



Practical information

Group care



FAIRSTART'S INSTRUCTOR EDUCATION



ABOUT FAIRSTART FOUNDATION

Fairstart offers high quality teaching material for caregivers in children's institutions and foster care systems.

Our vision is to create happy and healthy children, who can contribute to society in positive and constructive ways.

FAIRSTART FOUNDATION

HELP CHILDREN SAVE THE WORLD

Need to know before course start

Below, you will find all the information you need to prepare your participation in the course.

THE CAREGIVER GROUP

Before the online course begins, you or your organisation must arrange an agreement with a caregiver group that wishes to know more about the fundamental practices and to gain better competences in their work with vulnerable children and youth.

The group should consist of 4-20 caregivers (depending on your experience as a teacher) who work with and care for vulnerable and/or traumatized children and youth placed in group settings.

During the instructor education, you train the caregivers six times in three-hour sessions (see activity overview on page 3).

FINDING AND MOTIVATING CAREGIVERS

It is important to communicate this offer as a common dialogue-based learning process that can strengthen the staff group's common social and professional foundation since they and you will include your professional experience and knowledge in practice.

The focus is on reflections and group discussions that promote the staff's understanding of own childhood experiences with loss and separation, which may be a huge help in the work with neglected children and youth.



The course matches level 5 in the European Qualifications Framework.

COURSE START:

If you want to sign up for one of our instructor educations contact us at:
info@fairstartfoundation.com

The price is 950 EUR per person.

If you sign up as a larger group we can offer you group discounts.

As instructor student, you educate yourself while educating a group of caregivers. You are provided with knowledge about motivational, learning and organizational theory, which makes you able to train a group of caregivers.

Hence, you do not need to have experience in this area; look at it as a common learning process of which you are the organiser and facilitator.

WHAT IS IN IT FOR THE STAFF GROUP?

- A strengthened common social and professional work foundation
- Expanded knowledge about attachment-based childcare
- Room for reflecting upon own childhood experiences with loss and separation that they can use in their professional work
- Increased familiarity with the individual children's challenges and needs through group discussions and reflection assignments
- The opportunity to create common work models based on the individual child's needs
- Training on their work place location and thus no transport costs
- Free research-based teaching material of high quality

ONLINE EDUCATION

Participating in the instructor education requires that you engage online with the other students. You become part of an online class, where you and your fellow students support each other and receive online support from Fairstart during the whole education.

The primary online assignments consist of peer assessments, where you give and receive feedback on a number of reflection questions that everyone needs to answer.

The instructor lessons are not live, but consist of a number of video lectures, which you may watch, when it suits you, as long as all deadlines are kept.

Since all activities, unless the training of caregivers, take place online, instructor students may participate from all over the world, making the sharing of experiences broad and varied.

ENROLLMENT

If you want to sign up for one of our instructor educations, simply send us an email that contains your contact-information and indicates in which of the instructor educations you wish to enroll.

You will then receive an email with information about the education, along with an invoice.

When we have received your payment, we will register you as a student, and send you a confirmation email with information on how to set up your online account as a student and your log-in info.

CERTIFIED EDUCATION

When you have passed the course, you'll receive a certificate documenting your completion of the Certified Instructor Education. You will also become part of an international instructor network.

STRUCTURE AND TIME FRAME OF THE COURSE

MODULE	ACTIVITY	TIME FRAME
Introduction module Week 1+2	Preparation, presentation to fellow students	2-3 hours
	Meeting with your caregiver group Interview 1	2 hours
	Learn to perform a training session	1-2 hours
Module 1 Week 3+4	Prepare training session	3 hours
	Perform training session	3 hours
	Reflection exercises	2 hours
Introduction to the caregivers' learning		
Module 2 Week 5+6	Prepare training session	3 hours
	Perform training session	3 hours
	Reflection exercises	2 hours
Understanding basic attachment theory		
Module 3 Week 7+8	Prepare training session	3 hours
	Perform training session	3 hours
	Reflection exercises	2 hours
How to practice professional caregiving		
Module 4 Week 9+10	Prepare training session	3 hours
	Perform training session	3 hours
	Reflection exercises	2 hours
Insecure attachment responses in children		
Module 5 Week 11+12	Prepare training session	3 hours
	Perform training session	3 hours
	Reflection exercises	2 hours
Continuity in institutional care		
Module 6 Week 13+14	Prepare training session	3 hours
	Perform training session	3 hours
	Reflection exercises	2 hours
Teenagers and leaving the institution		
Module 7 Week 15+16	Final meeting with your caregiver group Interview 2	2-3 hours
	Exam assignment	3-5 hours
	Reflection exercises	2 hours
Total of		60-65 hours