MUSCLES and TENDONS

Chronic and Recurrant Lower Limb Muscle and Tendon Injuries. Advanced Rehabilitation Strategies.
16-17 OKTOBER 2021

Enda King,SSC Sports Medicine Dublin, kommer tillbaka och håller ny kurs!



Kostnad:
5 600:- + moms, anmälan är bindande.

Plats:
Idrottskliniken Rehab,
Vintervägen 50 A
Solna.

Lunch, för- och eftermiddagsfika ingår. Begränsat antal platser.

Anmälan med namn, epost och mobilnummer till: reception@idrottsklinikenrehab.se

Comprehensive guide to tissue pathology, pathomechanics and individualising rehabilitation strategies.

The course will discuss the structure, function and pathology of the most challenging lower limb muscle and tendon injuries, the pathomecanics that lead to injury in these structures acutely and chronicly, and how to individualise rehabilitation and load management strategies to return to full painfree athletic performance.

ENDA KING
PhD, Head of Performance SSC, Dublin



Enda is a Specialist Physiotherapist. He has worked with athlets and consulted for teams across a wide variety of disciplines including rugby, soccer, AFL, NFL, UFC, boxing, jockeys and GAA. His expertise lies within hip and groin related, knee/ACL rehabilitation. He is commited to performing innovative research to develop methods for injury prevention and rehabilitation in elite sports. Enda has over 20 peer reviewed publications and regularly travels to speak at international conferences on groin injuries, ACL return to play and Return to performace after injury.