

# Enablement Service

*Achieve Your Aspirations*

## Who is this service for?

Citizens, both children and adults, with Learning Disabilities and those on the Autistic Spectrum

## What We do?

offer advice, support, and information to access resources within the community

support to learn how to live more independently, cooking skills, budgeting skills, domestic skills etc

support to access training and development towards employment, work experience, traineeships, apprenticeships or volunteering opportunities

Help to develop your CV

Support to take up educational courses at School, College, Adult Education or other learning environments

support to access Housing Services

support learn how to travel on public transport independently

help to make friends and develop hobbies

## Who can contact the service?

General Practitioners (GP), self-referral, carer, family member, friend or another local authority social care department.

## How to contact the LD Enablement Service

Harrow MASH First Contact -  
(Children Services)

Make an enquiry via the Children's Social Care golden number (020 8901 2690).

Access Harrow First Contact (Adult Services)  
Make an enquiry via the adult social care golden number (020 8901 2680)