

ACTIVITY: IT'S TIME TO REVERSE ENGINEER YOUR FUTURE

- Write down your 4 most important life areas right now.
- Once you have read the visualisation and imagined your future, open your eyes and write down all those wonderful things you envisioned for yourself that you told your friend about in the airport coffee shop.

LIFE AREA 1:	LIFE AREA 2:
LIFE AREA 3:	LIFE AREA 4: