



Wado Gasshuku in Nepal februar

2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
15	16	17	18	19	20	21 Returnday to Kathmandu Sensei Kjartan Stormes
22 Hotel Shanker Lazimpat, Kathmandu 44600, Nepal Meeting IWF Nepal Leaders and Instructors Evening: 6:00 to 7:30 pm	23 Lords Lide School Naya Basti, Jorpati Morning 07:00 to 8:30 am For all Kyu and Dan Lords Lide School Naya Basti, Jorpati Evening: 4:30 to 6:30 pm For all Kyu and Dan	24 Lords Lide School Naya Basti, Jorpati Morning 07:00 to 8:30 am For all Kyu and Dan Lords Lide School Naya Basti, Jorpati Evening: 4:30 to 6:30 pm From 2 Dan and up	25 Lords Lide School Naya Basti, Jorpati Morning 07:00 to 8:30 am From 2 Dan and up Lords Lide School Naya Basti, Jorpati Evening: 4:30 to 6:30 pm For all Kyu and Dan	26 Lords Lide School Naya Basti, Jorpati Morning 07:00 to 8:30 am For all Kyu and Dan Lords Lide School Naya Basti, Jorpati Evening: 4:30 to 6:30 pm Dan grading	27 Hotel Shanker Lazimpat, Kathmandu 44600, Nepal Evening: 5:00 to 6:00 pm Collect new Dan certificates	28 Travel to Norway Sensei Kjartan Stormes
29 Travelers to Norway Sensei Kjartan Stormes						

GASSHUKU

IWF
IWF - IWF Norway invites all Wado athletes
to Gasshuku

There will be two sessions every day and basic
Wado technicians

The training is free for all tecnics

Dan grading
Everyone who will Dan grade must document
(1 kyu or Dan grading)

The grading will follow syllabus from IWF

Important from IWF
IWF welcomes everyone
IWF want us to show respect to each other.

We are one Wado family even if it is from
different organisations.