

Interviews:

The experience of the older generation

1. Make groups of 2 or 3 persons.
2. Make arrangement with a group of the older generation, who grew up in your local area, and conduct an interview with them about changes throughout their lifetime.
3. Find an area of focus, in which you would like to learn more and write down your questions: Here are some examples:
 - When you were a child, did your family produce or collect their own food?
 - Was it more common back then to produce your own food, than it is today?
 - Tell your fellow group members about the local area when you lived as a child. What are the biggest changes? How much rural land has been turned into cities?
 - Did you use as many chemicals as today?
4. Before you begin the interviews, make sure to agree on a division of work tasks. Who is responsible for what?
5. After the interviews, write a short essay about your findings and give a copy to the person you interviewed.

Discussion:

To be a good gardener

When you work with sustainable gardening and farming you need to carefully consider the following points in order to succeed:

- Be dedicated to your project,
 - Be persistent,
 - Be cautious,
 - Do your best,
 - Be respectful towards nature,
 - Have an willingness to learn about life and nature,
 - Cooperate and coordinate with each other,
 - Use the resources around you,
 - Think ahead,
 - And support fragile plants with for example a stick.
1. Talk about each of these attitudes and whether it is true, that you develop it while gardening.
 2. Have a discussion: Are these characteristics valuable in other areas of life besides from gardening?