

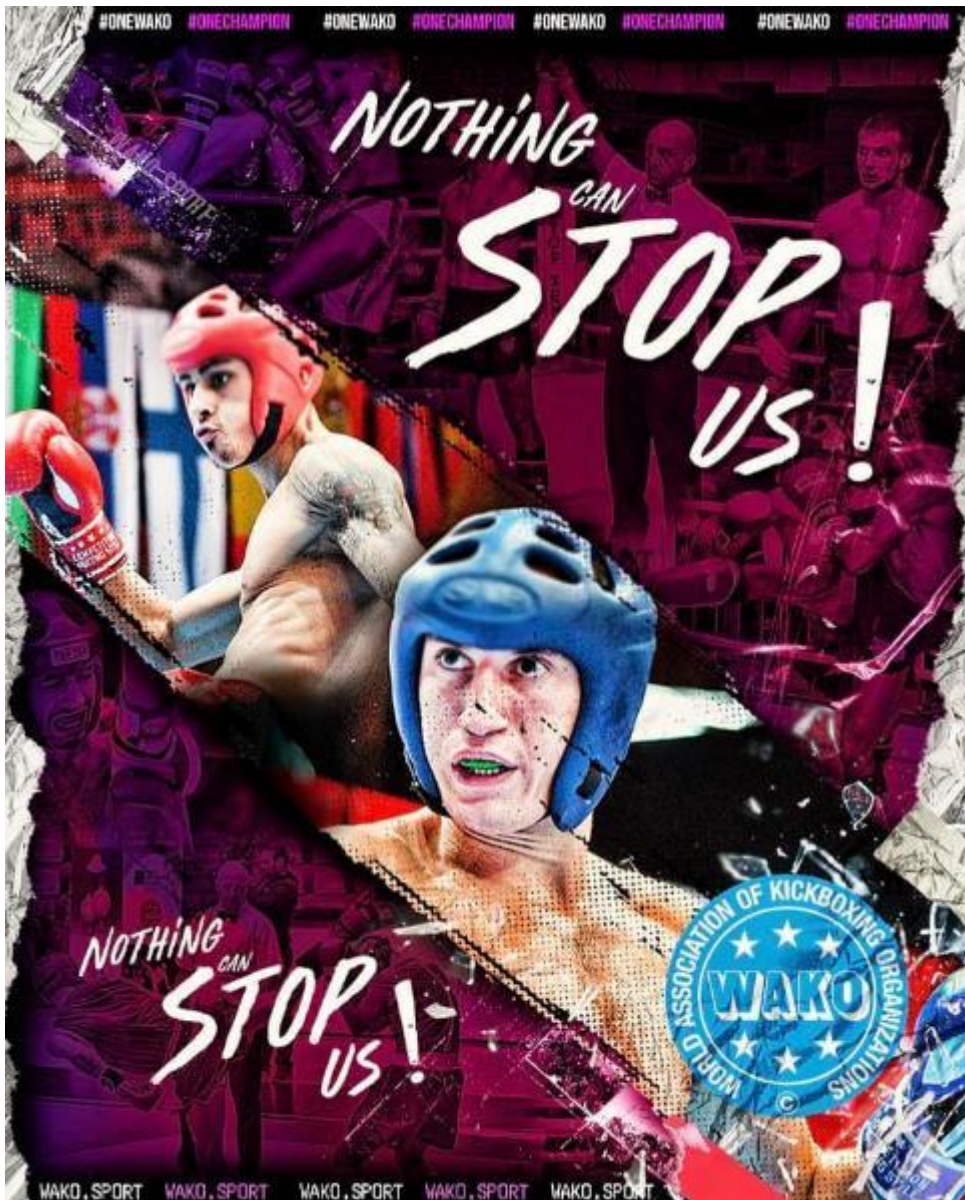
NEWSLETTER



AUGUST
2020

The greatest glory in living lies not in never falling, but in rising every time we fall. If life were predictable it would cease to be life, and be without flavor. We are not judged by the number of times we fail, but by the number of times we succeed: and the number of times we succeed is in direct proportion to the number of times we fail and keep moving forward keep trying.

NOTHING CAN STOP US



*Best regards,
Roy Baker
WAKO President*

WAKO CALENDAR 2020 - CORRECTIONS

     				
WAKO Class	Date From	Date to	Name	
September 2020				
Postponed	TBC	TBC	African Championship 2020 (K-1, LK, FC and Tatami Sports)	South Africa
Cancelled	5	5	Balkan Open 2020	Bosnia and Herzegovina
Postponed	4	6	AmeriKick Internationals	USA
Cancelled	11	12	Scandinavian Open 2020	Norway
C	11	13	3rd Silver Griffin Cup 2020	Latvia
Cancelled	12	13	Flanders International Kickboxing Cup 2020	Belgium
Cancelled	14	19	Russian Open 2020 (World Cup) (Official WAKO Referee Worlds/Europeans)	Russia
WAKO IF	25	27	1st WAKO National Federation Development Workshop 2020	Turkey
October 2020				
B	2	4	Serbian Open (WAKO European Cup)	Serbia
Postponed	TBC	TBC	Asian Championships 2020	South Korea
Cancelled	30	31	Czech-Open for Tatami Sports	Czech Rep.
November 2020				
C	4	8	2nd International Jordan Open Kickboxing Tournament (K-1, FC, PF, LC) and Referee Seminar	Jordan
C	6	7	37th SLOVENIA OPEN	Slovenia
B	11	14	WAKO K1 World Grand Prix	Czech Republic
Postponed	TBC	TBC	11 th Pan American Championship	Brazil
Cancelled	13	22	WAKO Cadets & Juniors World Championships (All disciplines)	Serbia
Cancelled	19	22	Spain International Open	Spain
December 2020				
Postponed	5	5	World Games - test event (USA Vs World)	USA
Cancelled	5	6	Heroes of Hamburg	Germany
WAKO EUROPE	5	13	WAKO Senior&Master European Championships (All disciplines)	Turkey
WAKO ASIA	8	13	Bangabandhu Asian Kickboxing Confederation Cup 2020	Bangladesh
C	12	13	WAKO European Clubs K-1 Cup	Estonia



The poster features a blue background with a white silhouette of a city skyline at the top. A banner of various national flags runs across the middle, with the Turkish flag prominently displayed. The WAKO logo is centered, surrounded by silhouettes of kickboxers in action. The main title is in large, bold, blue letters with a white outline. Below the title, the event details are listed in yellow and white text. At the bottom, there are social media icons and a row of logos for sponsors and partners.

2020
ANTALYA

WAKO
WORLD ASSOCIATION OF KICKBOXING ORGANIZATION
SPORTS FANTASY

**WAKO EUROPEAN
KICKBOXING
CHAMPIONSHIPS
ALL STYLE
SENIORS & VETERANS**

**K1 Rules • Low Kick • Full Contact • Light Contact
Kick Light • Point Fighting • Musical Forms**

**05 - 13 December 2020
Antalya Sport Hall, Antalya - TÜRKİYE**

[/kickboxing2020](#) [/european-kickboxing2020](#) [/european-kickboxing2020](#)

SPOR TOTO

adidas AISF UWF TURKISH KARATE AKA FIGU KONFA FEDERATION FETIF

Important note: Based on the current situation with the COVID-19 pandemic in Turkey, but also in other European countries, the WAKO IF Board on September 20th will make the final decision on holding the European Senior Championships in Antalya.

CONFIRMED TOURNAMENTS 2021

22 nd - 24 th January 2021:	GOLDEN GLOVE (WAKO European Cup) , Marenno di Piave, Italy
3 rd - 7 th February 2021:	2nd INDIAN OPEN INTERNATIONAL CUP , New Delhi, India
5 th – 7 th February 2021:	ATHENS CHALLENGE , Athens, Greece
12 th - 14 th February 2021:	KARLOVAC OPEN 2021 (WAKO European Cup) , Karlovac, Croatia
4 th - 7 th March 2021:	IRISH OPEN (WAKO World Cup) , Dublin, Ireland
19 th - 21 st March 2021:	SERBIAN OPEN 2021 (WAKO European Cup) , Belgrade Serbia
27 th - 28 th March 2021:	YOKOSO DUTCH OPEN , Amsterdam, The Netherlands
8 th - 11 th April 2021:	6th TURKISH OPEN (WAKO European Cup) , Antalya, Turkey
15 th - 18 th April 2021:	THE AUSTRIAN CLASSICS (WAKO World Cup) , Innsbruck, Austria
24 th - 25 th April 2021:	POINT FIGHTING CUP , Castellanza, Italy
3 rd - 9 th May 2021:	WORLD COMBAT GAMES , Nur-Sultan, Kazakhstan (TO BE CONFIRMED)
20th - 22nd May 2021:	AMERIKICK INTRERNATIONALS, Atlantic City, USA
21 st -30 th May 2021	6th ASIAN INDOR AND MARTIAL ARTS GAMES (AIMAG) , Bangkok /Pattaya, Thailand
13 th - 16 th May 2021:	HUNGARIAN WORLD CUP (WAKO World Cup) , Budapest, Hungary
10 th - 13 th June 2021:	BESTFIGHTER (WAKO World Cup) , Rimini, Italy
14 th - 27 th July 2021:	EUROPEAN UNIVERSITY GAMES , Belgrade, Serbia
13 th - 22 nd August 2021:	WAKO CADETS & JUNIORS EUROPEAN CHAMPIONSHIPS , Budapest, Hun
10 th - 19 th September 2021:	5th ISLAMIC SOLIDARITY GAMES , Konya, Turkey
26 th – 27 th September 2021:	FLANDERS INSTERNATIONAL KICKBOXING CUP , Beveren, Belgium
5 th – 14 th November 2021:	WAKO SENIOR & MASTER WORLD CHAMPIONSHIPS , Moscow, Russia

THE WORLD GAMES - 2022.

7th - 17th July 2022: **WORLD GAMES**, Birmingham (Alabama), USA

All information about THE WORLD GAMES 2022 - www.twg2022.com

FUTURE ACTIVITIES

2022	Cadets & Juniors WC (All disciplines) in Hungary;
2022	Senior EC (All disciplines) in Athens, Greece;
2023	Cadets & Juniors EC (All Disciplines) in Turkey;
2023	Senior WC (All Disciplines) in Ireland

WAKO IF Board meeting



WAKO Board Meeting - online
Saturday, August 22nd, 2020
16:00 pm – 20:00 pm

Important decisions:

- Accepted recent changes to the WAKO Rules, the new rules published on the official WAKO website, enter into force on January 1st 2021.
- New WAKO Medical Rules are discussed. Decision postponed, Board members have 14 days to submit their comments. Final decision at the next meeting of the WAKO IF Board
- The decision on the European Championships for seniors in Turkey postponed until the next session of the WAKO IF Board. The African, Asian, Pan-American Championships have been postponed and attempts will be made later this year. The Oceania Championships has been cancelled.
- Next Board meeting will be on line on September 20th 2020.



WAKO Europe Board meeting



WAKO Europe Board Meeting - online

Saturday, August 22nd, 2020
14:00 pm – 16:00 pm

Important decisions:

- The proposal of the Decision on the European Senior Championships in Turkey to the WAKO IF Board is to postpone the decision until the next session of the WAKO IF Board (late September).
- The proposal of the new Statute of WAKO Europe has been accepted and this proposal will be sent to the WAKO Europe Assembly for adoption. The WAKO Europe Statute is in line with the WAKO IF Statute
- The next session of the WAKO Europe Board will determine when (how and where) the WAKO Europe Electoral Assembly will be held

WAKO IF Committees' Chairmen meeting



WAKO IF Committees' Chairmen Meeting - on line

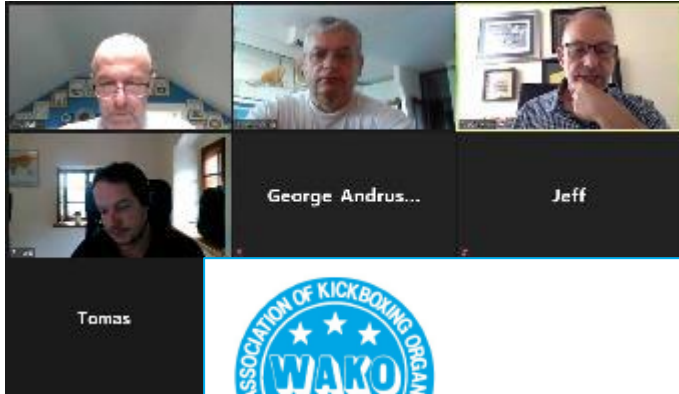
Friday, August 21st 2020

Regular reporting to the WAKO IF President on the activities of WAKO Committees:

• Athletes Committee	(Zsolt Moradi)	(Hun)
• Coaches Committee	(Daimi Akin)	(Nor)
• Development Committee	(Espen Lund)	(Nor)
• Ethical Committee	(Kan Ozgur Kayici)	(Tur)
• International Relation Comm.	(Espen Lund)	(Nor)
• Legal Committee	(Francesca Falsoni)	(Ita)
• Media Committee	(Marijana Pelevic)	(Srb)
• Medical Committee	(dr.Massimiliano Bianco)	(Ita)
• Organizing Committee	(Roy Baker)	(Irl)
• Ring Referee Committee	(Yury Lakhtikov)	(Est)
• Tatami Referee Committee	(Brian Beck)	(Gbr)
• Technical Committee	(Romeo Desa)	(Cro)
• Women Committee	(Katarzyne Kociszewska)	(Pol)

Next WAKO Board Meeting

September 20th 2020.



Regular weekly meetings of the working group WAKO - RSpportz - SportData on the development of a unique membership system and registration of competitions.



WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

TO ALL WAKO MEMBERS

BY E-MAIL

Monza, 18th August, 2020

RE: WAKO IF Membership System

Dear Presidents and General Secretaries,

As you are aware, we have approved the development and deployment of a world wide membership system for WAKO. This is a fundamental part of the road to full IOC recognition and a requirement to ensure the health and safety of our Athletes and to create transparency in all our events. We also believe it will bring significant benefits to the national federations in regard to organisation capability, connectivity, transparency and the attractiveness of the sport to attract sponsors, in over 40 languages. It also will give every federation (that wants) a free integrated website, aligned with a national registration of athletes, officials and referees profiles including a ranking system. It is a major step forward for our sport. But like all steps particularly the big ones will require focus and work to develop, deploy and deliver. For this we count on the national federations.

RSpportz have been working in the background with WAKO Organising Committee and are in the final stages of implementation. Therefore you need to get your administration team to reach out to RSpportz and connect to enable the setting up or integration of the system within the next 12 months within your country. This is a mandatory requirement for all WAKO Members.

We all have different systems in various stages of development, therefore it is important that you work directly with RSpportz and connect with them within the next two months, to begin the process. Integration of the system is mandatory for all WAKO member countries. The contact person in RSpportz is Mr Robin Kent (CEO) his e mail address is robin@rspportz.com. Robin will issue a report to WAKO IF in regard to contacts over the coming weeks. All federations are required to contact RSpportz to begin discussions within the next eight weeks, to begin the process.

This initiative is one of the fundamental pillars of IOC recognition, so we really need to engage and mobilise, to make this happen and secure our place within the Olympic family of sports. Hopefully we will get to meet in the not too distant future, until then, please stay safe, stay healthy and take care of your family.

Respectfully Yours,

Roy Baker
WAKO President

WAKO HQ: Via Alessandro Manzoni,18 - 20900 Monza (MB) Italy
E-mail: administration@wako.sport - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako.sport>



ACTIVITIES IN AUGUST

Argentina



LIGHT REVOLUTION online seminar for South America was made August 1st.

On-line seminar was led by **Manuel Nordio** (ITA)

Asia



The Asian Kickboxing Confederation (WAKO Asia) conducted an international online kickboxing technical seminar on August 8 with the participation of more than 150 coaches, officials and members from over 20 national federations.

The Asian governing body of the World Association of Kickboxing Organisations (WAKO) held the seminar to focus on the opportunities and challenges of COVID-19 and related issues faced by the Asian Kickboxing Confederation and its member national federations.

At the same time, WAKO Asia gave the opportunity to national coaches and referees from other continents to participate in the seminar.

The seminar started at 3pm local time in Korea and lasted for five hours, with two intermissions each of 15 minutes.

Topics discussed included the grading of belts, techniques, basic and specialised tactics and updated referee / judges' rules at the international standard with the aim of informing, raising knowledge and promoting coaches.

The organisation of such an important international event in Asia was a prestigious accomplishment for the world of kickboxing, said **Euncheon Jeong**, Chairman of the Technical Committee of WAKO Asia.

WAKO Asia thanked the President, **Nasser Nassiri**, Vice President **Aleksandr Voinov** and **Euncheon Jeong** for preparing and conducting the seminar.

Bulgaria



2020 Star team summer camp

For 10th year the biggest kickboxing club in Bulgaria organized summer camp for all level and all age fighters. Because of the global covid-19 situation this year event was focused only for club members. The classes were divided by age and style and in total there were 137 participations that were working with mr. **MANUEL NORDIO** (Ita) & **IVAN GEORGIEV** (Bul).



In general Bulgaria is working really well in the strange situation in 2020. Already 2 national championships were held in July (full contact) and in August (all tatami disciplines). Untill the end of the year in the plan are 3 more national championships that all Bulgarian clubs have opportunity to participate.

Chile

EDUCACIÓN WAKOCHILE PRESENTA:
#WAKOCHILELIVE

ENTREVISTADOR



RODRIGO OYARZUN
C. EDUCACION WAKO CHILE

INVITADO





PABLO PORRAS BARRIGA
PROF. EDUCACIÓN FÍSICA
MÁSTER EN CIENCIAS DEL DEPORTE


EN VIVO POR:  facebook
 YouTube



SABADO 01 DE AGOSTO
20:00 HORAS (CLT)

EDUCACIÓN WAKOCHILE PRESENTA:
#WAKOCHILELIVE



**RODRIGO OYARZUN**
C. EDUCACION WAKO CHILE

**JAQUELINE AYALA**
DEPORTISTA DESTACADA WAKO CHILE

 facebook
 YouTube

SABADO 08 DE AGOSTO 20:00 HRS

EDUCACIÓN WAKOCHILE PRESENTA:
#WAKOCHILELIVE







RODRIGO DYARZUN
 C. EDUCACION WAKO CHILE

MEDALLISTAS MUNDIALES JUNIORS Y CADETES


facebook
 YouTube

SABADO 15 DE AGOSTO 20:00 HRS

WAKO CHILE ONLINE TRAINING

POINT FIGHTING
 22/08 - 11:00 HRS

IGNACIO RODRÍGUEZ
 HEAD COACH
 CD ADRENALINE TRAINING CENTER



YouTube FEDERACION DEPORTIVA WAKO CHILE facebook WAKO CHILE

EDUCACIÓN WAKOCHILE PRESENTA:
#WAKOCHILELIVE






RODRIGO DYARZUN
 C. EDUCACION WAKO CHILE

MEDALLISTAS MUNDIALES SENIOR Y MASTER

facebook
 YouTube

SABADO 22 DE AGOSTO 20:00 HRS

WAKO CHILE ONLINE TRAINING

POINT FIGHTING
 22/08 - 11:00 HRS

FULL CONTACT
 29/08 - 11:00 HRS

MUSICAL FORMS
 30/08 - 11:00 HRS





YouTube FEDERACION DEPORTIVA WAKO CHILE facebook WAKO CHILE

WAKO CHILE ONLINE TRAINING

FULL CONTACT
 29/08 - 11:00 HRS

JACQUELINE AYALA
 COACH & ATLETA
 CAMPEONA PANAMERICANA
 ATLETA WGP
 WAKO GRAND PRIX



YouTube FEDERACION DEPORTIVA WAKO CHILE facebook WAKO CHILE

EDUCACIÓN WAKOCHILE PRESENTA:
#WAKOCHILELIVE





RODRIGO DYARZUN
 C. EDUCACION WAKO CHILE

IVAN GALAZ
 DEPORTISTA DESTACADO WAKO CHILE

facebook
 YouTube

SABADO 29 DE AGOSTO 20:00 HRS



Chile



Croatia

SUMMER CAMP 2020

From 16. to 23 August Croatian kickboxing club "Pit Bull", Split hosted the third Kickboxing summer camp.

This year, the camp was special in many ways. It was first held in the conditions of a strange global situation caused by the declared pandemic of the coronavirus at the world level, and Croatia automatically follows the world trend. In these conditions, it was not easy to organize this great sporting event.

Following all the recommendations such as measuring the temperature twice a day, making sure that the number of people in the gym does not exceed 100, disinfecting hands, gym and locker rooms before and after exercise, and listing everyone who enters the gym, organizers made a memorable event.





With the participation of almost a hundred participants from seven countries, many of whom are holders of the highest world awards and a lecture by eight internationally recognized experts, the camp took place in a great atmosphere, socializing, hard training and exchange of experiences.

In addition to a large number of Croatian kickboxing, muay thai, savate, sambo and boxing team members and medal winners from European and World championships, one of the best German fighters **Dominik Santl**, the best Serbian female kickboxer **Milana Bjelogrić**, the best Croatian junior living outside Croatia - **Tomislav Sucic** from Germany as well as a number of quality fighters from Austria, B&H, Switzerland and Montenegro.

The trainings within the camp were also held by the CKBF national coach **Miljenko Sarac** and the coaches of KBC Mornar and KBK Ameno **Dario Jurisic** and **Milivoj Bajic**. German coach **Zahir Tahunic**, also held a training session that provoked great reactions.

The majority of the training was conducted and coordinated by domestic coaches **Gordan Vatavuk** and **Marko Zaja** and the director of the camp **Franco Zizic**, did an excellent organizational job.

The whole event, which lasted a full eight days, passed without a single incident or irregularity.

A big thank you to all the participants who left with extremely positive impressions and the promise that they will come again next year and organizers from Pit Bull club are committed to making another organizational step forward next year even though they are aware that the scale has already been raised very high.

Video: <https://www.facebook.com/pitbullsplit/videos/942302289514657>





WAKO Estonia and Estonian Anti-Doping Agency have held kickboxing seminar for coaches.

The annual seminar for the kickboxing coaching staff of Estonia was held from August 1st to 2nd, 2020.

Coaches from all over the major Estonian kickboxing clubs attended the seminar.



The seminar program was focused on safety rules, the development of the basic and advanced techniques of different kickboxing styles, also new rules, error detection, nutrition, hygiene, planning related activities and other topics.

A special focus was given to issues of antidoping and ethics in sports. Mr. **Henn Vallimäe** (PhD), CEO of Estonian Anti-Doping Agency (EADA) made extensive presentation on promotion of healthy and fair sport, carrying out and organizing doping testing for the training purposes, familiarized the participants of the seminar with anti-doping education resources and gave overview of development of international anti-doping cooperation. As the issue of antidoping and ethics in sports is becoming more and more important nowadays, the WAKO referee **Andrei Majakov** has been appointed



As the revised WADA Code is set to come into force on 1 January 2021, Mr. **Henn Vallimäe** also explained the principles, standards and new changes.



WAKO GB ANOUNCED COVID19 GUIDANCE - ENGLAND - 4th August 2020

In light of local and regional lockdowns for COVID-19 increasingly coming into force across England we would like to remind all WAKO GB licensed clubs that wherever or however clubs choose to operate, they have a duty of care to their members and must adhere to the principles of safeguarding people's health at all times.

This means all activities whether inside or outside, must take into account and adhere to the latest regulations set out by government regarding social distancing and hygiene for the devolved nation in which they operate. Please be aware that WAKO GB insurance will cover you only if you adhere to government guidelines.

Currently the government has allowed the reopening of gym's within England. For close-contact sports specifically, the government is advising that these are not resumed if social distancing and government guidance cannot be followed. Therefore, Kickboxing activities can only go ahead where social distancing is followed.

WAKO GB's COVID19 policies continue to follow the guidance coming from both the UK government and from Sport England. For the avoidance of any doubt, clubs are reminded that currently all WAKO GB clubs are not allowed to do pad work or sparring (competitive or otherwise). To do so will invalidate your insurance and more importantly puts at risk the health and safety of your members, your coaches, and their families.

Note that members from the same household can train with contact i.e. pad work and sparring. It is advisable however that this is explained to other club members that might be training in the same session.

The reason for this policy decision is due to the increased risks of transmission of Covid-19, because of the proximity of participants and contact between them. It is a policy that is consistent across Sport England recognised contact sports such as ABA Boxing and GB Taekwondo and one that we feel is appropriate to WAKO kickboxing disciplines.

Gordon Mitchell
WAKO GB Safeguarding Officer



RESUMPTION OF COMPETITION OPERATIONS AND CONTINUATION OF TRAINER TRAINING

TRAINER EDUCATION (BASIC LICENSE AND C LICENSE FOR POPULAR SPORT 2020)

Since a training weekend was completed before the lockdown and the main part of the training takes place in the second half of the year, German federation would like to offer the opportunity to join for all German kickboxers. For this purpose, federation would offer the first training units again on August 8th and 9th with appropriate registrations.

COMPETITION OPERATION - It is important to us that every HKBV athlete has the opportunity to hold a competition this year. Federation have put together a competition program for this purpose, which will be spread over 5 competition days over the next few months. The highest priority is the implementation of the hygiene regulations and the safety of everyone involved. The competitions are carried out without spectators. Federation will reintroduce competitions in small steps.

Dates: **September 19 - Hessen Championship Ring (Fulda)**
October 3 and 4 - Hessen Championship Tatami (Biedenkopf)
October 31 - Newcomer Ring (Fulda)
November 22 - Newcomer Tatami (Schwalmstadt)

COURSES / SEMINARS

"Children's games in kickboxing training"

A seminar with the President of WAKO Germany, Jürgen Schorn is planned for September 12th, 2020.

Master degree preparation 2020 - part 1 on Sept. 27 and part 2 on Nov. 14.

Acquisition of the coach license - on September 27, 2020

GENERAL REMARK - Federation will publish the announcements 4 weeks before the respective tournament, as this way we can better respond to the hygiene regulations or adapt them.



WAKO-DEUTSCHLAND BUNDEKADER LC / FC SUMMERCAMP

August 7-12, German national team LC / FC was allowed to complete a six-day training camp at HARA Cologne. In compliance with the health and hygiene measures of the DOSB and the state of North Rhine-Westphalia, the week was very successful for all athletes.

Each day there were three trainings with enough breaks for recovery, regeneration and, above all, team building.

The trainings directed by BT **Peter Zaar**, were professionally structured in planning and implementation from a training science perspective. Focus was on stabilization, passive / active defensive behaviour with the training sticks (by **Peter Zaar Jun.**), extensive elementary school, speed and various IKK trainings (individual combat concepts) took place. Furthermore, regeneration as well as basic and strength runs were used to optimize one's own performance.

It is positive that the level of participation was very satisfactory despite the adverse circumstances caused by Corona and short-term planning. A total of 32 national and state squad athletes took part in 16 trainings.

All athletes showed very good performances. It can be seen that the German team will continue to achieve top international results in the future.



The **Legend Summer Camp** this year took part in Kymi Palace in the island of Evia.

113 participants had the opportunity to train together after a long time.

Germany, Italy , Scotland and Greece where the countries which they managed to join this year.

3 trainings per day, luxury accommodation and very good quality of food .

This camp was really special for all participants, due to the COVID-19, because organizers (Nikos Memos and Greece Federation) all realized that they can 't take anything for granted.

Coaches was: **Memmos Nikos, Toli Kuschnir, Kevin Baldwin, Natasha Baldwin, Keshia Naomi** and only for cross fit: **Kostas Damias, Manolis Zagaris**





Guatemala

Seminar with Sensei **Anthony Rashon**
 Aproximately 100 participants from Guatemala, Mexico, El Salvador, Puerto Rico, Colombia, Ecuador and Chile.



Athletes from Kickboxing Wako Guatemala Municipal School passed Yellow and Yellow Grade Examinations





The 14th edition of **Kiraly Team Summer Camp** is over

To sum up the whole camp is hectolitres of sweat and hours of very hard work. Despite fewer participants, the organizers still maintained the highest global level of classes conducted and confirmed why they are currently the best Kickboxing club in the world.



August Report 2020

The First Online WAKO Kickboxing Training Pathway Program is running successfully since 3 months now. This has been a great achievement for our federation focusing on making and nurturing new talent across the country. The pathway has been a great help to all the Athletes/ Coaches/ Officials to cope up with the daily routine in such a pandemic situation. WAKO India is continuously monitoring a lot of growth in confidence of the participants since it provides a platform and gives equal opportunity to everyone to train the other members of the group also. It has been observed that the level of interest has increased amongst the members and so is the participation level. WAKO India President Mr. Santosh K Agrawal has sincerely thanked WAKO (IF) Officials for backing up the group to grow and develop their knowledge in the sport not only practically but also theoretically.

The WAKO India members like Mr. Kartik Dakua, Mr. Nilesh Shelar, Mr. Suryapratap Mundapat, Mr. Anil Sharma, are some names who are consistently working on WAKO India development. Apart from these National Guides, we get a permanent hold up from Mr. Nordio Manuel whose unfailing hard work is making our cluster an improved one.

This month was surely a flourishing one because of amazing effort from each and every everyone from every part of India and becoming a part of each other's progress. WAKO India would like to thank WAKO (IF) in pushing us forward and Redefining Kickboxing Sport in India.



Date: 1st August 2020
Time: 6 to 7 pm
zoom



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

SELF DEFENCE
DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY **Mr. Sachin Gupta and Mr. Ajay Saini**

Coaching Program Controller **Mr. Nilesh Shelar**
Coach - WAKO India National Team



Date: 2nd August 2020
Time: 6 to 7 pm
zoom



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

STRENGTH TRAINING WITH FIGHT COMBINATION TRAINING
DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY **Ms. Renuka Bhirangi**

Coaching Program Controller **Mr. Nilesh Shelar**
Coach - WAKO India National Team




WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY
 The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Date: 7th August 2020
Time: 6 to 7 pm


 zoom




GRAB PUNCHES TECHNIQUES


DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED
By Mr. Aashish Gone




Coaching Program Controller
Mr. Nilesh Shelar
 Coach - WAKO India National Team


Date: 8th August 2020
Time: 6 to 7 pm


 zoom





PROFESSIONAL TRAINING IN POST INJURY REHABILITATION

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED
By Ms. Alisha Maid



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Coaching Program Controller
Mr. Nilesh Shelar
 Coach - WAKO India National Team

Date: 10th August 2020
Time: 6 to 7 pm


 zoom



FIGHT TECHNIQUES

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED
By Ms. Seema Saini



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.




Coaching Program Controller
Mr. Nilesh Shelar
 Coach - WAKO India National Team


Date: 12th August 2020
Time: 6 to 7 pm


 zoom



POINT FIGHTS TECHNIQUES

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED
By Mr. Siddhant Mundpat



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.




Coaching Program Controller
Mr. Nilesh Shelar
 Coach - WAKO India National Team



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.


Ring Fight Practicing

Dear Members, Today's Session Will Be Conducted By **Mr. Nilesh Shelar**

Coaching Program Controller
Mr. Nilesh Shelar
Coach - WAKO India National Team

Date: 13th August 2020
Time: 6 to 7 pm

zoom



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Point Fights Techniques

Dear Members, Today's Session Will Be Conducted By **Mr. Siddhant Mundpat**

Coaching Program Controller
Mr. Nilesh Shelar
Coach - WAKO India National Team

Date: 14th August 2020
Time: 6 to 7 pm

zoom

HOW TO GROW, IMAGE BUILDING, VISION & MISSION OF WAKO INDIA

Dear Members Today's Session Will Be Conducted By **SANTOSH K. AGRAWAL**
President - WAKO India



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Date: 17th August 2020
Time: 6 to 7 pm

zoom

Coaching Program Controller
Mr. Nilesh Shelar, Chief Coach - WAKO India
Mr. Nilesh Shelar, Coach - WAKO India



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Date: 18th August 2020
Time: 6 to 7 pm

zoom

Coaching Program Controller
Mr. Kartik Daku, Chief Coach - WAKO India
Mr. Nilesh Shelar, Coach - WAKO India

Dear Members Today's Session Will Be Conducted By **MR. MANUEL NORDIO**
Chief Coach - WAKO Italy



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

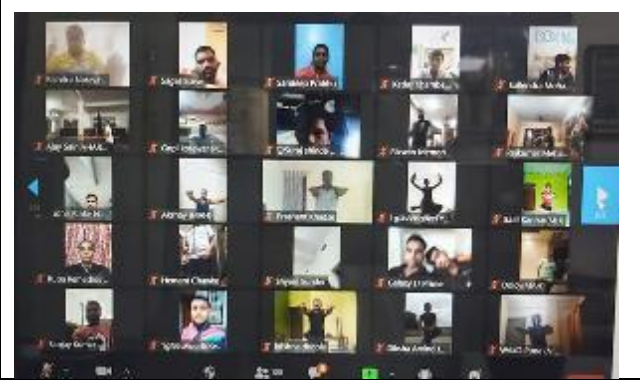
Date: 19th August 2020
Time: 6 to 7 pm

zoom

Coaching Program Controller
Mr. Kartik Daku, Chief Coach - WAKO India
Mr. Nilesh Shelar, Coach - WAKO India

KICKBOXING DEVELOPMENT & GROWTH, CAREER IN KICKBOXING SPORT, TIME & ENERGY MANAGEMENT

Dear Members Today's Session Will Be Conducted By **MR. SANTOSH K. AGRAWAL**
President - WAKO India





HOW TO TRAIN PLAYERS FOR FIGHT AND FIGHT TRAINING

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY
Mr. Nilesh Shelar
India Coach

Date: 20th August 2020
Time: 6 to 7 pm



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India
Mr. Nilesh Shelar, Coach - WAKO India



HOW TO INTERACT WITH PLAYERS DURING TRAINING SESSION

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY
Mr. Kartik Dakua
Chief Coach - WAKO India

Date: 21st August 2020
Time: 6 to 7 pm



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India
Mr. Nilesh Shelar, Coach - WAKO India



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Date: 22nd August 2020
Time: 6 to 7 pm



Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India
Mr. Nilesh Shelar, Coach - WAKO India

DIET PLAN MANAGEMENT

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY
Mr. Vishal Tarate
Nutritionist



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

Date: 24th August 2020
Time: 6 to 7 pm



Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India
Mr. Nilesh Shelar, Coach - WAKO India

30 MIN COACHING PRESENTATION AND Q&A

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY
Mr. Suryaprakash Mundapat





WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

INTERNATIONAL CLASS

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY
Mr. Subrat Mohapatra

Date: 26th August 2020
Time: 6 to 7 pm



Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India
Mr. Nilesh Shekar, Coach - WAKO India



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

RULES OF TATAMI SPORTS

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY
Mr. Krushna Chandra Dakua

Date: 28th August 2020
Time: 6 to 7 pm



Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India
Mr. Nilesh Shekar, Coach - WAKO India



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

BURUNDIWA BASIC STEP EVENT

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY **Mr. Kartik Dakua**

Date: 31st August 2020 | Time: 6 to 7 pm

Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India
Mr. Nilesh Shekar, Coach - WAKO India



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.



HARDSTYLE WEAPONS (SINGLE NUNCHUKU)

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY **Mr. Kartik Dakua**

Date: 27th August 2020 | Time: 6 to 7 pm



Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India | Mr. Nilesh Shekar, Coach - WAKO India



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

The Coaching Programme helps instructors provide a safe and positive training environment in their clubs. It also helps raise awareness of best practice in contemporary Coaching methods.

RULES OF TATAMI SPORTS

DEAR MEMBERS, TODAY'S SESSION WILL BE CONDUCTED BY
Mr. Krushna Chandra Dakua

Date: 29th August 2020
Time: 6 to 7 pm



Coaching Program Controller
Mr. Kartik Dakua, Chief Coach - WAKO India
Mr. Nilesh Shekar, Coach - WAKO India

On 13 August 2020, WAKO Iran Kickboxing Association (WAKO IRAN) leads by its President Mr. **Nasser Nassiri** who is also President of Asian Kickboxing Confederation held another national seminar with participation of more than 30 provinces committees and national coaches and some athletes' members of Iran National Kickboxing team.

The provinces committees were represented by the chairman and women representative of each committee.

WAKO IRAN held usually each quarter a physical meeting with its province's committees' members but because of restriction of physical meetings related to COVID 19, most of the meeting is held online. This was the second meeting held online using this time zoom facility.

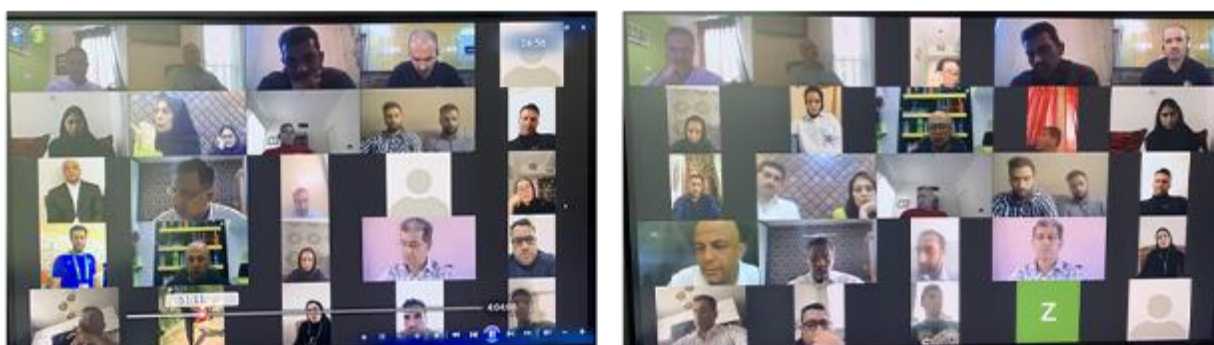
The activities of the province's committees were discussed and the recommendations by WAKO Iran Board of Directors were given about the preparation of athletes and training camps as soon as the restrictions of training is lifted. One of the important topics was the preparation of protocol of after COVID, which need to be in place as soon as restriction of training is lifted.

The protocol is in preparation by Dr , the Chief Medical and Anti-Doping of WAKO IRAN and WAKO ASIA with collaboration with national and Asian center of fight against COVID 19.

All Provinces committee affiliated to WAKO Iran Kickboxing Association (WAKO IRAN) have duty to put in place the protocol before re-starting any activities once the protocol is valid with national health authorities.

The member of national Kickboxing Team will continue their training with coordination of their respective province committee and with direct collaboration of WAKO IRAN national coaches committee.

Each Province committee affiliated to WAKO IRAN should provide the detail activities report a week before next meeting.



www.wakomexico.com

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 01 DE AGOSTO, 2020

09:00 - 10:00 HRS
FORMAS MUSICALES CON LUIS FELIPE FORASTIERI

10:15 - 11:15 HRS
LOW KICK & KI "RULES" CON RICARDO MARTINEZ

11:30 - 12:30 HRS
LIGHT CONTACT & KICK LIGHT CON FELIPE SANTAMARIA

12:45 - 13:45 HRS
POINT FIGHTING CON HECTOR SOLORIO

¡NO OLVIDES SUSCRIBIRTE EN YOUTUBE Y FACEBOOK!




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FENAKIB & WAKO México
PUBLICO EN GENERAL "TE ESPERAMOS"





www.wakomexico.com

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 01 AGOSTO, 2020

HÉCTOR SOLORIO

12:45 - 13:45 HRS
POINT FIGHTING





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PUBLICO EN GENERAL "TE ESPERAMOS"





www.wakomexico.com

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 01 AGOSTO, 2020

FELIPE SANTAMARIA

11:30 - 12:30 HRS
LIGHT CONTACT & KICK LIGHT





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PUBLICO EN GENERAL "TE ESPERAMOS"





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ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 01 AGOSTO, 2020

RICARDO MARTINEZ

10:15 - 11:15 HRS
LOW KICK & KI "RULES"





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ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 01 AGOSTO, 2020

LUIS FELIPE FORASTIERI

09:00 - 10:00 HRS
FORMAS MUSICALES





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PUBLICO EN GENERAL "TE ESPERAMOS"






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ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 08 DE AGOSTO, 2020

09:00 - 10:00 HRS
FORMAS MUSICALES CON SAMUEL MAGIAS

10:15 - 11:15 HRS
LOW KICK & K1 "RULES" CON RICARDO MARTINEZ

11:30 - 12:30 HRS
LIGHT CONTACT & KICK LIGHT CON MARCO A. PEDRAZA

12:45 - 13:45 HRS
POINT FIGHTING CON MANUEL ARAUJO

*NUESTRO SLOGAN ES "RECONOCIMIENTO Y ENTRENAMIENTO"



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PÚBLICO EN GENERAL "TE ESPERAMOS"



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ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 08 AGOSTO, 2020

SAMUEL MAGIAS

09:00 - 10:00 HRS
FORMAS MUSICALES



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www.wakomexico.com

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 08 AGOSTO, 2020

MARCO A. PEDRAZA

11:30 - 12:30 HRS
LIGHT CONTACT & KICK LIGHT



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PÚBLICO EN GENERAL "TE ESPERAMOS"



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ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 08 AGOSTO, 2020

RICARDO MARTINEZ

10:15 - 11:15 HRS
LOW KICK & K1 "RULES"



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ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 08 AGOSTO, 2020

MANUEL ARAUJO

12:45 - 13:45 HRS
POINT FIGHTING



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PÚBLICO EN GENERAL "TE ESPERAMOS"



ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 22 DE AGOSTO, 2020

09:00 - 10:00 HRS
FORMAS CREATIVAS CON SAMUEL MAGIAS

10:15 - 11:15 HRS
LOW KICK & KI "RULES" CON RICARDO MARTINEZ

11:30 - 12:30 HRS
LIGHT CONTACT & KICK LIGHT CON FELIPE SANTAMARIA

12:45 - 13:45 HRS
POINT FIGHTING CON LUIS GUEVARA

WAKO WORLD SELECTIONS WAKO WORLD "PROMOTIONS"

zoom

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PUBLICO EN GENERAL "TE ESPERAMOS"

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 22 AGOSTO, 2020

SAMUEL MAGIAS

09:00 - 10:00 HRS
FORMAS MUSICALES

zoom

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FENAKIB & WAKO México
PUBLICO EN GENERAL "TE ESPERAMOS"

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 22 AGOSTO, 2020

LUIS GUEVARA

12:45 - 13:45 HRS
POINT FIGHTING

zoom

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PUBLICO EN GENERAL "TE ESPERAMOS"

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 22 AGOSTO, 2020

RICARDO MARTINEZ

10:15 - 11:15 HRS
LOW KICK & KI "RULES"

zoom

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PUBLICO EN GENERAL "TE ESPERAMOS"

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

SÁBADO 22 AGOSTO, 2020

FELIPE SANTAMARIA

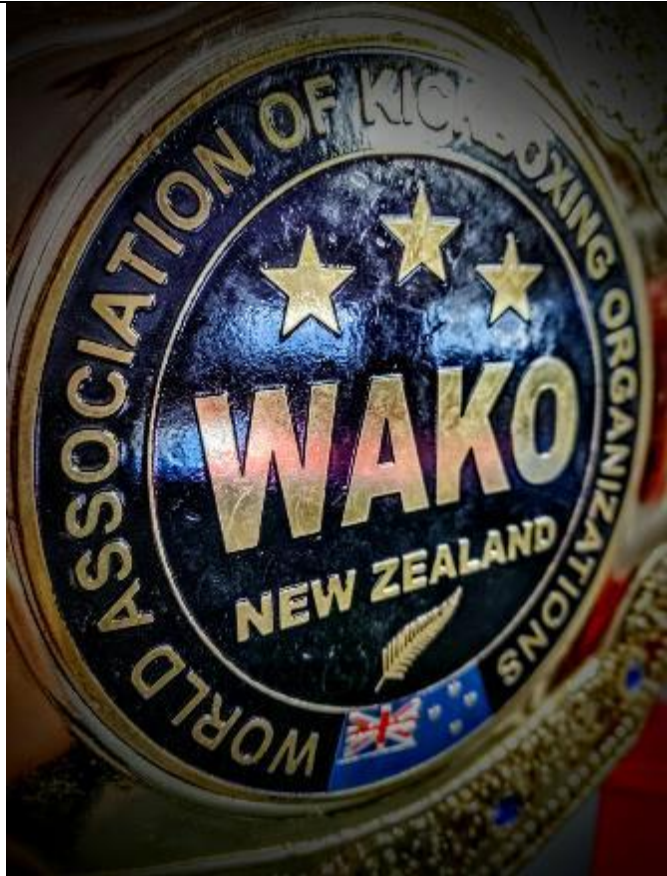
11:30 - 12:30 HRS
LIGHT CONTACT & KICK LIGHT

zoom

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PUBLICO EN GENERAL "TE ESPERAMOS"





New Zealand

ANNOUNCEMENT

The Annual AGM of WAKO NZ was held via Zoom Sunday 19 July 2020 at 7pm.

Firstly, the Executive would like to thank **Peter Thompson**, the Former President of WAKO NZ for his decade of service to the sport and art of Kickboxing. The executive leadership team endeavours to honour and build upon his fine work with it's future plans and would like to take this opportunity to express it's gratitude to him.

After a voting process we are excited to announce the following Committee positions were fulfilled.

- WAKO NZ President - **Dafydd Sanders**
- WAKO NZ Vice-President - **Carl van Roon**
- WAKO NZ Secretary - **Marni Crow**
- WAKO NZ Treasurer - **Kimi Fleming**
- WAKO NZ Executive Committee Members:

- Jason Vorster**
- Philip McArdle**
- Sallie McArdle**
- Kerry McEvoy**

On behalf of WAKO NZ, we look forward to bringing something special to the NZ martial arts community.

On behalf of WAKO, congratulations to new president and all Board members on election, welcome to the WAKO family and look forward to cooperating internationally



Dafydd Sanders

Panama

SEMINARIO Internacional
"ASPECTOS LEGALES DOPAJE EN EL DEPORTE"
 Expositora: Lidia Iv. Morales
 Abierto al público
 Sábado 1 de Agosto 4:00 p.m. (Hora Panamá)
 Zoom: 835 2275 3421
 Contraseña: DEPORTE

SEMINARIO PSICOLOGÍA DEPORTIVA
 Expositora: Lidia, Marissel Barrios
 Psicóloga
 Sábado 22 de agosto 4:00 p.m. (hora Panamá)
 Preparación mental del atleta, Beneficios del manejo psicológico en el deporte, Como organizar tu tiempo, Demostración al público
 852 9116 6447
 Contraseña: DEPORTES20
 ABIERTO AL PÚBLICO

ENTRENAMIENTO K1 SENSEI LEO CORRALES desde Argentina
 Domingo 23 de agosto 3:00 p.m.
 Hora Panamá
 ID: 855 3088 6765
 Contraseña: ANMMA2020

Philippines



Francis Tolentino

The **Philippines Kickboxing Organization** (Samahang Kickboxing NG Pilipinas) does not have activities going on due to COVID 19 and they are only conducting online activities for the National Team.

On July 30 and August 1, 2020, the federation conducted a **kickboxing coaching and rules symposium** with participation of 67 participants of affiliated members, the topics for the coaching was all about the experiences last SEA Games, athlete's nutrition, athletes Psychology and how to stay motivated and etc. In the Rules Symposium the WAKO RULES have been briefly discussed to all our Affiliates / participants.

The President of the Federation, Senator **Francis Tolentino** has been able to give a short speech regarding the national federation on how's it dealing with the COVID 19 situations now a days also being hopeful and looking forward for a really great future for Kickboxing sports in the country.

The Vice President of Federation **Benito Domingo** was also present and the hardworking Sec. Gen Atty. **Wharton Chan** was also present to give some talk and being grateful for all who participated on the webinar.

That webinar was titled "**Kicking Out the Virus**" was facilitated by the whole SKP planning team consist of Atty. **Wharton Chan** - SKP Sec. Gen, **Roselyn Hung**, **Brian Olod**, **Noriel Acquisio**, **Randy Caluag**, **Mark Sangiao**, **Donnie Geisler**, **Glenn Mondol**.

The Federation is also conducting online training for the National Team and has invited all the federation affiliates to join the regular zoom training workouts 3x a week facilitated by the Federation National Coaches Headed by Coaches **Randy Caluag**, **Mark Sangiao**, **Donnie Geisler** and.



As part of the National Beach Sports Festival organized by Polish Sports Academy Association 22.08.2020 on Gdańsk beach as a special event there will be a kickboxing gala "**DUET FIGHT NIGHT 20**" organized by Kickboxing club "Duet" from Gnansk under the patronage of Polish Kickboxing Federation.



August 10 - Polish senior national Team in Kick Light started a joint preparation camp in Pomeranian



August 11 - Polish National Senior team - K-1 Rules are preparing for the second part of the season under the eye of coaches **Zbigniew Prych** and in Szklarska Poręba.



August 12 - Hard training at the Polish Kickboxing Federation

Polish senior Low Kick National Team and Kick light National Team runs without interference.

Hard training and great atmosphere guarantees success



Poland

August 14 - National K1 Rules Team members finishes the training in Szklarska Poręba



August 14 the President of Polish Kickboxing federation **Piotr Siegoczyński** visited the Kick light junior Polish National Team camp in Wisla.



Another 7 holiday training for the youngest ended - **VACATION WITH KICKBOXING**

Approximately 20 kids took part in the classes throughout the summer period, of course we would like to thank all participants for participating

At the end of training, medals were awarded to all participants.

Damian Chiliński conducted the training.



23.08.2020. the last open consultations of the Junior National Team in low kick and K1 Rules have ended in Warsaw.

32 players from all over Poland took part in the action.

Although the consultations were a sparring nature, the fun together and good climate allowed to achieve the goals efficiently.



On Saturday, 22.08.2020, the last consultation of Cadet Pointfighting National Team of PZKB (Polish Kickboxing federation) took place in Warsaw.

The trainings were conducted by coaches: **Emilia Szablowska, Wojciech Oltarzewski and Mateusz Dylawerski.**

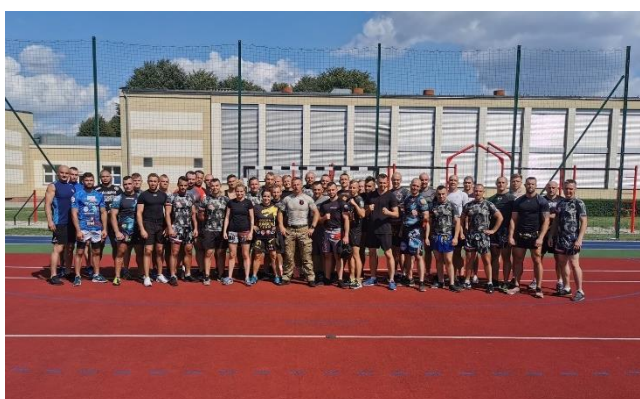
COMBAT KICKBOXING - Polish, modern military combat system

From August 24th, Military Kickboxing Instructors Course is underway at the Higher School of Crime and Penitentiary in Kalisz. The course is carried out on the basis of an agreement signed between Polish Kickboxing federation and 18th Mechanised Division the gene is defending Tadeusz Buk in Siedlce. The purpose of the course is to prepare soldiers to conduct combined kickboxing and hand combat classes - Combat Kickboxing, whose basics have been created since the agreement was signed.

Combat Kickboxing uses training methods and kickboxing techniques extended to hand combat techniques to prepare soldiers and other representatives of uniform services for the implementation of business tasks in the event of a threat to life or health as well as to maintain overall good physical fitness. The scope of the techniques used in Combat Kickboxing is adapted to the nature of the duties carried out by soldiers and officers.

During the development of training methods and the scope of Combat Kickboxing techniques, 30 years of training experience of the Polish Kickboxing Federation, whose players have been successful on the international arena for many years and have been one of the world's best teams for years. On the part of the Polish Kickboxing Federation, the substantive supervision is exercised by coach **Tomasz Mamulski**, while issues in the field of combat techniques used in Kickboxing are dealt with by former Commando Military Unit manager **Krzysztof Mika**.

It was possible to conduct the course and create a Kickboxing combat system thanks to the support of the President of the Polish Kickboxing Federation **Piotr Siegoczyński** and the Commander of the 18th Mechanised Division. Gen. Dr Jaroslaw Gromadziński.





August 29 - the open camp of **Kadra Polski Kadetów PZKB** in Łeba led by coach **Piotr Nasulewicz** ended.



August 30 - The first **Military Kickboxing Instructor Course** organized on the basis of an agreement signed between **Polski Związek Kickboxingu** and 18th Mechanized division ended in Kalisz - Polish federation would like to thank all participants for their maximum commitment. 42 soldiers obtained kickboxing instructor and Combat Kickboxing.

Many thanks to the organizational and training team: **Jerzy Bassa, Tomasz Mamulski, Krzysztof Mika, Mateusz Nowak** and **Leszek Kołtun**.

It was possible to conduct a course and create a Combat Kickboxing combat system thanks to the support of the President of the Polish Kickboxing Association **Piotr Siegoczyński** and the Commander of the 18th Mechanised Division Gen. Dr **Jarosław Gromadziński**.



August 30. - The Polish Parakickboxing Team group in the program **"Boxing on wheelchair"** is underway in the Vistula river.

The participants: **Przemek Zdzabek, Dawid Lis, Łukasz Kosiara, Paweł Kaleta, Tomasz Nawalany, Tomasz Nawalany**, take part in the group.

Trainings are conducted by coaches: **Karol Wójcik, Sebastian Górniak** and **Jacek Pendulak**.

Russia



August 8 - Russia celebrated the **Day of physical education!**

Physical culture brings strength and energy to people, tempers character and teaches to overcome any difficulties.

Everybody I wish to remain physically active, strong and purposeful! Good health, strength of spirit and achieving new sports heights!



Russian Kickboxing Championships in Ulyanovsk will be held on time from 3.8.2020. to 9.8.2020. under favourable conditions of the epidemiological situation. All requirements set by Rospotrebnadzor will be complied with the Russian Kickboxing Federation



On August 23, the **Championships of the region** took place in Astrakhan region with all the requirements of the order of the Ministry of Sports of the Russian Federation on sports events in the territory of the Russian Federation during the sanitary and epidemiological situation.



Open Seminar on August 22 central square of DK!

The seminar is conducted by the well-deserved master of sports of Russia, World and Europe kickboxing champion - **Alexander Zakharov!**



Video Production Interview with Nazri Sutari, Singapore National Kickboxing Coach

Working closely with **Sport Singapore**, the Sport Ministry of Singapore, to bring motivational content to everyone in Singapore through these challenging times.

National Kickboxing Coach, Mr. Nazri Sutari being interviewed by Secretary, Valencia Yip.

Working hard putting together a video for the community to inspire, encourage everyone in these unprecedented times of challenges!

Nazri Sutari, being a coach and an athlete, shares his journey on coping through the pandemic and staying motivated to train!



Video Production for #SGUnited “United Through Sport” Production Video

The team was involved in a short video production, through a collaboration with over 40 National Sports Associations in Singapore.

The #SGUnited “United Through Sport” video is an effort to promote the resilience of sporting culture in Singapore, through the COVID-19 pandemic.

The members involved were President Mr Jason Lim, Secretary Miss. Valencia Yip, Athletes Low Yong Ming and Clement Chew.

Together we can overcome these challenging times!

Together we are ONE! ONE WAKO!



Kickboxing Federation of Singapore Annual General Meeting (AGM) on 29 Aug 2020

Kickboxing Federation will be holding it’s AGM on 29 Aug 2020.

A report of its activities from 2019 to 2020 will be shared with all members.

In addition, exciting plans will be laid out for 2021 and beyond.



1. At the end of the July, Slovak Kickboxing Federation organized National Camp in the city Telgart which is situated close to Low Tatras.

During this training camp, federation also organized together with Slovak Anti-doping Agency seminar for athletes, coaches and referees of Slovak kickboxing Union (SZKB), where almost 80 people participated.

Anti-doping lecture was focused on vitamins, amino, prohibited substances and proteins.



2. President of Slovak Kickboxing Federation (SZKB) **Peter Onuscak** signed **Memorandum of Cooperation with Anti-doping Slovak Agency (SADA)** during meeting with Director of SADA- Mrs. **Csaderova** on 12th August in Bratislava, capital city.

Slovak federation already work with SADA many years but they decided to extend cooperation.

This Memorandum will bring new e-learning system for our SZKB members, which will help to understand all necessary rules - how to safely use freely available supplements.

SADA also will provide to us places for education, seminars, and will do more cooperation on testing our athletes during season.

SZKB will also extend anti-doping part on Federation official website- where we together with SADA will post news about supplements every few weeks.

Slovenia



This year's KBZS camp Izola is taking place under special conditions following the recommendations of National Institute for Public Health and Government of Slovenia using masks measuring and recording temperature at entrance to the gym, taking into account safety distance and disinfection of props .



Organizers adapted to a large number of applications in KBZS as 🕶️ 130 participants train in as many as 6 groups. As this year's leader of KBZS camp in Izola emphasizes **Ivo Vodopivec**, his experiences will be extremely important in shaking future activities of KBZS.



Coaches in camp was:
Vladimir Sitar
Tomaz Barada
Bojan Korošec
Andrej Sande
Sanel Ljusic
Edi Stegar
Tilen Zajc



South Korea

As part of July 8, the kickboxing official game regulations were revised, kickboxing leaders and judges in Korea participated in this seminar.

Date: August 15 2020 (Sat) 13:00-16:00

Seminar contents

- wako kickboxing rating program
- wako game regulations (2020.07 revision)

Instructors

- **Jeong Eun-Cheon:** Asiakickboxing Federation Technical Commissioner, Referee Committee Chairman, Chairman of the Korean Kickboxing Association Technology Professional Committee
- **Choi soon-Muk:** 1st class of Asia Kickboxing Federation, The Chairman of the Korean Kickboxing Association
- **Hyeonjeongho:** 1st class of Asia Kickboxing Federation, Korean Kickboxing Association Matte Judges



Switzerland



WAKO Switzerland organized on August 8-9 **The training weekend for the Point fighting juniors and seniors**, which took place in the Kerenzerberg sports center.

The organizers and coaches **Andrea Faggiano, Cassandra Fasolo** and **Michel Decian** offered the squad participants a full program, peppered with many different sports activities, intensive kickboxing training with team-fight and combat training, valuable mental training (guided by head of sport **Rocco Cipriano**) and team building Activities outdoors in nature.

The fun was definitely not neglected, be it with swimming in the cool mountain lake, riding a scooter and a great barbecue evening.

After this weekend, the Swiss point-fighters will definitely be ready when the competition starts again.

Successful training weekend of the Swiss Ringsport team

On the weekend August 21-23, **Franz Gruber**, National Coach Ringsports, invited the Swiss Team to an intensive training weekend at the Starforce Gym in Brig. In addition to a lot of technology, tactics and sparring training, the participants were allowed to record great inputs from exciting speakers:

Mental trainer **Michèle Kraft** conducted a workshop on mental training, including various practical exercises, breathing techniques and target visualizations. The coach performance sport SO **Pascal Blunsch**i introduced the topic **"Strength training and periodization for kickboxing "** followed by practical power performance training. **Kitti Juhasz's** workshop focused on regeneration in performance sports, with practical application examples for everyday training. And **Franz Gruber** led various technically sophisticated training sessions, which demanded the participants a lot - and was also a lot of fun.



On August 5th Turkish Kickboxing Federation visited Mr. **Fatih Uysal**, who has been appointed as the head of the Department of Sports Federation of Ministry of Youth and Sports.



Turkish federation visited also Mr. **Mustafa Elduran** who was appointed as the Head of the Ministry of Youth and Sports Management Services.



Turkish Kickboxing Federation together with coach committee in Ankara held Kick Boxing Exams.





Ukraine

Olga Pavlenko was re-elected as the vice president of the SCU!

On August 1, 2020, the General Assembly of the **Sports Committee of Ukraine** took place.

Olga Pavlenko, President of the National Federation of kickboxing of Ukraine, took part in the event. Among the invited guests were the Minister of Youth and Sports **Vadim Gutzait** and Deputy Minister of Youth and Sports Matvii Bidnii.

During the General Assembly of the President of the SCU was re-elected to the next term, and Olga Pavlenko is the vicepresidentom of the organization.

Congratulations!



United States of America

Training camp 02.08.2020

3 days of intense hard work - DONE!

Organizers and coaches are proud of this group who gave their all the entire weekend!

A lot of talent in this picture

Croatia



Sead Jasarevic, a member of the Kickboxing Club "Viktorija" Mali Losinj and a registered competitor of CKBF, died in a car accident on August 27, 2020 at 11:10 am on the island of Cres.

He had his last competition at the European Cup in Karlovac on February this year. Sead was born on July 12, 1996.

With deep sorrow we say goodbye to our dear friend and competitor. There is constant sorrow in all of us because the young life is over. This sudden event affected the inhabitants of the islands of Losinj and Cres and all members of the Croatian Kickboxing Federation.

On this occasion, we express our sincere condolences to family, friends and all members of the club and Croatian federation.

Rest in the peace of God.

Syria



With deep regret and pain that we announced the loss of Mr **Mohammad Youssef** who suddenly passed away few hours ago on 5 August in his hometown Damascus (Syria).

Mohammad was one of the pioneers of combat sport in Syria conducting his activities in Muay Thai and Kickboxing.

Mohammad joined Asian Kickboxing Confederation (WAKO ASIA) in late 2004 and took part in WAKO World Championships 2005 with Syrian Kickboxing Federation delegation as chief coach.

A true friendship started and Mohammad assisted WAKO ASIA and WAKO to confirm our notoriety in Syria.

Mohammad participated as international Technical official of Asian Kickboxing Confederation in Bangkok 2009 Asian Martial Arts Games.

On this occasion, we express our sincere condolences to family, friends and all members of the club and Syrian federation.

Rest in the peace of God.





Turkey

Turkish kickboxing federation is deeply saddened to heard the death of **Hasan Aslan**, one of our kick boxing national team trainers in Çankırı year due to Covid-19

Our condolences to his family, club members and all members of Turkish federation and all the sports community in Turkey.

May God rest his soul in peace.

This is a new section in the WAKO Newsletter.

As you know, the WAKO Board has accepted the new WAKO rules and they have been published on the official website. They take effect on January 1st 2021. There is a lot of news, and in this column, we will present you the news and give you a comment and explanations.

Age categories - revision of WAKO Rules 2020

In recent years, the WAKO Organizing Committee has received a large number of pleas and requests that age categories be determined by year of birth rather than by date of birth.

In their explanations, they stated several reasons why they are asking for it, including the following:

- A large number of national federations hold national championships in the first part of the year, and based on the results from national championships and world cups (which is also held in the first part of the year), they form a national team that participate in the second part of the year at continental and world championships.
- In such cases, some national federations organized special preparations and selection tournaments in July and August in order to select the composition of the national team, which significantly increased costs.
- Some federations determined their annual competition calendars according to the date of the first day of the cadet and junior world or continental championships, so they allowed those who are not yet in the older category to perform at their national championships in the first part of the year in that category, which is also not in line with the rules and in cases of accidents and lawsuits, there could have been unpleasant consequences
- As a rule, the last years of certain age categories, born in the first part of the year, could not participate in national championships and achieved the right to be in the national team in the second part of the year, because they would move to an older age category.
- The next problem mentioned was the different dates of the world and continental cadet and junior championships, so there was a difference from year to year in a month - from the last week in August to the last week in September, in these cases it happened that some competitors those born in that intermediate period skip their age category and cannot compete, they can compete in their age group for only two years, and not like the other 3 years

It has therefore been proposed that age categorized be determined by year of birth and not by date of birth and this has been accepted by the WAKO IF Board.

The new article in the WAKO rules is as follows:

Article 2.1.1.2. Age categories

Kickboxers are divided in age and weight categories which are defined in Ring General Rules and Tatami General Rules.

*Age is determined by the **year of birth**.*

Legitimizing - positive proof of age will be required at all championships (passport or ID-card).

Age categories are:

CHILDREN	(CH)	(boys and girls)
YOUNGER CADETS	(YC)	(boys and girls)
OLDER CADETS	(OC)	(boys and girls)
JUNIORS	(J)	(male and female)
YOUNGER JUNIORS	(YJ)	(male and female)
OLDER JUNIORS	(OJ)	(male and female)
SENIORS	(S)	(male and female)
MASTER CLASS (VETERANS)	(V)	(male and female)

CHILDREN category (CH): 7,8 and 9 years old. the age group is determined by the year of birth. In the year of the competition, the kickboxer can be 7, 8 and 9 years old. Children can participate in tatami disciplines point fighting and musical forms.

YOUNGER CADETS Category (YC): 10, 11 and 12 years old. The age group is determined by the year of birth. In the year of the competition, the kickboxer can be 10, 11 and 12 years old. Younger cadets can participate in tatami disciplines point fighting and musical forms.

OLDER CADETS Category (OC): 13, 14 and 15 years old. The age group is determined by the year of birth. In the year of the competition, the kickboxer can be 13, 14 and 15 years old. Older cadets can participate in tatami disciplines point fighting, light contact, kick light and musical forms.

JUNIORS Category (J): 16, 17 and 18 years old. The age group is determined by the year of birth. In the year of the competition, the kickboxer can be 16, 17 and 18 years old. Juniors can participate in tatami disciplines point fighting, light contact, kick light and musical forms.

YOUNGER JUNIORS category (YJ): 15 and 16 years old. The age group is determined by the year of birth. In the year of the competition, the kickboxer can be 15 and 16 years old. Younger juniors can participate in ring disciplines: full contact, low kick and K1 Style

OLDER JUNIORS category (OJ): 17 and 18 years old. The age group is determined by the year of birth. In the year of the competition, the kickboxer can be 17 and 18 years old. Older juniors can participate in ring disciplines: full contact, low kick and K-1 Style

SENIORS category (S): 19 to 40 years old. The age group is determined by the year of birth. In the year of the competition, the kickboxer can be from 19 to 40 years old. Seniors can participate in all kickboxing disciplines.

MASTER CLASS (VETERANS) category (V): 41 to 55 years old. The age group is determined by the year of birth. In the year of the competition, the kickboxer can be from 41 to 55 years old. Master class (veterans) can participate in tatami disciplines: point fighting, light contact and kick light

Clarifications and exceptions

- Children, younger cadets and older cadets can compete only in their age categories.
- Juniors (in tatami disciplines) and older juniors (in ring disciplines) can compete in senior categories only if kickboxer is already 18 years old
- If an older junior and junior competes at World or Continental Championships in senior category than kickboxer cannot go back competing as older junior or junior again and must stay within the senior categories going forward at all world and continental championships.
- Older junior and junior who has competed as a senior at World or Continental championship can continue to compete as a junior in all other international events, excluding the above.
- A children, younger cadets, older cadets or juniors can only participate within a team in the age category applicable to him as an individual.
- If any kickboxer in Master class (Veterans) category would like to fight in senior category kickboxer must be in possession of all medical check-up and certification declaring he's fit to fight and ask for a special authorization released by WAKO HQ to participate at World and Continental Championships and World Cups. For other competitions he/she has to have a special authorization released by National federation.
- Kickboxers participate at World and Continental Cups and other open international and national tournaments can move between categories / weight classes (maximum one above) as long as it is a division above kickboxer's weight.

The new WAKO rules apply from January 1st 2021 and according this the age categories in 2021 will be as follows:

CHILDREN category (CH): 7,8 and 9 years old	- competitors born 2012, 2013 and 2014
YOUNGER CADETS Category (YC): 10, 11 and 12	- competitors born 2009, 2010 and 2011
OLDER CADETS Category (OC): 13, 14 and 15 years old	- competitors born 2006, 2007 and 2008
JUNIORS Category (J): 16, 17 and 18 years old	- competitors born 2003, 2004 and 2005
YOUNGER JUNIORS category (YJ): 15 and 16 years old	- competitors born 2005 and 2006
OLDER JUNIORS category (OJ): 17 and 18 years old	- competitors born 2003 and 2004
SENIORS category (S): 19 to 40 years old	- competitors born from 1981 to 2002
MASTER CLASS (VETERANS) category (V): 41 to 55 years old	- competitors born from 1966 to 1980

Also, it is important to note that competitors are allowed to compete in all competitions only in their age categories - except that juniors in tatami disciplines (16, 17, 18 years old) and older juniors 18 years old in ring disciplines (not 17 years old) can compete among seniors.

If such juniors compete in the World and Continental Championships among seniors, they can no longer compete in the Junior World and Continental Championships, but in all other competitions they can compete in their age category (as juniors).

If any kickboxer in Master class (Veterans) category would like to fight in senior category kickboxer must be in possession of all medical check-up and certification declaring he's fit to fight and ask for a special authorization released by WAKO HQ to participate at World and Continental Championships and World Cups. For other competitions he/she has to have a special authorization released by National federation.

SENIORS (19 to 40 years old) can compete only in senior category.

In other words:

- **age categories CHILDREN (7,8,9 years old), YOUNGER CADETS (10,11,12 years old) OLDER CADETS 13, 14 and 15 years old) and YOUNGER JUNIORS (15, 16 years old) SENIORS (19 to 40 years old) are allowed to participate **only in their age categories** at all WAKO competitions.**



WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

Official Invitation from WAKO President:



Dear President and General Secretary,

As you are aware at the beginning of July WAKO IF undertook a survey to understand the interest in the hosting of a workshop weekend, where we would have the opportunity to develop understanding and input from expertise and insight in to success stories within WAKO so we can share our learnings and help each other grow nationally and internationally. The outputs of that survey are in the appendix 1 below, for you to review.

We are fully aware of the ever-changing position in our ability to travel safely and the complications and health concerns placed on us due to

CV 19. We will update you close to the time on all logistics. Within the survey 35 countries felt it was very important to run the workshops and confirmed their attendance to help them grow and recover from the devastating effect the pandemic has had on all sports. With 12 countries unsure due to the pandemic.

We have prioritised the subjects which scored highest in the survey issued out to you the federation, which, contribute most to your growth and development in 2021 and beyond. WAKO IF will pay for and fully cover two nights' accommodation and full board, for two of your delegated members to attend the workshops sharing a room and bring back the material and learnings to your federation. We strongly suggest you send your working leadership team. If you require more than two people to attend, this is possible, but the accommodation and food costs must be covered by the National Federation. If you wish to stay in beautifully Istanbul in the hotel for more than two nights, this is possible but again needs to be covered by the NF.

Sharing life lessons and knowledge will not only help shape our sport, but also our level of success and development will be enhanced and improved, when we learn from each other and collectively develop our sport nationally and international as part of the WAKO family. Many of my biggest personal and professional growth periods came from sitting and listening to the journeys and testimony from others, successful federations, athletes and business leaders, who gave me the opportunity to experiencing their lessons and story's, then realizing that in sharing, absorbing and in accepting this insight, barriers erode, walls come down, growth happens and that brings a new perspective in life, in sport, in business, empowering each other to be improved and understand better.

Below you have all the relevant information at hand to enable you and your team to register. I hope you are able to attend with key members of your team in what will be a growth opportunity for you and your federation, to share and learn amongst friends and experts in various fields.

Respectfully Yours,

Roy Baker,
WAKO President

WAKO HQ: Via Alessandro Manzoni, 16 - 20900 Monza (MB) Italy
E-mail: administration@wako-sport - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako-sport>



**MISTRZOSTWA POLSKI
KADETÓW STARSZYCH**
W KICKBOXINGU W WERSJI
LIGHT CONTACT I POINTFIGHTING
KRYNICA-ZDRÓJ 4-6 września 2020r.



Oficjalne otwarcie w dniu 5 września godz. 12:00
ul. Kraszewskiego 158 (sala gimnastyczna szkoła nr 2) 9:00 rozpoczęcie walk




Poland

Additional registration of participants for the Polish Championship of older cadets in Krynica-Zdrój

Due to changes in restrictions related to Covid-19 (change of the danger zone from "red" to "yellow") Polish federation are enable to register additional participants who have not decided to register due to their concerns so far.

**MISTRZOSTWA POLSKI
KADETÓW STARSZYCH**
Light contact, Pointfighting
04-06.09.2020 KRYNICA-ZDRÓJ



PZKB POLSKI ZWIĄZEK KICKBOXINGU

pzkickboxing.pl
/pzkickboxing

**FULL CONTACT
MISTRZOSTWA POLSKI
SENIORÓW I JUNIORÓW
KICKBOXING**
DREZDENKO 02-04.10.2020




www.DesktopBackground.org

Russia

On September 3,4,5 City of Ulyanovsk will host the Russian kickboxing Championship. The Championships will be held in all disciplines at once at Volga - Sport Arena

Promo video: <https://www.facebook.com/v.kickboxing/videos/10221591886333716>

СПОРТ ПРОТИВ НАРКОТИКОВ И ИНТЕРНЕТ-ЗАВИСИМОСТИ

**ЧЕМПИОНАТ РОССИИ
ПО ВСЕМ ДИСЦИПЛИНАМ
КИКБОКСИНГА**

УЛЬЯНОВСК 2020

75 ПОБЕДА! 1943-2020

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"Волга-Спорт-Арена"
(8422) 588-333

3,4,5 СЕНТЯБРЯ
ПРЕДВАРИТЕЛЬНЫЕ БОИ
6 СЕНТЯБРЯ ГАЛА-ФИНАЛ 17⁰⁰

Logos: Russian Federation, Ulyanovsk Region, Green Hill, DIGS-Line, clinch, TURTEN, adidas

Bulgaria

National Championships in kickboxing full contact in all age groups 04-06.-09.2020 - City of Kavarna

БЪЛГАРСКА КОНФЕДЕРАЦИЯ ПО КИК БОКС И МУАЙ ТАЙ

ОБЩИНА КАВАРНА и СК РИНГ

ОРГАНИЗИРА

ДЪРЖАВНО ПЪРВЕНСТВО

ПО КИК БОКС В СТИЛ

ФУЛ КОНТАКТ И МУАЙ ТАЙ

4-6 септември 2020

5.09 - квалификации - 10.00 часа
6.09 - финали - 10.00 часа

Спортна зала Олимпиада

вход СВОБОДЕН

Bavarian Open 2020 - October 24th - Altotting, Germany



WAKO Switzerland
Swiss Kickboxing Federation
www.wako.ch

Wettkampf-Kalender 2020 **NEU**
Musical Forms - Point Fighting - Light Contact - Kick Light
K1-Rules - Low Kick

So 6. Sept.
43. Reinacher Cup
Reinach AG

So 27. Sept.
5. Yverdon Cup
Yverdon-les-Bains VD

Sa 7. Nov.
3. Seetaler Cup
Seengen AG

So 22. Nov.
2. Leone Cup
Neufeld BE

Sa 19. Dez.
Ringsportfinale
Neufeld BE

more events & news:
www.wakoswitzerland.ch/news

OFFEN für alle Klubs/Sportschulen
TEILNAHMEGEBÜHREN: Tabarni und Ringsport
mit WAKO Lizenz 2020: Startgebühr Fr. 30.- (jede weitere Kat. Fr. 10.-)
ohne WAKO Lizenz 2020: Tageslizenz Fr. 15.- & Startgebühr Fr. 30.- (jede weitere Kategorie Fr. 10.-)

ANMELDUNG: www.sportdata.org bis 2 Tage vor Turnierstart
KONTAKT: swisscup@wako.ch

BUDO.CH
1980
KICKBOXING

**KICKBOXING
SPARRING CAMP**
18.9. - 20.9.2020
TERME OLIMIA PODČETRTEK

Vabljeni vsi klubi z borci vseh
starostnih kategorij

Urnik treningov:
Petek 18.9. 17:00-18:30
Sobota 19.9. 10:00-11:30 in 17:00-18:30
Nedelja 20.9. 10:00-11:30

Cena: 100 €

Vključuje namestitve (pet-ned) v apartmajih Lipa***
polni penzion, kopanje v bazenu, turistična taksa.
Potrditev rezervacije je ob plačilu po predračunu.

Prijava in informacije:
Andrej Sande 031 520 652 ali andrej_sande@krs.net
Rok za prijave in potrditve: 1.9.2020

After a forced break due to the situation in connection with Covid-19 and summer vacation, Slovenian Kickboxing Federation invite kickboxers to the second **kickboxing sparring camp**, which will take place from 18.9 to 20.9.2020 in Terme Olimia in Podčetrtek.

Camp will be lead by **Andrej Sande** from "Sande Team",

Training camp is dedicated to ring disciplines (K1, low kick, full contact).

3.9.-4.9. Kickboxing Cup of Odessa region

**Урочисте відкриття фінальних поєдинків
Відкритого кубка Одеської області
з Кікбоксингу ВАКО**

Присвяченого пам'яті
Ставниціра
Олексія Михайловича

16:00
04.09.2020

Розділи: поїнт-файтінг, лайт-контакт, кік-лайт
музичні наприви

Телефон для довідок:
+380936825425

KINGLIVE

м. Южне
площа Перемоги, 2
ФСК Олімп

1.10.-4.10. Ukrainian Kickboxing Cup

МІНІСТЕРСТВО
ОКРЕМІЙ СЕКТОР
УКРАЇНСЬКОГО ОЛІМПІЙСЬКОГО
КОМІТЕТУ

КУБОК УКРАЇНИ
З КІКБОКСИНГУ
WAKO
серед дорослих

ТА ВСЕУКРАЇНСЬКИЙ
ТУРНІР СЕРЕД ЮНАКІВ
ТА ЮНІОРІВ

ПАМ'ЯТІ ОРЛА П.О.

1-4 жовтня
2020 року

М. ЧЕРКАСИ, КЗ ОСДЮШОР (СК "МАНЕЖ")

КИЇВ, ПАРК ДРУЖБИ НАРОДІВ

11 – 13 ВЕРЕСНЯ КОМПЛЕКС Х-PARK (ПАРК «МУРОМЕЦЬ»)

КУБОК КИЄВА З КІКБОКСИНГУ

WAKO
2020

ГЕНЕРАЛЬНІ
ПАРТНЕРИ

KAYO
FIGHTING PRO

WIZARD
.UA

VIVA
МЕРЕЖА КЛІБІВ

DDPING

COMPETITIONS POSTPONED

تقرر تأجيل الدورة
التنشيطية لتاريخ
يحدد لاحقاً وذلك
بسبب الكارثة في لبنان

Seminar is
Postponed until
further notice

الدورة التنشيطية
لرياضات قوة الرمي

KOWAT ALRAMI
International Seminar

POSTPONED

SATURDAY 06/09/2020 At 6:00 P.M. Beirut Time GMT +3
For Information WhatsApp +1832 277 2442 عبر الواتساب
www.kowat-arami.org

WAKO EUROPEAN CUP
SERBIA OPEN

**K1
STYLE**

10 YEARS ANNIVERSARY

BELGRADE

20-22 November

MONEY PRIZE FUND
KICK LIGHT
FULL CONTACT
POINT
FIGHTING

COMPETITIONS CANCELLED

Bosnia And Herzegovina

WAKO 2020
INTERNATIONAL KICKBOXING CUP

BALKAN OPEN

TEŠANJ

05.09.2020
Bosnia and Herzegovina

POINT FIGHTING
LOW KICK

LIGHT CONTACT
K1 RULES

KICK LIGHT
MUSICAL FORMS

www.wakobalkanopen.com

North Macedonia

KICKBOXING
BALKAN
CHAMPIONSHIP

25 - 27.09.2020
SKOPJE

25 - 27.09.2020 Sport Hall "BORIS TRAJKOVSKI" - Skopje
Boulevard "8 - mi Septemvri" No. 13, 1000 Skopje

KICKBOXING BALKAN CHAMPIONSHIP

25.09.2020 from 18:00 to 22:00
- Registration - Sport Hall "Boris Trajkovski"
- WEIGH-IN - Sport Hall "Bori Trajkovski"
- Medical Check - Sport Hall "Boris Trajkovski"

26 - 27.09.2020 from 10:00
- Competition - Sport Hall "Boris Trajkovski"

Disciplines: K1 (Young Juniors, Older Juniors and Seniors)
Disciplines: KICK LIGHT and POINT FIGHT (Older Cadets, Juniors and Seniors)

Scandinavian Open 2020 - Cancelled





**Общероссийская Общественная организация
«Федерация кикбоксинга России»**

**Public Organization
«Kickboxing Federation of Russia»**

Юридический адрес: 125124, г. Москва, 3-я улица Ямского поля, д.18
 тел/факс: (495) 561-70-71 E-mail: kickbox-r@mail.ru, сайт: www.fkr.ru
 ОГРН 1027700444738 ИНН 7447001141 КПП 771401001 Московский филиал ПАО Росбанк
 г. Москва БИК 044525256 к/с 30101810000000000256; р/с 40703810287880000014

Исх.127
 От 19.08.2020г.

Dear President,

Due to the COVID-19 situation in the country (Russia) and around the world, the Russian Kickboxing Federation decided to cancel The World Cup in kickboxing, which is must to be held in Moscow from 14 to 19 September, 2020.



It is with an extremely heavy heart that it's time to officially announce that the **Bristol Open 2020 (September 25-27) has been cancelled due to COVID 19.**

The decision has been an obvious one due to the current crisis, government guidelines and the safety of our athletes and officials. We would like to take the opportunity to once again thank all our staff, competitors, sponsors and associates for your continued support.

The Bristol Open is not just a martial arts tournament to us. Its the time of year we invite fantastic people from all over the globe to our home city to create, enhance and rekindle so many friendships created over so many years. It's a place to celebrate the success and evolution of Bristol Lau Gar by all of its past and present students, coaches, competitors and champions.

Most of all we believe that all martial arts competitions are far more than just being about winning medals, titles and prize money. We believe they are a platform to develop tenacity, determination, resilience, perseverance and strength. All of the positive traits that it takes to overcome the tough situation we are all facing.

For that reason we send our sincerest wishes to all of our friends and families at this challenging time. We encourage you to stand strong, remain positive and as martial artists be the light and bring the energy and positivity to our communities.

The Bristol Open will be back bigger and better in the middle of October 2021 and until then our team will keep smiling, moving and strong.

Best wishes WAKO GB

WWW.WAKO.SPORT

“A VIRUS NEEDS A HOST MISINFORMATION NEEDS A HOST

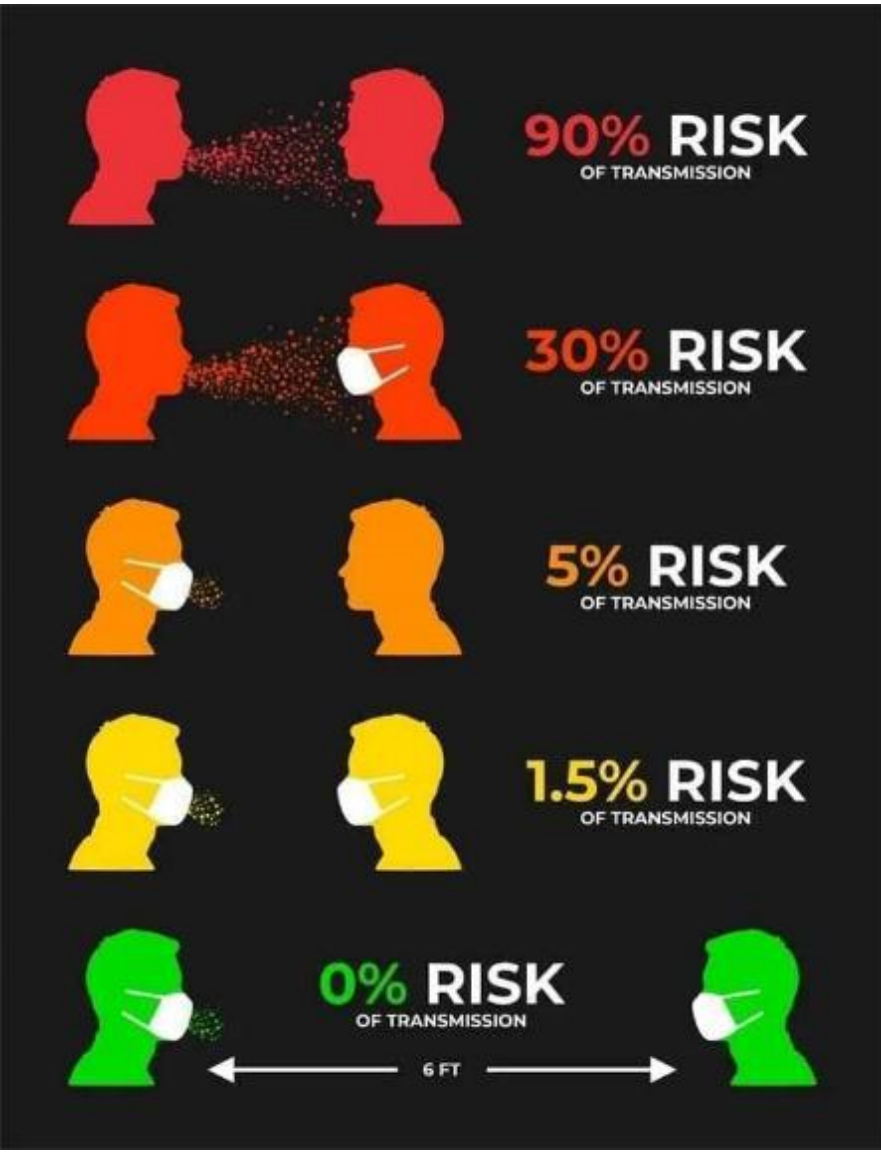
LISTEN TO THE **EXPERTS** TO ERADICATE BOTH”

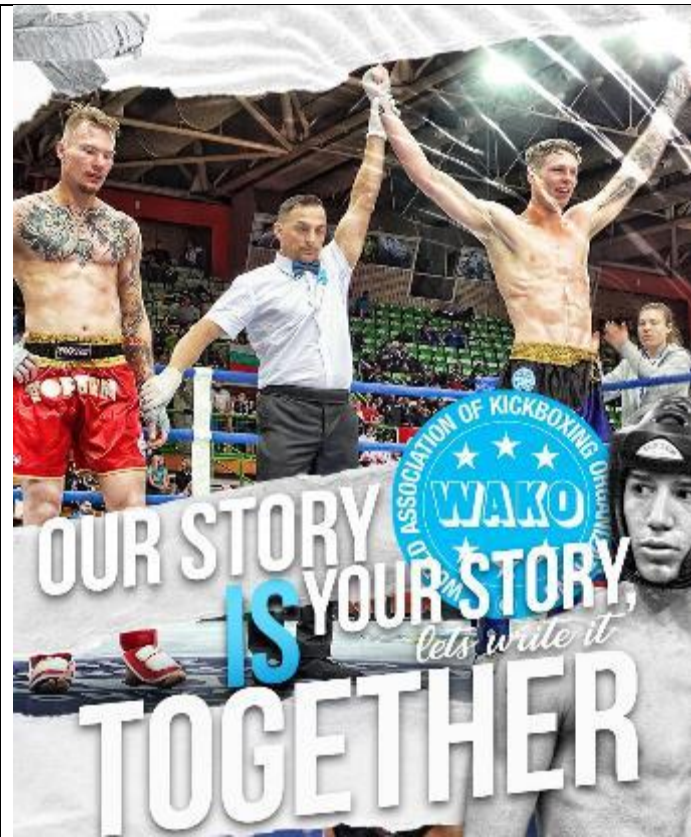
ROY BAKER - WAKO PRESIDENT



WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT

f t i y





To all recipients of this Newsletter

Please forward this newsletter to all members of your federation.

All news and short reports with pictures and posters of your sports activities sent to:

Marijana Pelevic

- WAKO Media Officer:

marijana.pelevic@wako.sport

Romeo Desa

- WAKO Technical Director:

technical.director@wako.sport

If you want to receive Newsletter in your inbox – please, send us your e-mail address.

