

**Tactile activity board with added elements**

The activity boards are designed in such a way as to

offer disabled people a variety of ways to discover and

experiment. The individual boards filled with different

materials (metal/wood/Velcro/fur etc.) encourages

exploration the textures and characteristics (surface/

hardness/temperature/colour). People with disabilities

get an understanding through play and exploration of

the boards and using the additional elements.

Apart from developing the fine motor skills, basic

exercises with arms, legs and the whole body are being

carried out by the people playing with and exploring the

boards (arm stretch/rotation/body stretch/hip stretch).

Some disabled people might even feel encouraged to

stand up independently in front of the boards without

being asked; motivation and enjoying the activities

seem to let people almost forget about the effort

required to play while standing up (without supporting

aids/with help of a therapist). The activity boards are

designed with different levels of difficulties.

The tactile peg-board where textile elements have to be collected,

offers an easy task. It doesn’t require a lot of effort and

hand activity and the reward can easily be seen when

the pieces are being collected (additional: clear jerking

when pulling).

Pulling/Collecting five pieces of fabric doesn’t take

long (in case of a short attention span of the disabled

person).

Velcro-magnet-peg-boards demand a bit more

attention and ability of disabled people as well as

creativity and activity Motion sequences and activities

require a more detailed planning.