

bane120km

Beste stræktid for klassen

02:21 01:19 01:52 01:43 02:57 06:42 02:05 01:52 01:53 01:56 02:03 02:24 03:02 03:49 03:29 03:49 01:38 02:32 03:17 04:05 03:06 01:35 01:51 04:57 02:28 02:38 04:47 02

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

bane215km

1	Magnus Fannar Madsen	17	1:39:40																						
02:41=	05:00=	09:56=	13:29=	21:59=	24:40=	26:48=	29:08=	31:24=	33:57=	37:32=	41:27=	45:41=	49:46=	51:50=	56:43=	69:11=	72:15=	75:44=	79:36=	80:45=	84:04=	87:27=	89:13=	91:02=	93:57=
02:41=	02:19=	04:56=	03:33=	08:30=	02:41=	02:08=	02:20=	02:16=	02:33=	03:35=	03:55=	04:14=	04:05=	02:04=	04:53=	12:28=	03:04=	03:29=	03:52=	01:09=	03:19=	03:23=	01:46=	01:49=	02:55=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
95:24=	97:42=	99:20=	99:40=																						
01:27=	02:18=	01:38=	00:20=																						
00:00=	00:00=	00:00=	00:00=																						

2	Jonas Aadal Wihan	5	1:40:17																						
02:45+	05:05+	10:01+	13:36+	22:28+	25:28+	27:47+	30:05+	32:32+	35:06+	38:24+	43:05+	46:37+	50:16+	52:13+	56:39-	69:12+	72:23+	76:03+	79:47+	80:53+	84:05+	87:37+	89:40+	90:46-	93:55-
02:45+	02:20+	04:56+	03:35+	08:52+	03:00+	02:19+	02:18-	02:27+	02:34+	03:18-	04:41+	03:32-	03:39-	01:57-	04:26-	12:33+	03:11+	03:40+	03:44-	01:06-	03:12-	03:32+	02:03+	01:06-	03:09+
00:04+	00:01+	00:00=	00:02+	00:22+	00:19#	00:11+	00:02-	00:11+	00:01+	00:17-	00:46#	00:42-	00:26-	00:07-	00:27-	00:05+	00:07+	00:11+	00:08-	00:03-	00:07-	00:09+	00:17#	00:43-	00:14+
95:28+	98:23+	100:02+	100:17+																						
01:33+	02:55+	01:39+	00:15-																						
00:06+	00:37&	00:01+	00:05-																						

3	Mathias Nyvang	NOTEAM	1:40:58																						
02:34-	04:57-	09:59+	13:38+	22:08+	24:38-	26:57+	29:15+	31:34+	34:10+	37:29-	41:31+	47:59+	53:01+	55:08+	61:00+	67:17-	72:20+	76:14+	80:02+	81:10+	84:34+	88:32+	90:11+	91:31+	95:02+
02:34-	02:23+	05:02+	03:39+	08:30=	02:30-	02:19+	02:18-	02:19+	02:36+	03:19-	04:02+	06:28+	05:02+	02:07+	05:52+	06:17-	05:03+	03:54+	03:48-	01:08-	03:24+	03:58+	01:39-	01:20-	03:31+
00:07-	00:04+	00:06+	00:06+	00:00=	00:11-	00:11+	00:02-	00:03+	00:03+	00:16-	00:07+	02:14&	00:57#	00:03+	00:59#	06:11-	01:59&	00:25#	00:04-	00:01-	00:05+	00:35#	00:07-	00:29-	00:36#
96:51+	98:44+	100:35+	100:58+																						
01:49+	01:53-	01:51+	00:23+																						
00:22&	00:25-	00:13#	00:03#																						

4	Leif E. Larsen	Thok	1:47:57																						
03:33+	06:33+	08:43-	13:20-	23:26+	26:23+	29:04+	31:54+	34:43+	37:43+	41:13+	45:56+	50:09+	54:41+	57:11+	62:44+	69:44+	73:55+	78:37+	83:20+	84:49+	88:45+	93:22+	95:41+	97:13+	101:00+
03:33+	03:00+	02:10-	04:37+	10:06+	02:57+	02:41+	02:50+	02:49+	03:00+	03:30-	04:43+	04:13-	04:32+	02:30+	05:33+	07:00-	04:11+	04:42+	04:43+	01:29+	03:56+	04:37+	02:19+	01:32-	03:47+
00:52&	00:41&	02:46-	01:04&	01:36#	00:16+	00:33&	00:30#	00:33#	00:27#	00:05-	00:48#	00:01-	00:27#	00:26#	00:40#	05:28-	01:07&	01:13&	00:51#	00:20&	00:37#	01:14&	00:33&	00:17-	00:52&
103:23+	105:28+	107:33+	107:57+																						
02:23+	02:05-	02:05+	00:24+																						
00:56&	00:13-	00:27&	00:04#																						

5	Thorkild Jensen	23	1:47:59																						
02:49+	05:29+	09:49-	13:53+	23:00+	26:05+	28:44+	31:14+	34:07+	37:10+	40:50+	45:25+	49:43+	54:08+	56:42+	62:01+	68:32-	72:30+	76:45+	81:55+	83:19+	87:06+	91:50+	94:48+	96:28+	100:49+
02:49+	02:40+	04:20-	04:04+	09:07+	03:05+	02:39+	02:30+	02:53+	03:03+	03:40+	04:35+	04:18+	04:25+	02:34+	05:19+	06:31-	03:58+	04:15+	05:10+	01:24+	03:47+	04:44+	02:58+	01:40-	04:21+
00:08+	00:21#	00:36-	00:31#	00:37+	00:24#	00:31#	00:10+	00:37&	00:30#	00:05+	00:40#	00:04+	00:20+	00:30#	00:26+	05:57-	00:54&	00:46#	01:18&	00:15#	00:28#	01:21&	01:12&	00:09-	01:26&
103:16+	105:32+	107:35+	107:59+																						
02:27+	02:16-	02:03+	00:24+																						
01:00&	00:02-	00:25&	00:04#																						

6	Anders Lorentzen	25	1:48:00																						
03:03+	05:43+	09:37-	13:42+	23:28+	26:09+	28:40+	31:17+	34:07+	37:07+	40:35+	45:22+	49:48+	54:12+	56:58+	62:28+	69:38+	74:00+	78:35+	83:13+	84:38+	88:37+	93:27+	95:37+	97:09+	100:55+
03:03+	02:40+	03:54-	04:05+	09:46+	02:41=	02:31+	02:37+	02:50+	03:00+	03:28-	04:47+	04:26+	04:24+	02:46+	05:30+	07:10-	04:22+	04:35+	04:38+	01:25+	03:59+	04:50+	02:10+	01:32-	03:46+
00:22#	00:21#	01:02-	00:32#	01:16#	00:00=	00:23#	00:17#	00:34#	00:27#	00:07-	00:52#	00:12+	00:19+	00:42&	00:37#	05:18-	01:18&	01:06&	00:46#	00:16#	00:40#	01:27&	00:24#	00:17-	00:51&
103:03+	105:35+	107:35+	108:00+																						
02:08+	02:32+	02:00+	00:25+																						
00:41&	00:14#	00:22#	00:05#																						

Class Navn**Klasse****Tid****bane215km****14 Jan Frederiksen****19****1:55:00**

03:26+ 06:27+ 08:39+ 13:22+ 23:33+ 26:32+ 29:12+ 31:58+ 34:50+ 37:50+ 41:25+ 46:12+ 50:29+ 55:05+ 57:52+ 64:57+ 72:15+ 75:59+ 81:05+ 86:35+ 88:01+ 93:00+ 98:42+ 100:51+ 102:28+ 106:32+
03:26+ 03:01+ 02:12+ 04:43+ 10:11+ 02:59+ 02:40+ 02:46+ 02:52+ 03:00+ 03:35+ 04:47+ 04:17+ 04:36+ 02:47+ 07:05+ 07:18+ 03:44+ 05:06+ 05:30+ 01:26+ 04:59+ 05:42+ 02:09+ 01:37+ 04:04+
03:26+ 03:01+ 02:12+ 04:43+ 10:11+ 02:59+ 02:40+ 02:46+ 02:52+ 03:00+ 03:35+ 04:47+ 04:17+ 04:36+ 02:47+ 07:05+ 07:18+ 03:44+ 05:06+ 05:30+ 01:26+ 04:59+ 05:42+ 02:09+ 01:37+ 04:04+
108:49+ 112:07+ 114:32+ 115:00+
02:17+ 03:18+ 02:25+ 00:28+
02:17+ 03:18+ 02:25+ 00:28+

15 Jørgen Pedersen**3****1:57:39**

03:16+ 06:16+ 08:34+ 13:14+ 23:56+ 26:57+ 29:48+ 32:57+ 36:21+ 41:57+ 45:44+ 50:42+ 55:07+ 60:25+ 62:56+ 68:25+ 76:04+ 80:29+ 85:09+ 90:19+ 91:44+ 95:43+ 100:32+ 102:52+ 104:21+ 108:37+
03:16+ 03:00+ 02:18+ 04:40+ 10:42+ 03:01+ 02:51+ 03:09+ 03:24+ 05:36+ 03:47+ 04:58+ 04:25+ 05:18+ 02:31+ 05:29+ 07:39+ 04:25+ 04:40+ 05:10+ 01:25+ 03:59+ 04:49+ 02:20+ 01:29+ 04:16+
03:16+ 03:00+ 02:18+ 04:40+ 10:42+ 03:01+ 02:51+ 03:09+ 03:24+ 05:36+ 03:47+ 04:58+ 04:25+ 05:18+ 02:31+ 05:29+ 07:39+ 04:25+ 04:40+ 05:10+ 01:25+ 03:59+ 04:49+ 02:20+ 01:29+ 04:16+
111:07+ 114:39+ 117:17+ 117:39+
02:30+ 03:32+ 02:38+ 00:22+
02:30+ 03:32+ 02:38+ 00:22+

16 Jakob Q Christensen**13****1:57:41**

03:11+ 05:54+ 09:42+ 14:00+ 25:22+ 28:10+ 30:56+ 33:40+ 36:57+ 40:01+ 43:50+ 51:10+ 55:11+ 60:10+ 62:41+ 68:12+ 77:33+ 81:15+ 85:37+ 90:25+ 91:47+ 95:39+ 100:22+ 102:42+ 104:10+ 108:22+
03:11+ 02:43+ 03:48+ 04:18+ 11:22+ 02:48+ 02:46+ 02:44+ 03:17+ 03:04+ 03:49+ 07:20+ 04:01+ 04:59+ 02:31+ 05:31+ 09:21+ 03:42+ 04:22+ 04:48+ 01:22+ 03:52+ 04:43+ 02:20+ 01:28+ 04:12+
03:11+ 02:43+ 03:48+ 04:18+ 11:22+ 02:48+ 02:46+ 02:44+ 03:17+ 03:04+ 03:49+ 07:20+ 04:01+ 04:59+ 02:31+ 05:31+ 09:21+ 03:42+ 04:22+ 04:48+ 01:22+ 03:52+ 04:43+ 02:20+ 01:28+ 04:12+
110:53+ 114:42+ 117:16+ 117:41+
02:31+ 03:49+ 02:34+ 00:25+
02:31+ 03:49+ 02:34+ 00:25+

17 Jørgen Østergaard**11****1:57:45**

03:58+ 06:59+ 09:01+ 14:24+ 25:16+ 29:10+ 32:02+ 34:45+ 37:54+ 41:23+ 45:25+ 50:33+ 55:03+ 60:20+ 62:53+ 68:37+ 76:08+ 80:17+ 85:04+ 90:05+ 91:37+ 95:53+ 101:08+ 103:17+ 105:50+ 110:00+
03:58+ 03:01+ 02:02+ 05:23+ 10:52+ 03:54+ 02:52+ 02:43+ 03:09+ 03:29+ 04:02+ 05:08+ 04:30+ 05:17+ 02:33+ 05:44+ 07:31+ 04:09+ 04:47+ 05:01+ 01:32+ 04:16+ 05:15+ 02:09+ 02:33+ 04:10+
03:58+ 03:01+ 02:02+ 05:23+ 10:52+ 03:54+ 02:52+ 02:43+ 03:09+ 03:29+ 04:02+ 05:08+ 04:30+ 05:17+ 02:33+ 05:44+ 07:31+ 04:09+ 04:47+ 05:01+ 01:32+ 04:16+ 05:15+ 02:09+ 02:33+ 04:10+
112:16+ 114:35+ 117:24+ 117:45+
02:16+ 02:19+ 02:49+ 00:21+
02:16+ 02:19+ 02:49+ 00:21+

18 Kenn Heldgaard Kristensen**8****2:04:25**

03:50+ 07:11+ 09:23+ 14:20+ 25:38+ 28:59+ 31:57+ 34:57+ 38:17+ 41:48+ 46:01+ 51:13+ 56:11+ 61:15+ 64:13+ 70:22+ 78:42+ 83:21+ 88:28+ 94:08+ 95:58+ 100:43+ 105:56+ 108:21+ 110:07+ 115:01+
03:50+ 03:21+ 02:12+ 04:57+ 11:18+ 03:21+ 02:58+ 03:00+ 03:20+ 03:31+ 04:13+ 05:12+ 04:58+ 05:04+ 02:58+ 06:09+ 08:20+ 04:39+ 05:07+ 05:40+ 01:50+ 04:45+ 05:13+ 02:25+ 01:46+ 04:54+
03:50+ 03:21+ 02:12+ 04:57+ 11:18+ 03:21+ 02:58+ 03:00+ 03:20+ 03:31+ 04:13+ 05:12+ 04:58+ 05:04+ 02:58+ 06:09+ 08:20+ 04:39+ 05:07+ 05:40+ 01:50+ 04:45+ 05:13+ 02:25+ 01:46+ 04:54+
117:52+ 121:00+ 123:56+ 124:25+
02:51+ 03:08+ 02:56+ 00:29+
02:51+ 03:08+ 02:56+ 00:29+

19 Michael Termansen**Ok Syd****2:35:26**

03:40+ 07:07+ 09:18+ 14:12+ 25:34+ 29:47+ 33:00+ 36:16+ 40:20+ 47:02+ 51:44+ 57:59+ 63:36+ 69:45+ 73:04+ 80:50+ 97:09+ 102:14+ 108:06+ 115:01+ 117:03+ 122:47+ 130:12+ 133:25+ 136:04+ 142:03+
03:40+ 03:27+ 02:11+ 04:54+ 11:22+ 04:13+ 03:13+ 03:16+ 04:04+ 06:42+ 04:42+ 06:15+ 05:37+ 06:09+ 03:19+ 07:46+ 16:19+ 05:05+ 05:52+ 06:55+ 02:02+ 05:44+ 07:25+ 03:13+ 02:39+ 05:59+
03:40+ 03:27+ 02:11+ 04:54+ 11:22+ 04:13+ 03:13+ 03:16+ 04:04+ 06:42+ 04:42+ 06:15+ 05:37+ 06:09+ 03:19+ 07:46+ 16:19+ 05:05+ 05:52+ 06:55+ 02:02+ 05:44+ 07:25+ 03:13+ 02:39+ 05:59+
146:44+ 151:23+ 154:55+ 155:26+
04:41+ 04:39+ 03:32+ 00:31+
04:41+ 04:39+ 03:32+ 00:31+

20 Peter R. Pallesen**Ok Syd****2:42:13**

03:38+ 06:46+ 08:57+ 13:48+ 25:13+ 28:50+ 31:53+ 35:09+ 38:36+ 42:53+ 47:33+ 53:58+ 59:40+ 66:12+ 69:41+ 79:21+ 107:41+ 112:09+ 117:52+ 124:34+ 126:16+ 131:12+ 136:47+ 140:29+ 142:55+ 148:32+
03:38+ 03:08+ 02:11+ 04:51+ 11:25+ 03:37+ 03:03+ 03:16+ 03:27+ 04:17+ 04:40+ 06:25+ 05:42+ 06:32+ 03:29+ 09:40+ 28:20+ 04:28+ 05:43+ 06:42+ 01:42+ 04:56+ 05:35+ 03:42+ 02:26+ 05:37+
03:38+ 03:08+ 02:11+ 04:51+ 11:25+ 03:37+ 03:03+ 03:16+ 03:27+ 04:17+ 04:40+ 06:25+ 05:42+ 06:32+ 03:29+ 09:40+ 28:20+ 04:28+ 05:43+ 06:42+ 01:42+ 04:56+ 05:35+ 03:42+ 02:26+ 05:37+
151:31+ 158:54+ 161:44+ 162:13+
02:59+ 07:23+ 02:50+ 00:29+
02:59+ 07:23+ 02:50+ 00:29+

bane310km

20	Rikke Brandt Jespersen	13	1:42:23																				
03:35+	06:45+	09:12+	12:54+	19:06+	22:55+	29:51+	33:45+	41:38+	46:27+	50:09+	53:25+	59:10+	65:32+	67:31+	72:29+	78:49+	81:49+	84:15+	89:18+	92:04+	98:42+	101:54+	102:23+
03:35+	03:10+	02:27+	03:42+	06:12+	03:49+	06:56+	03:54+	07:53+	04:49+	03:42+	03:16+	05:45+	06:22+	01:59+	04:58+	06:20+	03:00+	02:26+	05:03+	02:46+	06:38+	03:12+	00:29+
03:35+	03:10+	02:27+	03:42+	06:12+	03:49+	06:56+	03:54+	07:53+	04:49+	03:42+	03:16+	05:45+	06:22+	01:59+	04:58+	06:20+	03:00+	02:26+	05:03+	02:46+	06:38+	03:12+	00:29+
21	Ebbe Kajberg	20	1:42:50																				
03:57+	07:06+	09:23+	12:57+	18:52+	22:50+	30:08+	34:05+	41:44+	46:33+	50:40+	53:47+	59:28+	66:04+	67:52+	72:52+	79:01+	82:00+	84:38+	89:30+	92:36+	96:53+	102:04+	102:50+
03:57+	03:09+	02:17+	03:34+	05:55+	03:58+	07:18+	03:57+	07:39+	04:49+	04:07+	03:07+	05:41+	06:36+	01:48+	05:00+	06:09+	02:59+	02:38+	04:52+	03:06+	04:17+	05:11+	00:46+
03:57+	03:09+	02:17+	03:34+	05:55+	03:58+	07:18+	03:57+	07:39+	04:49+	04:07+	03:07+	05:41+	06:36+	01:48+	05:00+	06:09+	02:59+	02:38+	04:52+	03:06+	04:17+	05:11+	00:46+
22	Frank Vilstrup	28	1:42:56																				
02:54+	05:58+	08:28+	11:57+	17:12+	20:46+	26:31+	29:57+	36:44+	40:49+	44:31+	47:27+	52:23+	59:21+	61:18+	66:36+	72:25+	75:40+	77:32+	82:44+	85:51+	98:50+	102:31+	102:56+
02:54+	03:04+	02:30+	03:29+	05:15+	03:34+	05:45+	03:26+	06:47+	04:05+	03:42+	02:56+	04:56+	06:58+	01:57+	05:18+	05:49+	03:15+	01:52+	05:12+	03:07+	12:59+	03:41+	00:25+
02:54+	03:04+	02:30+	03:29+	05:15+	03:34+	05:45+	03:26+	06:47+	04:05+	03:42+	02:56+	04:56+	06:58+	01:57+	05:18+	05:49+	03:15+	01:52+	05:12+	03:07+	12:59+	03:41+	00:25+
23	Erik Damgaard	6	1:43:38																				
03:50+	06:55+	09:32+	13:16+	18:42+	22:23+	28:54+	32:41+	43:44+	48:17+	51:56+	55:13+	60:35+	66:42+	68:27+	73:35+	80:21+	84:16+	87:06+	92:54+	95:58+	99:47+	103:07+	103:38+
03:50+	03:05+	02:37+	03:44+	05:26+	03:41+	06:31+	03:47+	11:03+	04:33+	03:39+	03:17+	05:22+	06:07+	01:45+	05:08+	06:46+	03:55+	02:50+	05:48+	03:04+	03:49+	03:20+	00:31+
03:50+	03:05+	02:37+	03:44+	05:26+	03:41+	06:31+	03:47+	11:03+	04:33+	03:39+	03:17+	05:22+	06:07+	01:45+	05:08+	06:46+	03:55+	02:50+	05:48+	03:04+	03:49+	03:20+	00:31+
24	Søren Klingenberg	6	1:45:56																				
03:27+	06:54+	09:30+	13:05+	18:41+	22:19+	29:49+	33:26+	40:08+	44:38+	48:10+	51:19+	56:08+	61:56+	63:47+	69:13+	81:11+	84:06+	87:09+	91:48+	94:52+	102:34+	105:22+	105:56+
03:27+	03:27+	02:36+	03:35+	05:36+	03:38+	07:30+	03:37+	06:42+	04:30+	03:32+	03:09+	04:49+	05:48+	01:51+	05:26+	11:58+	02:55+	03:03+	04:39+	03:04+	07:42+	02:48+	00:34+
03:27+	03:27+	02:36+	03:35+	05:36+	03:38+	07:30+	03:37+	06:42+	04:30+	03:32+	03:09+	04:49+	05:48+	01:51+	05:26+	11:58+	02:55+	03:03+	04:39+	03:04+	07:42+	02:48+	00:34+
25	Erik Ljungdahl	6	1:46:04																				
03:46+	06:58+	09:34+	13:19+	19:19+	23:07+	29:33+	33:39+	41:36+	47:01+	50:48+	54:32+	60:36+	67:43+	69:56+	75:54+	83:24+	86:32+	89:00+	95:10+	98:50+	101:57+	105:35+	106:04+
03:46+	03:12+	02:36+	03:45+	06:00+	03:48+	06:26+	04:06+	07:57+	05:25+	03:47+	03:44+	06:04+	07:07+	02:13+	05:58+	07:30+	03:08+	02:28+	06:10+	03:40+	03:07+	03:38+	00:29+
03:46+	03:12+	02:36+	03:45+	06:00+	03:48+	06:26+	04:06+	07:57+	05:25+	03:47+	03:44+	06:04+	07:07+	02:13+	05:58+	07:30+	03:08+	02:28+	06:10+	03:40+	03:07+	03:38+	00:29+
26	John Tripax	19	1:47:50																				
03:53+	07:13+	09:44+	13:24+	19:21+	23:03+	30:00+	33:50+	41:26+	46:16+	50:18+	53:38+	59:24+	66:09+	68:06+	73:25+	80:53+	84:48+	87:21+	93:27+	96:33+	102:23+	107:07+	107:50+
03:53+	03:20+	02:31+	03:40+	05:57+	03:42+	06:57+	03:50+	07:36+	04:50+	04:02+	03:20+	05:46+	06:45+	01:57+	05:19+	07:28+	03:55+	02:33+	06:06+	03:06+	05:50+	04:44+	00:43+
03:53+	03:20+	02:31+	03:40+	05:57+	03:42+	06:57+	03:50+	07:36+	04:50+	04:02+	03:20+	05:46+	06:45+	01:57+	05:19+	07:28+	03:55+	02:33+	06:06+	03:06+	05:50+	04:44+	00:43+
27	Inger Lise Simonsen	25	1:49:58																				
03:38+	06:50+	09:15+	13:01+	18:29+	22:06+	28:49+	33:06+	40:14+	45:08+	48:57+	52:30+	62:22+	69:37+	71:25+	76:43+	83:02+	86:39+	89:09+	95:21+	98:09+	105:47+	109:17+	109:58+
03:38+	03:12+	02:25+	03:46+	05:28+	03:37+	06:43+	04:17+	07:08+	04:54+	03:49+	03:33+	09:52+	07:15+	01:48+	05:18+	06:19+	03:37+	02:30+	06:12+	02:48+	07:38+	03:30+	00:41+
03:38+	03:12+	02:25+	03:46+	05:28+	03:37+	06:43+	04:17+	07:08+	04:54+	03:49+	03:33+	09:52+	07:15+	01:48+	05:18+	06:19+	03:37+	02:30+	06:12+	02:48+	07:38+	03:30+	00:41+
28	Helle Termansen	Ok Syd	2:05:45																				
03:41+	07:29+	10:20+	14:20+	21:01+	26:15+	34:16+	39:13+	47:49+	53:51+	58:03+	61:47+	71:32+	80:23+	82:34+	88:51+	97:23+	100:45+	103:16+	110:54+	115:00+	120:18+	124:17+	125:45+
03:41+	03:48+	02:51+	04:00+	06:41+	05:14+	08:01+	04:57+	08:36+	06:02+	04:12+	03:44+	09:45+	08:51+	02:11+	06:17+	08:32+	03:22+	02:31+	07:38+	04:06+	05:18+	03:59+	01:28+
03:41+	03:48+	02:51+	04:00+	06:41+	05:14+	08:01+	04:57+	08:36+	06:02+	04:12+	03:44+	09:45+	08:51+	02:11+	06:17+	08:32+	03:22+	02:31+	07:38+	04:06+	05:18+	03:59+	01:28+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

bane46km

1	Lars Munktvad	2	50:04																				
03:22=	06:21=	08:25=	11:13=	15:19=	20:02=	21:46=	26:13=	30:40=	32:52=	34:29=	38:54=	41:05=	47:09=	50:04=									
03:22=	02:59=	02:04=	02:48=	04:06=	04:43=	01:44=	04:27=	04:27=	02:12=	01:37=	04:25=	02:11=	06:04=	02:55=									
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=									

bane46km

2	Kai Hesselberg	10	50:48											
03:54+	07:14+	09:47+	12:46+	17:26+	23:17+	24:56+	28:54+	33:34+	36:12+	37:55+	42:08+	44:50+	48:07+	50:48+
03:54+	03:20+	02:33+	02:59+	04:40+	05:51+	01:39-	03:58-	04:40+	02:38+	01:43+	04:13-	02:42+	03:17-	02:41-
00:32#	00:21#	00:29#	00:11+	00:34#	01:08#	00:05-	00:29-	00:13+	00:26#	00:06+	00:12-	00:31#	02:47-	00:14-

3	Ethna Cavanagh	6	56:05											
04:57+	08:27+	10:48+	14:26+	19:39+	25:22+	27:25+	32:57+	38:44+	40:54+	42:32+	47:15+	50:02+	52:59+	56:05+
04:57+	03:30+	02:21+	03:38+	05:13+	05:43+	02:03+	05:32+	05:47+	02:10+	01:38+	04:43+	02:47+	02:57+	03:06+
04:57+	03:30+	02:21+	03:38+	05:13+	05:43+	02:03+	05:32+	05:47+	02:10+	01:38+	04:43+	02:47+	02:57+	03:06+

4	Kurt Finn Petersen	6	56:23											
04:20+	08:05+	10:42+	14:44+	20:02+	25:32+	27:43+	33:11+	38:38+	41:01+	42:45+	47:26+	49:59+	53:05+	56:23+
04:20+	03:45+	02:37+	04:02+	05:18+	05:30+	02:11+	05:28+	05:27+	02:23+	01:44+	04:41+	02:33+	03:06+	03:18+
04:20+	03:45+	02:37+	04:02+	05:18+	05:30+	02:11+	05:28+	05:27+	02:23+	01:44+	04:41+	02:33+	03:06+	03:18+

5	Max Hansen	14	56:34											
04:28+	08:16+	10:45+	14:20+	20:38+	26:05+	28:01+	33:01+	38:25+	40:46+	42:36+	47:30+	50:14+	53:10+	56:34+
04:28+	03:48+	02:29+	03:35+	06:18+	05:27+	01:56+	05:00+	05:24+	02:21+	01:50+	04:54+	02:44+	02:56+	03:24+
04:28+	03:48+	02:29+	03:35+	06:18+	05:27+	01:56+	05:00+	05:24+	02:21+	01:50+	04:54+	02:44+	02:56+	03:24+

6	Finn Rosenqvist	29	56:39											
05:09+	08:57+	11:27+	14:48+	20:11+	25:44+	27:59+	33:04+	38:47+	41:05+	42:47+	47:26+	50:06+	53:26+	56:39+
05:09+	03:48+	02:30+	03:21+	05:23+	05:33+	02:15+	05:05+	05:43+	02:18+	01:42+	04:39+	02:40+	03:20+	03:13+
05:09+	03:48+	02:30+	03:21+	05:23+	05:33+	02:15+	05:05+	05:43+	02:18+	01:42+	04:39+	02:40+	03:20+	03:13+

8	Carl Malling	23	57:27											
05:00+	08:55+	11:25+	15:05+	21:20+	26:52+	28:35+	33:26+	39:02+	41:18+	43:02+	47:49+	50:36+	53:42+	57:27+
05:00+	03:55+	02:30+	03:40+	06:15+	05:32+	01:43+	04:51+	05:36+	02:16+	01:44+	04:47+	02:47+	03:06+	03:45+
05:00+	03:55+	02:30+	03:40+	06:15+	05:32+	01:43+	04:51+	05:36+	02:16+	01:44+	04:47+	02:47+	03:06+	03:45+

9	Ann-Charlott Arend	4	58:40											
04:22+	07:48+	10:00+	13:06+	17:53+	23:14+	25:16+	29:40+	34:29+	37:17+	39:02+	43:11+	45:50+	55:42+	58:40+
04:22+	03:26+	02:12+	03:06+	04:47+	05:21+	02:02+	04:24+	04:49+	02:48+	01:45+	04:09+	02:39+	09:52+	02:58+
04:22+	03:26+	02:12+	03:06+	04:47+	05:21+	02:02+	04:24+	04:49+	02:48+	01:45+	04:09+	02:39+	09:52+	02:58+

10	Lene Nygaard	8	58:43											
04:40+	08:01+	10:15+	13:22+	18:14+	23:20+	25:06+	29:12+	34:14+	37:00+	38:58+	43:05+	45:57+	55:48+	58:43+
04:40+	03:21+	02:14+	03:07+	04:52+	05:06+	01:46+	04:06+	05:02+	02:46+	01:58+	04:07+	02:52+	09:51+	02:55+
04:40+	03:21+	02:14+	03:07+	04:52+	05:06+	01:46+	04:06+	05:02+	02:46+	01:58+	04:07+	02:52+	09:51+	02:55+

11	Flemming Bindner	29	1:05:15											
05:02+	08:57+	11:30+	15:23+	21:11+	27:01+	28:51+	34:53+	41:22+	44:11+	46:12+	51:36+	55:19+	61:32+	65:15+
05:02+	03:55+	02:33+	03:53+	05:48+	05:50+	01:50+	06:02+	06:29+	02:49+	02:01+	05:24+	03:43+	06:13+	03:43+
05:02+	03:55+	02:33+	03:53+	05:48+	05:50+	01:50+	06:02+	06:29+	02:49+	02:01+	05:24+	03:43+	06:13+	03:43+

12	Gitte Isen	8	1:05:41											
04:37+	08:46+	11:19+	15:10+	20:48+	26:48+	28:40+	33:40+	40:53+	43:38+	46:06+	52:16+	55:43+	62:03+	65:41+
04:37+	04:09+	02:33+	03:51+	05:38+	06:00+	01:52+	05:00+	07:13+	02:45+	02:28+	06:10+	03:27+	06:20+	03:38+
04:37+	04:09+	02:33+	03:51+	05:38+	06:00+	01:52+	05:00+	07:13+	02:45+	02:28+	06:10+	03:27+	06:20+	03:38+

13	Pia Hejlskov Mogensen	11	1:07:58											
04:52+	08:40+	11:10+	14:41+	22:08+	27:49+	30:02+	35:11+	41:20+	43:53+	46:28+	51:26+	55:08+	64:17+	67:58+
04:52+	03:48+	02:30+	03:31+	07:27+	05:41+	02:13+	05:09+	06:09+	02:33+	02:35+	04:58+	03:42+	09:09+	03:41+
04:52+	03:48+	02:30+	03:31+	07:27+	05:41+	02:13+	05:09+	06:09+	02:33+	02:35+	04:58+	03:42+	09:09+	03:41+

14	Ole Christiansen	Akif	1:08:44											
05:43+	10:12+	13:21+	17:55+	24:33+	31:18+	33:21+	39:21+	46:15+	49:43+	51:49+	57:56+	61:32+	65:06+	68:44+
05:43+	04:29+	03:09+	04:34+	06:38+	06:45+	02:03+	06:00+	06:54+	03:28+	02:06+	06:07+	03:36+	03:34+	03:38+
05:43+	04:29+	03:09+	04:34+	06:38+	06:45+	02:03+	06:00+	06:54+	03:28+	02:06+	06:07+	03:36+	03:34+	03:38+

Class	Navn	Klasse											Tid		
bane46km															
15	Solfrida Larsen	29											1:08:46		
06:25+	11:54+	14:53+	18:35+	24:48+	31:29+	33:31+	39:33+	46:21+	49:51+	52:09+	58:13+	62:19+	65:25+	68:46+	
06:25+	05:29+	02:59+	03:42+	06:13+	06:41+	02:02+	06:02+	06:48+	03:30+	02:18+	06:04+	04:06+	03:06+	03:21+	
06:25+	05:29+	02:59+	03:42+	06:13+	06:41+	02:02+	06:02+	06:48+	03:30+	02:18+	06:04+	04:06+	03:06+	03:21+	
16	Frode Mogensen	11											1:09:07		
05:38+	10:52+	13:53+	18:03+	24:39+	31:24+	33:27+	39:28+	46:29+	49:47+	51:59+	58:19+	61:54+	65:16+	69:07+	
05:38+	05:14+	03:01+	04:10+	06:36+	06:45+	02:03+	06:01+	07:01+	03:18+	02:12+	06:20+	03:35+	03:22+	03:51+	
05:38+	05:14+	03:01+	04:10+	06:36+	06:45+	02:03+	06:01+	07:01+	03:18+	02:12+	06:20+	03:35+	03:22+	03:51+	
17	Minna Hald Andersen	RSOK											1:09:12		
05:29+	10:49+	13:42+	17:49+	24:15+	31:06+	33:03+	38:37+	46:06+	50:07+	52:15+	58:09+	61:38+	65:33+	69:12+	
05:29+	05:20+	02:53+	04:07+	06:26+	06:51+	01:57+	05:34+	07:29+	04:01+	02:08+	05:54+	03:29+	03:55+	03:39+	
05:29+	05:20+	02:53+	04:07+	06:26+	06:51+	01:57+	05:34+	07:29+	04:01+	02:08+	05:54+	03:29+	03:55+	03:39+	
18	Lars Ozol	25											1:09:14		
04:45+	08:50+	11:35+	15:37+	22:53+	29:21+	31:30+	37:52+	45:15+	49:17+	51:25+	57:34+	60:59+	65:36+	69:14+	
04:45+	04:05+	02:45+	04:02+	07:16+	06:28+	02:09+	06:22+	07:23+	04:02+	02:08+	06:09+	03:25+	04:37+	03:38+	
04:45+	04:05+	02:45+	04:02+	07:16+	06:28+	02:09+	06:22+	07:23+	04:02+	02:08+	06:09+	03:25+	04:37+	03:38+	
19	Helmut Hilden	Rsok											1:09:15		
05:24+	10:42+	13:35+	17:42+	24:18+	31:00+	33:05+	39:01+	46:10+	49:49+	52:02+	58:04+	61:50+	65:02+	69:15+	
05:24+	05:18+	02:53+	04:07+	06:36+	06:42+	02:05+	05:56+	07:09+	03:39+	02:13+	06:02+	03:46+	03:12+	04:13+	
05:24+	05:18+	02:53+	04:07+	06:36+	06:42+	02:05+	05:56+	07:09+	03:39+	02:13+	06:02+	03:46+	03:12+	04:13+	
20	Hans Aage Hvalsøe Hansen	5											1:09:20		
04:18+	08:12+	10:51+	14:52+	20:25+	26:22+	28:22+	33:31+	39:15+	42:07+	51:27+	57:06+	60:26+	66:13+	69:20+	
04:18+	03:54+	02:39+	04:01+	05:33+	05:57+	02:00+	05:09+	05:44+	02:52+	09:20+	05:39+	03:20+	05:47+	03:07+	
04:18+	03:54+	02:39+	04:01+	05:33+	05:57+	02:00+	05:09+	05:44+	02:52+	09:20+	05:39+	03:20+	05:47+	03:07+	
21	Tove Jakobsen	25											1:09:32		
05:19+	10:40+	13:26+	17:58+	24:10+	30:39+	32:35+	38:01+	45:37+	48:52+	51:05+	57:23+	60:33+	66:20+	69:32+	
05:19+	05:21+	02:46+	04:32+	06:12+	06:29+	01:56+	05:26+	07:36+	03:15+	02:13+	06:18+	03:10+	05:47+	03:12+	
05:19+	05:21+	02:46+	04:32+	06:12+	06:29+	01:56+	05:26+	07:36+	03:15+	02:13+	06:18+	03:10+	05:47+	03:12+	
22	Peer Straarup	9											1:13:02		
06:00+	10:38+	13:59+	18:21+	25:15+	32:23+	34:41+	41:16+	48:31+	52:04+	55:00+	61:29+	65:02+	68:52+	73:02+	
06:00+	04:38+	03:21+	04:22+	06:54+	07:08+	02:18+	06:35+	07:15+	03:33+	02:56+	06:29+	03:33+	03:50+	04:10+	
06:00+	04:38+	03:21+	04:22+	06:54+	07:08+	02:18+	06:35+	07:15+	03:33+	02:56+	06:29+	03:33+	03:50+	04:10+	
23	Lars Otte	RSOK											1:16:54		
05:26+	10:46+	13:40+	17:53+	24:21+	38:10+	40:13+	46:33+	53:31+	56:46+	59:40+	65:37+	69:06+	73:28+	76:54+	
05:26+	05:20+	02:54+	04:13+	06:28+	13:49+	02:03+	06:20+	06:58+	03:15+	02:54+	05:57+	03:29+	04:22+	03:26+	
05:26+	05:20+	02:54+	04:13+	06:28+	13:49+	02:03+	06:20+	06:58+	03:15+	02:54+	05:57+	03:29+	04:22+	03:26+	
24	Susanne Høiberg	25											1:17:44		
05:40+	10:31+	13:45+	18:31+	25:46+	33:23+	35:51+	42:36+	50:44+	53:57+	56:38+	64:24+	68:57+	73:31+	77:44+	
05:40+	04:51+	03:14+	04:46+	07:15+	07:37+	02:28+	06:45+	08:08+	03:13+	02:41+	07:46+	04:33+	04:34+	04:13+	
05:40+	04:51+	03:14+	04:46+	07:15+	07:37+	02:28+	06:45+	08:08+	03:13+	02:41+	07:46+	04:33+	04:34+	04:13+	
25	Anette Ozol	25											1:35:22		
06:18+	11:27+	14:57+	20:08+	30:16+	39:07+	41:56+	50:46+	60:22+	65:15+	69:12+	78:41+	83:54+	88:38+	95:22+	
06:18+	05:09+	03:30+	05:11+	10:08+	08:51+	02:49+	08:50+	09:36+	04:53+	03:57+	09:29+	05:13+	04:44+	06:44+	
06:18+	05:09+	03:30+	05:11+	10:08+	08:51+	02:49+	08:50+	09:36+	04:53+	03:57+	09:29+	05:13+	04:44+	06:44+	
26	Lykke Berg Mathiesen	7											1:35:24		
06:10+	12:35+	16:20+	21:10+	30:09+	38:56+	41:58+	50:35+	60:08+	65:07+	69:07+	78:36+	83:47+	88:30+	95:24+	
06:10+	06:25+	03:45+	04:50+	08:59+	08:47+	03:02+	08:37+	09:33+	04:59+	04:00+	09:29+	05:11+	04:43+	06:54+	
06:10+	06:25+	03:45+	04:50+	08:59+	08:47+	03:02+	08:37+	09:33+	04:59+	04:00+	09:29+	05:11+	04:43+	06:54+	

bane46km

27	Palle Møller Nielsen	13	1:46:29											
06:44+	12:31+	16:35+	22:10+	33:44+	45:27+	48:25+	57:36+	67:48+	72:49+	76:47+	88:16+	93:52+	100:21+	106:29+
06:44+	05:47+	04:04+	05:35+	11:34+	11:43+	02:58+	09:11+	10:12+	05:01+	03:58+	11:29+	05:36+	06:29+	06:08+
06:44+	05:47+	04:04+	05:35+	11:34+	11:43+	02:58+	09:11+	10:12+	05:01+	03:58+	11:29+	05:36+	06:29+	06:08+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

bane53,5km

1	Vibeke Jørgensen	Ok Pan	51:58							
05:56=	12:08=	22:02=	28:39=	31:21=	37:26=	41:08=	47:54=	51:15=	51:58=	
05:56=	01:36=	04:36=	09:54=	06:37=	02:42=	06:05=	03:42=	06:46=	03:21=	00:43=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Tove Straarup	9	52:02							
06:34+	07:53+	12:14+	21:17-	28:00-	30:59-	36:59-	41:03-	48:02+	51:26+	52:02+
06:34+	01:19-	04:21-	09:03-	06:43+	02:59+	06:00-	04:04+	06:59+	03:24+	00:36-
00:38#	00:17-	00:15-	00:51-	00:06+	00:17#	00:05-	00:22+	00:13+	00:03+	00:07-
3	Ann Dorrit Hansen	14	1:00:30							
06:51+	08:32+	14:52+	26:37+	34:00+	37:20+	43:46+	47:29+	55:47+	59:50+	60:30+
06:51+	01:41+	06:20+	11:45+	07:23+	03:20+	06:26+	03:43+	08:18+	04:03+	00:40-
00:55#	00:05+	01:44&	01:51#	00:46#	00:38#	00:21+	00:01+	01:32#	00:42#	00:03-
4	Lucia Aagaard	8	1:01:18							
07:10+	08:52+	14:23+	26:52+	35:04+	38:16+	45:43+	51:16+	55:57+	60:28+	61:18+
07:10+	01:42+	05:31+	12:29+	08:12+	03:12+	07:27+	05:33+	04:41-	04:31+	00:50+
01:14#	00:06+	00:55#	02:35&	01:35#	00:30#	01:22#	01:51&	02:05-	01:10&	00:07#
5	Kaj Kaspersen	8	1:01:20							
07:12+	08:50+	14:20+	26:49+	35:02+	38:13+	45:40+	51:18+	55:55+	60:27+	61:20+
07:12+	01:38+	05:30+	12:29+	08:13+	03:11+	07:27+	05:38+	04:37-	04:32+	00:53+
01:16#	00:02+	00:54#	02:35&	01:36#	00:29#	01:22#	01:56&	02:09-	01:11&	00:10#
6	Frank Linde	Ok Pan	1:07:06							
07:38+	09:25+	16:29+	29:07+	37:41+	40:51+	48:20+	52:58+	60:48+	66:13+	67:06+
07:38+	01:47+	07:04+	12:38+	08:34+	03:10+	07:29+	04:38+	07:50+	05:25+	00:53+
01:42&	00:11#	02:28&	02:44&	01:57&	00:28#	01:24#	00:56&	01:04#	02:04&	00:10#
7	Torben Isen	8	1:08:56							
07:49+	09:18+	15:39+	29:09+	37:58+	41:02+	49:38+	54:40+	62:42+	68:09+	68:56+
07:49+	01:29-	06:21+	13:30+	08:49+	03:04+	08:36+	05:02+	08:02+	05:27+	00:47+
01:53&	00:07-	01:45&	03:36&	02:12&	00:22#	02:31&	01:20&	01:16#	02:06&	00:04+

Beste stræktid for klassen

05:56 01:19 04:21 09:03 06:37 02:42 06:00 03:42 04:37 03:21 00:36

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.