021	Uzbekistan
B	28	30	Karlovac Open (WAKO European Cup)	Croatia
<b>June 2021</b>				
WAKO World Cup	10	13	25 <sup>th</sup> Bestfighter 2021 (WAKO World Cup ) (Official WAKO Referee Worlds/Europeans)	Italy
<b>July 2021</b>				
WAKO World Cup	1	4	The Austrian Classics 2021 (WAKO World Cup) (Official WAKO Referee Worlds/Europeans)	Austria

## Provisionally CONFIRMED TOURNAMENTS 2021

<b>March 2021 (TBD):</b>	<b>WAKO IF DEVELOPMENT WORKSHOP FOR NFs, Panama</b>
19 <sup>th</sup> - 21 <sup>st</sup> March 2021:	<b>SERBIAN OPEN 2021 (WAKO European Cup),</b> Belgrade Serbia
<b>POSTPONED:</b>	<b>YOKOSO DUTCH OPEN,</b> Amsterdam, The Netherlands
8 <sup>th</sup> - 11 <sup>th</sup> April 2021:	<b>6<sup>th</sup> TURKISH OPEN (WAKO European Cup),</b> Antalya, Turkey
24 <sup>th</sup> - 25 <sup>th</sup> April 2021:	<b>POINT FIGHTING CUP,</b> Castellanza, Italy
30 <sup>th</sup> April - 2 <sup>nd</sup> May 2021:	<b>SLOVAK OPEN 2021,</b> Bratislava, Slovakia <b>CANCELLED</b>
20 <sup>th</sup> - 22 <sup>nd</sup> May 2021:	<b>AMERIKICK INTRERNATIONALS,</b> Atlantic City, USA
28 <sup>th</sup> - 30 <sup>th</sup> May 2021:	<b>KARLOVAC OPEN 2021 (WAKO European Cup),</b> Karlovac, Croatia
<b>June 2021:</b>	<b>WAKO IF DEVELOPMENT WORKSHOP FOR NFs, Singapore</b>
10 <sup>th</sup> - 13 <sup>th</sup> June 2021:	<b>BESTFIGHTER (WAKO World Cup),</b> Rimini, Italy
1 <sup>st</sup> - 4 <sup>th</sup> July 2021:	<b>THE AUSTRIAN CLASSICS (WAKO World Cup),</b> Innsbruck, Austria
23 <sup>rd</sup> - 27 <sup>th</sup> July 2021:	<b>EUROPEAN UNIVERSITY GAMES,</b> Belgrade, Serbia
13 <sup>th</sup> - 22 <sup>nd</sup> August 2021:	<b>WAKO CADETS &amp; JUNIORS EUROPEAN CHAMPIONSHIPS,</b> Gyor, Hun
16 <sup>th</sup> - 19 <sup>th</sup> September 2021:	<b>HUNGARIAN WORLD CUP (WAKO World Cup),</b> Budapest, Hungary
21 <sup>st</sup> - 26 <sup>th</sup> September 2021:	<b>RUSSIAN OPEN 2021 (WAKO World Cup),</b> Moscow, Russia
10 <sup>th</sup> - 19 <sup>th</sup> September 2021:	<b>5<sup>th</sup> ISLAMIC SOLIDARITY GAMES,</b> Konya, Turkey
26 <sup>th</sup> - 27 <sup>th</sup> September 2021:	<b>FLANDERS INTERNATIONAL KICKBOXING CUP,</b> Beveren, Belgium
<b>TBD:</b>	<b>WAKO SENIOR &amp; MASTER WORLD CHAMPIONSHIPS, - see next pages</b>
1 <sup>st</sup> - 2 <sup>nd</sup> October 2021	<b>SCANDINAVIAN OPEN,</b> Oslo, Norway
15 <sup>th</sup> - 17 <sup>th</sup> October 2021	<b>SILVER GRIFFIN CUP,</b> Rezekne, Latvia
16 <sup>th</sup> - 17 <sup>th</sup> October 2021	<b>BRISTOL OPEN CHAMPIONSHIPS,</b> Bristol, United Kingdom
22 <sup>nd</sup> - 23 <sup>rd</sup> October 2021	<b>SLOVENIA OPEN,</b> Zagorje ob Savi, Slovenia
18 <sup>th</sup> - 21 <sup>st</sup> November 2021	<b>SPAIN INTERNATIONAL OPEN,</b> Benidorm, Spain

## FUTURE ACTIVITIES

<b>2022</b>	Cadets & Juniors WC (All disciplines) in Belgrade; Serbia
<b>2022</b>	Senior EC (All disciplines) in Antalya, Turkey;
<b>2023</b>	Cadets & Juniors EC (All Disciplines), Izmir, Turkey;
<b>2023</b>	Senior WC (All Disciplines), Dublin, Ireland
<b>2023</b>	<b>June 21.-July 2. EUROPEAN GAMES, Krakow, Poland</b>
<b>2023</b>	July 17.-20. EUSA Combat Games, Zagreb Croatia
<b>2024</b>	Cadets & Juniors WC (All disciplines) in Hungary
<b>2024</b>	EUSA Games, Hungary
<b>2024</b>	Senior EC (All disciplines), Athens, Greece

## THE WORLD GAMES - 2022.

7<sup>th</sup> - 17<sup>th</sup> July 2022: **WORLD GAMES,** Birmingham (Alabama), USA

**All information about THE WORLD GAMES 2022 - [www.twg2022.com](http://www.twg2022.com)**

# 6<sup>th</sup> INTERNATIONAL TURKISH OPEN KICKBOXING EUROPEAN CUP



**08-11 April 2021 TÜRKİYE**  
**Daima Hotels Kemer / Antalya**

K1 Style • Low Kick • Full Contact  
Kick Light • Light Contact • Point Fighting  
Team Fights • Forms  
Grand Champion Open • Best Fighters  
Juniors, Seniors, Veterans

**Online Registration**  
**[www.sportdata.org](http://www.sportdata.org)**

 [twitter.com/turkish\\_open](https://twitter.com/turkish_open)  [instagram.com/turkishopenkickboxing](https://www.instagram.com/turkishopenkickboxing)  [facebook.com/turkishopenkickboxing](https://www.facebook.com/turkishopenkickboxing)



**SPORTOTO**  
FEDERASYON BAŞKANLIĞI

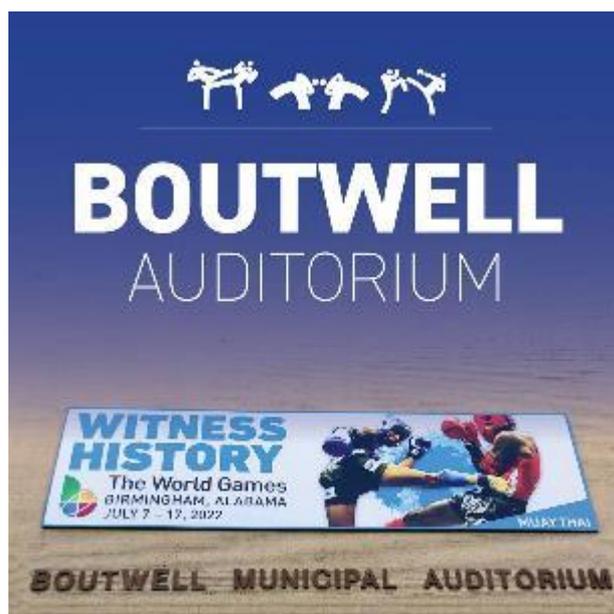


## The Boutwell Auditorium designated for Kickboxing

**BIRMINGHAM, Alabama (Feb. 2, 2021)** – The World Games 2022 will put the best that the city of Birmingham has to offer front and center to the countries across the globe.

The announcement of three new competition venues for The World Games 2022 by The Birmingham Organizing Committee showcased the city's history and commitment to excellence front and center.

**Legion Field, Birmingham CrossPlex and Boutwell Auditorium**, in addition to previously announced **Protective Stadium**, are four of the 25 official venues hosting an array of sports when The World Games 2022 commences in July of next year.



*„We’re excited to officially begin announcing our venues,”* The World Games 2022 CEO **Nick Sellers** said. *“These are four of the best places to enjoy sports in our community. And by July of 2022, we will finally be able to fill all of the seats in these beautiful venues again as we serve host to the first major international sporting event coming out of this pandemic. Each of these venues is a prime example of our city’s love of sports.”*

**The Boutwell Auditorium**, 5,000-seat multi-purpose arena, was constructed in 1924 and has hosted a wide-range of events, including concerts, sporting events, banquets, galas, trade shows and more. Fans who make their way to Boutwell during The Games will see exciting martial arts action, including Sumo, Muay Thai and **Kickboxing**.

**The Protective Stadium** will serve as the host venue for the **Opening Ceremony and Closing Ceremony of The World Games 2022**.

The new \$180 million Protective Stadium, which is scheduled to be completed later this year, will have a seating capacity of 47,100 and will also be the permanent home of the University of Alabama at Birmingham Blazers football team.

*“Birmingham’s world-class, multi-sport CrossPlex and the historic Boutwell Auditorium are not only great venues, but key gathering places for our communities. These venues capture the spirit of The World Games 2022, providing opportunities for our international guests and the people of Birmingham to gather as one to celebrate athletic excellence,”* **Birmingham Mayor Randall L. Woodfin** said. *“The excitement will only build over the next 18 months as the world prepares to come to Birmingham.”*

*“Sustainability has always been one of the core values of The World Games, which is why the host cities are not required to build new venues for The Games,”* said IWGA CEO **Joachim Gassow**. *“Birmingham has excellent conditions for hosting international sports events, and these three venues, along with the new Protective Stadium and other impressive existing facilities, will be perfect stages for our world-class athletes.”*

The World Games 2022 Birmingham will take place July 7-17, 2022 and will generate an estimated \$256 million in economic impact for the city.

**ABOUT THE WORLD GAMES 2022:** The World Games 2022 Birmingham will be an extraordinary **Olympic-style sports experience** where elite athletes from all over the world compete for gold in **34** unique, multi-disciplinary sports. Featuring **3,600 athletes** from more than **100 countries**, the international event will unite global fans with the Birmingham community in 25+ unique venues around the greater metropolitan area.

The World Games 2022 Birmingham, which marks the 40th anniversary of the event, will take place from 7-17 July 2022 and will generate an estimated \$256 million in economic impact. The World Games was established by the International World Games Association, an organization recognized by the International Olympic Committee.

For more information visit [TWG2022.com](http://TWG2022.com) or find on Facebook, Instagram or Twitter.







**WAKO IF  
Board Meeting  
February, 27<sup>th</sup>**

Topics on Agenda:

2. Legal Committee (Francesca)
3. Zaatary Camp
4. Ethical Committee (Kaan)
5. Disciplinary Committee
6. Africa Update
8. WAKO Sponsor - RAINBOW
9. Covid Update - Europeans (Istvan)
10. Russia Update
11. ARISF Elections - Espen Lund nominated
12. Portuguese Appeal Case update (Aldo)
13. Setting up a temporary commission to look after our sport in Portugal during transition/appeal process Jesus Eguia (ESP), Romeo Desa (CRO), Srdjan Bugarcic (SRB) - nominated
14. Interested Parties WAKO Worlds 2021 (So far)
  - a. Italy
  - b. Montenegro
  - c. USA
  - d. Dubai
  - e. Bosnia and Herzegovina
15. AOB

Next Board meeting - on line  
March 27 2021



The decision taken by the Court of Arbitration for Sport (CAS) on 17 December 2020 regarding the case of the Russian Anti-Doping Agency (RUSADA) needs to be strictly and consistently implemented across the Olympic Movement. Any deviation from the award could lead to new court cases or non-compliance procedures by the World Anti-Doping Agency (WADA).

This is why implementation guidelines were submitted to WADA by the International Olympic Committee (IOC), in coordination with the International Paralympic Committee (IPC) and the International Federations (IFs). They aim to help the IOC, IPC and IFs with the correct implementation of the award. WADA's independent Compliance Review Committee (CRC) has now confirmed that the guidelines are in line with the CAS decision and, if respected, would not lead to a non-compliance procedure against World Anti-Doping Code signatories.

Although each IF is responsible for the implementation of the CAS decision under the World Anti-Doping Code and will have to take their own implementation decisions according to their own statutes or constitutions, these guidelines allow them to ensure consistency. The guidelines provide the framework for the implementation by the IFs at World Championships and at the Olympic and Paralympic Games Tokyo 2020 and Olympic and Paralympic Winter Games Beijing 2022. They have been distributed to all Summer and Winter Olympic IFs and the IPC.

The guidelines have been endorsed by the Association of Summer Olympic International Federations (ASOIF) and the Association of International Olympic Winter Sports Federations (AIOWF).

They provide guidance on the organisations' participation name, flags, emblem and uniforms to be used during the Olympic Games and World Championships.

[Link to full document](#)



## **WAKO cancels host of next World Senior and Master Championships 2021, following CAS confirmation of WADA ruling**

WAKO, as signatory of the [World Anti-Doping Agency](#) Code and regulations, has decided to exercise the right of withdrawal from the contract with the Russian Kickboxing Federation regarding the organization of the World Championships (Seniors and Master) scheduled to be held on November 5-14, 2021, in Moscow, Russia, due to the decision of the Court of Arbitration for Sport's (CAS's) in favor of WADA to declare the Russian Anti-Doping Agency (RUSADA) non-compliant with the World Anti-Doping Code for a period of two years.



On February 4, 2021, WAKO has become aware of the publication of the Court of Arbitration for Sport's (CAS's) 186-page [full reasoned decision](#) regarding its 17 December 2020 ruling in favour of WADA to declare the Russian Anti-Doping Agency (RUSADA) is non-compliant with the [World Anti-Doping Code](#) for a period of two years.

New venue and host of the WAKO Senior and Master World Championships 2021 for all 7 disciplines will be announced in March, following completion of the new opened bidding process, review and WAKO Board approval.

For information on bidding process please contact WAKO Administration office:  
**[administration@wako.sport](mailto:administration@wako.sport)**

Dear WAKO, Coaches / Instructors,

The following is a second Covid response, initiative created by WAKO to support and assist National Federations, the clubs and the athletes, within WAKO in these difficult times.

As we find ourselves in the middle of the second/third lockdown, The WAKO Board have agreed to organise several worthwhile webinars, hosted by subject matter experts, renowned in their respective field. Both academically and practically.

I encourage you to promote the events internally within your clubs and promote take up of them.

We have selected a number of subjects we feel are very relevant to some of the situations we are experiencing today, looking at mental health, nutrition, Concussion awareness, peaking for performance.

WAKO has decided to offer these courses free of charge to our members. To again support the development and growth of our federations. This is a great initiative and I wholeheartedly recommend attending. Places are limited, (100 per course) so I would strongly advise booking your place early. Further courses will be announced next week.

This has unquestionably been the most difficult period for the sport of Kickboxing in its entire history, thought the world, we have been materially impacted by the restrictions being placed on our sport as a whole, difficult times, require difficult decisions and the WAKO Executive are continuing to lobby government, the IOC and secure a fair and safe return to sport/competition protocol that protects the athlete and allows a phased return to Kickboxing within reasonable parameters.

Now is the time for us to begin to plan our sports revival, engage with our officials, athletes and coaches, show them we are continuing to remain positive and working to better ourselves and the sport we love. We must remain optimistic and supportive of each other, this is how we will emerge more resilient, appreciative and focused on building our sport and students back up to be inspirations for generations to come. If I or the executive board can assist you in any other way, do not hesitate to contact me.

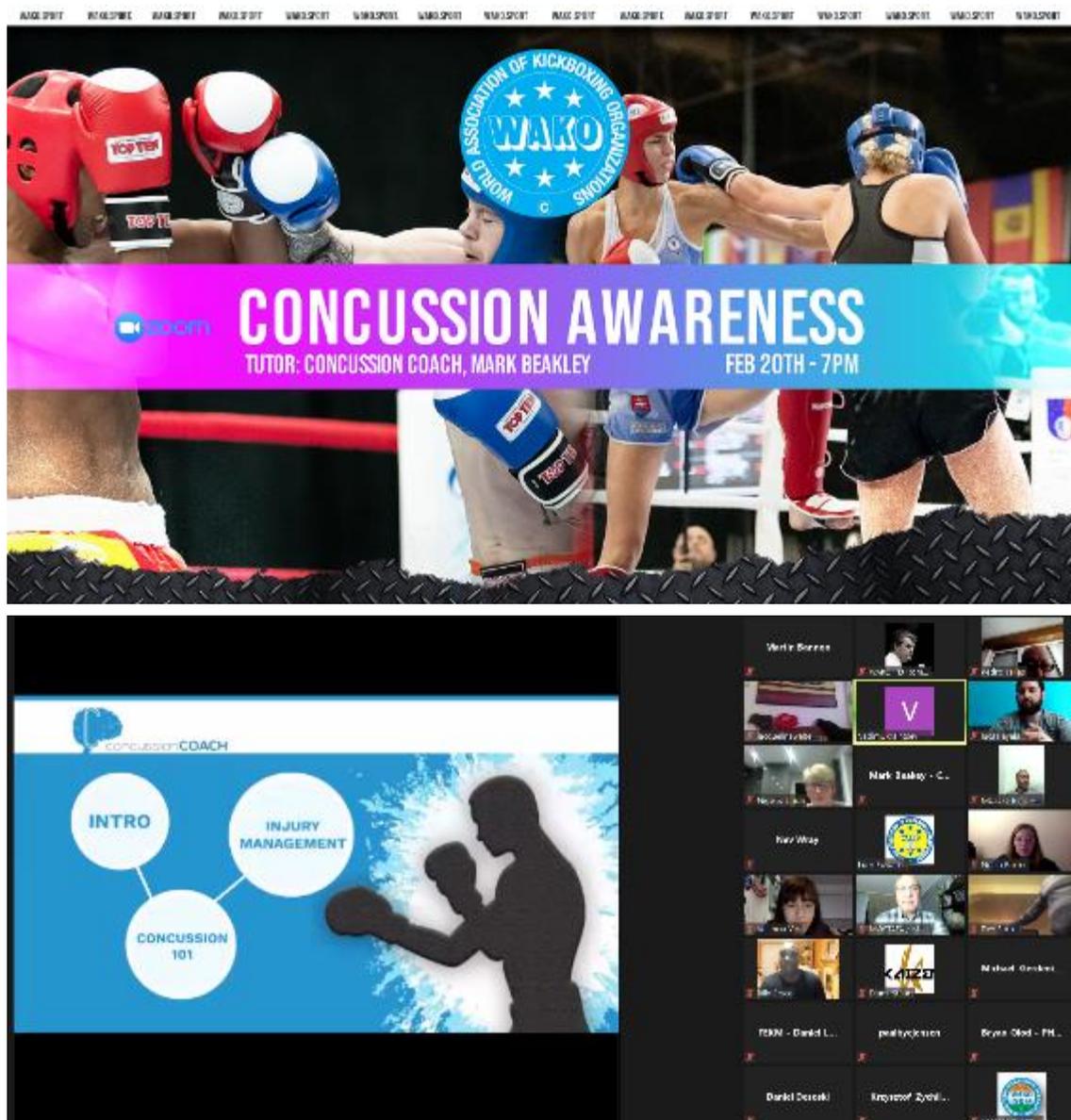
Each country is invited to **register three people for each course**, but no more, of more than three register, they will be deleted. the registration closes 24 hours prior to the course. All courses are GMT Time **SPACES ARE LIMITED TO 100 SO BOOK YOUR TEAMS PLACE EARLEY.**

I and the WAKO Board, remain in support of our and your post covid recovery for the sport of Kickboxing.



Respectfully Yours,  
**Roy Baker, President WAKO**

A handwritten signature in black ink, appearing to read 'Roy Baker', written in a cursive style.



**Topic: Concussion in Combat Sports**

**Date/Time: 20th February 7pm ( GMT)**

**About the Tutor:**

**Mark Beakley** the Co-Founder of Concussion Coach He is a sport scientist and scientific author, and holds a Master's degree in Sports Science and Health with a specialization in concussion education and head impacts in sport. Mark is a former rugby and Gaelic football player and coach. He first garnered interest in sport-related concussion after suffering several concussions during his playing career and becoming concerned with the lack of education and management structures in place Topic Focus The aim of the webinar will be to provide attendees with the knowledge and confidence to safely manage concussion injuries. The webinar is suitable for coaches, athletes, officials, & parents. It will last 90 mins in total (60 min presentation + 30 min Q/A) covering key areas on the subject of sport-related concussion including; a) Concussion 101 b) Concussion management



## Topic: Mental Health in Combat Sports

Date/Time: Sat, 20th Feb 2021 from 10am ( GMT)

### About the Tutor:

**Nollaig O Sullivan Sport and exercise psychologist.** Nollaig O Sullivan is one of only 23 Accredited Sport and Exercise Psychologist in Ireland. Nollaig has a range of educational expertise with completion of Bachelor of Arts in Psychology from the University of Limerick. Following on from this Nollaig has completed two masters - Msc in Psychology of Performance in Sport and Health from Queens University Belfast and Msc in Sport and Exercise Psychology from University of Ulster. Nollaig has worked with a range of athletes, from amateur to professional, covering a range of sporting backgrounds, rugby, football, GAA, horse racing, Irish dancing, handball, endurance athletes to name a few.

### Topic Focus

From research it is evident that mental health difficulties can lie within sporting athletes, with anxiety and depression at the forefront. Athletes link in with sporting management and backroom team to help support them, however the information on how to help and support these athletes might not be there. This tailor made 2.5-hour workshop was created from Nollaig's 15 years of knowledge and experience in the field of psychology. It will provide attendees with in-depth knowledge on the signs and symptoms of specific mental health illnesses such as anxiety and depression and information on relevant types of treatments. The first step is having the conversation but sometimes we might find that difficult, this talk will provide a communication framework to help start the conversation on mental health. Most importantly this talk will highlight where to signpost and facilitate appropriate help seeking from mental health professionals. This workshop will provide several tools and techniques for Coaches and staff to support their own mental health also. This webinar is an important empowerment tool, as it helps people to better understand mental health and enables them to act upon this information and it also very importantly enhances help-seeking tools that can be a key stepping stone to helping our athletes.



**Topic: Sports Psychology in Combat Sports**

**Date/Time: 27th February 5pm ( GMT)**

**About the Tutor:**

**Nollaig O Sullivan Sport and exercise psychologist.** Nollaig O Sullivan is one of only 23 Accredited Sport and Exercise Psychologist in Ireland. Nollaig has a range of educational expertise with completion of Bachelor of Arts in Psychology from the University of Limerick. Following on from this Nollaig has completed two masters - Msc in Psychology of Performance in Sport and Health from Queens University Belfast and Msc in Sport and Exercise Psychology from University of Ulster. Nollaig has worked with a range of athletes, from amateur to professional, covering a range of sporting backgrounds, rugby, football, GAA, horse racing, Irish dancing, handball, endurance athletes to name a few.

**Topic Focus**

Sport psychology involves the study of the psychological factors associated with participation and performance in sport. The Introduction to Sport Psychology provides a high level understanding of how the various aspects of psychology can be applied to sport participation. This will be expanded to discuss motivation and leadership contribution to sport participation as well as the relationship between anxiety and arousal with respect to enhancing sporting performance. Psychological skills training will then be demonstrated, including goal setting, team dynamics, imagery, positive self-in relation to achieving peak sporting performance. Introduction to Sport Psychology provides a greater understanding of the psychological processes of individual athletes and team dynamics to enhance sporting performance.

ENGLISH    JAPANESE    KOREAN    SPANISH    FRENCH    PORTUGUESE    RUSSIAN    ITALIAN    GERMANY    POLISH    CZECH    HUNGARIAN    ROMANIAN    BULGARIAN    GREEK    TURKISH    ARABIC    HEBREW    CHINESE    JAPANESE    KOREAN    SPANISH    FRENCH    PORTUGUESE    RUSSIAN    ITALIAN    GERMANY    POLISH    CZECH    HUNGARIAN    ROMANIAN    BULGARIAN    GREEK    TURKISH    ARABIC    HEBREW    CHINESE




**CONCUSSION AWARENESS**  
 TUTOR: CONCUSSION COACH, MARK BEAKLEY    MARCH 13TH - 10AM

zoom



WAKO Referees Seminar on the 28 of March    WAKO Referees Seminar on the 28 of March

zoom

**ring rules**

WAKO SPORT

WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

REFEREEING    REFEREEING    REFEREEING    REFEREEING

**BODY WEIGHT MANAGEMENT IN KICKBOXING**  
 March 27th, 2021 - CET time zone

WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

**SCHEDULE**

- 16:00 - 18:00 ONE-TO-ONE SEMINARS WITH EXPERTS FROM WAKO
- 18:00 - 19:00 SEMINAR WITH DR. MARIANO RAMOS (M.D.), Chairman of WAKO of Medical, Health and Anti-Doping Committee
- 19:20 - 21:00 SEMINAR WITH DR. ANTONIO MARTINS (M.D.), Member of WAKO of Medical, Health and Anti-Doping Committee
- 19:00 - 21:00 SEMINAR WITH DR. ANTONIO MARTINS (M.D.), Member of WAKO of Medical, Health and Anti-Doping Committee
- 21:20 - 22:00 SEMINAR WITH DR. ANTONIO MARTINS (M.D.), Member of WAKO of Medical, Health and Anti-Doping Committee
- 22:00 - 23:00 SEMINAR WITH DR. ANTONIO MARTINS (M.D.), Member of WAKO of Medical, Health and Anti-Doping Committee



## WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

**TO ALL THE WAKO MEMBERS**

**BY E-MAIL**

Monza, February 26<sup>th</sup>, 2021

**RE: Invitation to WAKO Medical Seminar "Body Weight Management in Kickboxing"**

Dear Presidents and General Secretaries,

By the present we are pleased to invite all the National Federations to a Virtual Seminar entitled "**Body Weight Management in Kickboxing**" that will be held **on March 27<sup>th</sup>, 2021, starting at 16:00 pm (CET)**. This seminar, organized by our Medical, Health and Anti-doping Committee, deals with a topic of crucial importance in Kickboxing and in Combat Sports in general. Our speakers, all recognized experts in the field, will discuss all the related medical aspects, including the importance of **Nutrition**, the practice of **Weight Cutting** and related risks, and the **Doping-related issues**. Appropriate time will be reserved for discussion and scientific debate. Please find here below the entire program of the seminar:

- 16.00 – 16.15 Greetings from *Roy Baker, President of WAKO IF*
- 16.15 – 16.30 Introduction to Body weight management and weight cutting  
*Massimiliano Bianco (ITA), Chairman of WAKO IF Medical, Health and Anti-Doping Committee*
- 16.30 – 17.00 Nutrition in combat sports and kickboxing  
*Danielle Niteroi Ribeiro (BRA), Member of WAKO IF Medical, Health and Anti-Doping Committee*
- 17.00 – 17.30 Weight loss in striking combat sports  
*Emerson Franchini (BRA), Martial Arts and Combat Sports Research Group, Sport Department, School of Physical Education and Sport, University of São Paulo, Brazil*
- 17.30 – 18.00 Weight cutting, Doping and Anti-Doping in combat sports  
*Gianlorenzo Daniele (ITA/USA), Anti-Doping Officer and Member of WAKO IF Medical, Health and Anti-Doping Committee*
- 18.00 – 18.30 The importance of water  
*Paul Wallace (USA), Chairman of the Advisory Medical Committee of the World Boxing Council*
- 18.30 – 19.00 Discussion and Conclusion

As for other courses already held or planned, WAKO has decided to offer this seminar free of charge to our members to support the development and growth of our National Federations. This is a great initiative and we wholeheartedly recommend attending.

This webinar is specifically directed to **doctors, coaches and athletes**. Each National Federation is invited to **register no more than three people** for this course.

WAKO HQ: Via Alessandro Manzoni,18 - 20900 Monza (MB) Italy  
E-mail: [administration@wako.sport](mailto:administration@wako.sport) - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako.sport>





## WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

In case of more than three registrations, they will be deleted. Places are on a first come first serve basis. The registration closes 24 hours prior to the course (CET Time). Places are limited (100 per course), so we would strongly advise booking your place early.

**REGISTRATION:** All interested members must be registered through their National Federation on Eventbrite to secure their spot. All the registered attendees will receive the login details by email up to 24 hours prior to the event by WAKO. Register by clicking on this link:

<https://www.eventbrite.ie/e/bodyweight-management-in-kickboxing-tickets-142505095577>

**BODY WEIGHT MANAGEMENT IN KICKBOXING**  
March 27th, 2021 - CET time zone

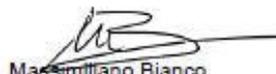
**SCHEDULE**

- 16:00 - 16:15 GREETINGS FROM RYUJI BAE, PRESIDENT OF WAKO IF
- 16:15 - 16:30 INTRODUCTION TO BODY WEIGHT MANAGEMENT AND WEIGHTS LIFTING  
Massimiliano Bianco (ITA), Chairman of WAKO IF Medical, Health and Anti-Doping Committee
- 16:30 - 17:00 NUTRITION IN COMBAT SPORTS AND KICKBOXING  
Danielle Niteroi Ribeiro (BRA), Member of WAKO IF Medical, Health and Anti-Doping Committee
- 17:00 - 17:30 WEIGHT LOSS IN STRIKING COMBAT SPORTS  
Emerson Franchini (BRA), Martial Arts and Combat Sports Research Group, Sport Department, School of Physical Education and Sport, University of São Paulo, Brazil
- 17:30 - 18:00 WEIGHT LOSSING, DOPING AND ANTI-DOPING IN COMBAT SPORTS  
Gianlorenzo Daniele (ITA/USA), Anti-Doping Officer and Member of WAKO IF Medical, Health and Anti-Doping Committee
- 18:00 - 18:30 THE IMPORTANCE OF WATER  
Paul Walker (USA), Chairman of the Medical Commission of the World Boxing Council (WBC)
- 18:30 - 19:00 DISCUSSION AND CONCLUSION

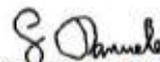
Chairmen/Chairwomen and Members of the Medical, Health and Anti-doping Committee, of the Athletes Committee and of the Coaching Committee are expected to attend. Each Chairman/woman and each Member of these Committees are kindly invited to communicate their availability in participating and WAKO Office will register them directly.

We look forward to welcoming you on 27<sup>th</sup> of March.

Best regards,

  
Massimiliano Bianco  
Chairman of the

WAKO Medical Health and Antidoping Committee

  
Gianlorenzo Daniele  
WAKO Antidoping Officer

WAKO HQ: Via Alessandro Manzoni, 18 - 20900 Monza (MB) Italy  
E-mail: [administration@wako.sport](mailto:administration@wako.sport) - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako.sport>



## Next WAKO Seminars

WAKO GameChangers (WGC) is a new development concept in WAKO. It is established under the Athlete Corner umbrella, WAKO's learn and share concept and it is built on the pillar to educate and develop future leaders in our sport. In addition, the concept is meant to improve the culture, to trigger the pride and curiosity among the WAKO youth and to act preventive.

The future generations are the asset to secure a sustainable development of WAKO as a whole. The WGC are designed as a management development program to learn about WAKO and international sport and the Olympic movement. It is also meant to strengthen good governance, transparency, integrity, involvement and communication. To support potential and future leaders in Sport.

In this first edition we search for 6 male and 6 female ambassadors preferably between 20-30 years who are part of a WAKO national federation.

They need to be active or former athletes with international participation for a number of years. The applicant needs to speak English and it is recommended that he/she has or has had academic background, most preferably in sport.

Please find below a letter from WAKO President and its related **Application Form** (in Word format) to be sent back by e-mail to **info@wako.sport within April 1st, 2021.**

All information about the WAKO GameChangers (WGC) will at all time be put in this section.

Kind regards,  
WAKO Development Committee  
Zsolt, Basel, Donato, Jason, Aslam, Andres, Tomaz, Kaan, Isabelle, Espen

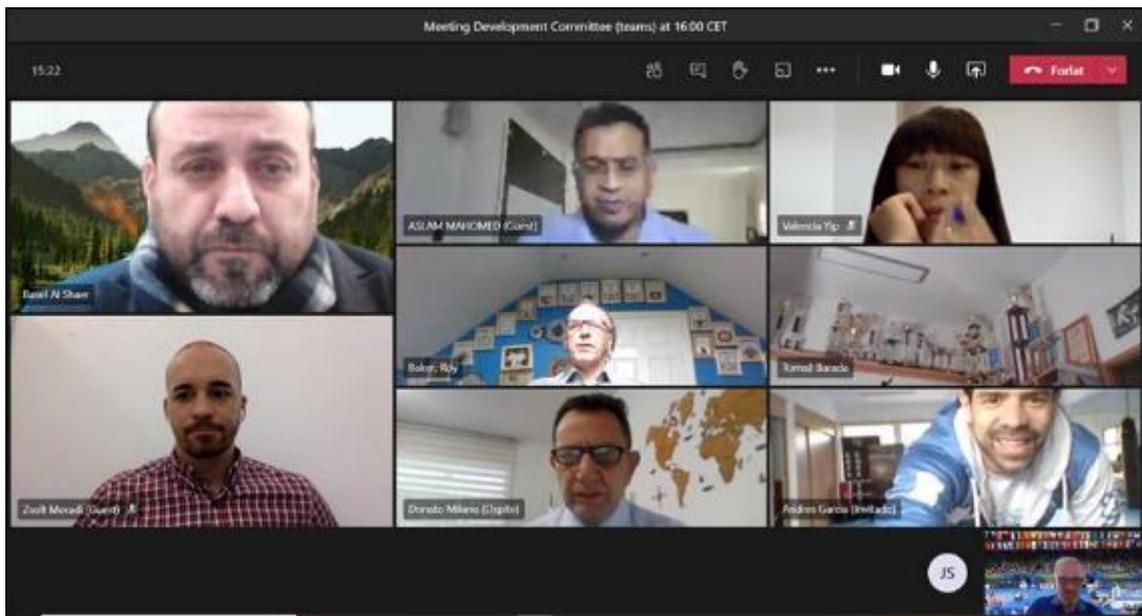
### [Link to the letter](#)



## Meeting Development Committee 17.2.21

### Participation of the WAKO IF President

Kaan not present due to lectures  
Isabelle not present



All modules to be developed and extended.  
IOC is involved and in a mail 17.2 they offered their assistance



### Development of the Athlete Corner App

Ready to be launched



#### Development issues;

- Calendar
- Digital seminar invitation modules
- Sport ID for mandatory sign off participation

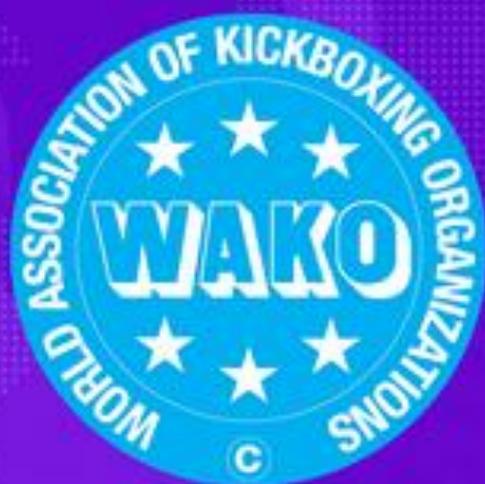
The content,  
the program,  
the value

A new education and  
leadership program

WAKO Ambassadors

- Application period.
- Selection process.
- Definition of 6 men and 6 women in the age category of 20-30 years.
- Participation certificate
- Start of the program
- Last Workshop in the Olympic House with IOC involvement
- Diploma ceremony.
- Throughout the period we will have a media program/ communication program using the participants as ambassadors

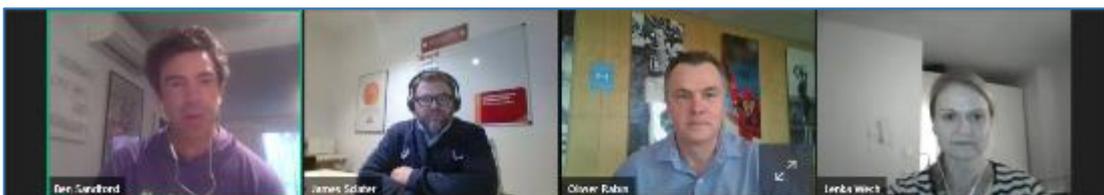




# WAKO ANTIDOPING NEWS



## Antidoping Seminar - February 25 2021



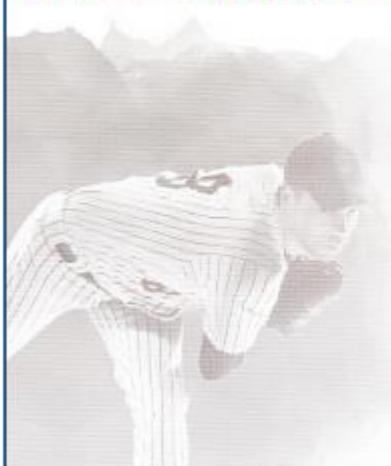
**play true**

**2021 COVID-19 and Clean Sport Update**  
25 February 2021

 **WORLD  
ANTI-DOPING  
AGENCY**

**Recap of the last year**

- COVID-19 hits
- Society - Sport – Anti-Doping
- Health first
- Lock downs, sport stopped, reduction in testing
- Major events postponed
- Completely new territory for all of us

**Athlete concerns over the last year**

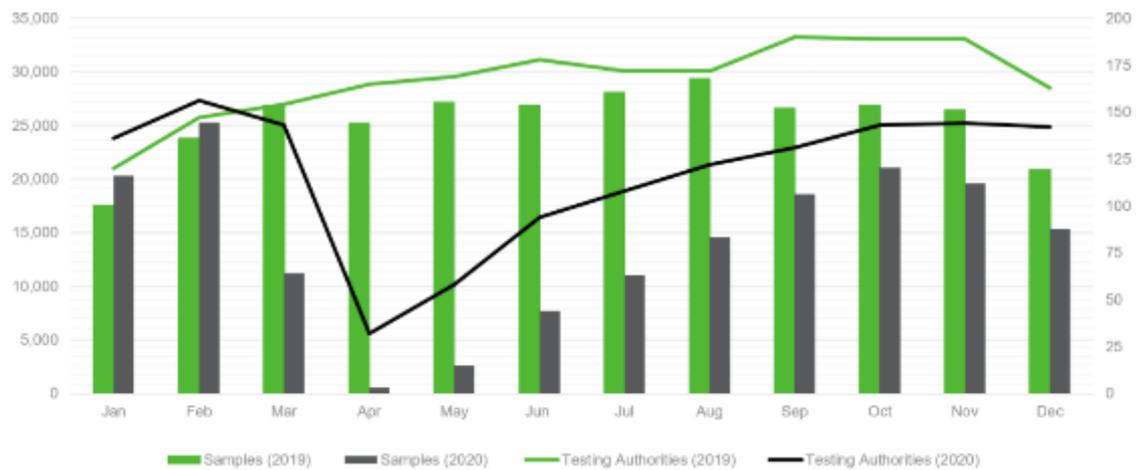
- Will athletes use lockdowns to dope?
- Covid and treatment – TUE's
- Can I still be tested?
  - Can other athletes be tested?
  - Local and national conditions
- Can I refuse doping control?
  - What if the DCP aren't in protective gear?
  - What if I'm sick?
  - What if I live with someone sick?
  - What if I'm high risk?

## Our response

- Athlete Q&A x 3
- 1<sup>st</sup> Athlete Webinar, Covid-19 and Clean Sport (900 signed up)
- Innovative testing – more questions
  - Is this allowed?
  - Can I say no?
  - If an athlete tests positive will the charge stand?



## Samples Collected in 2020 vs 2019 and Testing Authorities (January - December)



## Level of OOC sample collection between October 2020 and December 2020 vs October 2019 and December 2019

	Oct	Nov	Dec	Total
<b>2020</b>	13067	13938	10839	37,844
<b>2019</b>	15112	15265	12012	42,389
<b>% Difference</b>	86%	91%	90%	89%

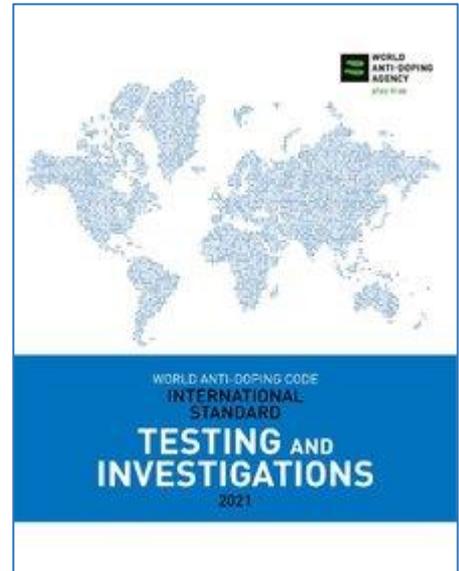


### WADA releases updated testing guidelines - Montreal, 9 February 2021

Today, the World Anti-Doping Agency (WADA) publishes updated Guidelines to support Anti-Doping Organizations (ADOs) in their implementation of the 2021 [International Standard for Testing and Investigations \(ISTI\)](#), which came into force on 1 January 2021.

The below guidelines are the first two in a set of four guidelines that will be published over the coming weeks:

1. [Guidelines for Sample Collection Personnel](#); and
2. [Guidelines for Sample Collection](#)  
(previously titled, *Urine Sample Collection Guidelines* and *Blood Sample Collection Guidelines*).



[DOWNLOAD](#)

The guidelines have been updated not only to be in line with the 2021 ISTI requirements but also to offer more practical examples for ADOs implementing a sample collection personnel program and/or sample collection procedures.

The guidelines can be found on [WADA's website](#) and on its [Anti-Doping Education and Learning platform \(ADEL\)](#), as part of the [Code Implementation Support Program \(CISP\)](#). The guidelines are accompanied by a suite of operational templates which are also available on ADEL.

While the guidelines are initially being released in English, the official French versions will follow in the coming weeks along with the remaining two ISTI guidelines, namely:

1. Guidelines for Implementing an Effective Testing Program; and
2. Guidelines for Gathering Information and Sharing Intelligence.

WADA guidelines provide Code Signatories with recommended practices for several aspects of anti-doping programs. While they are not mandatory, they offer technical guidance to ADOs in the implementation of their anti-doping programs. As with all guidelines under the World Anti-Doping Program, these documents are subject to ongoing review.

Should you have any questions regarding the guidelines related to the 2021 ISTI, or wish to provide feedback, please contact WADA's Standards and Harmonization Department at: [SandH@wada-ama.org](mailto:SandH@wada-ama.org)

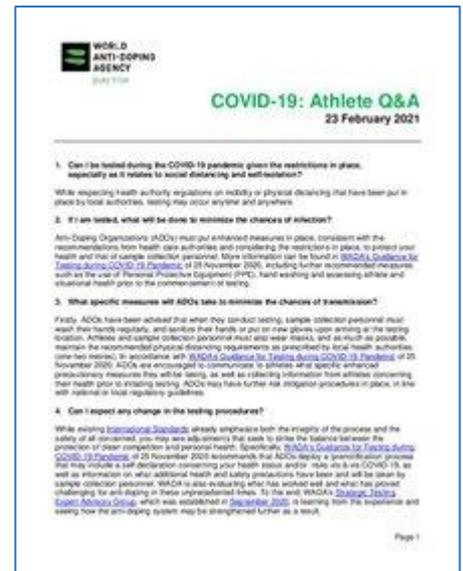
WADA updates Question and Answer document for athletes related to anti-doping and COVID-19

Today, the World Anti-Doping Agency (WADA) publishes a new **Question and Answer (Q&A)** document for athletes related to anti-doping and COVID-19, which is an update to the last version that the Agency published on [25 May 2020](#).

The Q&A addresses matters such as the following -- reflecting the evolving nature of the pandemic; the changing testing environment; and, the fact that a growing number of Anti-Doping Organizations (ADOs) have resumed normal testing.

- Testing during COVID-19
- Minimizing the risk of contracting or transmitting the virus
- Filing of whereabouts information
- Validating Therapeutic Use Exemptions
- Maintaining the integrity of the global anti-doping system
- Impact of COVID-19 vaccines
- Confidence in the anti-doping system

The Q&A will continue to be updated to provide the latest information to athletes on how testing programs may evolve by integrating further health precautions to protect both clean sport and the health of athletes and sample collection personnel alike. WADA has also provided extensive guidance to ADOs, to ensure that testing is carried out in a secure manner, while respecting regional public health guidelines. The latest such document is the Agency's ADO Guidance for Testing during COVID-19 Pandemic of [25 November 2020](#). Athletes who wish to know more about what specific measures their International Sport Federation (IF) or National Anti-Doping Organization (NADO) are taking in the face of this unprecedented challenge are encouraged to contact them directly.



[DOWNLOAD](#)

## WADA and UNODC signed MoU



**Montreal, 24 February 2021** – The World Anti-Doping Agency (WADA) has signed today a far-reaching memorandum of understanding (MOU) with the **United Nations Office on Drugs and Crime (UNODC)**, the UN agency mandated to help member countries guard against the serious threats posed by drugs, crime and terrorism.

The MOU formally establishes and facilitates a mutual framework for cooperation and information-sharing between the two agencies in the broad area of sports doping.

WADA President **Witold Bańka** said: “Following on from the MOU that WADA signed last week with [Europol](#), this agreement is another step in the fight against doping as we seek to protect sport against criminal forces acting within the sporting environment. WADA and the UNODC share common objectives with regard to preventing the abuse of drugs, both in sport and society at large. It makes sense, therefore, for us to collaborate towards these shared objectives.

“This MOU formalizes and enhances the existing cooperation between the two organizations and focuses primarily on the areas of research and trend analysis, forensics and transnational organized crime. I thank the UNODC for its vision and renewed commitment as it joins forces with WADA in this important way.”

UNODC Executive Director **Ghada Fathi Waly** said: "UNODC welcomes enhanced cooperation with WADA to share scientific expertise, strengthen early warning on new psychoactive substances and contribute UNODC research and analysis on the role of transnational organized crime in illicit drug manufacture and trafficking."

The purpose of the MOU is to provide a framework of cooperation and understanding, and to facilitate collaboration between WADA and the UNODC to further their shared objectives. Specifically, the areas of work will include:

- Exchanging scientific expertise and resources to enhance the analytical capability and performance of WADA-accredited laboratories;
- Sharing data and information on new and emerging substances;
- Exchanging information to enhance research and analysis in the area of transnational organized crime in the manufacture and trafficking of substances used in doping;
- Raising awareness about the issues created by sports doping.

This will be achieved through regular bilateral meetings between WADA and the UNODC, and collaboration between the parties on a range of defined projects, programs and activities -- all aimed at combatting doping in sport and protecting the health and wellbeing of athletes and society as a whole. These meetings will discuss technical and operational issues of mutual interest while also reviewing progress of the work carried out.

WADA already has a long-standing record of cooperation with the UNODC. In particular, every year, the two organizations jointly host the International Conference on Novel Psychoactive Substances (NPS), in conjunction with the European Monitoring Centre for Drugs and Drug Addiction, the International Society for the Study of Emerging Drugs, the University of Hertfordshire in the United Kingdom, and the Centre for Forensic Science Research and Education based in the United States.

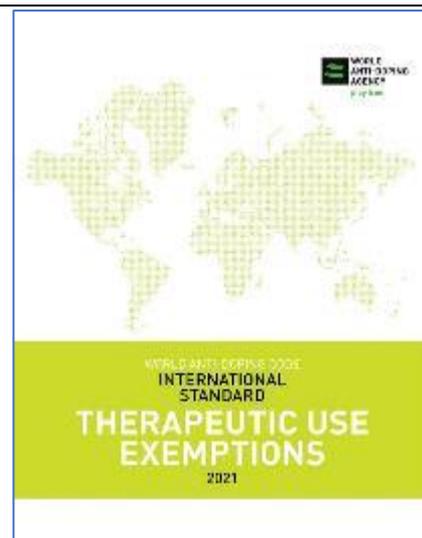
# Therapeutic Use Exemptions (TUE)

## Part 2

### Can TUE be retroactive?

TUE can be retroactive in some exceptions cases:

- Emergency or urgent treatment of a medical condition.
- Insufficient time, opportunity or other exceptional circumstances that prevented you from submitting the TUE application, or having it evaluated, before getting tested.
- A lower-level athlete who is not under the jurisdiction of a Federation or NADO and were tested.
- The athlete taste positive after using a substance Out-of-Competition that is only prohibited In-Competition (for example, glucocorticoids).
- Changes on dosages described in a previously TUE.



[DOWNLOAD](#)

### Criteria for the TUE be approved?

All of the four following criteria must be met (for more details, please refer to the WADA International Standard for Therapeutic Use Exemptions (ISTUE)):

- The athlete has a clear diagnosed medical condition which requires treatment using a prohibited substance or method;
- The therapeutic use of the substance will not, on the balance of probabilities produce significant enhancement of performance beyond the athlete's normal state of health;
- The prohibited substance or method is an indicated treatment for the medical condition, and there is no reasonable permitted therapeutic alternative;

### **The TUE decision:**

TUEs are granted for a specific method or a substance with a defined dosage and route of administration. They are also granted for a specific period of time and do expire. The athlete must comply with all the treatment conditions outlined in the TUE application. Material changes to the treatment require a new application and TUEC review. Once a TUE has been granted by an ADO, it will inform WADA, which then has the opportunity to review the decision. If the decision does not conform to the ISTUE, WADA may reverse it and deny the TUE. WADA's decision is not retroactive. Therefore, a reversal shall not apply retroactively and athletes' results prior to such notification shall not be disqualified. Where the TUE reversed was a retroactive TUE, however, the reversal shall also be retroactive.

A decision to deny a TUE application will include a written explanation of the reason(s) for the denial. Sometimes, there may be a critical piece of information, diagnostic test, laboratory results missing, etc. The athlete can refer the matter to WADA for review no later than 21 days after notification of the decision.

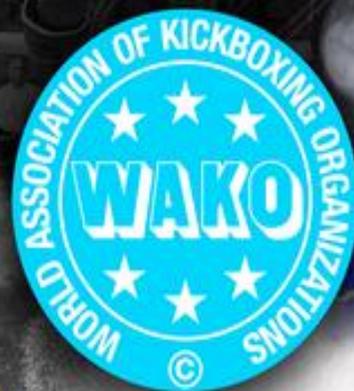
Dra. **Danielle Niteroi Ribeiro** - Brazil  
Member of WAKO Medical, Health and Antidoping Committee

WAKO - ACHIEVE GREATNESS

WWW.WAKOWEB.COM



**P**  
**REPAIRED**  
*for*  
**Buttle**



# WAKO EUROPE

ACTIVITES FEB 2021



WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT



11.02.2021

### EUSA recognises excellence in virtual Awards Ceremony

On Thursday, February 11, the European University Sports Association held its EUSA Awards Ceremony online, recognising and celebrating the achievements and contributions of individuals, universities and associations in European university sport.

Organised virtually, the occasion served to acknowledge the stand-out achievers who excelled in EUSA events over the 2019/20 season, while also appreciating the efforts of many who have contributed to the growth and development of university sport across the continent.

The virtual audience was made up of EUSA's member associations, partners, stakeholders, university authorities, student-athletes and all associated with the EUSA family.

Following a welcome message from EUSA President Mr Adam Roczek, a recap of the sporting action from the 2019 European Universities Championships was shown, with the audience taken back to some of the most memorable highlights from the highly successful 2019 season.

- The first award of the ceremony was the **Most Active National University Sports Association (NUSA)** award, given to the **German University Sports Federation (ADH)** for their active participation and presence at the 2019 EUSA Championships.
- The Most Successful NUSA award, determined by the results and the final placement of the participants at the European Universities Championships, was then handed out, with **French University Sport Federation (FFSU)** being named winners following their successes across the 21 different championships organised.
- The next award announced was the **Best University award**, based on the results and achievements from the past Championship season, with the **University of Zagreb** topping the podium with their 16 medals earned across the 2019 season.
- The **University of Zagreb** was also handed the **Most Active University award**, having 139 participants present across the 2019 EUSA Championships.
- The winner of the annual **Enno Harms Fair Play** award was then announced, with the award recognising a fair play gesture or situation during a EUSA sporting event which stands out above the rest. For their commendable actions of fair play in assisting both teams and organisers at the EUSA Beach Volleyball Championships after they were ruled out with a team member getting injured in training just before the competition, the Enno Harms Fair Play award was given to the **male beach volleyball team from the Technion Israel Institute of Technology**.
- The first was the **EUSA Medal of Appreciation for Partners**, given to **WAKO Europe** for their integral role in the organisation of the very first EUSA European Universities Kickboxing Championship held as part of the European Universities Combat Championships in Zagreb, Croatia in 2019.



- The second special award announced was the **Medal of Appreciation for Member Associations**, given to the **University Sports Association of Poland (AZS)** for their organisation of the Integrated Championships, which aims to integrate athletes with disabilities into mainstream sport competitions.
- The winners of the **Medal of Appreciation for Member Officials** was then announced, with this awarded handed to both **FADU's Secretary General Mr Manuel Veloso** and former President Mr Daniel Monteiro for their sacrifice and dedication in organising the EUSA Extraordinary General Assembly, Conference and spectacular Awards Ceremony and Gala in Aveiro in September 2019.
- The final special award, the **Medal of Appreciation for International Cooperation**, was given to **Mr Kairat Zakirianov, President of the Student Sports Federation of the Republic of Kazakhstan** for his immense contribution to the development of both student and Olympic sport in his country and across Europe.
- The final award handed out in the ceremony was the prestigious **EUSA Order of Merit**, given to an individual who, through their involvement and commitment, gave significant contribution to the development and promotion of university sport in Europe.
  - For strengthening his association as former President of the Hungarian University Sports Federation on a national, as well as European and international level, organising five successful European Universities Championships and helping his federation successfully bid for the seventh edition of the European Universities Games, the EUSA Order of Merit was awarded to **Mr Adam Kiss**.
- Concluding the virtual Awards Ceremony was a sneak peek into the ongoing preparations for this summer's European Universities Games in Belgrade, Serbia, followed by a message from General Director of the European Universities Games, Mr Predrag Juskovic and Rector of the University of Belgrade, Ms Ivanka Popovic.
- EUSA once again wishes to congratulate all the worthy winners, and looks forward to seeing the entire EUSA family united once again in July at the fifth edition of the [European Universities Games in Belgrade](#).
- The EUSA Awards Ceremony was streamed online and is available for viewing at our social media channels on [Facebook](#) and [YouTube](#).

[Link to award ceremony video](#)

## European University Games (EUG) - Belgrade 2021

### REGISTRATION REMINDER

Join the 1100 teams from almost 400 universities already registered for the fifth edition of the European Universities Games 2021 , taking place from July 14-27

**The third registration deadline is, March 15**

Place are limited, so don't miss the chance to be a part of this memorable European university sports event in 2021

Interested participants should contact their National University Sports Association, or visit [eug2021.eu](http://eug2021.eu) for more information



**LODZ2022**  
EUROPEAN UNIVERSITIES  
GAMES

**EUSA**

**15-31 JULY 2022**

/eug2022    /eug2022    /eug2022    /eug2022lodz

[www.eug2022.eu](http://www.eug2022.eu)

Ministry of Education and Science    Lodz University of Technology

## Bosnia and Herzegovina



On February 27, 2021, the Referees' Seminar was organized by the Kickboxing Federation of Bosnia and Herzegovina.

The seminar was successfully held. There were 30 participants in the seminar.

Lecturers at the seminar were Nedjo Bratic, President of the Judicial Organization of the KSFBiH, and Rinaldo Piccoloti, President of the Referee Committee.





**04.02.2021**

### **Bulgarian Kickboxing & Muay Thai confederation Assembly**

#### **STRATEGY FOR THE DEVELOPMENT OF CLUBS TO BKKMT 2021**

To support their development and involvement in centralized preparation, international preparatory and official competitions

1. European Cup Karlovac from 28 to 30.05.2021
2. Centralized preparation - national team camp in NSB Sportpalas from 15 to 22.07.2021
3. European Championship all styles for youngsters and children in Gyor Hungary from 13 to 22.08.2021
4. World Cup in Budapest Hungary from 16 to 19.09.2021
5. World Cup for Men and Women in Moscow Russia from 5 to 14.11. 2021

The strategy is aimed at the clubs that took an active part in the DSC of BCCMT in 2020 and will participate in 2021. They can make an official proposal to participate in the stated centralized preparation and competitions through their representatives (competitors and / or coaches) to use free organized transport according to vacancies and have the opportunity to accommodate the national team in self-financing using the preferential prices for the federation.

Through participation in centralized preparation, clubs will have the opportunity to exchange experiences, ways of conducting training, useful tips, sparring with various opponents and more.

All the races listed are strong and played in all disciplines of kickboxing. This will further enhance the new of the competitors and contribute to the better results of the official competitions, which in turn will facilitate the acceptance of their competitors in the BUT in Bulgaria's kickboxing.

A due document (invoice) will be issued to the federation for the expenses incurred. In this way, we will ease the club costs of transportation and international fees for bank transfer..

All proposals will be reviewed by national selectors and approved by the ESC after submitting an official email from the interested club.

This will in no way affect the number of national team competitors.



On February 27 in the **town of Byala (Ruse)** **Minotaur Sports Club** organized a **kickboxing seminar** . Representatives of all clubs that are members of the Bulgarian Kickboxing and Muay Thai Confederation are invited to participate. The event will be led by the national coach Vladimir Valev - Pitbull and will be the first event in the **all-new sports hall "Arena Byala"** . It will be opened by the Mayor of Byala Mr. Dimitar Slavov, and the official guest will be the **President of the Confederation Galin Dimov**. Most likely at the Pitbull seminar will be supported by the head coach of SC Shumen Fortress Galin Metodiev, who this year is part of the assistant coaching team of the national team. **The seminar** will take place in the completely new Arena Hall (Byala).

Pit Bull kickboxing seminar



ДЪРЖАВНО ПЪРВЕНСТВО ПО КИКБОКС

# ЛОУ КИК

БЪЛГАРСКА КОНФЕДЕРАЦИЯ "КИКБОКС И МУАЙ ТАЙ"  
СПОРТЕН КЛУБ "ШУМЕНСКА КРЕПОСТ"

stikcredit.bg

**6-7 МАРТ**  
**10:00 ч.**  
**ЗАЛА ПЛИСКА**  
**ВХОД СВОБОДЕН!**

356 athletes from 56 clubs have applied to participate in the State Kickboxing Championship in Shumen. Due to the great interest, the matches will start on Friday (March 5), announced the Bulgarian Confederation of Kickboxing and Muay Thai. The Low Kick-style competition marks the beginning of a competitive season in the attractive martial arts nationwide. It will last until March 7 (Sunday). For the 11th time in a row, the championships as host are opened by SC Shumen Fortress.

Due to the pandemic of COVID-19, the State Kickboxing Championship in Shumen will be held without spectators and in compliance with all measures by those present.

The matches will be played in parallel in two rings.

There is an absolute record of registered participants in the category up to 67 kg in 17-18 year old boys. A total of 22 competitors applied in this category.

More than 12 participants are registered in 17 other categories.

Coach licencing seminar  
93 coaches attended.

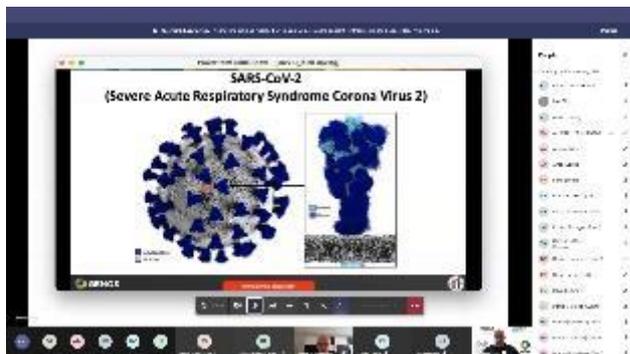
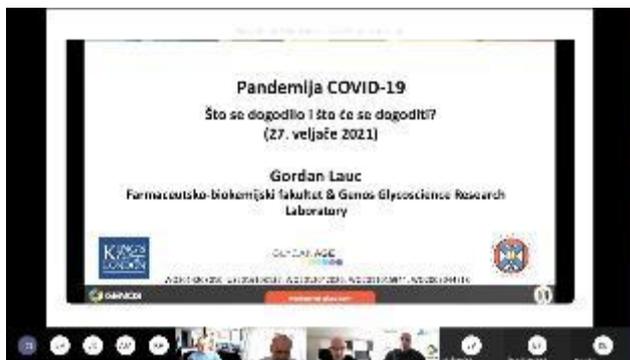
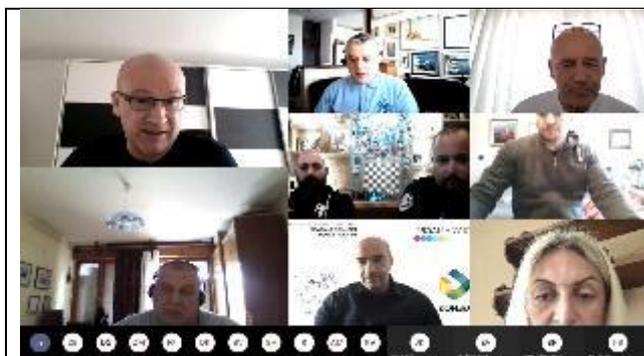
09.45 - 10.00 - Address by the PRESIDENT of HKBS  
(Tomislav Bilandzic)

10.00 - 10.45 - THEORETICAL PART OF THE SEMINAR  
1. COVID-19 - (prof.dr.sc.Gordan Lauc)

11.00 - 11.45 - THEORETICAL PART OF THE SEMINAR  
2. News in kickboxing rules and trial  
(Romeo Deša and Tomislav Novosel)

12.00 - 12.45 - PRACTICAL PART OF THE SEMINAR  
3. Development and maintenance of coordination  
and flexibility for kickboxing at home  
(Ivan Segedi, Ph.D.)

13.00 - 13.45 - PRACTICAL PART OF THE SEMINAR  
4. Develop and maintain strength, speed and  
coordination important for kickboxing at home  
(Prof. Hrvoje Sertić, PhD)



**New national Covid-19 Directive****LINKS TO DOCUMENTS:**

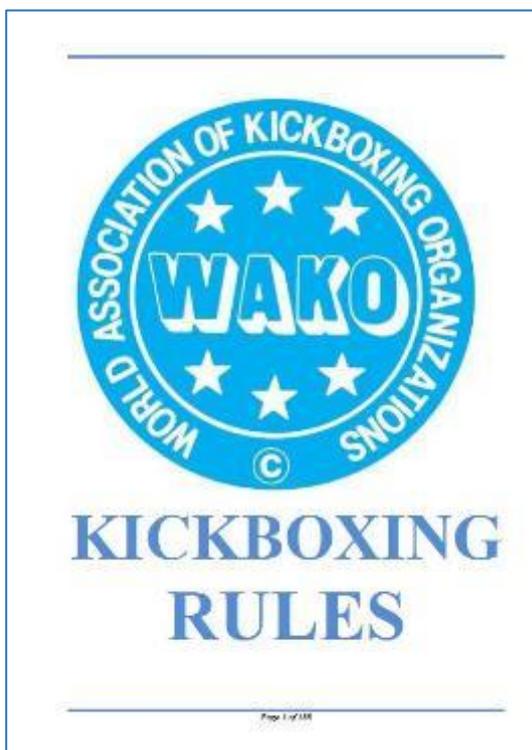
- [Organization of sports training 22.02.2021](#)
- [COVID-19 Code of Conduct for Sports Organizers from 22.02.2021](#)



Covid-19 situation in Finland, and especially in the capital area, has been getting worse in February and national kickboxing competition planned to be held in Helsinki on 27th of February had to be cancelled.

New national Covid-19 restrictions have been planned for March, but in the areas where the situation is more stable, clubs are able to have regular trainings with small groups. Finnish Olympic Committee has stated that the main focus should be now in kids and youngsters: it is very important for the well-being and future of young people that they would be able to continue with sport hobbies.

In February the Finnish Kickboxing Federation has started the project of translating the new WAKO Rules into Finnish language. New WAKO rules were introduced to members in an online webinar already in January and new national webinars about different topics are currently planned.





## France

This month, the French federation has organised a virtual challenge for its underage members. The members were invited to send a video to the federation which included shadow movements. The second step of the challenge was the selection of nine finalists from the national coaches. Then, all nine finalists urged their online community to share, like and view their videos.

At the end of the challenge, five youth won a prize which included two immersive trips to join the national team on the next international manifestation, a French team tracksuit and even a complete boxing kit.



## Germany

### Germany's kickboxers training together, part 2

On Saturday, 06.02.2021 we start with a long-time member of the Pointfighting nation team, Timmy Sarantoudis. In his career, he can already look back on winning some of the biggest tournaments in the world and the European Championship.

In the second seminar, Bujar Balaj awaits us with a specialist from discipline K1. He is a national coach in Berlin / Brandenburg. Bujar was a national team member.

**ONLINE WORKSHOP**

  
**K1 SPECIAL**  
**21.02.2021**



**Sergej Braun**  
**11:00–12:00 Uhr**



**Florian Kröger**  
**12:15–13:15 Uhr**



**Thilo Schneider**  
**13:30–14:30 Uhr**

**ZOOM MEETING-ID: 846 9942 0347 KENNCODE: 419760**

## Germany

ONLINE WORKSHOP SERIES  
with K1, Tatami international (PF, LC, KL) and forms

We would like to expand the campaign “ Germany's kickboxer training together We will be offering various online workshops for the 3 Sundays in March.

Sunday, February 21 - we start with the K1 special with Thilo Schneider, Florian Kröger and Sergej Braun. Here we were able to win three German athletes from the professional field for our campaign.

On 28.02.2021 the international Tatami Special will follow - Point fighting, Light contact and Kick light with international participation.



Germany's kickboxers training together, part 3  
Saturday 13. FEB 2021

1. st unit starts pointfighting again. With Sascha Gräske we present a “ primal rock ” of the Pointfighting national team, here he started at 2004 at a young age. A special feature of his large collection of titles should be that he has gone to the DM in the weight class-74 kg as the winner of the battle area in the last 10 years.

In the 2nd unit we get in the ring. It's up north to the state trainer full contact of the state association of Schleswig-Holstein, Timo Herzberg. He was a member of the full contact national team from 2009 to 2013 He achieved his greatest successes in the professional field with an EM and WC title win.



**Germany's kickboxers train together - Part 4**  
**(Saturday, 20. FEB 2021)**

**Sven Schiller** Schiller is the start of the 4. th edition. The mold speaker of WAKO Germany has his roots in karate and has also been successful in pointfighting for many years. With him we can add a whole lot of versatility to our offer. In the second unit, it's the turn of assistant young trainer **Denis Hahne**. The vice world champion of 2017 is home to light contact and that's where the focus of his training will be.



**Germany's kickboxers training together, part 5 (Saturday 27.02.2021)**

The Masterclass sets the tone today and it will be world championship. Leonard Adamej, the 2017 World Pointfighting Champion of the Masterclass makes the start. The second unit belongs to the world champion of the 2015 Masterclass in light contact Steven Glover. Both can look back on a long martial arts history.

**ONLINE WORKSHOP**

**INTERNATIONAL TATAMI DAY**  
28.02.2021

**Chris Aston**  
Pointfighting  
11:00–12:00 Uhr

**Timothy Bos & Leandro Lagher**  
Lightcontact  
12:15–13:15 Uhr

**Manuel Nordio**  
Kick light  
13:30–14:30 Uhr

ZOOM MEETING-ID: 846 9942 0347 KENNCODE: 419760

**ONLINE WORKSHOP TATAMI INTERNATIONAL (PF, LC, KL)**  
Sunday 28 Feb 2021

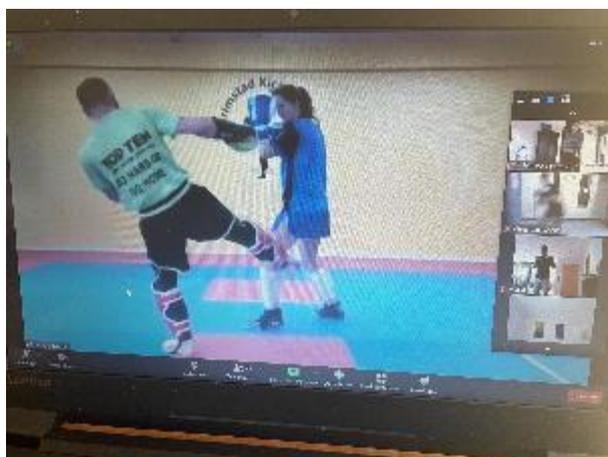
International Tatami Special - Point fighting, Light contact and Kick light with international occupation

On Sunday it's time, we'll be international at the Tatami. First lecture going to England with world champion Chris Aston who presents us with point fighting.

In the next lecture, we'll change the country. From Italy, Timothy Bos also comes a world champion, this time in light contact. With his coach Leandro Lagher he will enrich our program.

In the last lecture, we stay in Italy and round off the day with Light Revolution Head Coach Manuel Nordio and the topic of Kick light.

[LINK TO PROMO VIDEO](#)



## Great Britain

Sanctioned by WAKO GB the CIMAC sponsored Virtual Championships was the brain child of CIMAC Super League promotor Neville Wray. The pandemic has brought contact sports such as kickboxing to a halt and this has meant no competitions, no pad work and no sparring for so many young athletes.

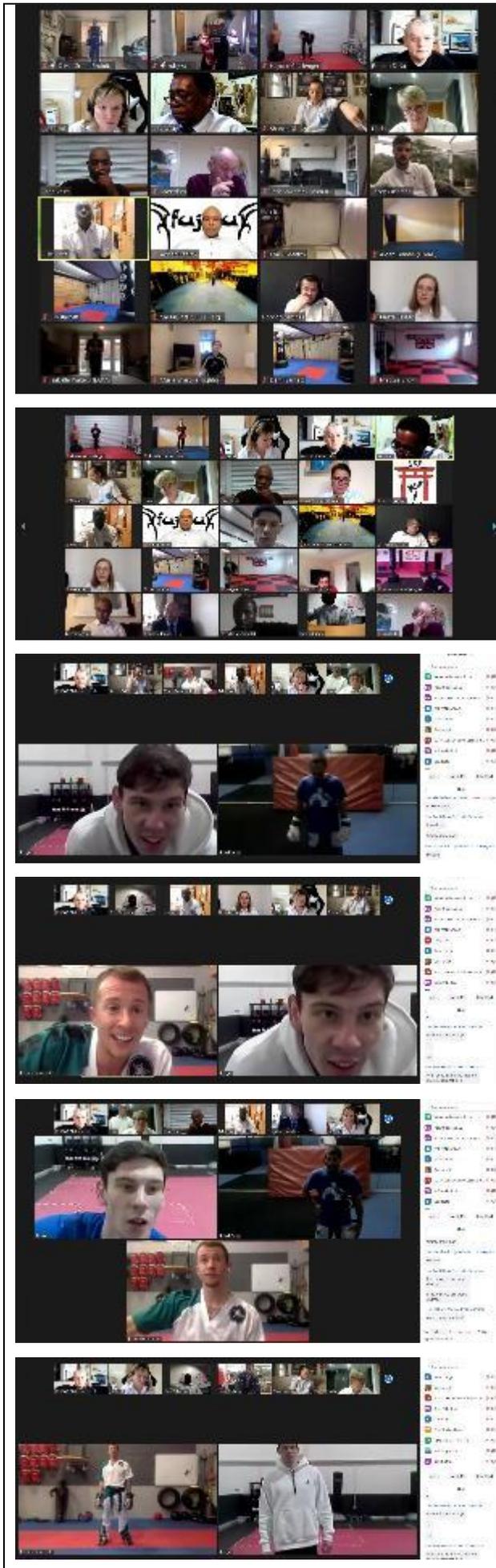
Children's Mental Health Week 2021 took place from 1-7 February 2021 and with this year's theme being Express Yourself what better way to promote mental health than by allowing our young athletes to express their competitive spirits in an online format. Held over two weekends the competition had four categories per age group, shadow sparring, kicking drills, footwork & blitz and kickboxing combinations. In each category athletes went head to head performing their skills for 1min before a panel of three judges who would provide feedback and then vote on who they thought had performed the best. The winner of each bout would then progress to meet another athlete in the next round. This process of elimination would continue until an eventual champion was voted on in the finals of each category.

It was an amazing weekend and the Martial Arts X factor style of judging added to the enjoyment of everyone watching and competing. With over 300 competitive starts, the management team did an outstanding job of keeping the action flowing and Guest Judges from the Netherlands, Greece, Ireland and the USA gave the competition an international flavour.

The whole weekend was finished off with a fun yet competitive display by some of the sports top international senior level fighters. Great Britain's Elite Everill, Germany's Timmy Sarantoudis and the USA's Jack Felton all joined the zoom session to give the kids the perfect end to what has been a great success.

The next event will be held on April 18th & 25th.

[LINK TO PROMO VIDEO](#)



# CIMAC SUPERLEAGUE

EVENT WILL BE LIVE ON ZOOM

In support of **YOUNGMINDS** ALL MONIES DONATED TO YOUNG MINDS CHARITY  
**FIGHTING FOR YOUNG PEOPLE'S MENTAL HEALTH**

## VIRTUAL OPEN CHARITY EVENT

**INDIVIDUAL DIVISIONS**  
 SHADOW FIGHTING - KICKBOXING COMBINATIONS  
 KICKING DRILLS - FOOTWORK DRILLS AND BLITZ

**SHOWCASE YOUR FIGHTING TRAINING SKILLS FOR YOUNG PEOPLE'S MENTAL HEALTH**

**AGE GROUPS**  
 Novice Boys and Girls under 9  
 Advanced Boys -9 - Advanced Girls -9  
 Advanced Boys -12 - Advanced Girls -12  
 Advanced Boys -15 - Advanced Girls -15  
 Adult Men 16 plus - Adult Ladies 16 plus

**ENTRY FEE £10.00 COVERS ALL DIVISIONS**

**SUNDAY 7th and 14th FEBRUARY 2021**  
 SUNDAY 7th FEBRUARY ALL ELIMINATIONS 10.00am  
 SUNDAY 14th FEBRUARY SEMI FINALS AND FINALS 10.00am  
 REGISTRATION OPENS 2nd JANUARY ON SPORTDATA - CLOSES 1st FEBRUARY

Further details and rules for the event can be found at [superleaguevirtualopen.com](http://superleaguevirtualopen.com)

## Great Britain

Great to catch up with some great Kickboxing friends at the judges meeting today to go through the final details for the Cimac Virtual Charity Event. Sean Veira, Sharon Gill, Geoff Aldridge, Billy Bryce, Chris Collimore, Gina Engelhardt-Aue', Gemma Upfold, Ian Watkins, Jacey Cashman, Elaine Small, Elijah Everill, Ilija Salerno, Adrian Bedlow, Nester Baxter, Nikos Memmos, Gurj Gallon, Eleftheria Panagopoulou, Kevin Brewerton, Linda Baxter, Nigel Baxter, Liz Ferioli Brown, Gordon Mitchell, Peter Edwards.

Thanks for the support guys.

### Cheque



## Great Britain

### ELIJAH EVERIL - Young Cadets, Older Cadets and Junior GB national team coach

We are pleased to announce that we have appointed **Elijah Everill** as the newest coach to join our national squad. He will bring a wealth of knowledge to our GB squad. We are looking forward to having him working with our Young Cadets, Older Cadets and Junior team members.

"Team work makes the dream work"



We are pleased to announce that WAKO GB have attained the **Governing Organisation Safeguarding Code for Martial Arts**.

The safeguarding code is funded by the National Lottery and was launched by the Sports Minister in early 2018. Its purpose is to recognise clubs or providers in England who have demonstrated that they have reached and maintained good safeguarding standards.

Safeguarding our members is at the heart of everything we do and so we have spent much of the pandemic defining and producing the policies and procedures needed to get the mark. This means WAKO GB is now well placed to help all of our England based clubs attain the mark independently.

As a governing body one of our many roles is to regulate the sporting environment so as to ensure safe practises are followed by our members. As a part of that responsibility WAKO GB have defined an approval process for new clubs seeking insurance for their coaches and members. This process includes checking things like DBS records, coaching, first aid and safeguarding qualifications. The document describing this process can be found on the Wako GB website safeguarding page. Note that these same checks will be made whenever clubs look to renew their insurance so as to ensure they stay current with their qualifications.

For England based clubs, we will require them to attain their safeguarding code “mark”. This is not as daunting as it sounds and a number of WAKO clubs have already been through the process and attained the code. The policies and procedures needed to attain the mark have already been created for clubs to use and can be found on our safeguarding page: <http://wakogb.com/2491-2/>. There is also a step by step guide with instructions for applying for the “Safeguarding Code in Martial Arts” which will be available on our website shortly.

As each day passes we get that little bit closer to the return of our sport. Now is a great time to ensure your procedures and policies are up to date and to get that mark if you need it. If anyone has any questions or needs help with the process, please don't hesitate to get in touch.

Gordon Mitchell - WAKO GB Lead Safeguarding Officer  
[safeguarding@wakogb.com](mailto:safeguarding@wakogb.com)



## Greece

### Invitation to a General Assembly

The Board of the federation in a meeting decided to hold the General Assembly to elect a new administration on Saturday, March 27, 2021 at 10.30 in the offices of our federation at the Indoor Heavy Sports Stadium of Ano Liossia (5 Artakis & Ellios

direction to Ano Liossia) and the holding of the repeated General Assembly in case of no quorum on Sunday, March 28, 2021 at 10.30 in the same place.

Therefore, we invite all members of the Panhellenic Kickboxing Federation to a General Assembly on Saturday, March 27, 2021 at 10.30 at the offices of our federation at the Indoor Weightlifting Stadium of Ano Liossia (Artakis & Ellispontou Street, Ano Liotia Street to Ano Liossia). In case of non-quorum, the repeated General Assembly will be held on Sunday, March 28, 2021 at 10.30 in the same place.

## The kick-boxing world federation focuses on young people

The World Organization organizes regular online coaching and athlete training seminars until post-epidemic opening.

WAKO is becoming more and more professional - says **Zsolt Mórádi**, a member of the board of the kickboxing world association, chairman of the athletes' committee. The Hungarian sports diplomat recalled that the organization had submitted its application for full five-ring membership in kickboxing to the International Olympic Committee in the autumn, but it would not be idle until it was judged.

WAKO remained active even during the period of the stoppage of the competitions caused by the pandemic, which, in addition to various online trainings, with the effective participation of Zsolt Mórádi, is launching a youth sports leadership program, the Hungarian Kickboxing Federation announced.

The ten-time world champion, who retired a couple of years ago, said WAKO officials are in constant contact with the IOC, informing the Olympic organization of all their projects, including the upcoming youth leadership program. The initiative, called Game Changers, selects six young men and women each to receive kickboxing sports leadership training for a year.

The course is scheduled to end at the IOC headquarters in Lausanne, Switzerland, where the leaders of the five-ring panel will also give lectures to participants.

*"With the program, WAKO wants to put more emphasis on young people. It is important not only for the World Federation to have a successful athlete's career as an athlete, but also to provide support for their lives beyond sport. But WAKO can also benefit from later entry into internal positions who are aware of the sport and how it works,"* said Zsolt Mórádi, one of the project's organizers, who will also educate young people.

The former legend also reported that the world organization also organizes regular online coaching and athlete training seminars until the post-epidemic opening, as well as a development program for countries where kickboxing is still in its infancy.

*"WAKO is working more and more professionally. based on sustainability, it is largely of the highest possible quality, which will benefit not only the present but also future generations,"* said Zsolt Mórádi.



## Ireland

**JIMMY UPTON**  
KICKBOXING IRELAND  
KICKBOXING IRELAND Ring Sports training session with Irish National Ring Coach Jimmy Upton

**Sunday 28TH**  
feb @ 10am  
(LIMITED TO 100 PARTICIPANTS)

OPEN TO KICKBOXING IRELAND MEMBERS ONLY

**KBI**  
KICKBOXING IRELAND

WAMU IMAC SPORT IRELAND

KICKBOXING IRELAND is delighted to announce a group of online training and development seminars for athletes and coaches hosted by the KBI National Coaches over the next four weeks. This is an excellent opportunity for our members to come together, train together and develop together virtually. Each seminar is limited to 100 participants.

The first online session is hosted by the Irish national coach for ring sports; **Jimmy Upton**.

As one of the most accomplished and respected ring coaches in Ireland, this is a great opportunity to learn from one of the best in the comfort of your own home!

# SPORT PSYCHOLOGY FOR COMBAT SPORTS

ON SATURDAY 6TH OF MARCH AT 11AM

Featuring **Nollaig O Sullivan**  
(BA, MSc SHPA MPSS MBPSS)  
**ACCREDITED PERFORMANCE PSYCHOLOGIST**  
One of only 23 Accredited Sport and Exercise Psychologist in Ireland

**KBI**  
KICKBOXING IRELAND

# SAFEGUARDING 2

MARCH 15TH 7PM. TUTOR: SPORT IRELAND.  
MAXIMUM 12 PEOPLE PER COURSE. LIMITED AVAILABILITY.

REGISTRATION THROUGH EVENT BRIGHT; RESTRICTED TO KBI MEMBERS ONLY.

WAMU IMAC SPORT IRELAND



## REGIONAL CONI ELECTIONS:

### THERE'S A LOT OF FEDERKOMBAT AMONG THE ELECTES

Extraordinary result for Federkombat at the CONI Regional Council elections that took place in the past days. Numbers of FK managers and athletes elected also in light of the great political and institutional work of the federal

president Donato Milano in these eight years of governance that allowed Federkombat to be today a milestone in the sporting board of the Sports Disciplines Associated in Italy in breasts of the Committee Italian National Olympic. In fact, 13 are Federkombat's management figures that will be part of the 10 CONI Regional Councils in Italy, awaiting appointments in the Coni Regional Councils whose vote is scheduled for 13 March with as many as 5 Federkombat candidates running in their respective regions: Massimo CASULA (Sardinia), Giorgio LICO (Calabria), Luca TERRIN (Veneto), Gianni LATERZA (Apulia), Piero PICASSO (Liguria).

Donato Milano, number one federal, comments on the result of the first electoral round inherent in the CONI Regional Council elections: "The numbers comment on their own. Federkombat has been able to cut out important institutional and political spaces in the years and gain credibility, the result of serious work and that has brought not only tangible results at sporting level with the great results of our nationals, but also and above all today we have respect of the world of sport".

Among the newly elected to one of the Coni Regional Councils, also Mario Carella, current president CR FEDERKOMBAT LAZIO: "We owe this success to the excellent political work done by our President Donato Milano. The feeling is clear that we are in the Regional Councils not from Comprimari but from the protagonists. Good job and Congratulations to all the newly elected. Excellent!".

Below are our elected to the CONI Regional Councils:

Massimo CASULA - Sardinia;  
 Paolo LEONI - Lombardy;  
 Mario CARELLA - Lazio;  
 Luca TERRIN - Veneto;  
 Gianni LATERZA - Apulia;  
 Biagio TRALLI - Basilicata;  
 Diana D ' AMICO - Abruzzo;  
 MORENO Healthcare - Tuscany;  
 Pierluigi CREAZZO - Trento:

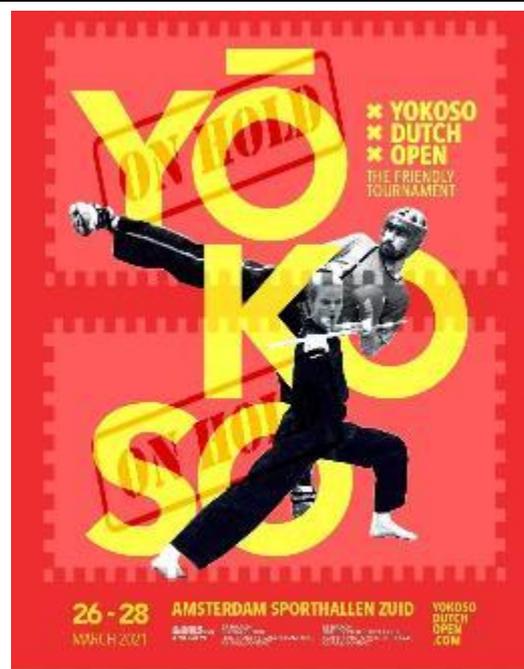
From the athletes: Domenico MASSARINI (Calabria), Carlotta PRA and Luca PADOAN (Veneto); from Technicals: Raffaele di PAOLA (Veneto).

To all those elected, congratulations from President Donato Milano, from the federal council, from all the combat sports movement and the wishes of good work in next four-year period 2021-2024.



## Montenegro

27. February - General Assembly of Kickboxing federation of Montenegro



## The Netherlands

Yokoso Dutch Open 2021 POSTPONED!

**Postponed**  
until further notice

YOKOSO



## North Macedonia

### REPORT AND RESULTS FOR 1<sup>ST</sup> NATIONAL KICKBOX CHAMPIONSHIP FOR ALL AGE IN CATEGORIES (TATAMI - KICK LIGHT, RING - LOW KICK AND K1) – 21.02.2021 SKOPJE

On February 21, 2021 (Sunday) in the sports hall of A1 National Arena Boris Trajkovski in Skopje - big hall, organized by Kickboxing Muay Thai Federation of Macedonia (KMFM) was held the 1<sup>st</sup> National Kickboxing Championship for 2021 for all ages in categories (tatami - kick light, ring - low kick and K1).

184 competitors from a total of 24 kickboxing clubs from all over the country participated in the championship. The competitions took place on one ring and four tatami fields.

The competition took place in a great sports atmosphere and excellent organization by KMFM. This is the first national kickboxing tournament organized in the last year, since the beginning of the pandemic. The championship was held in compliance with all measures of the Protocol for sports competitions during the pandemic of KMFM and the General Protocol for sports events during the pandemic of the Government of the Republic of Macedonia, and of course with permission from the Commission for Infectious Diseases of the Ministry of Health.

As part of the championship, a preparatory referee seminar was held for tatami and ring judges and a coaching seminar.

The realization of this mass competition was supported by the Agency for Youth and Sports of the Republic of Macedonia, the Karate Federation of Macedonia, as well as several domestic companies from the private sector.

The most successful kickboxing club was KBK Champion from Skopje with 22 gold medals out of a total of 29 medals and it is also the most numerous clubs in the competition, for which it was awarded a gold cup.

The second most successful club is KBK Gladiator from Skopje, which won 20 gold medals out of a total of 27 medals, for which it was awarded a silver cup.

#### LINKS RELATED TO THE MATCHES:

[LINK 1](#)

[LINK 2](#)

[LINK 3](#)

**PZKB** POLSKI ZWIĄZEK KICKBOXINGU



# DON DIEGO TOUR 2021

CYKL SEMINARIÓW PROWADZONYCH  
PRZEZ MISTRZA ŚWIATA MATEUSZA KUBISZYNA  
W KLUBACH PZKB

ZAKRES TRENINGÓW: KICKBOXING/BOKS

**Poland**

**BULL & TERROR CHALLENGE**

AMATORSKA LIGA MMA I KICKBOXINGU

# ALMMA 190

14 LUTEGO 2021  
PUŁAWY | UL. WRÓBLEWSKIEGO 11



## MCF 7 ELIMINATOR



**JAWORZNICKA  
LIGA KICKBOXINGU  
KICK LIGHT**



# 20.02.2021

Szkoła Podstawowa nr 19  
ul. Kasztanowa 33, Jaworzno

**ORGANIZATOR** **PATRONAT**



TEL. +48 606 447 471      TEL. +48 792 729 640

# LIGA KICKBOXINGU

## Battle of Warriors

Walki na zasadach  
PZKB

### 27 LUTEGO 2021

**"Kickboxing w walce z nalogami"**

**Hala Ks KORONA**  
Kraków, ul. Kalwaryjska 9-15

**zgłoszenia do**  
25 lutego 2021

liga\_k1@interia.pl

Zawodnicy będą podzieleni na 3 klasy:  
A, B i C  
Senior i Junior

**startowe 50zł**

warszawa nowa linia sportowa  
**8.00 - 10.00**  
walki od godziny  
**11.00**



Info:  
Facebook: Battle of Warriors  
Rafael Szopa 504 359 730

ORGANIZATOR:      PATRONAT:      PARTNERZY:



### Military Kickboxing Instructors Course

From 15-19 to 15-19. 02.2021 in the Great Awards is held by [Polski Związek Kickboxingu](#) Military Kickboxing Instructor s' Course. The purpose of the training is to improve military qualifications in the Combat Kickboxing Instructor and prepare players for competition in sports competitions.

The training program focuses on teaching combat in close contact with special attention to knife and stick attacks and the form of defense against knife attack, stick, short and long weapons. Additionally, the instructors deepen their practical and theoretical knowledge of kickboxing competition. The course program covers the topics of physiology of physical effort, theory of training, motor preparation and practical implications from the knowledge submitted.

Classes are conducted by colonel in st. rest. Jerzy Bass, Christopher " Mix " Mik's former Commando Military Unit trainer in Lubliniec and Łukasz Rydzik kickboxing master class coach.

The [5 Pułk Chemiczny](#) in Tarnowski Mountains, the 4. th Zielonog órr Anti-Air Regiment in Czerwieńsk and special forces soldiers.



The development of the sport of disabled people at [Polski Związek Kickboxingu](#) is setting the pace. More clubs open sections for people with disabilities. Sebastian Górnaiak together with the president of PZKB Piotr Siegoczynski are planning new ventures for this year promoting this special area of our activities.

In the meantime, we invite you to like and follow the fanpage on a regular basis:

**More information on FB page:**  
[Parakickboxing Poland - Boks na wózkach](#)

FEDERACJA DFN  
POMORSKI OKRĘGOWY ZWIĄZEK KICKBOXINGU  
POLSKI ZWIĄZEK KICKBOXINGU  
ZAPRASZAJĄ  
NA



MISTRZOSTWA WOJEWÓDZTWA POMORSKIEGO  
W KICKBOXINGU W FORMULE KICK-LIGHT

PUCHAR POLSKI LZS  
(KLASYFIKACJA DRUŻYNOWA)

20.03.2021

KICK-LIGHT  
-KADET MŁODSZY  
-KADET STARSZY  
-JUNIOR  
-SENIOR

PIANKI  
-DZIECI  
-KADET MŁODSZY

DATA: 20.03.2021 SOBOTA  
MIEJSCE: LUZINO KWEJHEROWA



22. Feb 2021

Northern zone judges seminar - Wejherowo,  
20.02.2021

The lectures were conducted by Richard Zawistowski, Krzysztof Kacperski and Janusz Wielgosz. 16 northern zone judges took part in the seminar.



Liga K1 Battle of Warriors 27 February 2021  
Krakow

According to Radio ESKA - "It was a real kickboxing celebration. On Saturday, the K1 Battle of Warriors competition took place in Krakow's Korona hall, and the kickboxing league began, the grand final of which was planned for December. Despite the pandemic, attendance among the players surprised the organizers. There were so many willing to fight that... we had to get an extra ring"

[LINK TO VIDEO](#)



**MISTRZOSTWA ZIEM ZACHODNICH  
W KICKBOXINGU  
FULL-CONTACT  
IM. PAWŁA MIKOŁAJCZAKA**  
Hala Sportowa, Włoszakowice, ul. Myśliwska 1A  
w dniu 13 marca 2021



**PROGRAM**  
13.03.2021 godz. 11<sup>00</sup> - uroczyste otwarcie  
(Sobota) godz. 11<sup>00</sup> - walki eliminacyjne i finałowe

**PIASECZNO OPEN**  
TURNIEJ KICKBOXINGU  
20.03.2021



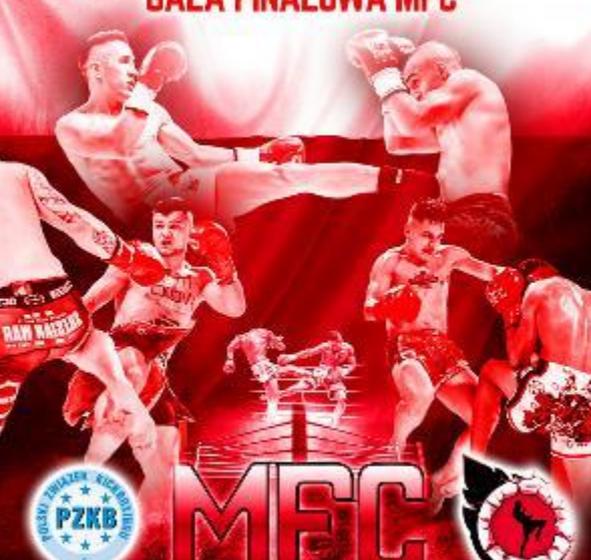
**PROGRAM :**  
11.00 -turniej dzieci SOFT-CONTACT  
14.00 -oficjalne otwarcie zawodów  
14.30 -walki kadetów PF  
16.30 -walki kadetów LC

**MIEJSCE:**  
SALA GOSIR  
ul. SIKORSKIEGO 20  
w Piasecznie (obok basenu)

**TURNIEJ BEZ UDZIAŁU PUBLICZNOŚCI**  
[www.kbpiaseczno.pl](http://www.kbpiaseczno.pl)

SPONSOR: DURNOTEC, DANIEL PUTKIEWICZ  
PARTNERZY: PZKB, Mazowsze, Kulturas Klatka

**MISTRZOSTWA POLSKI K1 RULES PRO AM  
GAŁA FINAŁOWA MFC**



**MFC**

26-27.03.2021  
HALA WIDOWISKOWO-SPORTOWA MOSIR UL. BOTANICZNA 22, 67-100 NOWA SÓL

**MISTRZOSTWA POLSKI W  
KICKBOXINGU**  
KICK LIGHT

**9-11  
KWIECZNIA  
2021**

**KARTUZY**  
HALA SPORTOWA  
UL. PIŁSUDSKIEGO 10



SPONSOR: KARTUZY  
PARTNERZY: PZKB, DFN, minidomy, KOSMOS, KOSMOS KARTUZY

**11-14.02.2021**  
г. Москва  
ГБУ города Москвы  
"Спортивная школа №76"  
Бескудниковский  
бульвар, 12А.



**«K1» «ФУЛЛ-КОНТАКТ»**  
**КИКБОКСИНГ**  
**ЧЕМПИОНАТ И ПЕРВЕНСТВО**  
**МОСКВЫ**

www.moscowkickboxing.ru  
e-mail: moscowkickboxing@mail.ru



**ЧЕМПИОНАТ И ПЕРВЕНСТВО ДФО ПО КИКБОКСИНГУ В ДИСЦИПЛИНЕ К-1 ПАМЯТИ ПЕРВОГО ЧЕМПИОНА МИРА ИЗ СССР А. ИВАНОВА.**

**5-7 ФЕВРАЛЯ 2021 г.**  
г. Якутск, ДС «50 лет Победы».

**ПРОГРАММА:**  
5 февраля 14.00 ч. - Предварительные поединки  
6 февраля 14.00 ч. - Полуфинальные поединки  
7 февраля 12.00 ч. - Финальные поединки

прямая трансляция на каналах YouTube "Мой спорт" и "ДС 50 лет Победы", хроники в #kickboxing\_sakha

The championship of the FFO in kickboxing in the discipline K1 in memory of the first USSR champion Alexander Yegorovich Ivanov has ended.

In the competition participated teams from Primorsky, Khabarovsk Krai, Amur, Sakhalin region and the Republic of Sakha (Yakutia) with 135 athletes.

The tournament was attended by the President of the Russian kickboxing federation A.N. A. Berezkin. During the working meeting, the chairman of the organizing committee, Deputy Chairman of the Government of the Republic of Russia (I) Mestnikov SV also took place.



АДМИНИСТРАЦИЯ ПРОКЛАДНИКОВОГО МУНИЦИПАЛЬНОГО РАЙОНА КБР  
СПЕЦДЕЛЕНИЕ УПРАВЛЕНИЯ СЛЕДСТВЕННОГО КОМИТЕТА РФ ПО КБР  
ФЕДЕРАЦИЯ КИКБОКСИНГА КБР ПРОВОДИТ:

**ОТВЕРТЫЙ РЕСПУБЛИКАНСКИЙ ТУРНИР  
ПО КИКБОКСИНГУ**  
среди юношей  
посвященный 10 летию  
со дня образования  
Следственного Комитета РФ

«Сурово зака-  
ленные Отличники»



**5 февраля  
2021 года в 11:00  
с.п. Прималкинское, ФОК**

Russia

КРАСНОЯРСКИЙ  
КРАЙ  
Министерство  
Образования  
и спорта

ХІХ ВСЕРОССИЙСКИЙ ТУРНИР  
ПО КИКБОКСИНГУ  
**КУБОК СИБИРИ**

КАТ-КОНТАКТ, ПИНТ-КОНТАКТ, ФУЛ-КОНТАКТ,  
МАКСИМУМ С БОУ-КОНОМ



**4-7  
ФЕВРАЛЯ '21**

04.02	05.02	06.02	07.02
09.00 ПОДГОТОВКА 09.30 ПОДЪЕМ 10.00 ПОДЪЕМ 10.30 ПОДЪЕМ	09.00 ПОДГОТОВКА 09.30 ПОДЪЕМ 10.00 ПОДЪЕМ 10.30 ПОДЪЕМ	09.00 ПОДГОТОВКА 09.30 ПОДЪЕМ 10.00 ПОДЪЕМ 10.30 ПОДЪЕМ	09.00 ПОДГОТОВКА 09.30 ПОДЪЕМ 10.00 ПОДЪЕМ 10.30 ПОДЪЕМ

МСК «СОЛОН»  
БИАТЛОННАЯ, 256

КРАСНОЯРСК '2021

AMAKS Fireball МАВИ

**13-14  
ФЕВРАЛЯ  
12:00**

ШКОЛА  
ОЛИМПИЙСКОГО  
РЕЗЕРВА

Vorgol



АКАДЕМИЯ БОКСА  
АКАДЕМИЯ БОКСА

**ЧЕМПИОНАТ И ПЕРВЕНСТВО  
КАМЧАТСКОГО КРАЯ  
ПО КИКБОКСИНГУ**

Выпечка из тандыра / лепешка • Самса • Хачапури • Тироза

Министерство физической культуры и спорта Хабаровского края  
Региональный центр спортивной подготовки  
Федерация кикбоксинга России  
Поддержка министерства Хабаровского края

**19-21 февраля  
2021 года**

ЧЕМПИОНАТ И ПЕРВЕНСТВО  
ДАЛЬНЕВОСТОЧНОГО ФЕДЕРАЛЬНОГО ОКРУГА  
ПО КИКБОКСИНГУ

В ДИСЦИПЛИНАХ «КАТ-КОНТАКТ», «ПИНТ-КОНТАКТ» И «ФУЛ-КОНТАКТ С БОУ-КОНОМ»



место проведения  
ФОК ЗАБГУ «Университет»

В СВЯЗИ С ОГРАНИЧЕНИЯМИ ВЫЗВАННЫМИ НОВОЙ КОРОНАВИРУСНОЙ  
ИНФЕКЦИЕЙ COVID-19 ЧЕМПИОНАТ ПРОХОДИТ БЕЗ ЗРИТЕЛЕЙ

**Чемпионат Ханты-Мансийского автономного округа-Югры по кикбоксингу в разделе поинтфайтинг**  
 12-14 февраля 2021года  
 СК «Таёжный»

\*Соревнования проводятся без зрителей

12 02 2021 ПЕРВЕНСТВО ЮЖНОГО ФЕДЕРАЛЬНОГО ОКРУГА  
 15 АСТРАХАНЬ **ЧЕМПИОНАТ**  
**KICK BOXING**

К1  
 ФУЛКАНТАКТ

**Championship of Southern Federal District kickboxing ended in Astrakhan.**

About 500 athletes came from across the South of Russia to show their skills.



In Ufa ended the Championship of the Volga Federal District in K1 disciplines and full contact, held from February 10 to February 13, 2021.

The competition was attended by 406 athletes from 11 regions of the Volga district. Finalists of the tournament got into the PFO team and will represent the district at the Championships and Championships of Russia.

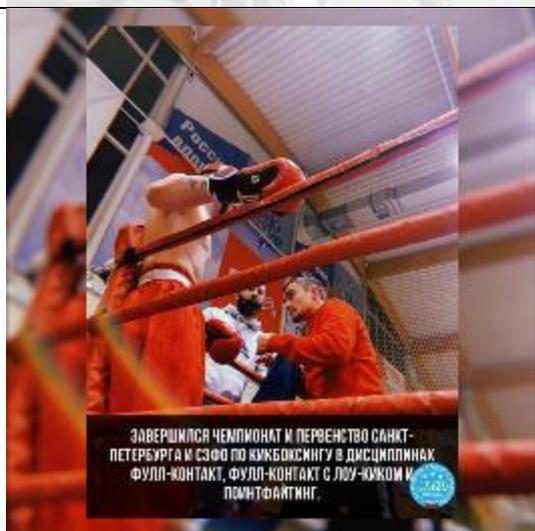


13 ФЕВРАЛЯ 10:00  
**ЗАРЯДКА ЧЕМПИОНОВ**  
центральная площадь

**АЛЕКСАНДР ЗАХАРОВ**  
МЕДИЦИНСКИЙ ИНСТРУКТОР СФСО И РОССИИ  
ДИРЕКТОР СЛУЖБЫ ЧЕЛОВЕЧЕСКИХ РЕСУРСОВ И  
ПОВЫШЕНИЯ КАЧЕСТВА РАБОТЫ И МОТИВАЦИИ  
СЛУЖБОВЦЕВ

**ДАКЕЕВА ЕЛЕНА**  
ПЕРВЕНСТВО СВЕРДЛОВСКОЙ ОБЛАСТИ ПО КИКБОКСИНГУ  
В ДИСЦИПЛИНАХ ПОЛНОКОНТАКТНОГО И ПОИНТФАЙТИНГА

13—14.02  
**KICK BOXING**  
ЧЕМПИОНАТ И ПЕРВЕНСТВО СВЕРДЛОВСКОЙ ОБЛАСТИ K1



The Championship of St. Petersburg and SZFO kickboxing in full contact, low-kick and pont fighting has ended.



СПОРТ ПРОТИВ НАРКОТИКОВ И ИНТЕРНЕТ-ЗАВИСИМОСТИ  
**ЧЕМПИОНАТ И ПЕРВЕНСТВО УЛЬЯНОВСКОЙ ОБЛАСТИ ПО КИКБОКСИНГУ**  
26-27 февраля 2021г.  
УСК «Новое поколение»  
26.02. 15-00 ОТКРЫТИЕ СОРЕВНОВАНИЙ  
27.02. 10-00 ФИНАЛЬНЫЕ ПОЕДИНКИ  
- ЛОУ - КИК - ЛАЙТ - КОНТАКТ - ПОИНТФАЙТИНГ -

kickboxingfederation73  
kickboxingfederation73



February 26-27 in Ulyanovsk will host the Championship of the Ulyanovo region in kickboxing sections in full contact with low-kick, light-contact and pontfighting.

Гатчина МБУ Гатчинский городской спортивный центр «Маяк», ул. Чехова, 10

**27 28**  
**ФЕВРАЛЯ 2021**

К ДНЮ ЗАЩИТНИКА ОТЕЧЕСТВА  
ЧЕМПИОНАТ И ПЕРВЕНСТВО ЛЕНИНГРАДСКОЙ ОБЛАСТИ ПО  
**КИКБОКСИНГУ**

В ДИСЦИПЛИНАХ: ЛАЙТ-КОНТАКТ, ФУЛЛ-КОНТАКТ, ФУЛЛ-КОНТАКТ С ЛОУ-КИКОМ

**Russia**

**XXIV ТУРНИР**  
**«КУБОК ГУБЕРНАТОРА ЧЕЛЯБИНСКОЙ ОБЛАСТИ»**  
**ЧЕМПИОНАТ И ПЕРВЕНСТВО УрФО**  
**ПО КИКБОКСИНГУ**

**3-6 МАРТА 2021 г.**  
ЛЕГКОАТЛЕТИЧЕСКИЙ КОМПЛЕКС ИМ. ЕЛЕНЫ ЕЛЕСИНОЙ

**ЧЕМПИОНАТ И ПЕРВЕНСТВО**  
**СЕВЕРО-ЗАПАДНОГО ФЕДЕРАЛЬНОГО ОКРУГА ПО**  
**КИКБОКСИНГУ**

ОРГАНИЗАТОРЫ  
ТУРНИРА

27-28 февраля 2021 г. начало: в 11-00

**КИКБОКС АРЕНА**  
г. Калининград, ул. Аллея Смелых, 207

СПОНСОРЫ ТУРНИРА

г. Белгород  
**25-28.02.2021**

онлайн-трансляция [center\\_kickboxing](#)

**ЧЕМПИОНАТ И ПЕРВЕНСТВО**  
Центрального федерального округа России  
**ПО**  
**КИКБОКСИНГУ**  
ФУЛЛ-КОНТАКТ

место проведения:  
**Учебно-спортивный комплекс**  
**С. Хоркиной НИУ БелГУ**

**СУПЕРБОЙ**

Шамиль Гаджимусав  
Влад Власкин  
начало 28.02.2021 в 14,00

26.02.2021 17:00-18:00 начало в 13:30  
27.02.2021 18:00-19:00 начало в 13:30  
28.02.2021 19:00-20:00 начало в 13:30



The Southern Federal District Championship in kickboxing and the New Generation Kickboxing Festival will be held in the city. Simferopol March 11-14, 2021.

Championship of the Southern Federal District of Discipline:  
Low-kick, Light contact, Point fighting, Forms.

Festival New Generation in discipline:  
K1, Low-kick, Full contact, Light contact and Point fighting



February 25 to 28 in the city Belgorod hosted the Championship of the Central Federal District of Russia in kickboxing in the discipline full contact "

Almost 400 athletes from 17 regions of the Central Federal District participated in the tournament.

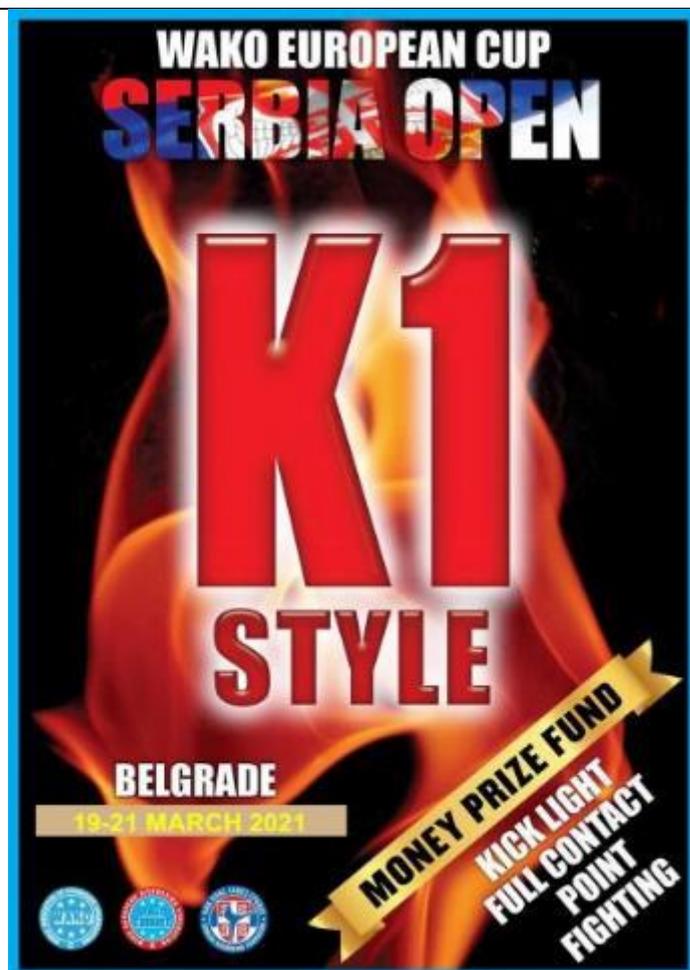
High level of athletes: MS, MSMK, World Champions, Europe and Russia.

The tournament was organized at a high level. The award material exceeded all expectations: exclusive medals, ribbons, diplomas within the framework of the championship belts, money certificates, the winners and finalists of the competition received, memorable T-shirts, boxing gloves.

Well, and, of course, the decoration of the Chip was a spectacular battle for the title of the CFO champion among professionals in the discipline low-kick between Shamil Gadzhimusaev and Vladislav Vlasenko.

A large number of honourable guests, among which were named athletes, federations leaders, regional administration representatives, operating officers of special units and Hero of Russia.





### European kick boxing cup "Serbia OPEN" in Belgrade

Kickboxing Federation of Serbia is the organizer of the European kick boxing cup "Serbia Open", where clubs members of the Kickboxing Federation of Serbia are applying for participation, as well as kickboxing clubs or national teams from Europe.

The tournament will be held from March 19-21. in Belgrade, in the Athletic Hall on Banjica.

The "Serbia Open" Cup is the first competition to be played according to the calendar of WAKO and WAKO Europe, after a long break due to the coronavirus pandemic.

Regarding the organization of the competition during the declared pandemic, the Kickboxing Federation of Serbia will act, organized by this event, as before, according to the Regulations on organization and participation in the competitions of KBSS in emergency circumstances caused by the SARS-COV-2 virus epidemic, which it is in effect, as well as recommendations of the Serbian Government and Crisis Headquarters.



## Spain

**Ana Isabel Sordio** in the presentation Group Women and Federation of ADESP (The Spanish Sports Association).

Marking the Group's work lines, strategy and goals.



February 21

Fantastic international referee seminar taught by Marlon Rios.



February 21

EDUCATION WAKO WEBINAR:

Daniel Lopez our Director of Training, Fran Barril and Rebeca Morales participated in this webinar taught by world-class sports experts, within the series of online courses on COMBAT SPORTS organized with the aim of improving the level of Coachs from Kickboxing



## Switzerland

**Training and competitions allowed for up to 20 years old from March 1.**

The Federal Council has decided for the sport more relaxed than it was initially planned. This acknowledges the important role of sports activity and the club life for society at this time. These are the innovations for sports, valid from March 1.:

- All outdoor sports facilities are open again.
- Children, teens and young adults up to the age of 2001 can exercise WITHOUT restrictions.
- Sporty competitions for children and young people are allowed again (up to the year 2001), but without an audience.
- Adult athletes can train together outside in groups of up to 15 people, while respecting the protective measures and without physical contact.
- Club events are not allowed.

The easing steps that are now coming are also to be understood as a sign of trust and as a thanks for the disciplined behavior of the athletes and the clubs / sports schools in the last few months. Furthermore, care and discipline are necessary in compliance with the protective measures, only in this way can further relax.

The next opening step will take place on 22. March (decision of the Federal Council on 19. March). Among other things, it's about sports events with an audience in limited frame and indoor sports.

## Turkey



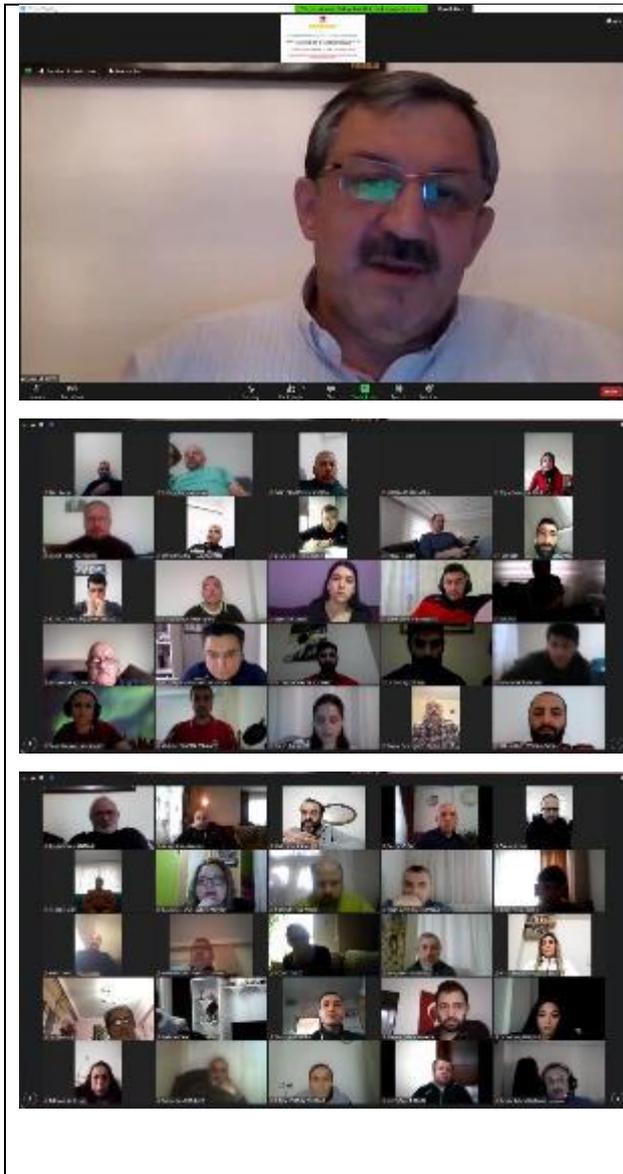
**Türkiye Kick Boks Federasyonu**  
Teknolojik yeniliklerle  
*Kick Boks severlerin yanında*

Mobil uygulamamızı App Store ve Google Play platformlarından indirebilirsiniz.  
kickboks.gov.tr

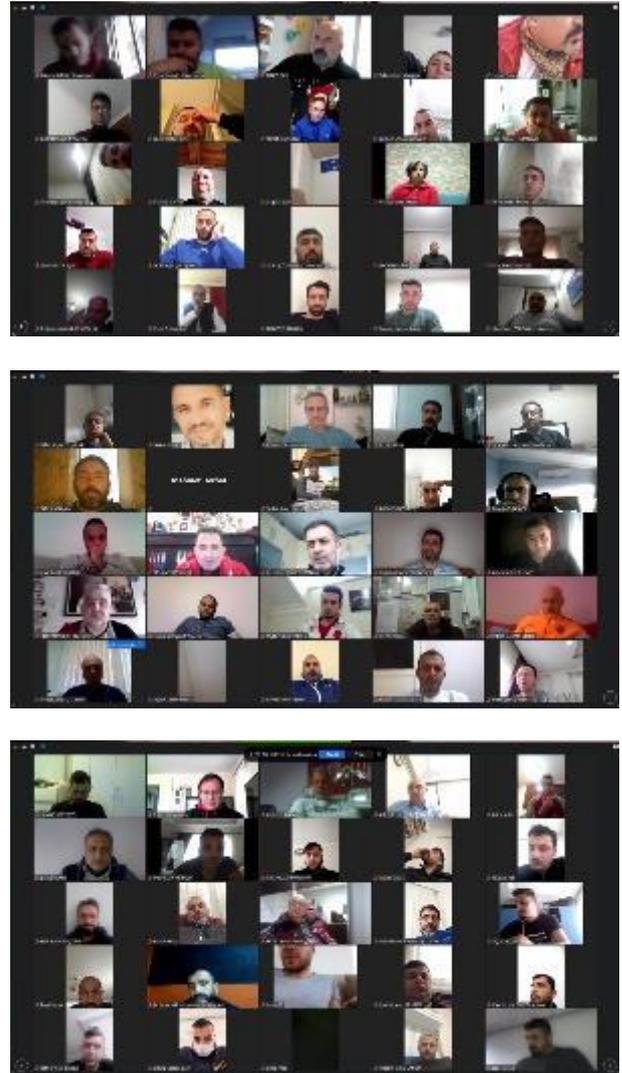
Download on the **App Store** | **Google play**

Turkish Kickboxing Federation added another new one to the technological innovations. "Turkish Kickboxing Federation Mobile App" is on air!

Members can search Federation's Mobile App from the App Store and Google Play as "Turkey Kick Boxing Federation" and install it on mobile devices.



On-line meeting on Turkish Kick Boxing Federation's 2021 Year Activities has ended.



Kick Boxing 3. st Level Senior  
Trainer Course March 21-28,  
2021-ANKARA



**DUYURU**



3. KADEME KİCKBOKS  
ANTRENÖR KURSU  
21-28 MART 2021 - ANKARA

Kick Boxing 4. st Level Head  
Coach Course March 20-29,  
2021-ANKARA



**DUYURU**



4. KADEME  
BAŞ ANTRENÖR KURSU  
20-29 MART 2021 - ANKARA

Kick Boxing 5. st Level  
Technical Director Course  
March 20-29, 2021-OSMAN



**DUYURU**



5. KADEME  
TEKNİK DİREKTÖR KURSU  
20-29 MART 2021 - ORMANCIYE

# 6. ULUSLARARASI TÜRKİYE AÇIK KICK BOKS AVRUPA KUPASI



**08-11 Nisan 2021 TÜRKİYE**  
Daima Hotel Kemer - Antalya

K1 Style • Low Kick • Full Contact  
Kick Light • Light Contact • Point Fighting  
Takım Müsabakaları • Formlar  
Grand Champion Open • Best Fighters  
Gençler, Büyükler, Veteranlar

**Online Kayıt**  
[www.sportdata.org](http://www.sportdata.org)

[twitter.com/turkish\\_open](https://twitter.com/turkish_open) [instagram.com/turkishopenkickboxing](https://www.instagram.com/turkishopenkickboxing) [facebook.com/turkishopenkickboxing](https://www.facebook.com/turkishopenkickboxing)



February 6 and 7

In Yuzhny held the Championship of Odessa region in kickboxing WAKO (Tatami)

In disciplines point fighting, light contact, kick light, musical forms





On February 14, 2021, the Open Championship of Uzhgorod was held in the Ippon Sports Complex among young men and juniors.

According to the conclusions of the competition, the national team of the region will be formed to participate in the Championship of Ukraine. Athletes of clubs, sports schools of Uzhgorod, Khustsky, Vinogradovsky, Rakhiv, Perechynsky, Mizhgirsky, Tyachiv districts take part.



In Rivne kickboxing federation WAKO with support Sports Committee of Ukraine and WAKO National Federation on February 6, 2021 held an international seminar on the rules of ring disciplines .

Colleagues from the Baltics and other parts of the world joined



WAKO judges are participating in the promotion of the Rivne Academy of kickboxing judges. We pass on valuable experience and strengthen skills in the process of combat practices or competitions. This is one of the most effective formulas for the development of the judge's corps noted the Chairman of the Rivne Federation Roman Krol

Khmelnytsky region focuses on the upcoming national championship among schoolchildren and students. To do this, February 13 and 14 will hold a regional championship among these categories to determine the strongest in full contact, K1, low kick.

Tournament: Khmelnytsky, Khmelnytsky regional center of physical education of student youth.

Due to epidemiological measures, spectators are not invited.



February 26-28, 2021 in the city Brovary held the All-Ukrainian tournament and the Open Championship of Kiev region in kick boxing WAKO.

More than 1000 athletes from all regions of Ukraine took part in the competition.



Despite the difficult sports year 2020, Ukrainian kickboxers managed to show themselves in the international arena, and therefore collect honors and credits at home. So, for example, Ivano-Frankivsk City Council awarded three kickboxers for the achievements of 2020:

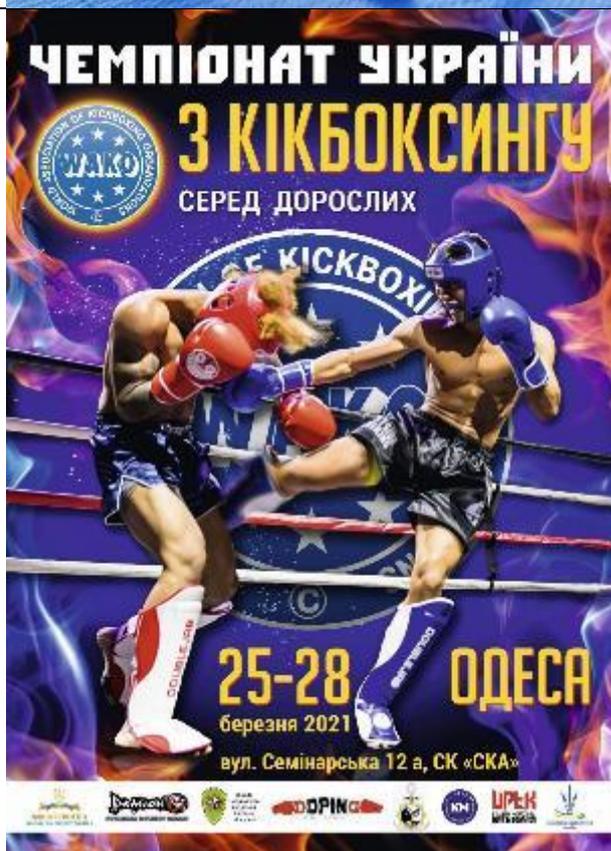
"The best athletes of Ivano-Frankivsk following the results of the performances of 2020, in particular for the victory at the WACO kickboxing Cup in Italy, became **Vitaly Solovey, Danilo Demchyshyn, Ilya Ivanyuk**, as well as their coaches **Oleg Solovey, Catherine Solovey**, reported Head of the local NFCU Oleg Solovey.

## Ukraine



On February 27-28, Pokrovsk hosted the championship of Donetsk region in kickboxing of WAKO among juniors 2003-2004 years of birth and adults, as well as the championship of the regional school of kickboxing among children, youth and juniors of 2005-2014 years of birthday.

The competition gathered athletes from 17 cities of Donetsk region: Avdiivki, Bakhmut, Belozersky, Volnovakha, Dobropillia, Konstantinovki, Kramatorsk, Kurakhovogo, Estuary, Mariupol, Mirnograd, Novogrodovki, Pokrovsk, Rodinsky, Slavic, Toretska.



March 25-28, Championship of Ukraine in adults and Kimmeria in children and juniors.

A national team is being formed, a plan is being prepared.

# WAKO PAN AMERICA

## ACTIVITES FEB 2021





**WAKO PANAM EXTRAORDINARY GENERAL ASSEMBLY 2021.**

With great success, last Saturday February 20th through a virtual platform, the Extraordinary General Assembly of WAKO PANAM 2021 took place with the participation of 22 countries of the American Continent.

In addition, we have the pleasant presence of WAKO IF President Mr. **Roy Baker**. Charting the right path to the potential growth of our athletes, coaches, judges, associations and of course our federations, committed to the development of our sport worldwide, continental and national levels; several points of interest were dealt with about the events of International size that the Pan American Confederation will have:

- South American Kickboxing Championship. Headquarters: Brazil.
- North American, Central American and Caribbean Kickboxing Championships. Headquarters: Cancun, Mexico.
- Kickboxing World Congress. Headquarters: Cancun, Mexico.

All WAKO countries of the American Continent showed great enthusiasm and interest in these major events that in turn represent a medium-term goal for our National Teams. As WAKO PANAM members, it's important to continue together to work together despite adversity to get ahead, proving that the Pan American Confederacy of Kickboxing is stronger and more united than ever.



**ASAMBLEA GENERAL EXTRAORDINARIA WAKO PANAM 2021.**





### **Kickboxing athletes are one of the highlights at the inauguration of the National Track & Field Training Center with the President Bolsonaro**

Cascavel, a city in western Paraná, received on Thursday, February 4th, the president of Brazil, Jair Bolsonaro, the governor of the State of Paraná, Ratinho Junior, the Minister of Citizenship, ministry in which the sport is allocated, Onyx Lorenzoni, and other authorities, for the inauguration of the National Track & Field Training Center.

The place, which has 86 thousand square meters, includes an official track & Field track, several training rooms, lodging, medical and physiotherapeutic assistance, cafeteria and the most important, will have a Martial Arts Gym in the near future.

The event, broadcasted through the official media all over Brazil, was attended by several athletes and Kickboxing was highlighted with sisters and athletes, Laura Camargo and the multi-champion Vitória Camargo, three-time champion of Paraná, Brazilian champion and Pan-American Vice-champion, who handed the President of the Republic, Jair Bolsonaro, a jersey of the Brazilian team of the Brazilian Kickboxing Confederation, divulging the modality and the Brazil Kickboxing Program.

Minister Onyx Lorenzoni, the governor of the State of Paraná, Ratinho Junior, and Congressman Eduardo Bolsonaro, son of the President of the Republic, also received the jerset alluding to the Brazil Kickboxing Program.

Our young athletes, Laura and Vitória, represented not only Kickboxing, but also Brazilian children in general, the future of our nation.

The highlight of Kickboxing in an event with the presence of the major authorities of the country and the state was also possible due to the nature of the work of the Regional Chief of Sports of the Government of Paraná, Jeferson Lázaro, who is the president of the National Media Commission of CBKB, and assisted in the front line at the ceremonies of the municipality of Cascavel, the Government of the State of Paraná and the Presidency of the Republic.

In his speech, Governor Ratinho Junior highlighted that in addition to national and international track & field competitions, the venue will serve as base training in various modalities and will host other related activities.

Kickboxing is already planning its first training event: the International Technical Seminar, which will also include the Referees Course, Black Belt and Dans Graduation Exams and laboratory exams with all participants, with the presence of WAKO IF president, Roy Baker.

CBKB, together with the State Police Station of Paraná, expects to receive participants from all regions of Brazil and several countries on the continent, planning to execute the event between September and October, but the official dates will be confirmed soon.



**National Research Committee.**

The National Research Committee (CNPK in portuguese) is a new instance linked to the Brazilian Kickboxing Confederation (CBKB), the highest authority of the sport in the country. The Committee's institutional objective is to structure and develop an area of studies and research on Kickboxing, starting by gathering and disseminating scientific and academic production on the subject in Brazil. The CNPK is the

interface of CBKB with universities, research centers and national and international development agencies. By formulating a plan of scientific actions, the CNPK aims to assist CBKB in the integration among its affiliates and in the excellence of performance in our sport. Its members were appointed by President Paulo Zorello in January 2021 and have remarkable education and experience in both academic and Kickboxing practice.

- President:** Carlos Fett, 3rd Dan Black Belt.
- Member:** Aldrin Silva Vieira, 2nd Dan Black Belt
- Member:** Tiaraju Orsi, Brown Belt.
- Member:** Marcelo Coutinho, 2nd DAN Black Belt



Brazilian Kickboxing Confederation published the new official protocol for the Exams from Coloured to Brown Band and we would like everyone to adopt it from February 1st, 2021.

I take the opportunity to request information about the dates and places of your exams so that we can give the due knowledge to CBKB and include them in the National Colour Examination Calendar, always remembering that, according to the Confederation's Statutes, the realization and exams of coloured bands up to brown graduation, are the exclusive responsibility of Professor Black Belt, duly affiliated and up to date with his statutory obligations, who will perform it.

Finally, we inform that the inspection of the exams for coloured bands is the responsibility of the State Police.

[Download the document here](#)



**Amapá police station conducted a large official examination of colored belts**

A date that will go down in history for the north of Macapá in Amapá. Through the State Kickboxing Police Station affiliated to CBKB officially represented in the state by Delegate Willen Castilho, who, despite the current scenario, managed to promote this historic event, a graduation exam, which took place on the 29th and 30th of January 2021. This being the largest held in the state so far.

A total of 112 students were evaluated for graduation from coloured to brown belt and it is worth mentioning that all safety standards were met to avoid contagion by the new corona virus.

The exam was a source of pride for everyone involved and for the Brazilian Kickboxing Confederation. Special thanks to our affiliated black belt 2nd dan Ricardo Coreano-CE, and also to the state director of Amapá, Rafael Costa for the partnership and support on this sublime day for the region's Kickboxing.



#### NATIONAL ATHLETES COMMISSION - 2021-02-17

The National Commission of Athletes (CNA) is a new body linked to the Brazilian Kickboxing Confederation (CBKB), the highest authority in sport in the country. The main objective of the Commission is to integrate and bring athletes closer to the administrative and competitive aspects governed and regulated by CBKB.

With the purpose of intermediating and passing on access to information at an international, national and regional level in a clear and objective manner, the National Commission of Athletes will encourage proposals through projects that will enhance and encourage the growth, planning and professionalization of athletes working directly alongside the competent bodies at the national level, CBKB, and internationally, WAKO Panam and WAKO IF.

This Commission has Class A athletes at national and international level. The members were appointed by the President of CBKB and Panam, and Vice President of WAKO IF, Paulo Zorello and by the member of the WAKO IF World Athletes Commission and President of the WAKO Panam Athletes Commission, Rafael Spin Araújo in January 2021.

**Chairman:** - Rafael Spin Araújo, WAKO IF 2nd Dan Black Belt.

**Member:** - Valdirene Aparecida Miranda Stanski, Black Belt WAKO IF 1st Dan

**Member:** - Jean Paulo Pires, Black Belt WAKO IF 1st Dan

**Member:** - Fábio Martins Lopes, WAKO IF 1st Dan black belt

**Member:** - Felipe Stievano Micheletti, WAKO IF 1st Dan Black Belt



#### Women's Commission

The National Commission of Women (CNM) is a new commission linked to the Brazilian Kickboxing Confederation (CBKB), the highest authority in sport in the country.

The Commission aims to promote the improvement of kickboxing for women, create regional CMS, promote events and further spread Kickboxing in the universe of women, starting with the CMN appointed by President Paulo ZORELLO through CBKB. Formulate action plans. The members were appointed by President Paulo Zorello in January 2021, and have both academic and practical Kickboxing training and experience.

National Women's Commission is composed of the following members:

**Mariana Franco Nunes de Siqueira**, SP - President

**Thamires Machado de Andrade**, RS - member

**Thalita Gomes Lupeti**, SC - member

**Lívia Regina da Silva**, PE - member

**Talita Karine Kaul**, PR - member

**Juliana Suesco**, PR - member



The Brazilian Kickboxing Championship will be held again in Rio de Janeiro, after 15 years, with sponsorship from ENEL and the State Government (SEELJE)!

Rio de Janeiro will once again host the Brazilian Championship of Kickboxing, a great sporting event of the CBKB (Brazilian Confederation of Kickboxing), which has not taken place in Rio de Janeiro for 15 years. Sponsored by ENEL and the Government of the State of Rio de Janeiro, through the Department of Sports, Leisure and Youth (SEELJE), the championship will open the doors of the State to the best athletes in Brazil and, with the structure of a World Championship, will show its ability to hold big events.

The Brazilian Championship will be held from **03 to 06 June 2021** and, in addition to the innovations, it will bring benefits that will enable the participation of many athletes who never had the opportunity to fight a Brazilian.

Among the innovations are the award that will be a beautiful Belt, the official shirt of the championship that will be given to the champion and the vice-champion of each modality, including the under-17, selected fights that will be broadcast live on partner channels and on the channel official of FKBERJ (Kickboxing Federation of the State of Rio de Janeiro) and the presentation of athletes with Down Syndrome and hearing impairment.

Among the main benefits is the provision of food with lunch and dinner for all participating athletes. The economy with food is of great importance, as it opens the possibility for athletes of social projects to compete in a championship at the national level for the first time.

Working on social inclusion, providing incentives for athletes to participate in the competition and being the gateway for participants to be inserted in major international events, the 30th Brazilian Adult Kickboxing Championship and the 24th Sub 17, the largest and strongest amateur event of Kickboxing from Brazil, will certainly bring together the best fighters in a close contest to define, in each of the modalities, who is the best athlete in Brazil.

We thank ENEL and the Government of the State of Rio de Janeiro, through the Department of Sports, Leisure and Youth (SEELJE), for supporting our sport.



### Virtual Coaching certifying program and Youth forums in WAKO Canada

WAKO Canada continues to be a lead organization with sport in Canada during the COVID pandemic, and is chairing a Committee of all government recognized combat sport organizations. This work allowed WAKO Canada clubs to remain open during gym lockdowns with strictly designated regulations. The combative sport organizations are now developing a 'return to sport' strategy using field tested data and access to pilot sites. The hope is to allow for the return to competition in the near future

WAKO Canada has now held 3 virtual Coaching Clinics to certify over 120 coaches from across the country.

WAKO Canada has also been targeting programs for young athletes and all youth who have been feeling the challenge of lockdowns and restrictions of their normal activities. We have now hosted 3 virtual Youth Forums with key youth discussing their concerns and how they are staying positive. The latest Youth Forum held this past month featured WAKO World K1 Champion –**Farinaz Lari** – who spoke about facing hardship as a Muslim woman involved in combat sport. Her story was an inspiration to the hundreds of young listeners. Farinaz reminded everyone to look for every positive element in a seemingly bleak situation and never give up on your dreams.



## Dominican Republic

### Birth of the new Kickboxing federation in DOMINICAN REPUBLIC.

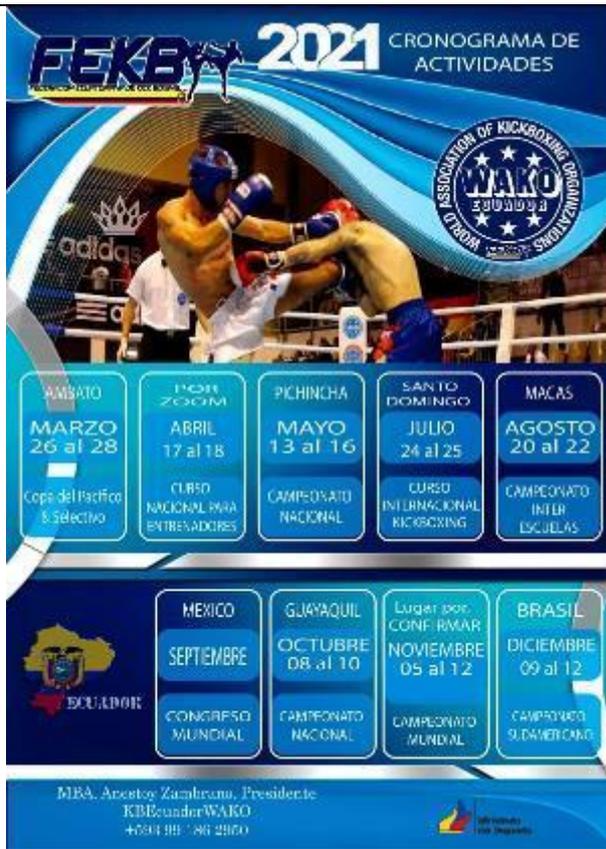
In an event held in the fencing pavilion of the Juan Pablo Duarte Olympic Center in the city of Santo Domingo was celebrated with the participation of 7 duly constituted sports associations (incorporated and with RNC) the constituent assembly of the DOMINICAN FEDERATION OF ASSOCIATIONS OF DOMINICAN KICKBOXING AMATEUR "FEDAKA" which will be the muscle on which WAKO / RD will be even more printed in national sport.

Due to the seriousness and extent of this act, sports minister **Francisco Camacho** sent the martial arts commissioner to be present in his name.

At the end of the activity, the oath of rigor was taken by the martial arts commissioner who gave a few words of encouragement and left the doors of his office for this federation and his leadership.

Other organizations that gave their support: Dominican fencing federation Inc. CDN (Sports News Network) Dominican Confederation of Taekwondo Dominican federation of disabled people among others...





Ecuadorian Kick Boxing Federation (FEKB) and its President **Anestoy Zambrano** has been working since its creation to organize the sport kick boxing and to unify all the clubs and schools in the country.

◀ **Calendar of activities in 2021 FEKB**

During the month of January 2021, the organization counts aligned 70 clubs and schools from 4 regions and a total number of 1443 kick boxers.

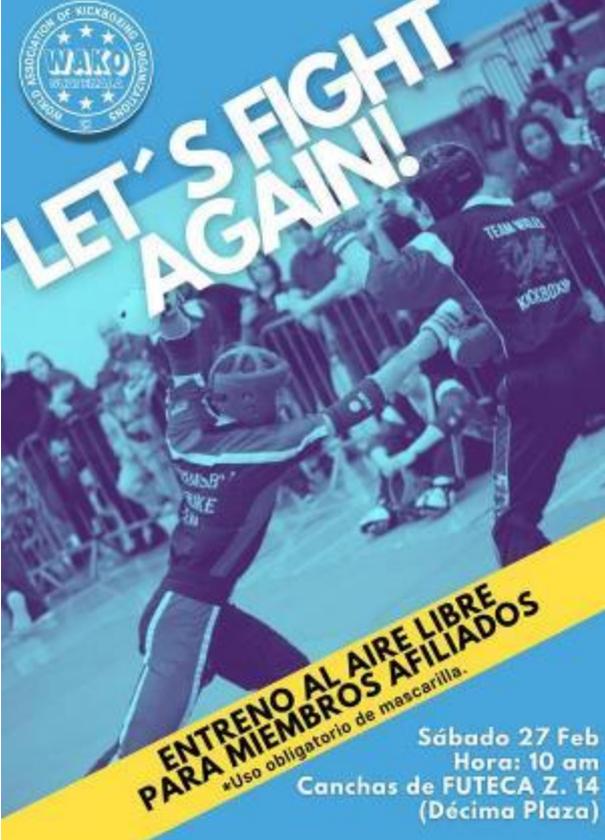
FEKB will hold the first National Championship this year called the Pacific Cup from March 26 to 28, which will serve as a selective for South American and world events.

◀ **National Championship Poster**





# LET'S FIGHT AGAIN!



**ENTRENO AL AIRE LIBRE PARA MIEMBROS AFILIADOS**  
 «Uso obligatorio de mascarilla.»

Sábado 27 Feb  
 Hora: 10 am  
 Canchas de FUTECA Z. 14 (Décima Plaza)

## Guatemala

LET'S FIGHT AGAIN!  
 Time to reactivate ourselves!!!  
 Outdoor Training  
 Saturday 27th Feb 10am  
 Z Futeca courts. 14 (Tenth Square)




**VISIÓN:** Ser una Federación reconocida a nivel Nacional por su profesionalismo, innovación y mejora continua.



**MISIÓN:** Ofrecer proyección deportiva nacional e internacional a los miembros de la Federación; regulando, respaldando, promoviendo y desarrollando el Kickboxing en la República Mexicana.



## Mexico

WAKO Mexico continue with informative, educational and promo flyers



# ¿QUÉ HACEMOS?

- **DIFUNDIR** el Kickboxing en todas sus modalidades, para contribuir al desarrollo positivo de la sociedad.
- **ASESORAR** a todos sus miembros para fortalecer su posición como líderes nacionales en el Kickboxing.
- **DESARROLLAR** servicios específicos para sus miembros, proveerles asistencia, capacitación y soporte.
- **INCREMENTAR** el reconocimiento de WAKO México y FENAKIB a nivel nacional e internacional.
- **REGULAR** Campeonatos Estatales, Regionales, Nacionales, Internacionales, Panamericanos y Mundiales.
- **PROPORCIONAR** asistencia administrativa a sus miembros.
- **PROTEGER** los intereses comunes de sus miembros.
- **CAPACITAR** asociaciones, directivos, entrenadores, atletas, jueces y promotores de nuestro deporte a nivel nacional.





### ACTIVIDAD INSTITUCIONAL

Promover, difundir y desarrollar el Kickboxing en todo el territorio nacional, a través de la actualización, capacitación y certificación de atletas, jueces, entrenadores, directivos y promotores; buscando el óptimo desarrollo de nuestro deporte.

Logos: CONADE, FENAKIB, WAKO, WAKO PRO, and the Mexican Olympic Committee.

### REGIONALIZACIÓN

FENAKIB & WAKO MÉXICO ESTÁN DIVIDIDOS EN 8 REGIONES COMPETITIVAS.

- Región 1:** Baja California, Baja California Sur, Sonora, Sinaloa
- Región 2:** Aguascalientes, Coahuila, Durango, Zacatecas
- Región 3:** Chihuahua, Nuevo León, San Luis Potosí, Tamaulipas
- Región 4:** Colima, Jalisco, Michoacán, Nayarit
- Región 5:** Estado de México, Guerrero, Hidalgo, Querétaro
- Región 6:** Ciudad de México, Guerrero, Morelos, México, Tlaxcala
- Región 7:** Guanajuato, San Luis Potosí, Veracruz, Puebla
- Región 8:** Campeche, Chiapas, Quintana Roo, Tabasco, Yucatán

Logos: CONADE, FENAKIB, WAKO, WAKO PRO, and the Mexican Olympic Committee.

### AFILIACIONES 2021

FEDERACIÓN NACIONAL DE KICKBOXING & WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS, MÉXICO

Si aún no estás afiliado o quieres renovar tu afiliación: ¡NO TE QUEDES FUERA!, ponte en contacto con tu Presidente de Asociación Estatal correspondiente.

[www.wakomexico.com/asociaciones](http://www.wakomexico.com/asociaciones)

Logos: CONADE, FENAKIB, WAKO, WAKO PRO, and the Mexican Olympic Committee.

### RECONOCIMIENTO PARA ESCUELAS AFILIADAS A LA FEDERACIÓN NACIONAL DE KICKBOXING & WAKO MÉXICO 2021

Logos: CONADE, FENAKIB, WAKO, WAKO PRO, and the Mexican Olympic Committee.

### TERRITORIO NACIONAL

PRESENCIA EN 20 ESTADOS DE LA REPÚBLICA MEXICANA

Logos: CONADE, FENAKIB, WAKO, WAKO PRO, and the Mexican Olympic Committee.

### ¿QUÉ HACEMOS?

- DEFINIR el Kickboxing en todos sus modalidades, para contribuir al desarrollo deportivo de la sociedad.
- ACCESORAR a todos sus miembros para fortalecer su posición como líderes nacionales en el Kickboxing.
- DESARROLLAR servicios especiales para sus miembros, proyectos educativos, capacitación y apoyo.
- INCREMENTAR el reconocimiento de WAKO México y FENAKIB a nivel nacional e internacional.
- REPERCUTIR Competidores Locales, Estatales, Regionales, Nacionales, Internacionales, Continentales y Mundiales.
- PROPORCIONAR asistencia administrativa a sus miembros. Crear canales más efectivos entre sus miembros y mejorar sus historias.
- RECOLECTAR, categorizar y difundir información hacia y entre sus miembros respecto a nuestro deporte, Kickboxing.
- CAPACITAR a sus miembros, directivos, entrenadores, atletas, jueces y promotores de Kickboxing a nivel nacional.

Logos: CONADE, FENAKIB, WAKO, WAKO PRO, and the Mexican Olympic Committee.

February 19

Again and with a great teamwork, the National Kick Boxing Federation renews its status as a National Sport Association with the 2021 " Unique Sports Registration " (RUD), being the top technical body of Kick Boxing in the country, now it's up to our State Associations to do the same...  
 - We, is stronger than Me -



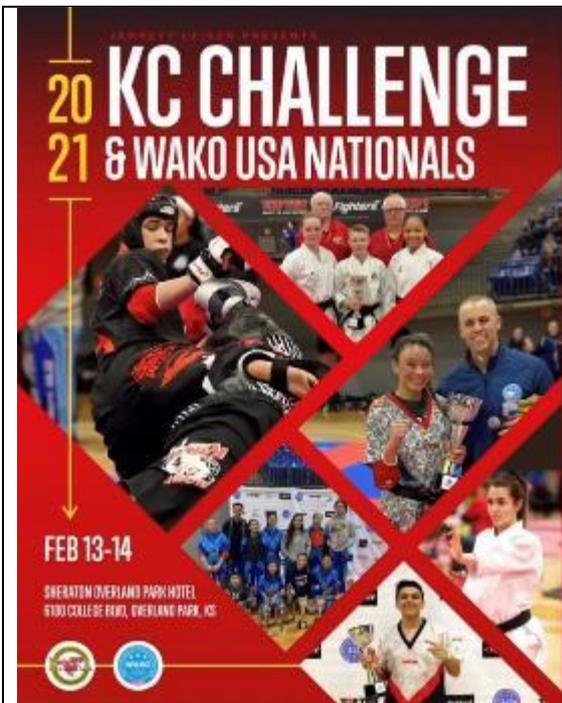
Renewed WAKO Mexico web page

<https://www.wakomexico.com/>



**MASTER CLASS DE KICK BOXING**  
 CON EL MASTER RICARDO MARTÍNEZ Y SUPER MELY MARTÍNEZ

We invite you to the Master Class of Kick Boxing with FENAKIB & WAKO México National Team coach **Ricardo Martínez** and the Undefeated MMA World Champion of Combat Américas and Kick Boxing World Runner-up **Mely Mtz A. "Super Mely"**



## United States of America

It has been almost exactly one year since the last competition took place for tatami sports athletes in the United States. With the outbreak of the global COVID-19 pandemic, almost all activities came to a halt worldwide last March. Since then, it was uncertain when competition would resume and it left athletes eager to know when they would once again have the chance to participate in the sport they love.

Thankfully, after many months of diligent work putting together a strict COVID-19 health and safety protocol, WAKO USA Tatami Sports athletes were able to return to competition on February 13th and 14th in Overland Park, Kansas for 2021 WAKO USA Nationals for tatami sports.

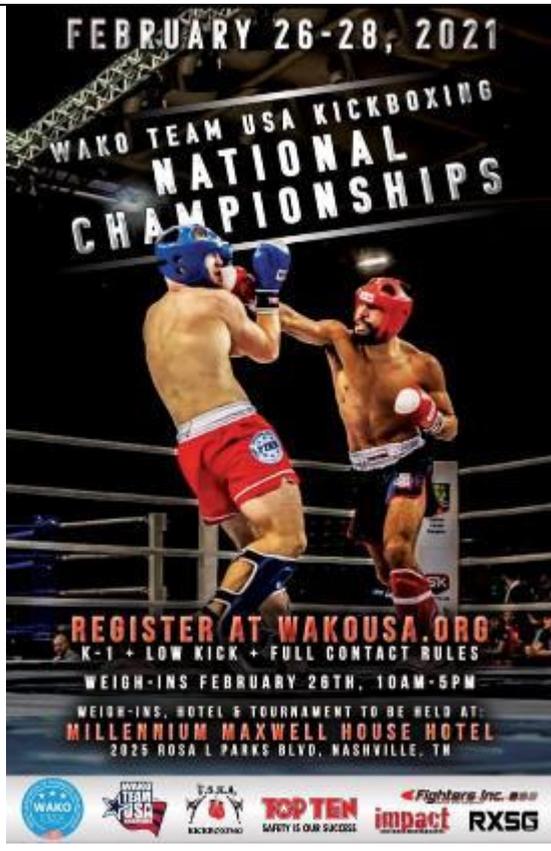


Photo report from National Championships in K1, LK, FC



United States of America



United States of America





# WAKO ASIA

ACTIVITES FEB 2021





### **Asian Kickboxing Confederation (WAKO ASIA) & WAKO (IF) Online Seminar on Tatami Sport Updated New Rules 2021**

On the 23rd January 2021, Asian Kickboxing Confederation with collaboration of WAKO (World Association of Kickboxing Organization) conducted a precise Online Seminar on Tatami Sport Updated New Rules 2021.

The seminar was organized by Mr. Nasser Nassiri, President of Asian Kickboxing Confederation, coordinated by Mr. Brian Beck, the Chairman WAKO Referee Committee Tatami Sports and participation of the Members of WAKO Referee Committee Tatami Sports Mr. Kim Kristoffenson, Mrs. Eleftheria Panagopoulou & Mrs. Gina Engelhardt.

Mr. Roy Baker, President WAKO (IF), marked his presence to grace the seminar, while he addressed the participants with his best wishes and expressed his willingness to continue collaborate for development of Kickboxing sports with Asian Kickboxing Confederation President Mr. Nasser Nassiri.

During the seminar detailed explanation, friendly discussion, question and answers were undergone through PowerPoint presentation, etc. Various points were suggested to be improved in future by Asian Kickboxing Confederation' President Mr. Nasser Nassiri and other active participants of the seminar Mr. Euncheon Jeong, Chairman of Technical Committee and Mr. C. A. Tamboli, Chairman Referee Committee Tatami Sports of Asian Kickboxing Confederation.

Other participants were Members of Referee Committee Tatami Sports, Organizing Committee and Organizing Committee of Asian Kickboxing Confederation - Mr. Ali Ramadan Husain, Mr. Lim Soon Mun, Mr. Dawood Hasimi, Mr. Omarmukhtar Tamboli and Mr. Afshin Ramezani.

Seminar was executed during 3 hours smoothly highlighting all styles of Tatami Sport on Updated New Rules 2021.

The seminar was concluded with vote of thanks by Mr. Euncheon Jeong.

**February Report 2021**

The “Online WAKO India Kickboxing Training / Education Pathway Program “has completed 9 months in a row. The program is an add on in the pandemic like situation to bring the group members together and work for the Country’s benefit. The lessons focused on building, fostering and upgrading not only the seniors but also the new talent across the country. WAKO India has continuously monitored the growth and the confidence level in all the participants since this platform provides equal opportunity to everyone to train the other members of the group also. President, Mr. Santosh K Agrawal has added his remarks for the members of WAKO India who have maintained the interest in the sport and took it to a newer stage. He further added it’s all about building the best team as everyone is unique.

WAKO India has announced their Legal Committee to take charge of breach of Rules & Regulations and to ensure compliance of statute of the Federation. Also, the members came together for a meeting to discuss the current situation in the group.

WAKO India successfully concluded the Executive Board Meeting on 21st February 2021 at the Head Office in Faridabad, Haryana. All the four Executive Board members were present there where they discussed the given agenda and also on how the promotion should take place for redefining of Kickboxing Sport in India.

Team Rajasthan conducted National Referee Seminar which was held in Jhunjhunoo. The Seminar was conducted by the International Referee Ms Seema Saini and WAKO Rajasthan General Secretary Mr. Pushpendra Gurjar. The idea was to extract more potential from a state for the official’s development. The Federation feels proud that members from other states are organizing and taking part in the National events with great enthusiasm.

WAKO India members also attended the session on “Sports psychology for combat sports” by Ace Coach Nollaig O Sullivan organized by WAKO (IF).

February was a great month for WAKO India for uplifting the National goals.





## India

The Annual General Meeting of Rajasthan Amateur Kickboxing Association was successfully concluded on 31st January 2021 at the Mansarovar Jaipur.

The meeting was chaired by Mr. Pushpendra Gurjar, the General Secretary of RAKA. There were 16 district representatives present in the meeting where they discussed about the future goals and also planned for the future development of the Kickboxing Association in Rajasthan State.



February 14 2021

WAKO India Tamilnadu organized a Physical Fitness Assessment Test for Chennai District players.

It was conducted by National Kickboxer Referee and International Fitness Certified Coach Mr. Arun Alex David



## India

February 21 2021

WAKO India successfully concluded the Executive Board Meeting on 21st February 2021 at the Head Office in Faridabad Haryana. All the Executive Board members were present there and discussed about the given agenda and on the promotion & redefining of Kickboxing Sport in India.



February 26

WAKO India Telangana launched the upcoming training camp brochure.

It was done by Mr. **A.Venkateswar Reddy** garu, Sports Authority Chairman, Telangana.

Mr. **K.Jagdishwar Yadav** garu, General Secretary, Telangana Olympic Association.

Sri **Yasavi Malka** garu, Director, Delhi Public School, Nacharam.

**WAKO INDIA NATIONAL REFEREE SEMINAR**  
ORGANIZED BY: ALL UTTAR PRADESH KICKBOXING ASSOCIATION  
AFFILIATED TO: WAKO INDIA KICKBOXING FEDERATION  
WAKO INDIA MEMBER OF: WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS  
WAKO INDIA MEMBER OF: WAKO, IYMA, Full Fly, OCA, FIDO, Sportour, AKO, WADA  
PEACE AND SPORT, TWO Wheels and Sport, AIMS  
WAKO RECOGNIZED BY: INTERNATIONAL OLYMPIC COMMITTEE

**06 - 07 MARCH 2021 IN GORAKHPUR (U.P)**

Conducted By  
**Ms. Seema Saini**  
National Referee

It was a successful first day of National Referee Seminar 2021 held in Jhunjhunoo, Rajasthan.

The Seminar was conducted by the International Referee Ms Seema Saini and WAKO Rajasthan General Secretary Mr. **Pushendra Gurjar**.

WAKO India is proud that people from other states are organizing and taking part in the National events with great enthusiasm.





February 27

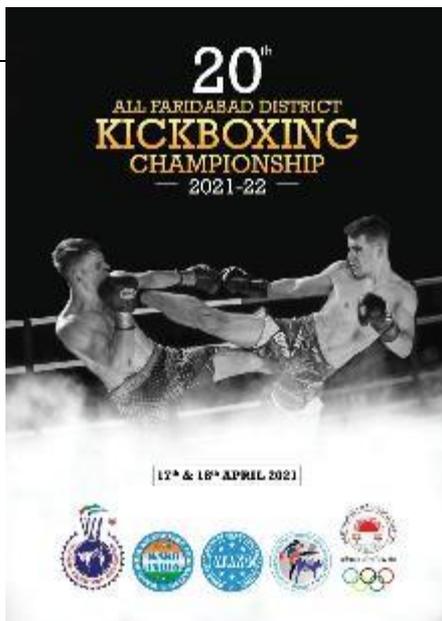
WAKO India announced the **Legal Committee** today to take charge of breach of Rules & Regulations and to ensure compliance of Statute of WAKO India.

Also, the members of the committee had a meeting to discuss about the current situation in WAKO India.



February 28

WAKO India Punjab organized Mansa district championship 2021.



20th All Faridabad District Kickboxing Championship – 2021-22 will be held 17 & 18 April 2021.



Re-start of Kickboxing activities by WAKO Iran  
On 19 February 2021, WAKO Iran Kickboxing Association (WAKO IRAN), took the initiative to restart some of its activities with restricted rules and medical protocols defined by national health authorities to fight coronavirus pandemic.

After various internal discussions, the necessary authorization was obtained from the health authorities and national unite of fight against coronavirus pandemic by WAKO Iran for province of Kerman to hold the first referee seminar in ring styles of Kickboxing (Full contact, Low Kick and K1 Rules).

The seminar was encouraged and supported by Mr. Nasser Nassiri, the President of Asian Kickboxing Confederation (WAKO ASIA) and President of WAKO Iran Kickboxing Association (WAKO IRAN) in view of implementation of revision of the rules and regulations of WAKO starting 01/01/2021.

The seminar has been conducted in two sessions (morning and afternoon) with participation of approximately 150 of the referee/judges, coaches and elite athletes.

Because of the restrictions due to the coronavirus and specific rules related to physical distancing the numbers of participants was limited.

Each participant entering to the venue was subject to wearing the mask and disinfection of hands and materials and only after having confirmation of being free of fever could be authorized to enter to the venue.

All hard surfaces were disinfected prior to starting the session.

In addition the protocols provided recently by Asian Kickboxing Confederation for re-start activities were used.

During the seminar the revised rules were discussed and explained by Mr. Abbas Giahi, the Chairman of Referee Committee for Ring Sport of WAKO Iran and members of Ring Committee of Asian Kickboxing Confederation.

Mr. Nassiri, thanks Mr. Rassoolgoli the President of Committee of WAKO IRAN in province of Kerman for his continued effort developing sport of Kickboxing in his province and neighboring provinces.

## Iraq



Adhering to the Covid-19 restrictions applicable in each country as defined by the local governments and health services, Iraqi kickboxing organization have held its championships.

The General Qassim Al Wasity , the President of Iraq kickboxing federation, opened the championships in Sulaymaniyah University Sulaymaniyah. The championships was held from 17-19 February , and was the testing event to choose the national team. Many champions from all Iraq parts participated , they have competed in Point fighting , K1 , Full contact , Light contact , Kick light.

At the Championships were present the members of Iraq congress and Dr Dyar, many officials from the Faculty of sports.



The Iraqi kickboxing federation held General Assembly

The General Assembly was held on 21 February , General Qassim Al Wasity, President of Iraqi kickboxing federation was chairing the meeting where was present Dr Basel Alshaer , President Arab Kickboxing Federation and WAKO Board member.



This meeting discuss the changes on Iraq status for kickboxing , because the federations law in Iraq changed and all sport federation must change the Statutes. The General Assembly agree all changes and decided to send it to WAKO IF to approve and ratify it as required by the WAKO IF Statutes.



## Kazakhstan

Kickboxing-in Pavlodar!  
On February 4-6, a national kickboxing tournament among youth of 2003-2004 was held in the city of Pavlodar.

The tournament was held in disciplines full contact and K1.

This was the first national tournament of this year.



## Kazakhstan

From February 24 to 27, the XXI National tournament "Cup of Northern Kazakhstan" in kickboxing among women and men was held.

Competition rules are conducted according to WAKO rules in full contact, K-1, and low-kick (round 3 for 2 minutes).



Palestine Olympic Committee  
Palestine

اللجنة الأولمبية الفلسطينية  
فلسطين

٢٠٢١/٢/٢٧

كشف أسماء المرشحين لعضوية المكتب التنفيذي للجنة الأولمبية  
اعلن اللجنة العليا للحكومة والائتمانيات أسماء اصحاب بطاقات الترشيح لمرئاسه ونواب وعضوية مجلس ادارة اللجنة الاولمبية الفلسطينية والتي تم استلامها رسميا ووفق النظام خلال المدة من ١٨-٢٠٢١/٢/٢٠ م. وتم على النحو التالي:

الاسم	صفة الترشيح
النواب ميريل المرجوب	رئيسة عن الوطن والشباب
د.ياسعد يوسف الجوداوي	نائب للرئيس للمحافظات الجنوبية
المهندس حنين شوالي شعك	نائب للرئيس عن الشباب
المرشحين عن المحافظات الشمالية	
المهندس معاصرة فهد الفواصة	عضو/ محافظات الجنوب
السيد عبد التوحيد محمد منجم	عضو/ محافظات الوسط
المهندس يشار فائق المصري	عضو/ محافظات الشمال
المهندس رامي حسام ناصر الدين	عضو/ عن القدس
د. بصري احمد سلوموي	ممثل التربية والتعليم/الاتحاد المدرسي
المرشحين عن الشتات	
الاستاذ لسان محمد عبدالقهي	عضو/ الشتات
د. نزار عبد الرحمن الشيخ طالب	عضو/ الشتات
المرشحين عن المحافظات الجنوبية/ قطاع غزة	
السيد عبد السلام اسماعيل عنية	عضو
د. خالد سعد الوائلي	عضو
السيد جميل خميس السعدوني	عضو
المرشحات عن عضوية المرأة	
جورجيت عيسى لوصي	عضو/ المحافظات الشمالية
امالي موسى العولة	عضو/ الشتات
ملي عدنان العلابي	عضو/ المحافظات الجنوبية

ر.م. ل.ه. - فلسطين - ٢٠٢١

## Palestine

Mr. Nizar Taleb will go for Palestine NOC Board Elections.

That's the short listed of the accepted candidates.

Elections will take place on 13th March. 2021. And results will be declared same day.





**CERTIFICATE OF PARTICIPATION**

Valencia Yip

Thank you for participating in and completing the six week learning sprint from 2 November to 11 December 2020, the preliminary online course which is mandatory for anyone wanting to apply to become an IOC Young Leader.

Kathryn Elio  
Olympic Canal Promotions, Senior Project Manager  
International Olympic Committee

Yuen Mee Yee  
Co-Founder  
Tuen Kwan Tai Club

**Completion of 6-week IOC Young Leader Course – 16 Feb 2021**

Secretary of Kickboxing Federation of Singapore, Miss. Valencia Yip completed this year's edition of IOC Young Leaders Six Weeks Learning Sprint to learn more from IOC and to better contribute to the development of #kickboxing in Singapore.

The knowledge learned will also put Miss. Valencia Yip as well as Kickboxing Federation of Singapore in a stronger position to contribute to the plans of WAKO Kickboxing and to support Kickboxing Federation of Singapore President Mr. Jason Lim in his position in WAKO IF Development Committee.

Kickboxing Federation of Singapore proudly represents Singapore on the international stage of the sport of Kickboxing.

Taking it higher!

Hear what Secretary of Kickboxing Federation of Singapore,

Miss. Valencia Yip has to say:

"It was an amazing journey with IOC Young Leaders Six Weeks Learning Sprint which led me to eventually apply for the IOC Young Leader application. Though I was shortlisted in the top 80 but didn't make it into the top 25 list, this journey has taught me a lot about SDGs and has propelled even further my passion on my social business project. It has given me more understanding of the 17 SDGs and those I want to focus on. To learn from many others was a humbling experience. I look forward to what the future holds with my social business project"



**Legal Committee Meeting – 25 Feb 2021**

KFS conducted a legal committee meeting to prepare the activities and policies for the year 2021 and beyond.

Matters discussed include the following:

1. Discussing the current state of affairs at the National Level according to all governmental guidelines.
2. Ensuring Kickboxing Federation of Singapore accedes to all existing government measures and guidelines for the development of Kickboxing in Singapore.
3. Ensuring good and proper governance and policies with full transparency.
4. Ensuring all stakeholders are protected legally. All members, athletes, coaches, club owners, officials will be legally protected.



**Introduction to Kickboxing to Schools – Feb 2021**

Kickboxing Federation of Singapore continues its work promoting Kickboxing in Singapore. All safety measures were strictly observed as per Singapore Government's Advisory.

Bringing the exciting sport of Kickboxing to the community once again. This initiative was initiated and led by the Mr. Jason Lim, Mr. Joel Lye, and Miss. Valencia Yip



## Singapore

### WAKO IF Development Committee Meeting – 17 Feb 2021

Kickboxing Federation of Singapore is privileged to be represented by President, Mr Jason Lim and Secretary, Miss Valencia Yip during the WAKO IF Development Committee Meeting.

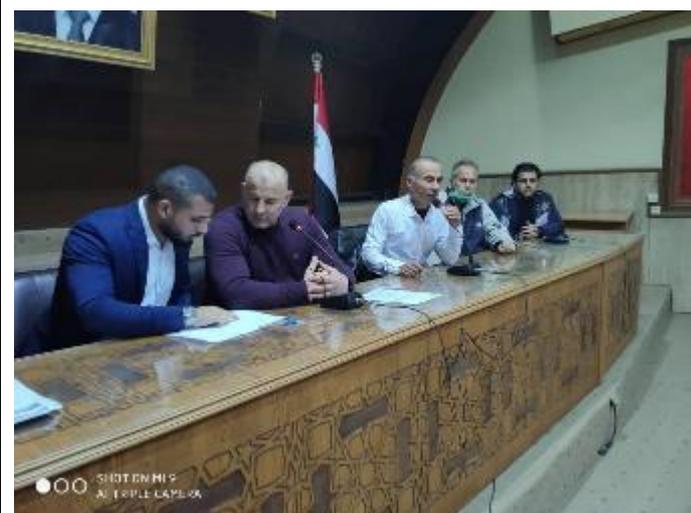
We were impressed by the topics discussed and the plans and ideas contributed by members to spur the development of Kickboxing globally.

We are indeed thankful to the Committee Chairman and 1<sup>st</sup> Vice President, Mr Espen Lund for the opportunity to join hands with WAKO to contribute towards the development of the sport globally.



## Syria

A meeting of the referees and coaches for the Syrian kickboxing sport was held in the presence of the President of the Arab Federation, a member of the International Federation: Dr. Basel Al-Shaer, and the President of the Syrian Kickboxing Federation, Mr. Muhammad Khreis, with the active participation of the trainers and referees who attended the meeting, about 160 coaches and referees, and the meeting was moderated by the Referees Committee. The Syrian coaches for kickboxing and the most important topics of the meeting: revitalizing the referees and coaches in various courses to be organized soon, as well as organizing local tournaments and courses to select the players of the national teams, preparing for external participations, as well as preparing to organize the Arab Open Championship, which is expected to be held in Syria next May.



The attendees thanked WAKO, its president Mr. Roy Baker, his deputy Mr. Espen Lund, and Mr. Romeo, for their efforts in developing kickboxing around the world.



## Anti-doping seminar for coaches in Tajikistan

On January 31st the National Taekwon-do and Kickboxing Federation in the Republic of Tajikistan initiated WADA Rules learning seminar for the coaches of the Federation.

All participants were provided with a registration assistance on WADA ADeL educational platform. Also, all participants were recommended and encouraged to learn through this platform by the end of February.



On February 14, the relay "FUN STARTS" took place, it was attended by 4 teams from students of 1 classes of RTSU and their parents. The guys competed in agility and fastness. Competitions have become a real holiday of sports, health and joy!

The result is:

1. place - PARENTS
2. place - PIRATES
3. place - COMET
3. place - SAILS



## Tajikistan

On February 20-21, "FUN STARTS" was held at the Taekwon-Do and kickboxing Center for students from Grades 1 to 6 in CHOY "Omina"

All sports competitions were fun and unforgettable. For two days, the guys fought various obstacles. As a result, all the trials were successfully completed



TASHKENT, REPUBLIC OF UZBEKISTAN **MAY 21-26, 2021**

**INTERNATIONAL KICKBOXING TOURNAMENT UZBEKISTAN OPEN 2021**

**KICKBOXING - WAKO**  
KICK-LIGHT | LIGHT-CONTACT | FULL-CONTACT | LOW-KICK | K-1

**SPORTS COMPLEX «UZBEKISTAN»**

## Uzbekistan

**Disciplines:**  
Kick-Light,  
Light-contact,  
Full-contact,  
Low-kick

**Rules:**  
WAKO rules.

May 21-26, 2021

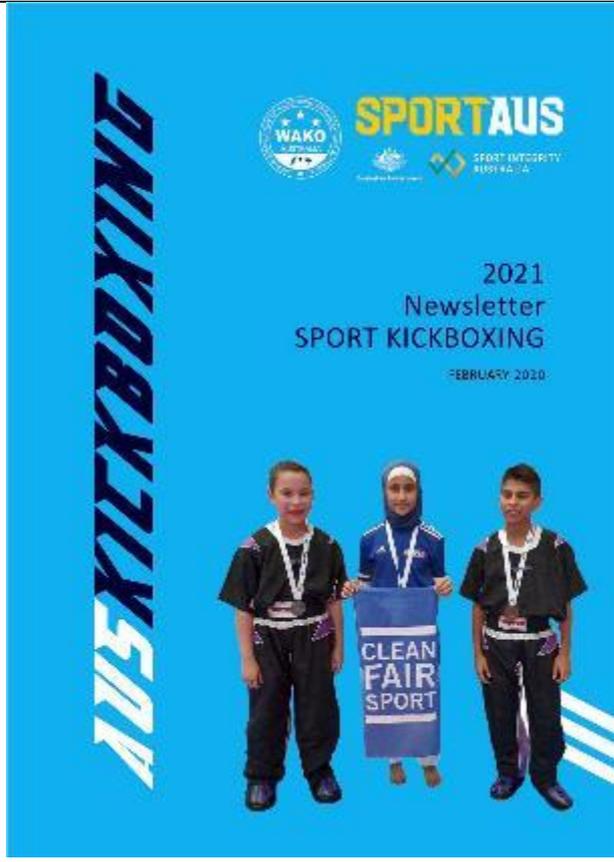
Sport complex «UZBEKISTAN»

# WAKO OCEANIA

ACTIVITES FEB 2021



WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT



**2021 Newsletter  
SPORT KICKBOXING**  
FEBRUARY 2020

**WAKO AUSTRALIA**  
**SPORTAUS**  
SPORT INTEGRITY AUSTRALIA

**AUS KICKBOXING**



**Australia**

**Australian Kickboxing Federation's  
February Newsletter**

[\*\*LINK TO DOWNLOAD\*\*](#)

**Introduction**

Finally I would like to welcome all our Member Clubs, Athletes, Coaches and supporters to our Club, we are looking forward to this challenging time.

Our Club's Endeavour has been to provide the most challenging time for our sports, history, but this is a real challenge in our current situation for our member clubs around the country facing the pandemic challenge.

Please if your club is struggling with any Mental Health issues please contact, needs to be supported by the WAKO or the AKAU WAKO or the needed Support groups for Beyond Blue etc. (Check our numbers in bottom of this newsletter)

*Dr. Melissa Adams, CEO  
Australian Kickboxing Federation*



**President Update**

President shares 2021 Focus and Goals.

2021 will kick off with a lot of focus on our new CEP – Coaching Education Program. This is aligned with our new Club Technical Officer (CTO) for both Bronze and Silver Kickboxing in Australia. This is a real challenge in our current situation for our member clubs around the country facing the pandemic challenge.

*Dr. Melissa Adams, CEO  
Australian Kickboxing Federation*



**CEP – Coaching Education Program**  
WORLDWIDE KICKBOXING FEDERATION (WAKO) AUSTRALIA has introduced a new CEP – Coaching Education Program for 2021. This is aligned with our new Club Technical Officer (CTO) for both Bronze and Silver Kickboxing in Australia. This is a real challenge in our current situation for our member clubs around the country facing the pandemic challenge.

**WHATS NEW**

**Attention:**

1. Coach – Bronze Level
2. Coach – Silver Level
3. Coach – Gold Level
4. Coach – Platinum Level
5. Coach – Black Belt
6. Coach – Red Belt
7. Coach – Blue Belt
8. Coach – Green Belt
9. Coach – Yellow Belt
10. Coach – White Belt
11. Coach – Black Belt
12. Coach – Red Belt
13. Coach – Blue Belt
14. Coach – Green Belt
15. Coach – Yellow Belt
16. Coach – White Belt

**COACHING EDUCATION PROGRAM**  
KICKBOXING BRONZE LEVEL CERTIFICATION COURSE  
SPORT AUSTRALIA AND WAKO AUSTRALIA

**SPORTAUS** **WAKO AUSTRALIA** **SPORT INTEGRITY AUSTRALIA**

**BASED ON OCEANIA - KADM**

**COACHING EDUCATION PROGRAM**  
COMMUNITY LEVEL COACHING COURSE



**SPORTAUS** **WAKO AUSTRALIA** **SPORT INTEGRITY AUSTRALIA**

### CONTENTS



100+ MMA FIGHTS  
FROM 100+ MMA  
EVENTS IN 2021



100% FREE  
MMA FIGHTS  
FROM 100+ MMA  
EVENTS IN 2021



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FROM 100+ MMA  
EVENTS IN 2021



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FROM 100+ MMA  
EVENTS IN 2021

# WHAT'S NEW

**UPCOMING EVENTS**

**MARCH**  
MARCH 14  
MARCH 15

**WESTERN AUSTRALIA**  
BATEA  
MARCH 14

**QUEENSLAND**  
LUMINA  
MARCH 14

**ACT**  
TERRAPIN  
MARCH 14

**NSW**  
LUMINA  
MARCH 14

**NORTHERN TERRITORY**  
MARCH 14  
MARCH 15







## AMATEUR KICKBOXING

**ENTER @**  
[www.auskb.com.au](http://www.auskb.com.au)

### MELBOURNE COMING

## FEBRUARY 21st 2021

**NOVICE - INTERMEDIATE - ADVANCED**  
Location : Absolute MMA Collingwood  
134 Cromwell Street, Collingwood, VIC, 3068

RING BOUTS FOR 12yrs & OVER  
Mat Sport Bouts for 4-11yrs.



THE SET NIGHT & AGE DIVISIONS  
GRABBER SHIRT BY  
NOVICE 0-1 FIGHT EXPERIENCE  
081 - 7-9 KICKS EXPERIENCE  
ADVANCE - 5-10 FIGHTS  
NEED FIGHTING CLOTHING MUST BE PRE-MATCHED

## WEIGH IN DETAILS

IMPORTANT  
SCHEDULE  
CHANGE  
AHEAD

NEW DATE  
MARCH  
14<sup>th</sup>

WHERE - Location: Engwood  
Engwood, VIC, 3086

WHEN -

WHO -

John Wilson	Mark Phoadon
Shane Kelly	Harry Nield
Allen Wells	Spencer Nelson
Mark Anderson	Adrian Ableson
Alan	Adrian
Mark	Adrian
Shane	Adrian
Allen	Adrian
Mark	Adrian
John	Adrian
Shane	Adrian
Allen	Adrian
Mark	Adrian

SPECTATOR COST - INTERMEDIATE - ADVANCED  
ADULT \$25 ~~UPON ENTRY INTO FACILITY~~ Engwood  
134 Cromwell Street, Collingwood, VIC, 3068  
U18 \$15 ~~UPON ENTRY INTO FACILITY~~  
U12 FREE

RING BOUTS FOR 12yrs & OVER  
Mat Sport Bouts for 4-11yrs.



NEED FIGHTING CLOTHING MUST BE PRE-MATCHED

RING SPORTS  
K-1



TATAMI MAT SPORTS  
KICK LIGHT - LIGHT CONTACT - POINT FIGHTING



# CANBERRA OPEN

SATURDAY MAY 8TH & SUNDAY MAY 9TH  
WEIGHT IN 100-125KG FIGHTS  
FROM 10AM 8:00 - BY 10:00AM

AIS CENTRE CANBERRA - COMBAT CENTRE  
LEVERSHAM ST, BRUCE ACT 2617

REGISTER AT [WWW.AUSKB.COM.AU](http://www.auskb.com.au)



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# **Get along today and support!**

shurikennz GRASSROOTS

This Saturday 27th Feb come down and support 🥊

Light contact starts at 12pm-4pm

MMA & K1 starts at 6pm

Door sales \$20

Kids \$10

Shuriken Fight Centre

115 Diana Drive Glenfield

Food will be available from Elephant ears

Hungarian fried bread 🍞

# WAKO AFRICA

ACTIVITES FEB 2021



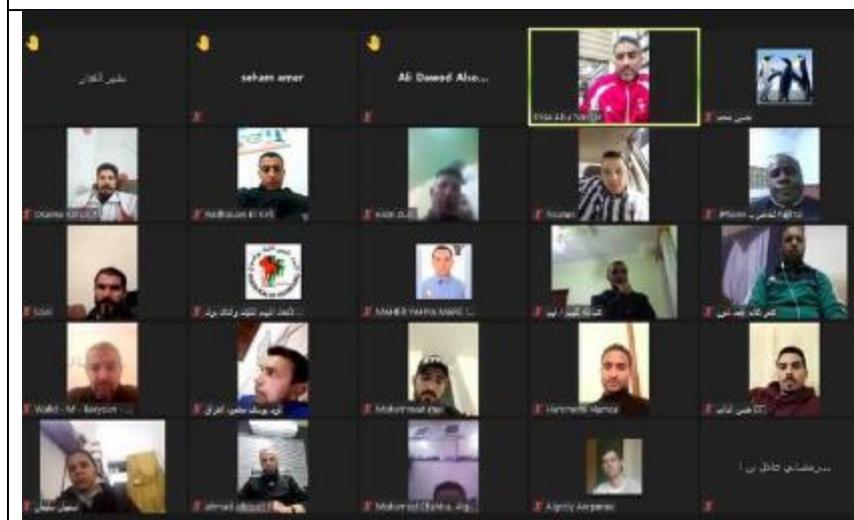
WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT WAKO.SPORT



## Africa

### African kickboxing Cup Low kick, K1, Full contact

April 11, 2021  
Yaounde, Cameroon



## Libya

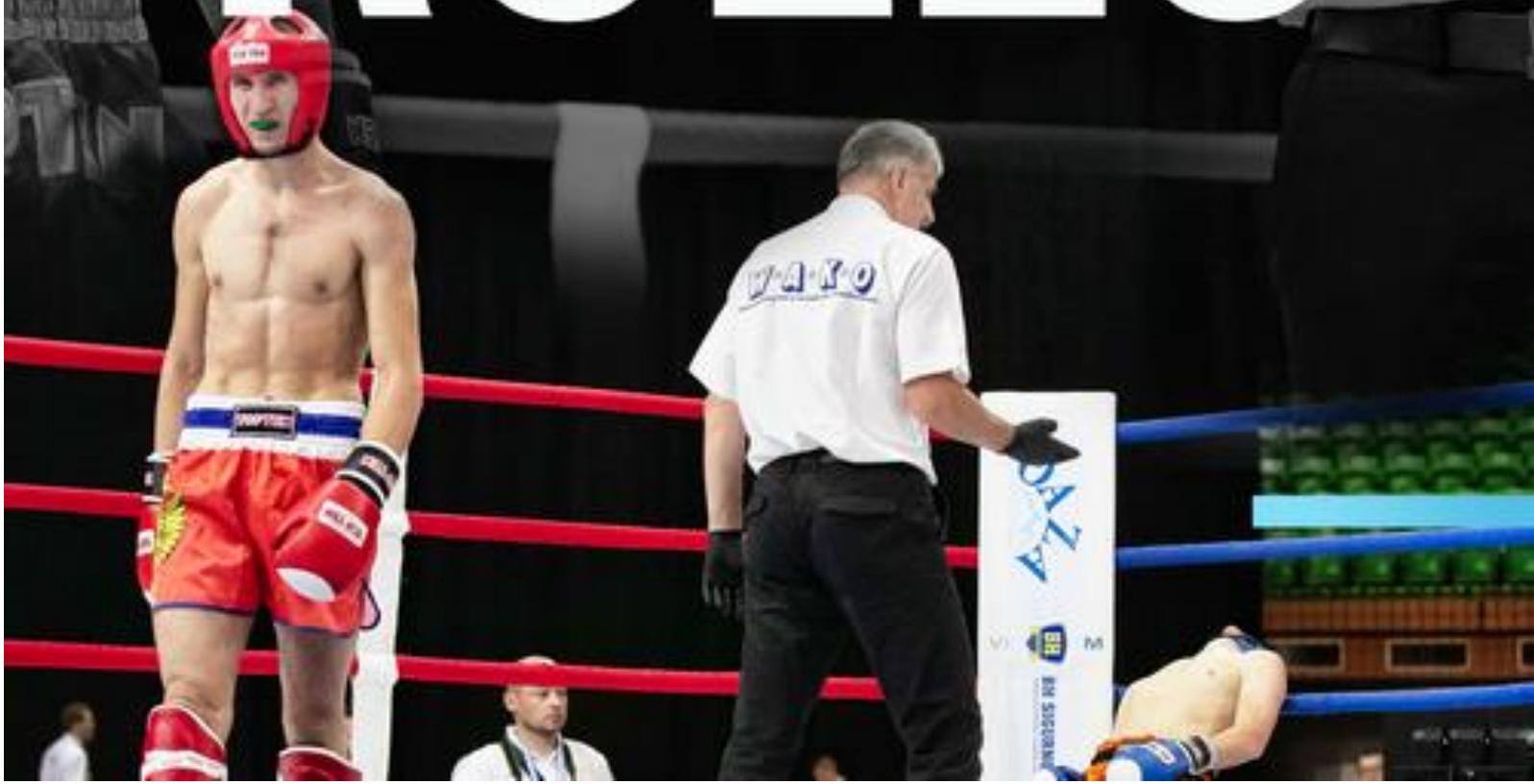
### Wednesday, the 3/2/2021th seminar on belts ended

Organized by the Libyan General Union of Cake, Thai Boxing and similar sports under the supervision of the Arab Federation, in which the master lecturer **Issa Abu Nassar**, Chairman of the Committee of Trainers of the Arab Federation, and member of the International Federation of Trainers from the brotherly state of Adren.

On seminar participated 128 referees and trainers, so all thanks and appreciation to all those who participated with us from all countries of the Arab world for attending their interaction and thanks to Captain Issa Abu Nassar for the efforts made to implement this lecture in a desired and decent form



# WAKO RULES



## NEW WAKO RULES - WHAT'S NEW

This is a new section in the WAKO Newsletter.

As you know, the WAKO Board has accepted the new WAKO rules and they have been published on the official website. They take effect on January 1<sup>st</sup> 2021. There is a lot of news, and in this column, we will present you the news and give you a comment and explanations.

### New MEDICAL RULES

Dear WAKO Members,

As you know, the WAKO Board has accepted the new WAKO Medical rules, already published on the official website and in force from February 2021. With the aim to increase the safety for our kickboxers and officials, some changes have been done. Some of them are planned as step-by-step approach, to allow each National Federation to be ready in complying with these new rules. To make easier to read and understand, we decided to deal just with one or a couple of new rules from this newsletter on.

In the following lines, the pre-participation screening and the Medical Certification for kickboxers will be discussed.

First of all, please consider that these rules must be strictly followed at each WAKO World and Continental championships. However, they are also intended as guidelines for other national or international WAKO events where national regulations are in charge.

In respect to the past, the Medical Certificate form has been removed, but it does not mean that a pre-participation screening should not be done. On the contrary, a list of clinical and instrumental tests has been inserted into the rules as minimum requirement of the pre-participation screening for obtaining a Medical Certificate for kickboxing. In particular, the minimum exams for the release of the Medical Certificate are:

- **Medical history**
- Complete **physical exam**, included, but not limited to, **cardiovascular system** (heart auscultation, blood pressure, pulses)
- **Rest electrocardiogram**
- **Stress electrocardiogram for kickboxers aged 41 or more**

However, WAKO IF Medical, Health and Anti-doping Committee warmly suggest that the aforementioned evaluation could be integrated with the tests listed in the following table, depending on the kickboxing discipline practiced:

Ring disciplines	Tatami disciplines	Forms
<ul style="list-style-type: none"><li>– <b>Stress electrocardiogram</b></li><li>– <b>Eye exam</b> included a dilated ophthalmological examination of <b>fundus oculi</b>, administered by a licensed ophthalmologist</li><li>– <b>Neurological exam</b> administered by a licensed neurologist or neurosurgeon</li><li>– <b>Blood Work</b> (for kickboxers aged 18 and older): HIV, Hepatitis B Surface Antigen, Hepatitis C Antibodies</li></ul>	<ul style="list-style-type: none"><li>– <b>Stress electrocardiogram</b>. In veteran competitors (aged 41 or more) it is mandatory to reach a heart rate higher than 90% of their theoretical maximum (220 minus age in years)</li></ul>	<ul style="list-style-type: none"><li>– No more test is suggested</li></ul>

The complete list of tests for kickboxers will be gradually implemented in a multi-stage approach, as indicated:

- Stage 1 (till 2023): minimum exams (history, physical check, and ECG)
- Stage 2 (2024 and 2025): plus, stress test (ring and tatami disciplines)
- Stage 3 (2026 and 2027): plus, neurological and ophthalmological exam (ring disciplines)
- Stage 4 (from 2028 on): plus, Blood work (ring disciplines)

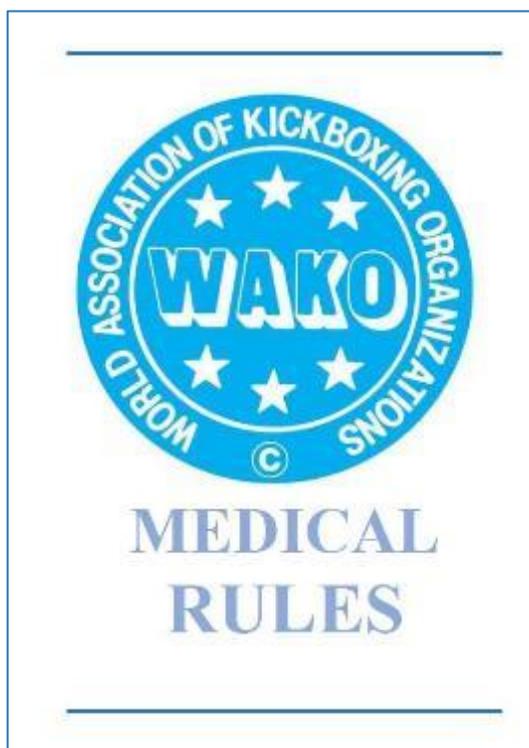
Following the pre-participation screening protocol (including the clinical-instrumental tests listed above) a qualified medical doctor of the same country of residence of the kickboxers can release the “WAKO Medical Certification” using the form provided in the rules (you can download it from the WAKO website). It must be written in English, with no additions or changes applied to the official document and it must be individual (that means, there is no possibility to list more kickboxers in the same certification).

Each kickboxer must have a valid annual in date (within maximum 12 months) Medical Certificate completed and registered with either the event promoter or the WAKO Membership system, as applicable. If the kickboxer has sustained a concussion, a serious injury or illness since the last Medical Certificate was issued, a proper medical evaluation and a new medical certificate are necessary. This point must be well kept in mind, as some serious event could occur not respecting this rule.

Each kickboxer must present his/her personal certificate to the visiting doctor after the weigh-in or logged on upload to the official system of record for WAKO. The examining event doctor will review the validity and will decide on the appropriateness of each certificate.

**Massimiliano Bianco**

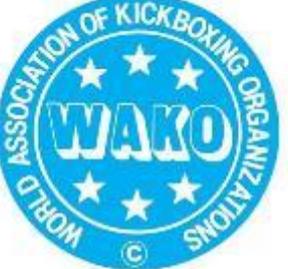
WAKO Medical, Health & Anti-doping Committee Chairman



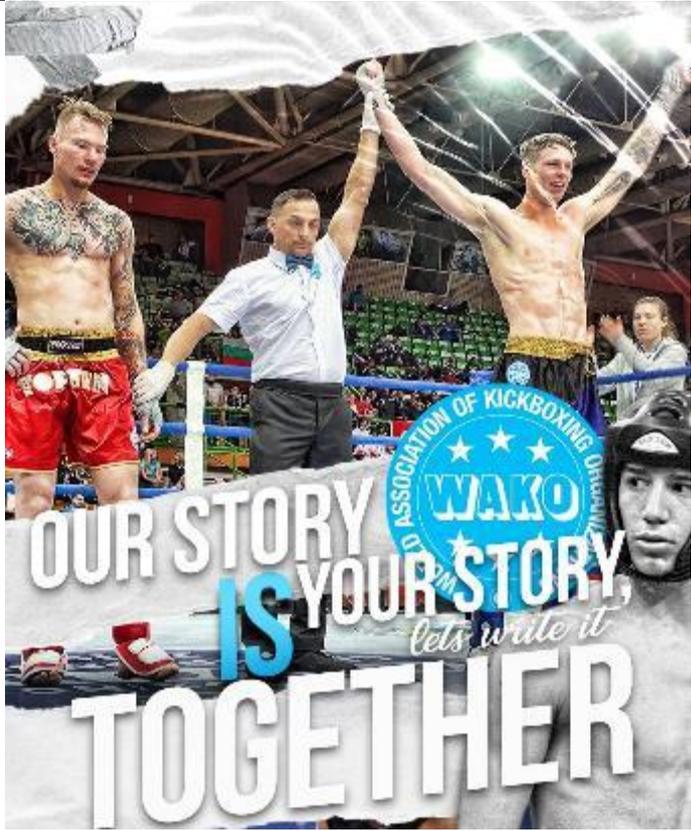
**[DOWNLOAD](#)**

### [LINK TO THE NEW WAKO RULES](#)

We invite all members to visit the official WAKO website and download all new rules and all new forms that are valid and in force from January 1<sup>st</sup> 2021.

 <p><b>KICKBOXING RULES</b></p> <p><a href="#"><u>DOWNLOAD</u></a></p>	 <p><b>REFEREE RULES</b></p> <p><a href="#"><u>DOWNLOAD</u></a></p>	 <p><b>MEDICAL RULES</b></p> <p><a href="#"><u>DOWNLOAD</u></a></p>
 <p><b>ANTI-DOPING RULES</b></p> <p><a href="#"><u>DOWNLOAD</u></a></p>	 <p><b>GUIDELINES FOR COVID-19 PREVENTION IN WAKO EVENTS DURING THE COVID-19 PANDEMIC</b></p> <p><a href="#"><u>DOWNLOAD</u></a></p>	 <p><b>WAKO STRATEGIC PLAN January 2020 - December 2026</b></p> <p><a href="#"><u>DOWNLOAD</u></a></p>





**To all recipients  
of this Newsletter**

Please forward this newsletter to all members of your federation.

All news and short reports with pictures and posters of your sports activities sent to:

**Marijana Pelevic**

- WAKO Media Officer:

[marijana.pelevic@wako.sport](mailto:marijana.pelevic@wako.sport)

**Romeo Desa**

- WAKO Technical Director:

[technical.director@wako.sport](mailto:technical.director@wako.sport)

If you want to receive Newsletter in your inbox – please, send us your e-mail address.

