

Glide Recipe

Method for Creating Fine Line Glide

Ingredients:

- 500g Shea Butter
- 20 drops Almond Oil
- 2 Vitamin E oil capsules (or ~20 drops)
- 20 drops Lemon Oil
- 20 drops Wild Rose Oil

Method:

1. Sanitise Your Workspace
2. Before starting, clean and sanitise all equipment and surfaces.
 - Use alcohol to disinfect tools, containers, and work surfaces
 - Wear disposable gloves throughout the process
 - Maintain a clean, sterile environment
3. Melt the Shea Butter
4. Gently heat 500g of shea butter in a clean pot until fully melted into a liquid oil. Use low heat.
5. Add Oils
6. Remove from heat and immediately add:
 - 20 drops Almond Oil
 - 20 drops Vitamin E Oil
 - 20 drops Lemon Oil
 - 20 drops Wild Rose Oil
7. Mix Thoroughly
8. Stir the mixture well to ensure all oils are combined evenly.
9. Cool Slightly & Decant
10. Let the mixture cool slightly, then carefully pour into a clean, easy-pour container.
11. Fill the Tubs
12. Use a sterile syringe or pipette to fill your 5ml tubs with the balm.
13. Cover and Set
14. Cover filled tubs with a clean dust sheet to protect from dust.
15. Allow to set at room temperature for 3–4 hours until solid.
16. Clean, Seal, and Store
17. Once set:
 - Wipe each tub with an alcohol wipe or antibacterial cloth
 - Seal with lids
 - Store in a cool, dry place for up to 6 months

Important Notes:

- Always wear gloves and disinfect tools before and after use
- Maintain strict sanitation throughout the process
- Provide clients with a complete ingredients list to check for potential allergies

Storage & Use:

- Store in a cool, dry place for up to 6 months
- Suitable for use as aftercare balm for tattoo clients