



# KARNATAKA KAYASTHA SABHA

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Issue No. 60

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We met on the 7<sup>th</sup> of Jan to wish each other a very happy healthy and prosperous New Year. Members who joined in (and that figure keeps swelling mind you) enjoyed the evening with the entertainment and light snacks, which were not so light!

As you all are aware that the year did not start at a very good note for the country, disaster struck Gujrat on the 26<sup>th</sup> of Jan (incidentally the last similar scale trudge happened exactly 50 yrs back on the 15<sup>th</sup> of Aug!). Our sympathies to all those who suffered irreparable losses. I am sure that our members have contributed with whatever was possible for them through various agencies collecting the same.

Well, there was a positive note also, and that was the LCA's successful test flight. We therefore should take pride in our country being one of the very few countries in the world to have achieved such a feat. India no doubt is going to be a superpower shortly. The most heartening feature of this for us is that two of our member's were/are actively involved in the said project. KKS is proud of there direct contribution.

Looking ahead, with every one waiting for the mysteries to be unfolded by our dear Finance Minister, KKS plans to celebrate the Holi function with colour and gaiety, irrespective of the 'budget blues' on Sunday the 11<sup>th</sup> of March. Look inside for details of the same.

Hope to see you all there.

(Secretary)

**YOUR SUBSCRIPTION IS DUE**

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### New Year Function held at Bowring Institute on 07<sup>th</sup> Jan 2001

Greetings, handshakes, hugs, that's the way members wished each other on the 7<sup>th</sup> at Bowring Institute. Everyone seem to break the barrier of only talking to their acquaintances and ventured out to wish and make new friends in the new year. Participation was around 100 members of Kayastha Parivar. There were four new members who joined the sabha on this occasion.

The function started with a round of housie (Tambola). On popular demand we went in for the second round also. In their own way of announcing, both Mr. G.P. Mathur and Mr. Ratnesh Mathur kept the interest alive in the game. The best part being that one house was announced in Hindi.

After a short break, we went in for the 'TOL MOL KE BOL' game. Mr. Sumeet, ably assisted by Mr. Argal and Anubhav kept everyone on their toes. One could see the participation from all the members as the shouts of prompting the right price to the participants could be heard miles away! The evening however belonged to Mr. Mayank and Mrs Deepa Srivatava who were not only lucky to be paired together for the game but also guessed the 'Right Price' in all the three rounds and took home handsome gifts.

Following new members and their families were then welcomed:

1. Mr. Alok & Mrs Jyoti Mathur with Neha, Ankit and Abhishek
2. Mr. S. K & Mrs Alka Nigam with Capt Abhishek and Shilpi
3. Major Alok & Mrs Nidhi Mathur with Amisha and Archit
4. Mr. Hemant & Mrs Anju Bhatnagar with Hersh, Adarsh and Apoorva

Before going in for the delicious hot Dosa and other eats we had the privilege to hear from our members, Mr. Rajeev Srivastava and Mr. Harish Chandra the first hand account of the LCA project of which they are active contributors. We sure are proud of them.

KKS would like to thank Mr. and Mrs Rawar for arranging the venue, the Argal family for compering and conducting the game, Mr. G.P. Mathur & Mr. Ratnesh Mathur for announcing the Tambola rounds so creatively.

1. *Thought for the Month.*

“ Even with a small bank account, the one who is contended finds himself with great wealth. ”

2. *Achievements.*

**Congratulations to Ms Sugandh Bhatnagar**, daughter of Mrs Chitra and Mr. Deepak Bhatnagar who secured 94% in Commerce (Business Studies) and topped in 1st year PUC in the college. She was awarded a trophy for standing first in this stream in Jyoti Niwas College. We wish her good luck and pray for more laurels to come her way!

3. KKS congratulates the newly weds and wish them long innings of to-getherness and family bliss:

**Ms Meghana Mathur** daughter of *Mr Shirish and Mrs Kumud Mathur* (our Immediate Past President) on her marriage with **Mr. Srinath**. The marriage took place on the 25<sup>th</sup> Jan 2001.

**Ms Anu Bhatnagar**, daughter of *Mrs Madhu and Dr PS Bhatnagar* (Past President and present Executive Committee member) solemnized with **Mr. Swetal Shah** on the 27<sup>th</sup> Jan 2001.

**Ms Dipti Mathur** daughter of *Mrs Deepa and Mr. Deepak Mathur*, on her marriage with **Mr. Anand Sheth** held on 17<sup>th</sup> Jan 2001.

4. *Holi Function.*

We shall celebrate the festival of colour as per the following details:

Date : Sunday, 11 Mar 2001

Venue : Rotary Hall of friendship, near Hotel Ram, Lavelle Road.

Time : 5 PM – 10.30 PM

KKS brings forth an evening of dance and music for Holi. Be prepared to join us for the same. We shall have an ‘American auction’ and wait a minute – the executive committee ladies have some very interesting way to welcome you all! Yes, what you have been waiting for but could not have it at home for some reason or the other. **Delicious Thandai** by Mrs Kumud Mathur and Anita Srivastava, **Chatpati Kanji** by Mrs Mamta Kumar, Mrs Aditi Mathur and Mrs Reena Mathur, **Mouthwatering Gujias** by Mrs Vandana Dayal, Mrs Deepa Mathur and Mrs Chitra Bhatnagar and **Kurkuri Papdi** by Mrs Madhu Bhatnagar, Mrs SM Lal, Mrs Jyoti Shanker and Mrs Deepa Srivastava.

I am sure that this is a good enough incentive for all to be present for the function. We shall follow this up with Chat from Gangotri’s and Chicken rolls from Nizam’s arranged on payment through courtesy Mr Udit and Mrs Jyoti Shanker.

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5. **Super Memory Workshop.**

Mr. Ratnesh Mathur, one of our Executive Committee members is conducting a workshop "How to Improve Your Memory". The workshop guarantees full satisfaction or money back! The best part is that it does not have any age barriers. All above 12 yrs are welcome! Mr. Ratnesh Mathur has consented to donate 50% of the collections to KKS. The course contents are given on page 8. Details of the workshop are as follows:

Date : Sunday, 18 March 2001  
Duration : 10 AM – 1 PM (3 hrs only)  
Venue : Ad-Mag Premises, 80' Road, opp State Bank of India  
Fee : Rs 125/- per head (Special fee for KKS members only)  
(Inclusive of light refreshments and handouts)

All members' young & old, ladies & gents, girls & boys of the age 12 yrs and above are advised to benefit from the workshop. I am sure that one can spare 3 hrs to gain what they are going to use for the rest of their life! Board exams or not, it will be an eye opener to the students who are trying to cram the subjects these days.

6. **KKS Directory.**

We have planned to publish a directory of our member's alongwith some useful data (as given in the directories). We are looking for sponsorship and advertisements for the same. Members are requested to contribute to the same by getting atleast one advertisement or contributing from their end for the same. The rates of the advertisement are as follows:

Full Page - Rs 1000/-  
Half Page - Rs 500/-  
Quarter Page - Rs 250/-  
Front/ Back Inside- 50% of the above extra (Rs 1500/-)  
Back Cover - 100% of the above extra (Rs 2000/-)

All members are requested to update their information regarding address, tele nos. and email ID's to the secretary.

7. **Coming Up Events.**

Career Guidance for youth : April/May 2001  
Fund Raising Event : May/Jun 2001  
Picnic : Jul 2001  
AGM : Jul 2001

8. **Scholarships.**

For the year 2000-2001 we invite applications from all children who have appeared for classes XII. Scholarship will be awarded to the most deserving ones keeping in view their overall performance, which shall include the extra curricular activities also. There is no cut off percentage for sending the applications. We shall consider all applications received based on their merit.

9. **KKS Web Site.**

Mr. Pramod Shrivastava of Mumbai Kayastha Sabha has sent a mail stating that they have designed a site for the Kayastha Parivar. The site address is [www.kayasthaparivar.org](http://www.kayasthaparivar.org). This site has details of our community, it's history, culture and other details. It also has a section for different Kayastha organisations/associations. Soon you will find us also figuring in this section of the site.

10. **Recipe of the Month.**

**Orange Squash**

**Ingredients: -**

Orange Juice – 1 Litre	Sugar - 1.7 Kgs
Water - 1.3 Litres	C.A(Citric Acid)-30 gms( 6 level tsp)
Orange Essence - 20 gm (4 level tsp)	Orange Red Colour – little
K.M.S (Potassium Meta-bisulphate) - 3.2 gms (1 tsp)	

**Method: -**

Select ripe juicy sweet limes or oranges. Wash thoroughly in cold water. Cut fruits into halves and extract juice with the help of orange juice extractor. In case of oranges, peels can be removed and segments passed through juice extractor. Even mixer can be used. After extraction, strain juice and measure. Take the full ingredients for preparation of squash. Take sugar, water and citric acid in a vessel, heat to boiling point, filter and cool sugar syrup. To cold syrup add orange juice. Mix well. Add orange essence and orange red colour. Finally add the preservative, K.M.S which is dissolved in a little water to the squash. Mix thoroughly and pour in clean and sterile bottles leaving half headspace. Cork and store in a cool dry place.

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11. **Brickbats and Bouquets.**

- **Dr VG Prasad, Ex President KKS writes:**

Lt Col Pradeep Khare is a member of KKS but is not receiving the newsletters. Asks to send previous issue alongwith the present one to him. He also suggests that along with the issue no. given on top right side on the first page of the issue, month should also be mentioned. Also, while giving the dates of the functions, day should be mentioned alongwith it. Issue of Hindi or English does not matter much as all Kayasthas are well educated.

*(Dr Prasad : We appreciate your feedback. Your suggestions have been incorporated starting this issue. As far the membership goes, well, we do keep sending the newsletter to our members who have not paid their dues but for constraints of cost we have to discontinue after three reminders. I would request Lt Col Khare to kindly let me know his membership type (LM, LTM or AM) and the payment dates so that I could take necessary steps to amend the slip up. - Secretary)*

- **Mrs Anjali [REDACTED]**

*(Mrs Anjali [REDACTED] Mrs Jyoti Shanker, Mrs Reena Mathur and Mrs Aditi Mathur, my apologies for not printing the dance sequence photographs. The reason was that they were coming very dark and the participants were hardly visible. Also for missing out on your name and printing Mrs Nigam instead. Thank you for bringing to my notice. - Secretary)*

12. **Feedback.**

Improvement is an ongoing process. One of the strong processes for this is to get feedback from the members. We are very grateful to those who take their time out and get back to us with their valuable suggestions. Some of which we are trying to implement as soon as possible. Please do keep the channels open and help us in our objective to **make the Sabha the best and nothing less.**

13. **Membership Fee:**

**We are stamping in the newsletter reminders for payment of the subscription for those who are due.** My earnest request to all such members is to kindly make the payment by cheque or draft favouring '**Karnataka Kayastha Sabha, Bangalore**' at the above address. The membership fee structure is as follows:

Life Member:	Rs 750/-
Long Term (5yrs):	Rs 300/-
Annual	Rs 75/-

14. *Obituary.*

KKS offers heartfelt condolences to Mrs Prakash and family on the death of Mr. Vineet Prakash on 22 Jan 2001. May the departed soul rest in peace and God give strength to the family to bear this irreparable loss.

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*For correspondence,*

Write to:

or email at: rahulkb50@yahoo.com

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**YOUR SUBSCRIPTION IS DUE**

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*Dr P.S.Bhatnagar, Ex President KKS, invites all members for*

**“A CHARITY SHOW”**

Presented by

**RAMYA CULTURAL ACADEMY**

**“WHO JAB YAAD AAYE”**

An evening of vintage Hindi film hits.

With

Nazneen, Indira Shankar, Bina, Jimpets Mohan, BV Mohan  
Babloo Mukherjee, Dr. Sridhar, BR Pai & others

In Aid of

**GUJRAT EARTH QUAKE VICTIMS**

On Thursday, 15<sup>th</sup> Mar 2001 at 6.30 PM

at

Ravindra Kalakshetra, Bangalore

(No tickets, audience may donate whatever they wish at the venue)

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## **Would you like to improve your MEMORY HUNDRED times in just THREE hours?**

*There is a common belief that memory decreases as age advances. However, there is no medical proof of the same. Moreover, it is proven that the only reason memory deteriorates (or doesn't advance) is because we fail to use it!*

**Presenting an exclusive workshop on Memory improvement through simple but dramatic techniques. Immediately applicable in improving your effectiveness in daily life, business life and student life.**

### **SUPER MEMORY – BASIC MODULE**

Contents of the workshop:

1. Fundamentals of trained memory
2. Techniques:
  - a) Link Method
  - b) Basic Peg Method
  - c) Alphabet Peg method
3. Using above techniques:
  - a) Remember presentations/ daily tasks/ Appointments/ Lists etc
  - b) Remember long digits/ phone numbers
  - c) Remember Dates
  - d) Remember Faces & Names

Conducted by: Ratnesh Mathur. He has successfully conducted similar workshops for children to adults. Workshop style is totally participatory (only 10% instruction). Techniques are imbibed and applied during the workshop by each participant – which you can start using as soon as you step out of the workshop. Complete satisfaction is guaranteed – otherwise FULL MONEY BACK.

**(*Super Memory – Advanced Module:* A follow up workshop of the advanced techniques can also be organised as a follow up of the basic module –after atleast one month of the basic module.**