

NEWSLETTER

Dear friends and colleagues,

INCEPT is doing well with >370 enrolled participants across 12 Danish sites. This week Gødstrup Hospital has started screening and Randers Hospital will follow in two weeks. Applications for approvals in other countries (we have received minor comments in the Netherlands and Sweden and expect responses in Finland, and Iceland soon).

Please see important notes below for information on several commonly asked and broadly relevant questions regarding the trial.

The most recent "Grand Rounds" talk at Rigshospitalet focused on valid implementation and de-implementation in health care and covered both the history of intensive care, the history of evidence-based medicine, and how we validly implement and de-implement in intensive care now - including via INCEPT.

Those interested can watch (in Danish) [here](#).

Important notes

Data entry in EasyRF

We need to increase attention to the following when doing data entry:

- Variables in the dayforms are called e.g., "Major bleeding on this day" or "Use of invasive mechanical ventilation on this day".

Here, on this day means the ICU day as defined by the time interval shown at the top of the screen (typically 06.00 – 05.59). It *does not mean* calendar day.



- Some variables are important clinical outcomes, e.g., "Major bleeding" or "Severe anaphylactic reaction", and here we should only enter "Yes" on the first day the event occurs. If a major bleeding occurs on one day and still requires intervention the following day, e.g., with multiple transfusions, we should enter "No" on the following day.

If bleeding from another site occurs, or if rebleeding after hemostasis develops, this is a new separate event and should be registered.

- Days admitted to a psychiatric ward should be registered as "Out of hospital" (*not* "Non-trial site").
- Relocation of participants in EasyRF – if the participant is transferred or admitted to a hospital where there is a participating ICU (a trial site) – that site will be responsible for obtaining consent, follow-up and will receive parts of the case-money for this. If the hospital is without a participating ICU (a non-trial site) the responsible site will be the hospital the patient was discharged from with a participating ICU (trial site).
- All data for all INCEPT participants enrolled before November 6, 2025, should be entered before February 18, 2026, to prepare for the annual safety report.

If you are in doubt, please call the hotline at +45 3545 0606.



Translation of information and consent material

Information and consent forms to patients and relatives have been translated into additional four languages; Arabic, Romanian, Spanish, Ukrainian and we are working on translations into Greenlandic and Turkish.

If you have need for other languages, please let us know.

Updates

Methods

PhD course on advanced Bayesian adaptive trial design (corresponding to the approach used in INCEPT). Relevant course for those involved in designing upcoming domains, interested non-PhD students can sign up for the waiting list.
You can read more and sign up [here](#).

Upcoming events

- The next INCEPT/EasyRF workshop will be held February 20, 2026.
Click [here](#) to register for participation.
- INCEPT Platform management committee meeting
March 4, 2026, 15.00-16.00.
- INCEPT Network meeting
March 25, 2026, 15.00-16.00.
- PhD course in advanced Bayesian adaptive trial design, June 3-4, 2026.
Click [here](#) to register.

Clinical domains

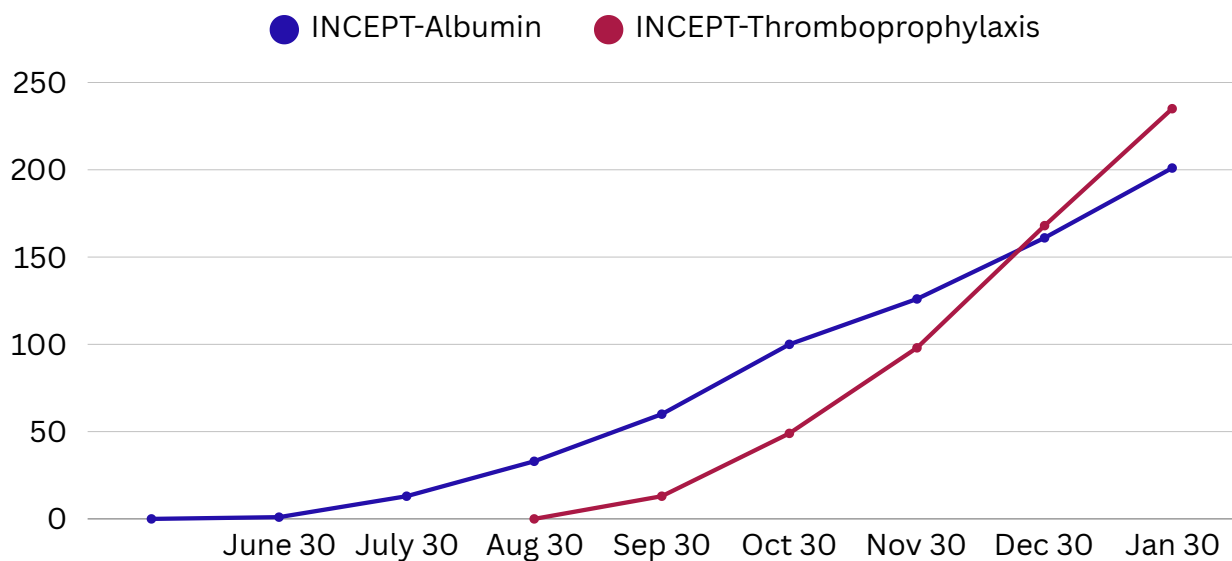
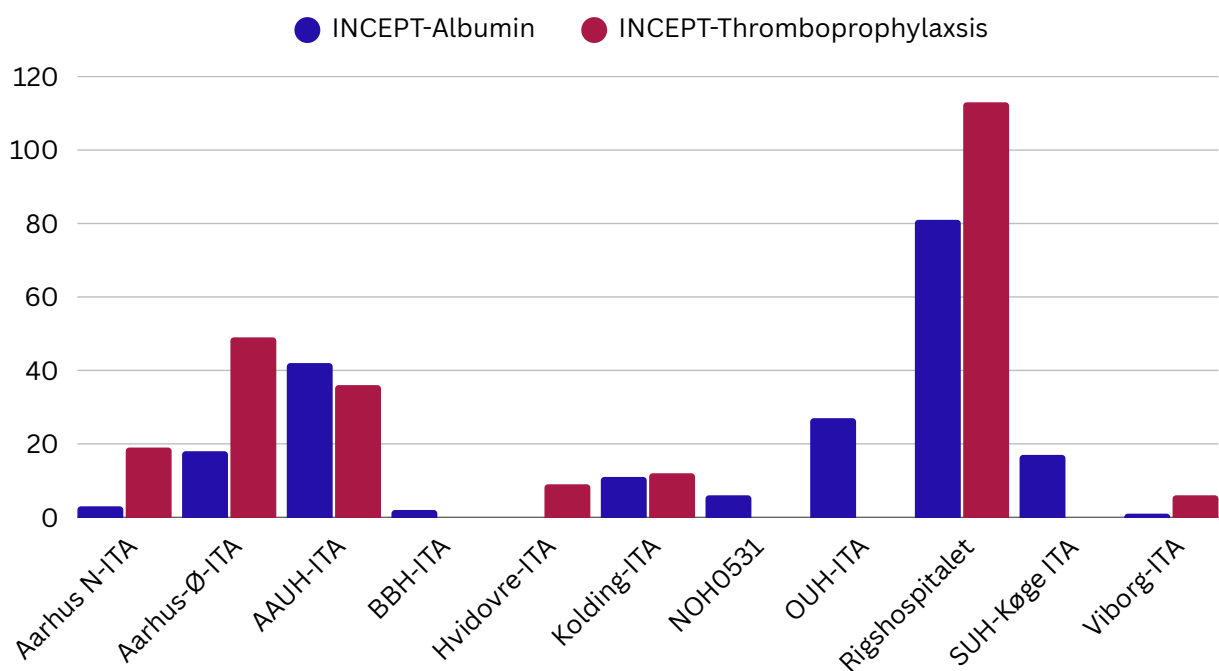
Albumin domain

Participant #200 was enrolled January 29, 2026, meaning the feasibility phase recruitment target has been met. Feasibility evaluation will take place once the first 200 participants have completed 90-day follow-up + the 15 days allowed for final data entry, i.e. all data have to be entered by mid-May.

Thromboprophylaxis domain

The INCEPT-Thromboprophylaxis domain is recruiting patients in 7+ Danish sites.

- In total, 250 participants have been enrolled - keep up the good work!
- [Protocol article](#) describing the domain published in Acta Anaesthesiologica Scandinavica.



If you have any ideas, suggestions, or updates to coming or previously discussed domains not listed above (i.e., domains that are early in the planning phase), that you would like to discuss at future meetings, please reach out to Morten (morten.hylander.moeller@regionh.dk).

With collegial regards,

The INCEPT Coordinating Group

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