



Getting started with XpressO XR:

Step 1. Set-up:

1. Team members requiring access must register on www.mocacognition.com.
2. Contact MoCA Support (xpresso@mocacognition.com) and provide the following details:
 - a. List of e-mails of your **registered team members**.
 - b. An alphanumeric **Study ID** (Cannot contain spaces and cannot start with a digit, ex: MTL-123):
 - c. Name of **Principal Investigator** (if applicable):
 - d. Name of **Institution**:
 - e. Estimated **volume of tests**:
 - f. **Demographic information** to be collected (please choose one):
 - ☐ Yes, we would like age, years of education, sex, and ethnicity to be collected as part of the demographic data.
 - ☐ No, please remove the demographics data questions from appearing.
 - g. **Report Type** (please choose one):
 - ☐ Detailed PDF report showing the resulting score and longitudinal data (useful for repeat tests).
 - ☐ Minimal report showing only the score (Not a PDF).
 - h. Please specify the desired format for all **Participant IDs** (Case-insensitive and accents (diacritics) removed).
 - Specify the minimum and maximum number of characters.
 - Alpha-only [ex: PSMITH], Alpha-numeric [ex: P123], Alpha-numeric with dash [ex: P-003]
 - Specify if it should start with a specific prefix (one or more letters)
 - If Other format, please provide an example.
 - i. Please indicate which **language(s)** you will be using:
3. Create and manage your own Participant IDs. For example, you may create an internal Excel document with participant names and then create an adjacent column with new anonymized alphanumeric Participant IDs.
4. Begin assessing your participants/patients:
 - a. If using an internal device for on-site assessment go to **Step 2A**
 - b. If assessing XpressO remotely using participant/patient's own device go to **Step 2B**

Step 2A. On-Site Access of XpressO Pro:

- Download App: Download the XpressO app titled "MoCA XR".





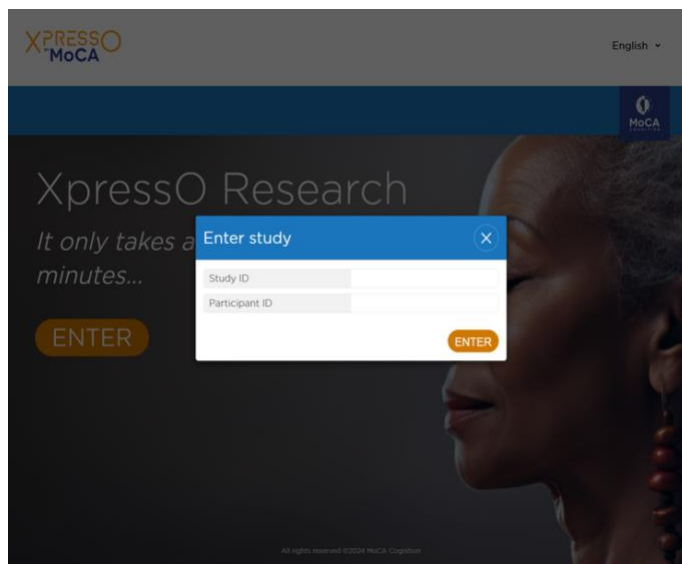
- It can be accessed on iOS devices via this link: <https://apps.apple.com/us/app/moca-xr/id6608982723>.
- Android devices can access the app via the google play store or with this link: https://play.google.com/store/apps/details?id=com.moca.xpresso.research&pcampaignid=web_share
- OR Access through web-browser: research.mocacognition.com

Step 2B: Remote Access of XpressO XR:

- E-mail participant with instructions on how to access XpressO – either through downloading the app or through their web-browser (refer to Step 2A. above)
- Be sure to include the following in the e-mail:
 - Study ID
 - Participant ID
- Participants will need to manually enter both IDs when launching XpressO

Step 3. Start Testing

- Enter Study ID and Participant ID in MoCA XR App to begin (see below)



Step 4. Accessing Results:

- a. Go to mocacognition.com
- b. Click "Sign In" and log-in with your credentials.
- c. Click the tab "DATA PLATFORM" on the right side of the screen to view the XpressO Research portal (see below).
- d. You may export the report in an Excel csv file if desired.

Study ID	Participant ID	Age	Education	Ethnicity	Latest assessment	Duration	Xpresso Score
SID-001	PID-002	56	10	Caucasian	04-24-24	4:34	99
SID-001	PID-001	76	12	Asian	04-23-24	6:32	88
SID-001	PID-023	78	14	Afro American	04-22-24	7:21	35
SID-001	PID-045	57	10	Hispanic	04-21-24	8:45	43
SID-001	PID-123	86	8	Hispanic	04-19-24	6:34	65
SID-001	PID-345	45	6	Asian	04-18-24	6:00	70
SID-002	PID-567	56	12	Caucasian	04-10-24	7:25	78
SID-002	PID-006	76	13	Afro American	04-11-24	7:21	99
SID-002	PID-133	71	15	Caucasian	04-12-24	7:05	100
SID-001	PID-546	62	12	Asian	04-15-24	6:56	15
SID-001	PID-325	53	11	Asian	04-16-24	8:01	25
SID-001	PID-876	72	10	Afro American	04-17-24	7:33	56
SID-001	PID-122	64	12	Caucasian	04-18-24	6:54	77
SID-003	PID-643	63	5	Caucasian	04-19-24	5:56	87
SID-004	PID-646	67	6	Caucasian	04-19-24	7:11	56