

Klubstartliste – Op-/nedrykning 1-3 divisjon ØST

2022-09-25

Allerød OK

–	Johnny Frands Eriksen	Beg	2725 m	Start	8664210
–	Karin Kjeldahl	Beg	2725 m	Start	2000319
–	Katja Reibert Hansen	Beg	2725 m	Start	8662159
–	Sine Kjeldahl Norsell	D10	2725 m	Start	2000312
–	Agnes Habekost Nielsen	D12	3025 m	Start	504433
–	Dagmar Marager	D12	3025 m	Start	8033360
–	Marie Korsgaard Redder	D12B	2725 m	Start	2000314
–	Sofie Søndergaard	D12B	2725 m	Start	2000316
11:12	Amalie Broman	D14	4300 m	Start	8009109
–	Karen Korsgaard Redder	D14B	3025 m	Start	2000315
11:02	Frida Kärner Grooss	D16	5000 m	Start	8668785
10:52	Hedda Kärner Grooss	D18	6800 m	Start	8640524
11:10	Gry Løndorf Larsen	D20B	4300 m	Start	2000326
10:04	Amalie Ertmann	D21	6800 m	Start	8628460
10:12	Karen Wibe Enevoldsen	D21	6800 m	Start	8626187
10:20	Angélique Grønberg Rasmussen	D21	6800 m	Start	8005182
10:26	Kersti Kärner	D21	6800 m	Start	2065751
10:32	Rikke Ertmann	D21B	4300 m	Start	2049939
10:38	Kirsten Lange	D21B	4300 m	Start	1402990
10:42	Anette Ege	D21B	4300 m	Start	2000325
10:34	Hanne Rasmussen	D40	6675 m	Start	8633626
10:42	Merete Nørgaard	D40	6675 m	Start	552000
10:48	Dorthe Munktvad	D40	6675 m	Start	8033373
10:52	Henriette Broman	D40	6675 m	Start	8009291
10:50	Gigi Sucksdorff	D45B	4300 m	Start	8662154
10:54	Joan Johansen	D45B	4300 m	Start	7205429
10:58	Majken Maarup	D45B	4300 m	Start	213967
11:02	Marlene Marager	D45B	4300 m	Start	2086053
10:36	Marianne T. Hasholt	D50	5000 m	Start	1402035
10:40	Charlotte Bergmann	D50	5000 m	Start	667777
10:44	Jytte Olander Rasmussen	D50	5000 m	Start	1406281
10:50	Anne Maarup	D50	5000 m	Start	8201951
10:16	Nina Bergmann Fabrin	D60	5050 m	Start	343737
10:22	Maria Iben Sell-Petersen	D60	5050 m	Start	681760
10:26	Birgitte Birck	D60	5050 m	Start	8626197
10:19	Lise Gantzhorn	D70	3875 m	Start	2061677
–	Camilla Bergmann	D-Let	3025 m	Start	890929
–	Louise Korsgaard	D-Let	3025 m	Start	2000317
–	Sarah MacPhee	D-Let	3025 m	Start	250072
–	Sidsel Rønnegaard Revsbech	D-Let	3025 m	Start	2000313
–	Ulla Place Petersen	D-Let	3025 m	Start	620803
–	Mads Storm Lyngsø	H12	3025 m	Start	308107

–	August Niehues Birch	H12B	2725 m	Start	1428708
–	Sebastian Revsbech	H12B	2725 m	Start	7040520
10:55	Tore Emil Maarup	H14	4925 m	Start	8089688
10:59	Henrik Kärner Grooss	H14	4925 m	Start	2049221
–	Oscar Niehues Birch	H14B	3025 m	Start	8008527
10:58	Johannes Marager	H16	6675 m	Start	8626191
11:00	Erik Grønborg Nielsen	H16	6675 m	Start	8656158
10:29	Hans Grønborg Nielsen	H20	8725 m	Start	8664243
10:33	Jens Tange Hasholt	H20	8725 m	Start	246451
11:05	Rasmus Storm Lyngsø	H20B	4925 m	Start	8646091
10:00	Michael Ertmann	H21	8725 m	Start	8667118
10:06	Valdemar Marager	H21	8725 m	Start	8621059
10:12	Lars Lyngsø	H21	8725 m	Start	1406279
10:22	Steen T. Hasholt	H21	8725 m	Start	681772
10:01	René Niehues Birch	H21B	4925 m	Start	1428681
10:17	Jesper Pedersen	H21B	4925 m	Start	1070762
10:27	Mads Anders Bergmann	H21B	4925 m	Start	8143222
10:32	Torben Nørgaard	H40	6800 m	Start	551000
10:40	Asger Habekost Nielsen	H40	6800 m	Start	8016663
10:46	Niels-Peter Vest Nielsen	H40	6800 m	Start	8619433
10:31	Peter Hilbert	H45B	4925 m	Start	9101041
10:35	John Høegh Petersen	H45B	4925 m	Start	302177
10:39	Henrik Jørgensen	H45B	4925 m	Start	8626198
10:02	Anders Marager	H50	6675 m	Start	8033382
10:06	Lars Munktvad	H50	6675 m	Start	8033363
10:14	Peter Reibert Hansen	H50	6675 m	Start	8030304
10:22	Jens Knud Maarup	H50	6675 m	Start	8016664
10:26	Jens Kristian Sørensen	H50	6675 m	Start	2086040
10:04	Bjarke Sucksdorff	H60	5000 m	Start	8009105
10:08	Troels Bent Hansen	H60	5000 m	Start	581226
10:20	Henrik Wibe	H60	5000 m	Start	1406290
10:42	Henrik Ole Petersen	H70	5050 m	Start	505026
10:48	Erik Sørensen	H70	5050 m	Start	887865
10:03	Jens Buchardt	H80	3875 m	Start	407777
10:07	Sven Hedegaard	H80	3875 m	Start	682125
–	Jesper Grooss	H-Let	3025 m	Start	263560
–	Karsten Längerich	H-Let	3025 m	Start	211101
–	Lisbeth Reindel	H-Let	3025 m	Start	630611
–	Steen Leisner Larsen	H-Let	3025 m	Start	8657157

Amager OK

–	Christian Olsen	Åben 1	7750 m	Start	8201972
–	Brita Gabrielsen	Åben 2	6025 m	Start	1942008
–	Bjarne Sørensen	Åben 3	4450 m	Start	440265
–	Inge Christiansen	Åben 3	4450 m	Start	2061665
–	Jette Viborg Sørensen	Åben 4	4375 m	Start	435356
–	Pernille Sørensen	Åben 5	3025 m	Start	443028
–	Vitus Janniche	Åben 5	3025 m	Start	1132008

Ballerup OK

–	Søren Saxtorph	Beg	2725 m	Start	246247
–	Andrea Hershøj-Hjorth	D10	2725 m	Start	302136
–	Amanda Hershøj-Hjorth	D12B	2725 m	Start	302137
11:08	Laura Saxtorph Schulz	D20B	4300 m	Start	1071002
10:00	Randi Nielsen	D21	6800 m	Start	7139115
10:08	Anne Marie Thommesen	D21	6800 m	Start	7201389
10:16	Karo Saxtorph Schulz	D21	6800 m	Start	1081100
10:30	Trine Hershøj	D21B	4300 m	Start	681773
10:46	Maj Weise Christiansen	D21B	4300 m	Start	212248
10:36	Diana Cederberg	D40	6675 m	Start	750619
10:50	Annette Bonde	D40	6675 m	Start	8640550
10:34	Janni Fischer	D50	5000 m	Start	8070771
10:52	Vibeke Sylvest	D50	5000 m	Start	355586
10:58	Gitte Grauert	D50	5000 m	Start	1408226
10:02	Bodil M. Mortensen	D60	5050 m	Start	1071096
10:08	Liselotte Andersen	D60	5050 m	Start	682126
10:14	Charlotte Grauert	D60	5050 m	Start	8009115
10:18	Hanne Frost	D60	5050 m	Start	1428720
10:24	Helle M. Frederiksen	D60	5050 m	Start	340152
10:15	Kirsten Truelsen	D70	3875 m	Start	1009727
10:23	Lisbeth Jensen	D70	3875 m	Start	302175
–	Annette Petersen	D-Let	3025 m	Start	2083205
–	Marianne Gundel	D-Let	3025 m	Start	2083203
–	Noah Hjorth	H10	2725 m	Start	302188
10:57	Rune Cederberg	H14	4925 m	Start	202099
10:04	Morten Ploug	H21	8725 m	Start	721122
10:18	Claus Cederberg	H21	8725 m	Start	7680504
10:26	Kasper Ingerslev	H21	8725 m	Start	8626195
10:05	Martin Hjorth	H21B	4925 m	Start	1170281
10:13	Michael Hjorth	H21B	4925 m	Start	1170297
10:21	Jacob Egholm	H21B	4925 m	Start	442567
10:38	Ronnie Hjorth	H40	6800 m	Start	7000607
10:50	Jørgen Pedersen	H40	6800 m	Start	8160458
10:45	Sten Vesterli	H45B	4925 m	Start	341274
10:51	Jan Steen Jensen	H45B	4925 m	Start	2083204
10:00	Joakim Ilsing Sørensen	H50	6675 m	Start	8016659
10:12	Lasse Lybek Jensen	H50	6675 m	Start	8667876
10:20	Michael Nygaard Møller	H50	6675 m	Start	435303
10:28	Alex Ottesen	H50	6675 m	Start	8089685
10:02	Troels Christensen	H60	5000 m	Start	501268
10:06	Kristen Bonnen	H60	5000 m	Start	1210290
10:10	Niels Aabye	H60	5000 m	Start	8002523
10:16	Lars Bech Jensen	H60	5000 m	Start	440295
10:22	Gregers Jørgensen	H60	5000 m	Start	8620940
10:28	Torben Schorlemmer	H60	5000 m	Start	1190761
10:30	Poul Gregersen	H70	5050 m	Start	1411619

10:34	Per Christoffersen	H70	5050 m	Start	1060586
10:38	Jan Kristoffersen	H70	5050 m	Start	8633623
10:44	Viggo Hansen	H70	5050 m	Start	1452116
10:50	Kuno Rasmussen	H70	5050 m	Start	1450243
10:11	Finn Hultengren	H80	3875 m	Start	308067

Farum OK

–	Annika Damgaard Bodilsen	Beg	2725 m	Start	1411137
–	Natalia Kandybei	Beg	2725 m	Start	1411148
–	Sara Semak Jensen	Beg	2725 m	Start	887602
–	Aya Knudsen	D10	2725 m	Start	1411134
–	Dasha Kapanadze	D10	2725 m	Start	1411140
–	Linea Vedel Lange	D10	2725 m	Start	202012
–	Nalini Kapanadze	D12	3025 m	Start	1411132
–	Dana Kapanadze	D14B	3025 m	Start	1411133
10:06	Freja Karlsmose Kliem	D21	6800 m	Start	331255
10:14	Sandra Damgaard Bodilsen	D21	6800 m	Start	1401494
10:22	Masha Semak	D21	6800 m	Start	1410792
10:28	Line Frese Søderlund	D21	6800 m	Start	600014
10:28	Bjørn Karlsmose Kliem	D21B	4300 m	Start	426051
10:36	Lea Reime	D21B	4300 m	Start	741213
10:44	Ida Vedel Lange	D21B	4300 m	Start	202015
10:40	Anette Holm	D40	6675 m	Start	8657114
10:44	Marianne Holm	D40	6675 m	Start	8640269
10:56	Irina Kupriyanova	D40	6675 m	Start	8635827
10:48	Mette Hørlyk Friis	D45B	4300 m	Start	1421712
10:56	Karin Lomholt Finnemann	D45B	4300 m	Start	1421726
11:04	Ulla Rosenberg	D45B	4300 m	Start	431199
10:38	Bodil Karlsmose Kliem	D50	5000 m	Start	348377
10:46	Lise Djurhuus Ipsen	D50	5000 m	Start	8130868
10:56	Lone Karlsmose Gamble	D50	5000 m	Start	434107
10:04	Annlou Husen	D60	5050 m	Start	216713
10:12	Susanne Christiansen	D60	5050 m	Start	1401489
10:20	Kit Lang Jørgensen	D60	5050 m	Start	8002542
–	Jette Lønstrup Ammitzbøll	D-Let	3025 m	Start	2213063
–	Katya Kandybei	D-Let	3025 m	Start	241912
–	Lærke Djurhuus Ipsen	D-Let	3025 m	Start	241915
–	Vera Mullerova	D-Let	3025 m	Start	8016642
–	Nohr Knudsen	H10	2725 m	Start	1411149
–	Theodor Vedel Lange	H10	2725 m	Start	241918
–	Vitus Bo Søndergaard	H10	2725 m	Start	241914
–	Denis Kandybei	H12	3025 m	Start	1411145
–	Lauge Vogelius	H12	3025 m	Start	308113
–	Adrian Kuprianov Hviid	H12B	2725 m	Start	1411141
–	Max-Emil Kupriyanov Hviid	H12B	2725 m	Start	1411143
–	Oscar Holm	H12B	2725 m	Start	40499
11:01	Anton Kupriyanov Hviid	H14	4925 m	Start	8662160
–	Jacob Holm	H14B	3025 m	Start	1411139

10:31	Malte Karlsmose Kliem	H20	8725 m	Start	1416416
11:09	Asger Lønstrup Ammitzbøll	H20B	4925 m	Start	2213065
10:02	Klaus Nielsen	H21	8725 m	Start	1408242
10:08	Yevhen Kandybey	H21	8725 m	Start	1411135
10:14	Mikkel Lyskjær	H21	8725 m	Start	681767
10:20	Malthe Gaarsdal	H21	8725 m	Start	8654958
10:03	Christian Bo Christiansen	H21B	4925 m	Start	1411130
10:09	Ulrik Rosenberg	H21B	4925 m	Start	344235
10:15	Sigurd Lønstrup Ammitzbøll	H21B	4925 m	Start	2213064
10:19	Jesper Langholm	H21B	4925 m	Start	1411146
10:25	Torben Christensen	H21B	4925 m	Start	241923
10:34	Jesper Damgaard	H40	6800 m	Start	553381
10:44	Ivan Vogelius	H40	6800 m	Start	1411138
10:48	Rasmus Holm	H40	6800 m	Start	8620944
10:29	Jens Birch Nielsen	H45B	4925 m	Start	216746
10:37	Jørgen Finnemann	H45B	4925 m	Start	1421725
10:43	Erik Vedel Lange	H45B	4925 m	Start	241913
10:47	Benny Lønstrup Ammitzbøll	H45B	4925 m	Start	2213062
10:04	Claus Rytter Larsen	H50	6675 m	Start	1402032
10:10	Jens Jørgen Hansen	H50	6675 m	Start	8307006
10:18	Helge Lang Pedersen	H50	6675 m	Start	8033357
10:24	John Hørlyk	H50	6675 m	Start	1421713
10:30	Nicolai Kliem	H50	6675 m	Start	353244
10:00	Lars Vedel Jørgensen	H60	5000 m	Start	1450238
10:12	Pablo Jensen	H60	5000 m	Start	8008521
10:18	Ove Jakobsen	H60	5000 m	Start	308064
10:24	Steen Stausholm	H60	5000 m	Start	8628467
10:30	Jens Korsholm	H60	5000 m	Start	8667872
10:32	Ole Christiansen	H70	5050 m	Start	8180700
10:40	Ulrik Danneskiold-Samsøe	H70	5050 m	Start	2117593
10:46	Kai Beck-Andersen	H70	5050 m	Start	2119100
10:52	Peter Sidenius	H70	5050 m	Start	362425
–	Anders Bo Søndergaard	H-Let	3025 m	Start	241920
–	Christian Hvid	H-Let	3025 m	Start	241922
–	David Christensen	H-Let	3025 m	Start	241929
–	Jakob Djurhuus Ipsen	H-Let	3025 m	Start	241919
–	Kristian Ipsen	H-Let	3025 m	Start	431192

FIF Hillerød

–	Niels Elton Jokumsen	Åben 1	7750 m	Start	8009163
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Fredensborg OK

–	Max Prang	Åben 2	6025 m	Start	8620730
–	Jørn Mouritzen	Åben 3	4450 m	Start	1402981

FSK Orientering

–	Per Hansen	Åben 1	7750 m	Start	895447
–	Jens Thorup	Åben 3	4450 m	Start	439321
–	Jytte Sørensen	Åben 3	4450 m	Start	355583

–	Karl Aage Hald	Åben 3	4450 m	Start	407734
–	Lise Kolte	Åben 3	4450 m	Start	407733

Helsingør SOK

–	Mette Seir Hansen	Åben 3	4450 m	Start	7300218
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Herlufsholm OK

–	Anders Knudsen	Åben 2	6025 m	Start	8653089
–	Tine Meyhoff Petersen	Åben 2	6025 m	Start	8631591

Holbæk OK

–	Gitte Svarre Jørgensen	Beg	2725 m	Start	1393181
–	Karoline Ellebæk Donovan	Beg	2725 m	Start	1393182
–	Mette Bjødstrup	Beg	2725 m	Start	1393183
–	Asta Jørgensen	D10	2725 m	Start	1393185
–	Ilze Morta Grabauskaite	D10	2725 m	Start	1393186
–	Vigga Petersen	D12	3025 m	Start	1393187
–	Bjørk Ellebæk Donovan	D12B	2725 m	Start	1393188
–	Marta Buchwald	D12B	2725 m	Start	1393189
–	Ronja Ellebæk Donovan	D12B	2725 m	Start	1393190
12:30	Astrid Rosa Husted Sigvardsen	D14	4300 m	Start	202017
–	Pija Grabauskaite	D14B	3025 m	Start	1393184
12:20	Carla Petersen	D16	5000 m	Start	8009734
12:24	Elena Ingleby	D16	5000 m	Start	1110274
12:26	Cecilie Frydendal Jensen	D20B	4300 m	Start	1393191
11:58	Laura Espenhain	D21	6800 m	Start	1393193
12:02	Charlotte Günther Madsen	D21	6800 m	Start	8656835
12:08	Tanja Fjelbro Klavsen	D21	6800 m	Start	1417320
12:14	Pernille Buchwald	D21	6800 m	Start	1393194
12:20	Anette Kalle Larsen	D21B	4300 m	Start	1393196
12:04	Astrid Riis	D40	6675 m	Start	8003750
12:08	Karin Ingleby	D40	6675 m	Start	8217699
12:12	Jytte Jørgensen	D40	6675 m	Start	8657119
12:02	Anni Lauritzen	D45B	4300 m	Start	778809
12:14	Anette Lindegaard Christensen	D45B	4300 m	Start	8519488
12:04	Bente Frydendal Jensen	D50	5000 m	Start	1393197
12:10	Sanne Lund Kolenda	D50	5000 m	Start	1402968
12:18	Anne Willerup	D50	5000 m	Start	1410776
12:00	Annemette El-Azem	D60	5050 m	Start	888491
–	Malene Lysgaard-Hansen	D-Let	3025 m	Start	8002541
–	Ruth Marie Mosbæk	D-Let	3025 m	Start	8641003
–	Frederik Schiønning	H10	2725 m	Start	2127802
–	Hjalte Skovborg Bjødstrup	H10	2725 m	Start	2127801
–	Viktor Jørgensen	H10	2725 m	Start	2127803
–	Lasse Kalle Pedersen	H12	3025 m	Start	2127804
–	Gustav Stormly	H12B	2725 m	Start	2127805
–	Kaya Skovborg Bjødstrup	H12B	2725 m	Start	2127806
12:19	Asger Sohl Eriksen	H14	4925 m	Start	2127807
12:23	Silas Thomsen	H14	4925 m	Start	2127808

–	Caspian Bo Christensen	H14B	3025 m	Start	9101045
12:18	Jacob Lund Kolenda	H16	6675 m	Start	2085944
12:03	Gabriel Bo Christensen	H20	8725 m	Start	2127810
12:27	August Bo Christensen	H20B	4925 m	Start	2127811
11:32	Søren Magnusson	H21	8725 m	Start	8000285
11:36	Bjark Bo Christensen	H21	8725 m	Start	8003965
11:54	Tomas Grabauskas	H21	8725 m	Start	8648811
12:00	Finn Skouenborg	H21	8725 m	Start	1416979
11:59	Henrik Snedker Pedersen	H21B	4925 m	Start	8621025
12:05	Klaus Andersen	H21B	4925 m	Start	2127816
12:13	Steen Gregers Ellebæk Donovan	H21B	4925 m	Start	2127818
11:40	Christian Schiønning	H40	6800 m	Start	2127819
11:48	Brian Steen Jørgensen	H40	6800 m	Start	8670534
11:54	Martin Petersen	H40	6800 m	Start	8003265
11:35	Rune Faxøe Larsen	H45B	4925 m	Start	421774
11:45	Anton Lauritzen	H45B	4925 m	Start	778808
11:53	Steen Jeppesen	H45B	4925 m	Start	1406274
11:34	Preben Klavsen	H50	6675 m	Start	8640541
11:46	Søren Klinkby	H50	6675 m	Start	896951
11:54	Pierre Husted Sigvardsen	H50	6675 m	Start	239235
11:32	Jan Thiesen	H60	5000 m	Start	8009306
11:40	Bent Jensen	H60	5000 m	Start	8631598
11:46	Henrik Nielsen	H60	5000 m	Start	8022398
11:32	Finn Hyllegaard	H70	5050 m	Start	344835
11:48	Mogens Jensen	H70	5050 m	Start	8667790
–	Sara Faxøe Larsen	H-Let	3025 m	Start	2117592

Kolding OK

–	Anne Mette Abplanalp	Åben 3	4450 m	Start	8251061
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Køge OK

–	Ole Rasmussen	Åben 4	4375 m	Start	2128809
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Lyngby OK

–	Jesper Lægsgaard	Åben 1	7750 m	Start	8646073
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OK Roskilde

–	Lotte Thiesen	Beg	2725 m	Start	355575
–	Agnes Dyrland Pedersen	D12	3025 m	Start	1110910
–	Ellen Dyrland Pedersen	D12	3025 m	Start	1202009
–	Helene Christiansen	D12B	2725 m	Start	355560
–	Kirstine Christiansen	D12B	2725 m	Start	355561
12:22	Teresa Søndergaard Pohl	D16	5000 m	Start	8050706
12:04	Marie Hjorth	D21	6800 m	Start	7090896
12:16	Tonje Pihl	D21	6800 m	Start	1422372
12:16	Sine Dyrland Pedersen	D21B	4300 m	Start	421775
12:24	Hanne Pedersen	D21B	4300 m	Start	202064
12:04	Kirsten Lindemann	D45B	4300 m	Start	440195
12:08	Birthe Nielsen	D45B	4300 m	Start	2213990

12:12	Anja Andersson	D45B	4300 m	Start	1221171
12:02	Helle Brøchner Jønson	D50	5000 m	Start	1260546
12:08	Jytte Hougaard	D50	5000 m	Start	421553
12:14	Linda Østberg	D50	5000 m	Start	250079
11:56	Inger Jessen	D60	5050 m	Start	302023
12:04	Leni Møllsøe	D60	5050 m	Start	202034
12:08	Annette Petersen	D60	5050 m	Start	8130654
12:12	Jette Kreiberg	D60	5050 m	Start	8130457
11:33	Inge Jørgensen	D70	3875 m	Start	8089676
11:37	Ane Veierskov	D70	3875 m	Start	202058
–	Alice Ørum Bertelsen	D-Let	3025 m	Start	343399
–	Lau Lindemann	H10	2725 m	Start	355576
–	Moritz Søndergaard Pohl	H10	2725 m	Start	4660068
–	Franka Søndergaard Pohl	H12	3025 m	Start	2801467
11:42	Frederik Grue-Sørensen	H21	8725 m	Start	8130876
11:48	Martin Vaabenggaard	H21	8725 m	Start	7209259
11:55	Karsten Hjorth	H21B	4925 m	Start	2128805
12:03	Mogens Hald Kristensen	H21B	4925 m	Start	302046
12:11	Thorkild Franck	H21B	4925 m	Start	355569
11:34	Casper Lindemann	H40	6800 m	Start	434108
11:42	Mads Pedersen	H40	6800 m	Start	553549
11:52	Jørgen Krogh	H40	6800 m	Start	967703
11:37	Morten Jensen	H45B	4925 m	Start	7100260
11:43	Jesper Allan Jensen	H45B	4925 m	Start	8657115
11:51	Preben Kristensen	H45B	4925 m	Start	241901
11:32	Kent Pihl	H50	6675 m	Start	1422371
11:36	Jakob Søndergaard Jensen	H50	6675 m	Start	8220476
11:40	Martin Østberg	H50	6675 m	Start	250078
11:48	Henrik Juul Hansen	H50	6675 m	Start	341212
11:56	Arne Heydorn	H50	6675 m	Start	1406289
11:34	Anders Laage Kragh	H60	5000 m	Start	7620623
11:42	Finn Petersen	H60	5000 m	Start	8021053
11:50	Henrik Skovmark Hansen	H60	5000 m	Start	246470
11:56	Asger Jensen	H60	5000 m	Start	302055
11:30	Ole Bøggild	H70	5050 m	Start	7194612
11:34	Ole Svendsen	H70	5050 m	Start	501138
11:38	Janne Brunstedt	H70	5050 m	Start	8230548
11:42	Mogens Bruun	H70	5050 m	Start	2221997
11:46	John Tripax	H70	5050 m	Start	8016644
11:50	Bo Christensen	H70	5050 m	Start	8631597
11:54	Jan Lindemann	H70	5050 m	Start	444570
11:41	Finn Olsen	H80	3875 m	Start	302041
11:45	Erich Petersen	H80	3875 m	Start	308082
11:49	Henning Rasmussen	H80	3875 m	Start	202062
–	Henrik Boesen	H-Let	3025 m	Start	421555
–	Keld S. Mortensen	H-Let	3025 m	Start	443308

OK Skærmen Værløse

–	Lars Johansen	Åben 1	7750 m	Start	8664223
–	Niels Hamborg Jensen	Åben 2	6025 m	Start	2049230
–	Knud Torm	Åben 3	4450 m	Start	351340

OK Sorø

–	Ingrid Baun Gautier	D10	2725 m	Start	415566
–	Viktoria Sharpe á Argjahøvda	D10	2725 m	Start	2442589
12:18	Alma Okkels Jensen	D18	6800 m	Start	2085945
12:20	Sofie Okkels Jensen	D20	6800 m	Start	2085941
12:28	Iris Møller	D20B	4300 m	Start	2061213
11:56	Henriette Baun Gautier	D21	6800 m	Start	8210885
12:00	Clara Friis Scheby	D21	6800 m	Start	8515237
12:06	Emma Bloch Frandsen	D21	6800 m	Start	9160301
12:12	Lærke Vejsnæs	D21	6800 m	Start	8635835
12:18	Silje Nymoens Karlsen	D21B	4300 m	Start	2213982
12:22	Ellen Fosberg	D21B	4300 m	Start	922016
12:02	Anne Bloch Frandsen	D40	6675 m	Start	9180268
12:14	Nina Hoffmann	D40	6675 m	Start	8250573
12:00	Nina Okkels	D50	5000 m	Start	1410795
12:06	Merete Kleist	D50	5000 m	Start	2119728
12:12	Sanne Ifversen Hansen	D50	5000 m	Start	8001713
12:06	Søs Munch Hansen	D60	5050 m	Start	2083201
12:10	Tine Demandt	D60	5050 m	Start	7160259
12:14	Else Neergaard	D60	5050 m	Start	226397
–	Liv Sharpe á Argjahøvda	D-Let	3025 m	Start	2442580
–	Thea Hoffmann	D-Let	3025 m	Start	8180605
–	Alexander Nymoens Nielsen	H10	2725 m	Start	446262
–	Noah Andreas Holdensgaard Jørgensen	H10	2725 m	Start	2117589
–	Otto Baun Gautier	H10	2725 m	Start	250036
–	Liam Sharpe á Argjahøvda	H12	3025 m	Start	8180811
–	Silas Hoffmann	H12	3025 m	Start	8170610
–	Adam Holst Friborg	H14B	3025 m	Start	8237684
12:16	Gustav Holst Friborg	H16	6675 m	Start	8666082
12:20	Erik Danskov Frederiksen	H16	6675 m	Start	1013308
12:07	Mads Ottar Jespersen	H18	8725 m	Start	887599
12:05	Hubert Schibsbye Møller	H20	8725 m	Start	8008533
12:25	Stian Hoffmann	H20B	4925 m	Start	8280807
11:30	Jan Koue Larsen	H21	8725 m	Start	7040513
11:38	Jan Holdensgaard Jørgensen	H21	8725 m	Start	1410578
11:46	André Didier Gautier	H21	8725 m	Start	8100983
11:52	Gustav Moll	H21	8725 m	Start	2065735
11:58	Thomas Vejsnæs	H21	8725 m	Start	804244
11:57	Bo Christoffersen	H21B	4925 m	Start	2085954
12:01	Jens Lerche Mortensen	H21B	4925 m	Start	216728
12:07	Jesper Munch Jespersen	H21B	4925 m	Start	8620952
11:32	Kenneth Thomsen	H40	6800 m	Start	8640530
11:38	Kasper Levring	H40	6800 m	Start	2061673

11:46	Janus Storland Høhne	H40	6800 m	Start	8625624
11:31	Jørgen Jørgensen	H45B	4925 m	Start	1407798
11:41	Jens Frandsen	H45B	4925 m	Start	7202756
11:49	Rasmus Stampe Hjorth	H45B	4925 m	Start	8030474
11:30	Morten Hass	H50	6675 m	Start	504395
11:42	Kåre Sørensen	H50	6675 m	Start	1406280
11:52	Stig Møller	H50	6675 m	Start	1410794
12:00	Kristian Kærsgaard Hansen	H50	6675 m	Start	8190346
11:30	John Pedersen	H60	5000 m	Start	1210286
11:38	Thomas Henmyr	H60	5000 m	Start	600812
11:44	Flemming Vejsnæs	H60	5000 m	Start	529615
11:48	Hans-Ole Jensen	H60	5000 m	Start	308187
11:54	Knud Madsen	H60	5000 m	Start	308188
11:44	Flemming Olsen	H70	5050 m	Start	7300389
11:52	Ebbe Kajberg	H70	5050 m	Start	8515243
11:43	Ole Ring	H80	3875 m	Start	501133
–	Jan Mindegaard Christensen	H-Let	3025 m	Start	446260

OK ØST Birkerød

–	Erik Lohse	Beg	2725 m	Start	2128798
–	Peter Sønderbo	Beg	2725 m	Start	234448
–	Elisabeth Lohfert Boas	D10	2725 m	Start	443026
12:10	Pernille Sommer	D21	6800 m	Start	8645165
12:06	Ida Mosbech Smith	D40	6675 m	Start	2074609
12:10	Katja Brunstedt	D40	6675 m	Start	8290174
12:06	Karen Jensen	D45B	4300 m	Start	263572
12:10	Ellis Byrgiel Sommer	D45B	4300 m	Start	8033386
12:16	Birgitte Erskov Halland	D50	5000 m	Start	1413373
11:58	Tove Sonne Andersen	D60	5050 m	Start	8005183
12:02	Janet Bentzen	D60	5050 m	Start	500180
11:31	Kirsten Nymann Petersen	D70	3875 m	Start	8009139
11:35	Inge Josiasen	D70	3875 m	Start	245032
11:39	Ulla Hooge	D70	3875 m	Start	1403124
–	Lisa Tantholdt	D-Let	3025 m	Start	1402987
–	Marianne Petersen	D-Let	3025 m	Start	341257
–	Isak Graasbøl Ødum	H10	2725 m	Start	500178
–	Thomas Gerardo Hansen Petersen	H12	3025 m	Start	500198
12:17	Alexander Johannes Mosbech Smith	H14	4925 m	Start	2134103
12:21	Samuel Yderstræde Hildebrandt	H14	4925 m	Start	1013316
11:34	Rune Aagaard Lohfert Boas	H21	8725 m	Start	302108
11:40	Jakob Ødum	H21	8725 m	Start	8201941
11:44	Michael Sørensen	H21	8725 m	Start	8180977
11:50	Søren Skaarup Larsen	H21	8725 m	Start	1201163
11:56	Rasmus Ødum	H21	8725 m	Start	8089696
12:09	Stephen Hall Reusch	H21B	4925 m	Start	1421523
12:15	Frederik Erskov Krogh	H21B	4925 m	Start	1401710
11:30	Roland Dumong	H40	6800 m	Start	500442
11:36	Lars Sørensen	H40	6800 m	Start	1402998

11:44	Christian Grue	H40	6800 m	Start	443023
11:50	Jan Eg Pedersen	H40	6800 m	Start	8002533
11:33	Hans Granholm	H45B	4925 m	Start	427612
11:39	Per Windfeld-Hansen	H45B	4925 m	Start	8631626
11:47	Peter Baecker Hansen	H45B	4925 m	Start	1419966
11:38	Morten Bang Nørgaard	H50	6675 m	Start	8140772
11:44	Erik Ellegaard Simonsen	H50	6675 m	Start	434105
11:50	Morten Ebbensgaard	H50	6675 m	Start	889250
11:58	Bjarne Topp	H50	6675 m	Start	8646095
11:36	Erik Øhlenschlæger	H60	5000 m	Start	1450234
11:52	Jan Jakobsen	H60	5000 m	Start	202006
11:58	Henrik Steen Andersen	H60	5000 m	Start	1417058
11:36	Svend Tantholdt	H70	5050 m	Start	1401724
11:40	Lasse Schnack	H70	5050 m	Start	1410800
11:47	Arne Steen Sørensen	H80	3875 m	Start	8180142
–	Jes Henrik Steen	H-Let	3025 m	Start	8664252
–	Tage V. Andersen	H-Let	3025 m	Start	8664231

OK73

–	Bent Mortensen	Åben 3	4450 m	Start	8009110
–	Gunner Jørgensen	Åben 3	4450 m	Start	40402
–	Inge Madsen	Åben 3	4450 m	Start	2074617
–	Hanne Bech	Åben 4	4375 m	Start	2117590

PI-København

–	Søren Vestergaard	Åben 1	7750 m	Start	8089690
–	Jan Johansen	Åben 2	6025 m	Start	8620979

Søllerød OK

–	Andreas Toft Mikkelsen	Åben 1	7750 m	Start	8620865
–	Anders Jonsson	Åben 2	6025 m	Start	7003435
–	Fiona Becker	Åben 2	6025 m	Start	8260918
–	Frede Lillelund	Åben 2	6025 m	Start	8664232
–	Henrik Kleffel	Åben 2	6025 m	Start	9111254
–	Jakob Døpping	Åben 2	6025 m	Start	8089695
–	Peter Becker	Åben 2	6025 m	Start	1411602
–	Vincent Becker	Åben 2	6025 m	Start	8627635
–	Eric Gautier	Åben 3	4450 m	Start	250034
–	Jette Stepputat	Åben 3	4450 m	Start	250039
–	Kaj Rostvad	Åben 3	4450 m	Start	8631595
–	Mogens Jørgensen	Åben 3	4450 m	Start	8631620

Tisvilde Hegn OK

–	Annette A. Hansen	Beg	2725 m	Start	407129
–	Jannie Rohrberg-Thomsen	Beg	2725 m	Start	2091839
–	Julie Herfelt Holck	Beg	2725 m	Start	2105162
–	Annabella Rohrberg-Thomsen	D12	3025 m	Start	2091829
–	Edith Gerstrøm	D12	3025 m	Start	2091828
–	Ida Marie Lyng Landsperg	D14B	3025 m	Start	1410781

11:00	Lucia Holck	D16	5000 m	Start	1452113
10:54	Xenia Bregensøe	D20	6800 m	Start	8016650
10:02	Simone Wraa	D21	6800 m	Start	504540
10:10	Celina Bregensøe	D21	6800 m	Start	7201834
10:18	Mathilde Nørgård Kracht	D21	6800 m	Start	8081996
10:24	Iben Valery	D21	6800 m	Start	8033385
10:34	Amalie Wraa	D21B	4300 m	Start	1402964
10:40	Christina Lyng Andersen	D21B	4300 m	Start	1408235
10:38	Erin Nielsen	D40	6675 m	Start	8635864
10:46	Tenna Nørgaard Landsperg	D40	6675 m	Start	8640537
10:54	Ea Bregensøe	D40	6675 m	Start	437084
10:52	Dorte Aagaard	D45B	4300 m	Start	437088
11:00	Mette Vejen Eriksen	D45B	4300 m	Start	8667861
11:06	Lene Mathiasen	D45B	4300 m	Start	2091825
10:42	Susanne Grøn	D50	5000 m	Start	1406273
10:48	Susanne Rhodstrand	D50	5000 m	Start	2136654
10:54	Susanne Gjedsig Thomsen	D50	5000 m	Start	8640279
10:00	Birgitte Wraa	D60	5050 m	Start	302080
10:06	Bente Madsen	D60	5050 m	Start	8250259
10:10	Lena Wraa	D60	5050 m	Start	8143245
10:17	Inger Landsperg	D70	3875 m	Start	8023807
10:21	Aase Neregaard	D70	3875 m	Start	202018
10:25	Inger Kirkegaard	D70	3875 m	Start	8201928
–	Anna Laura Holck	D-Let	3025 m	Start	2105170
–	Lene Øbro	D-Let	3025 m	Start	2058312
–	Nina Valery	D-Let	3025 m	Start	2105163
–	Sigurd Nielsen	H10	2725 m	Start	53568
–	Eigil Gerstrøm	H12	3025 m	Start	2137261
–	Victor Nielsen	H12	3025 m	Start	250074
10:53	William Nielsen	H14	4925 m	Start	441833
10:35	Tobias Olloz	H18	8725 m	Start	8061104
11:03	Mathias Hansen Lindboe	H20B	4925 m	Start	2137268
11:07	Sebastian Hansen Lindboe	H20B	4925 m	Start	2137266
10:10	Casper Wraa	H21	8725 m	Start	899997
10:16	Lasse Falck Weber	H21	8725 m	Start	8646100
10:24	Dan Eriksen	H21	8725 m	Start	8667858
10:07	Jens Rane Holck	H21B	4925 m	Start	2137251
10:11	Finn Bregensøe	H21B	4925 m	Start	2052922
10:23	Jonathan Wraa	H21B	4925 m	Start	249657
10:30	Jakob Landsperg	H40	6800 m	Start	9200543
10:36	Rasmus Nielsen	H40	6800 m	Start	887869
10:42	Peter Steen Landsperg	H40	6800 m	Start	8633612
10:33	Dennis Øbro	H45B	4925 m	Start	8002546
10:41	Ole Jensen	H45B	4925 m	Start	8657158
10:49	Michael Wraa	H45B	4925 m	Start	249658
10:08	Jakob Albahn	H50	6675 m	Start	9005165
10:16	Rolf Valery	H50	6675 m	Start	8033390
10:32	Thomas Greve Jensen	H50	6675 m	Start	8572019

10:14	Poul Henning Poulsen	H60	5000 m	Start	8633609
10:26	Leif E. Larsen	H60	5000 m	Start	8692019
10:32	Ole D. Jensen	H60	5000 m	Start	680035
10:28	Niels Landsperg	H70	5050 m	Start	8111644
10:36	Keld Johnsen	H70	5050 m	Start	8201150
10:54	Peter Wraa	H70	5050 m	Start	8664225
10:01	Kurt Valery	H80	3875 m	Start	8201926
10:05	Poul Hansen	H80	3875 m	Start	551438
10:09	Egon Neregaard	H80	3875 m	Start	202019
10:13	Harald Andersen	H80	3875 m	Start	331610
–	Dan Haagerup	H-Let	3025 m	Start	308069
–	Dolfi Rotovnik	H-Let	3025 m	Start	8243148