"…and the spiral never ends…"



(Re)dimensioning our lenses, envisioning another landscapes

Inês Moldes Viana OR Inés Viana Moldes

ENOTHE European Network of Occupational Therapy in Higher Education

UNIVERSIDADE DA CORUÑA

EUROPEAN MASTER of SCIENCE in OCCUPATIONAL THERAPY

THANK YOU



EDUCATION FOR WHAT ?



Free image: https://depositphotos.com/photos/fondo-azul-espiral.html

Coexisting lived intersections

I believe in mutual citizenship support; in meaningful occupations (why not collective) transforming populational lives towards a better world

MOTHER

Educator

Brazilian OT

White/brown/Latin working medium class

Public & Private School, Grant (*and discrimination by economic conditions*)

Collective living together

LEFT-HAND

Woman

"SOUL, SUL, SUR, SOUTH"

MIGRANT FIRST AND SECOND GENERATION: 2 CONTINENTS

H O P E

UNIVERSIDADE DA CORUÑA

EUROPEAN MASTER of SCIENCE in OCCUPATIONAL THERAPY

UCC
Coláiste na hOllscoile Corcaigh
University College Cork, Ireland

euit: Escola Universitària d'Infermeria i Teràpia Ocupacional de Terrassa

Universidad Rey Juan Carlos

ADERE Ergothérapie Paris

POLITÉCNICO DE LEIRIA

University of Ruse "Angel Kanchev"

SANTA CASA Misericórdia de Lisboa | ESSALCOITÃO ESCOLA SUPERIOR DE SAÚDE

















UDC; Projects: Community-University Partnerships, Citizenship and TUNING; ENOTHE board



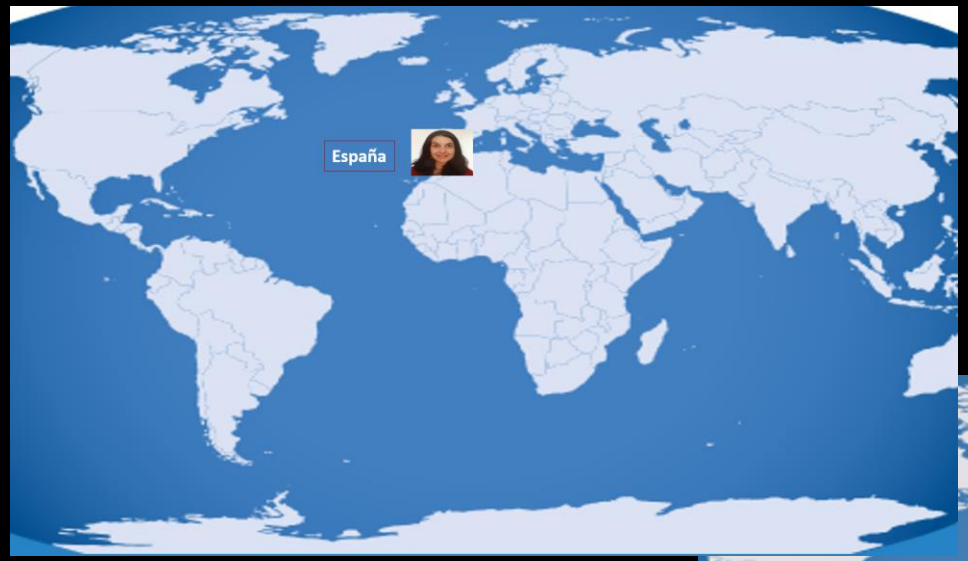


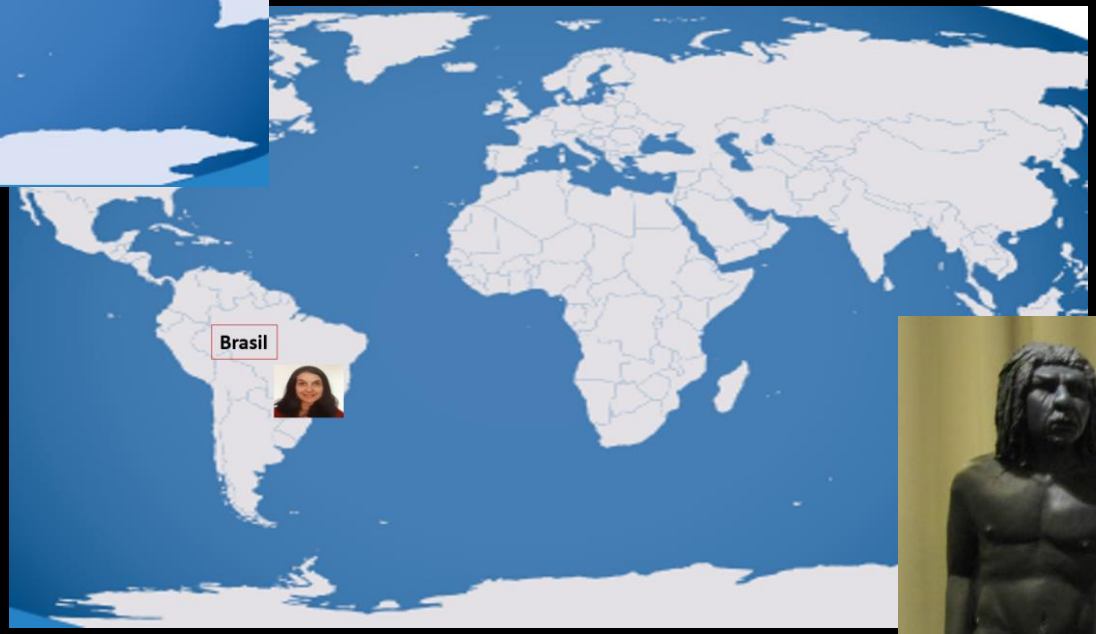
OT_UDC Strategic movements: 2007, Annual OT Gold Medal; 2008, Pioneer OT Bachelor; ENOTHE 2009 Annual meeting; and Strategic meeting between CNDEUTO (Education, 18 Universities), OT Professional Associations and ENOTHE Board





OT_UDC Strategic movements: 2012, official writing *Área Funcional de Terapia Ocupacional*; 2013, Hanneke Van Bruggen, 1st Occupational Therapist Honorary Doctor in Spain


España


Brasil





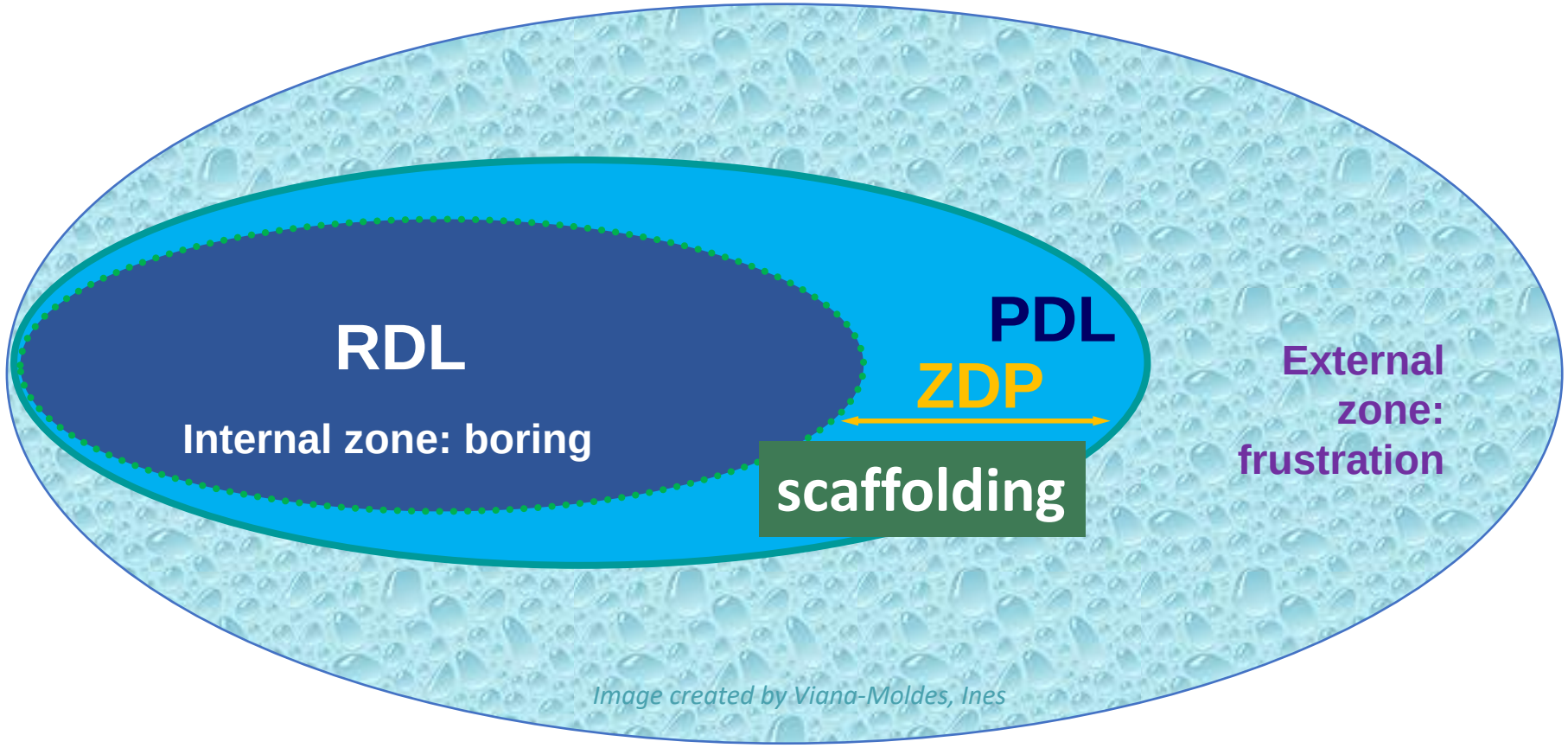
EDUCATION FOR creating bridges and not building walls

Lev Vygostky (Russia, 1896-1934)



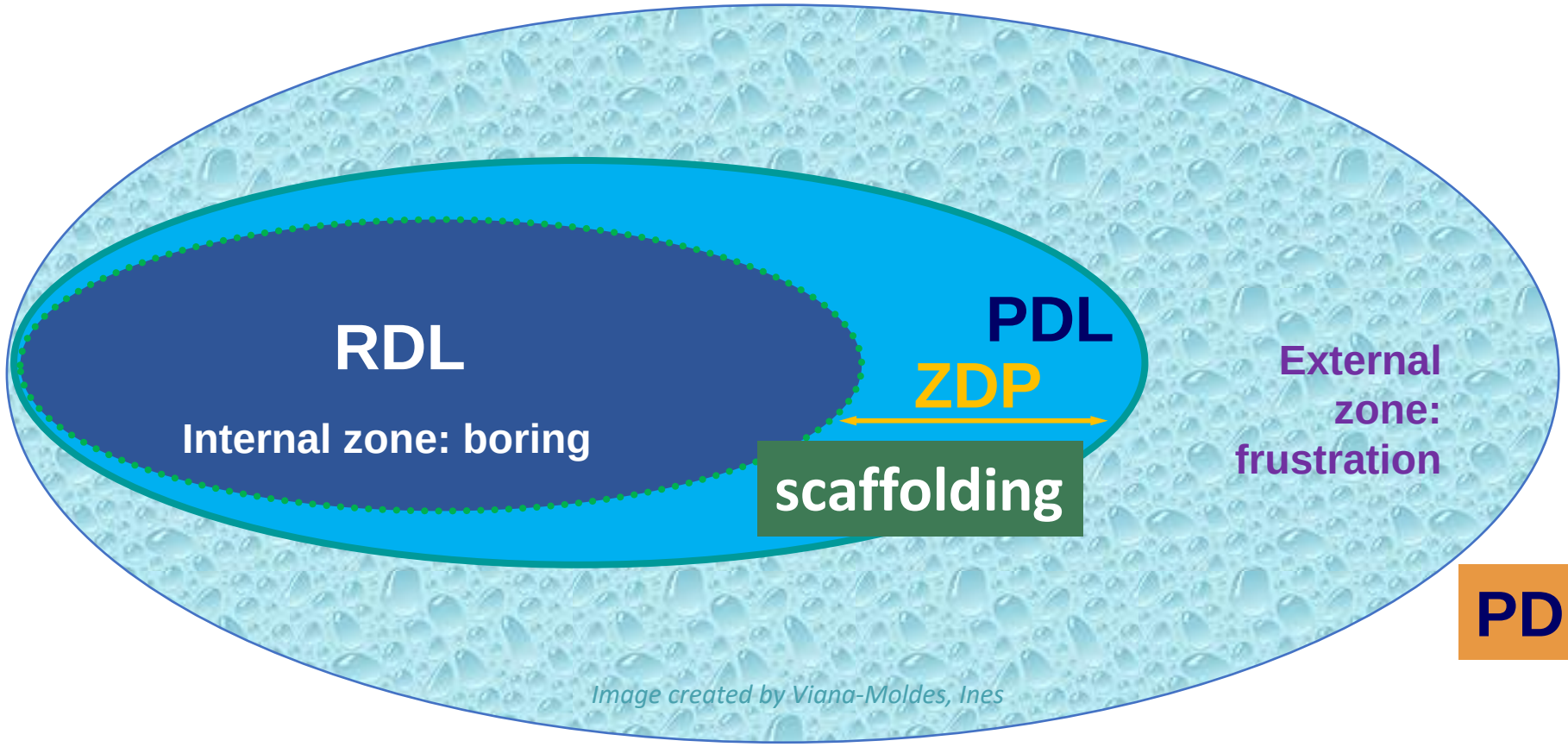
Image: https://www.pedagogy4change.org/lev-vygotsky/

Lev Vygostky (Russia, 1896-1934)



Culture and social interaction. Real and potential development (RDL, PDL)
Zone of proximal development (ZDP). More knowledgeable other (MKO)

Lev Vygostky (Russia, 1896-1934)



$PDL_{1,n} = RD_{2,n+1}$

... and this is life....
because the spiral never ends...

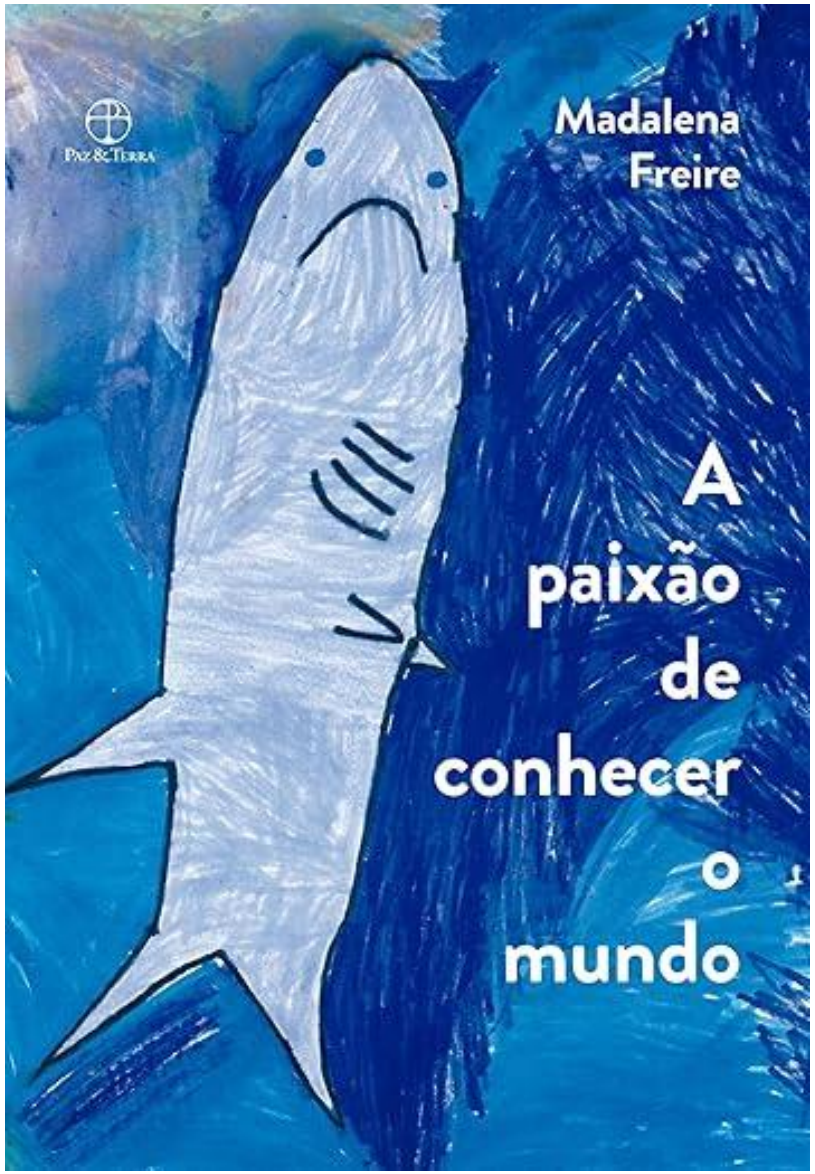


PAULO FREIRE

(Brasil, 1921-1997)

- Reading the World
- "Learning to question"
- Student's reality is relevant
- Critical dialogue, critical consciousness towards social transformation
- Shared power
- Knowledge transfer? impossible

Image available in:
https://www.clacso.org/a-101-anos-del-nacimiento-de-paulo-freire/



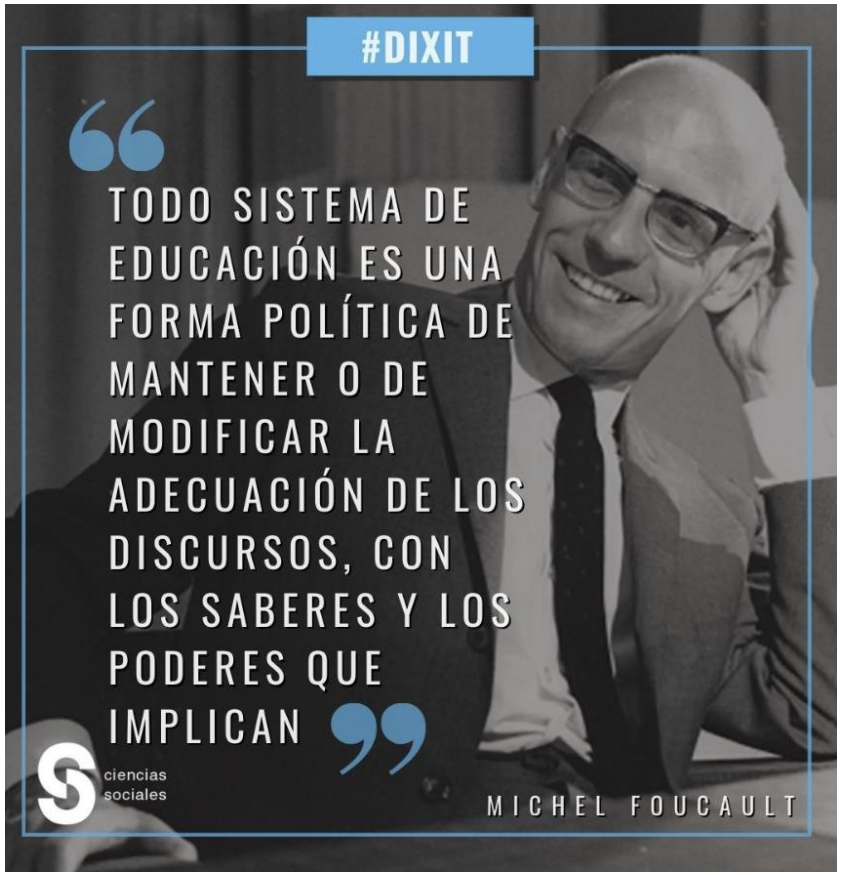
"O livro mais querido de todos"
(Inês 89)

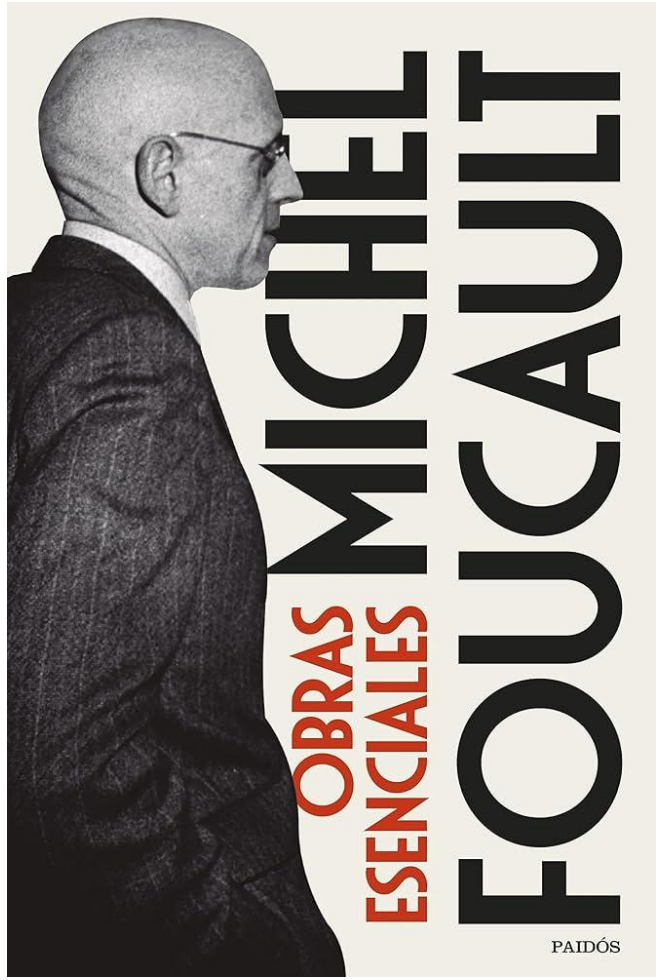
LIVING AND LEARNING CITIZENSHIP

- This book was THE BOOK!
- Made me understand the need to ask
- The dialogue and its processes, all together
- Collective belonging
- Shared spaces
- Freedom for explore, create or change the world
- Consensual decisions
- Shared power

Michel Foucault (France, 1926-1984)

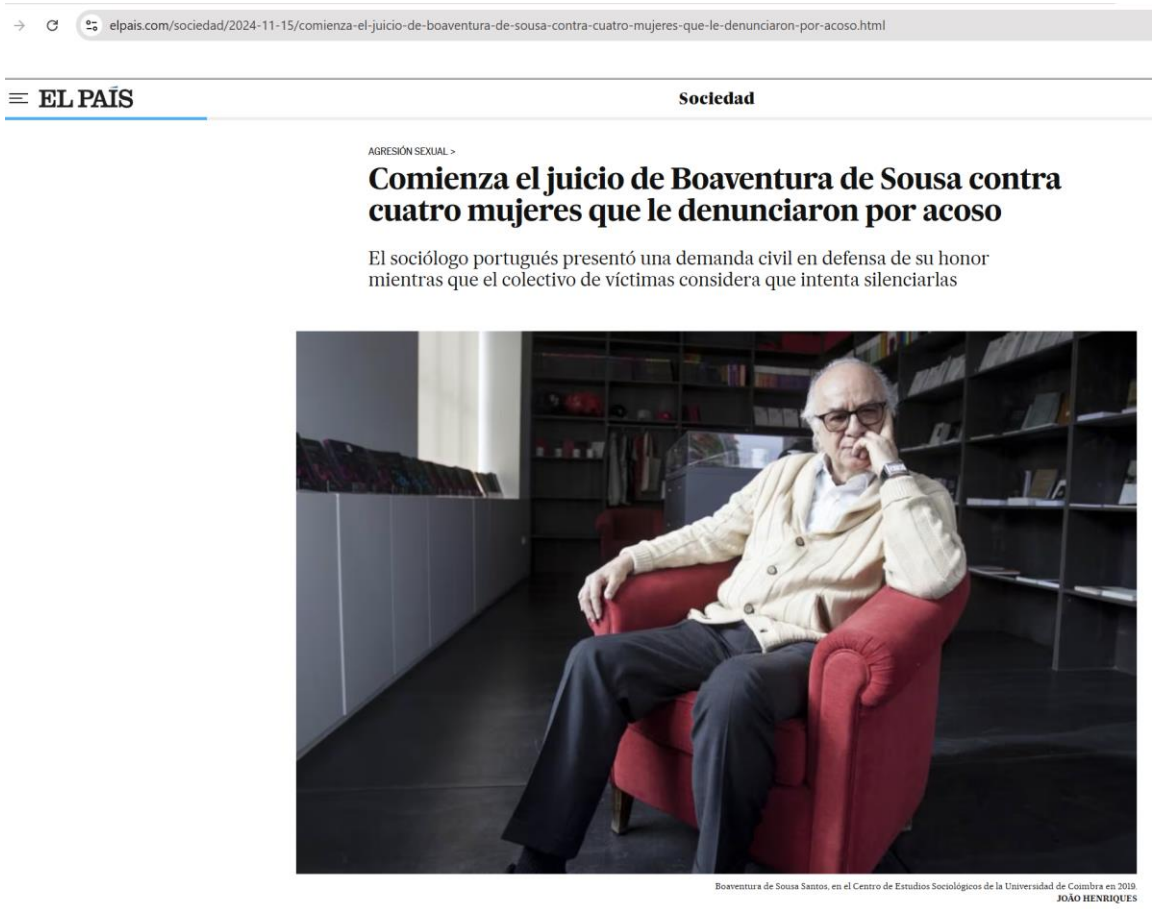
- Knowledge and power
- Control towards uniformity





Boaventura de Sousa Santos* (Coimbra, 1940)

- Cognitive Justice
- The ecologies of knowledges
- Justice against Epistemicide
- The sociology of absences



elpais.com/sociedad/2024-11-15/comienza-el-juicio-de-boaventura-de-sousa-contra-cuatro-mujeres-que-le-denunciaron-por-acoso.html

EL PAÍS

Sociedad

AGRESIÓN SEXUAL >

Comienza el juicio de Boaventura de Sousa contra cuatro mujeres que le denunciaron por acoso

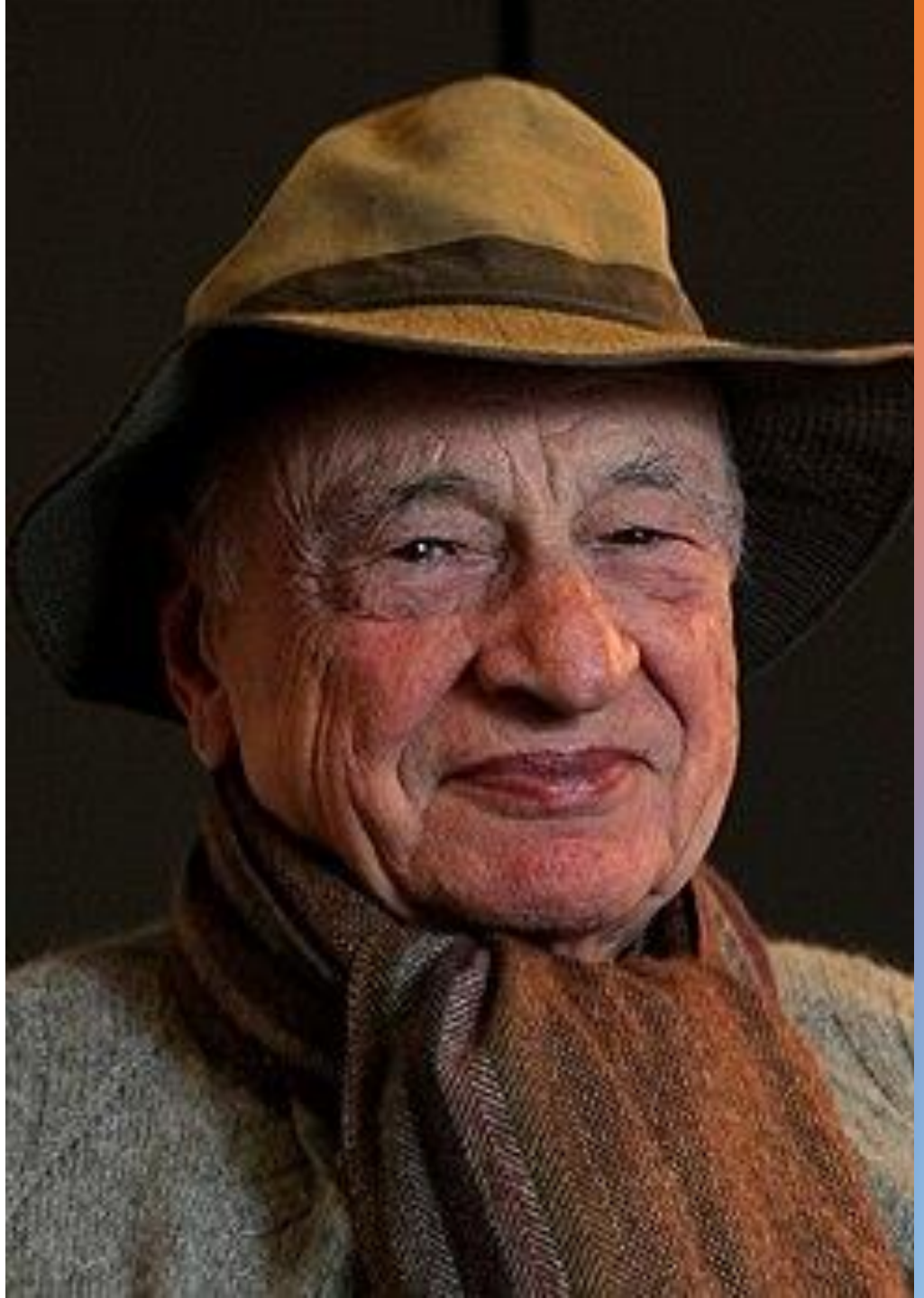
El sociólogo portugués presentó una demanda civil en defensa de su honor mientras que el colectivo de víctimas considera que intenta silenciarlas

Boaventura de Sousa Santos, en el Centro de Estudios Sociológicos de la Universidad de Coimbra en 2019.
JOÃO HENRIQUES

https://elpais.com/sociedad/2024-11-15/comienza-el-juicio-de-boaventura-de-sousa-contra-cuatro-mujeres-que-le-denunciaron-por-acoso.html

Edgar Morin (Paris, 1921)

- Complex Thinking Theory
- Interconnected realities
- Multidimensional understandings





(Re)dimensioning Occupational Therapy

"…and the spiral never ends…"

WFOT Human Resources Project 2024

Summary

Information was collated from 102 WFOT Membe

organisations.

680,162

Practising occupational therapists

WFOT a

ducation programmes

2.5

Occupational therapists per 10,000 population (mean)

4000 people/ 1OT
How are you managing this?

Occupational needs,
occupational choices,
occupational rights,
occupational justice … and
SOCIAL JUSTICE…

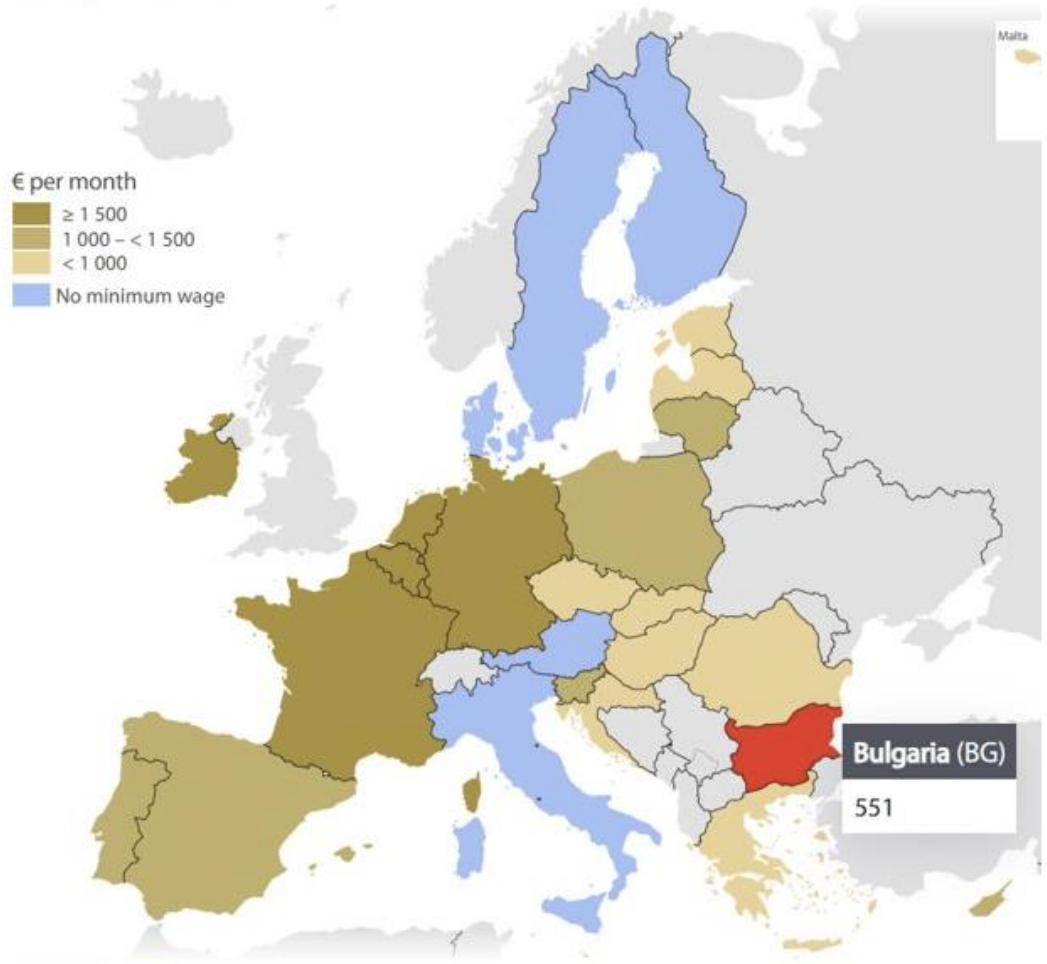
/data_ot_practicing_total

ADDING ANOTHER LAYER OF THOUGHT:
Understanding we are part of the game and **the OT distribution is, per se, a clear map of inequity.**

Position	Country	OT/10.000 inhabitants
1	Denmark	24
10	Finland, etc	7
20	Hong Kong, etc	4
30	Portugal, etc	3
40	Costa Rica, etc	1
50	Lebanon	1
60	Botswana	0,1
70	Morocco	0,1
80	Serbia	0,1
90	Trinidad&Tobago	0,01
100	Zambia	0,002
102	Nigeria	0,001

Table 1: *"OT World distribution: visible inequities "*
(Own elaboration, based on WFOT data available in: https://hr-project.wfot.org/#introduction)

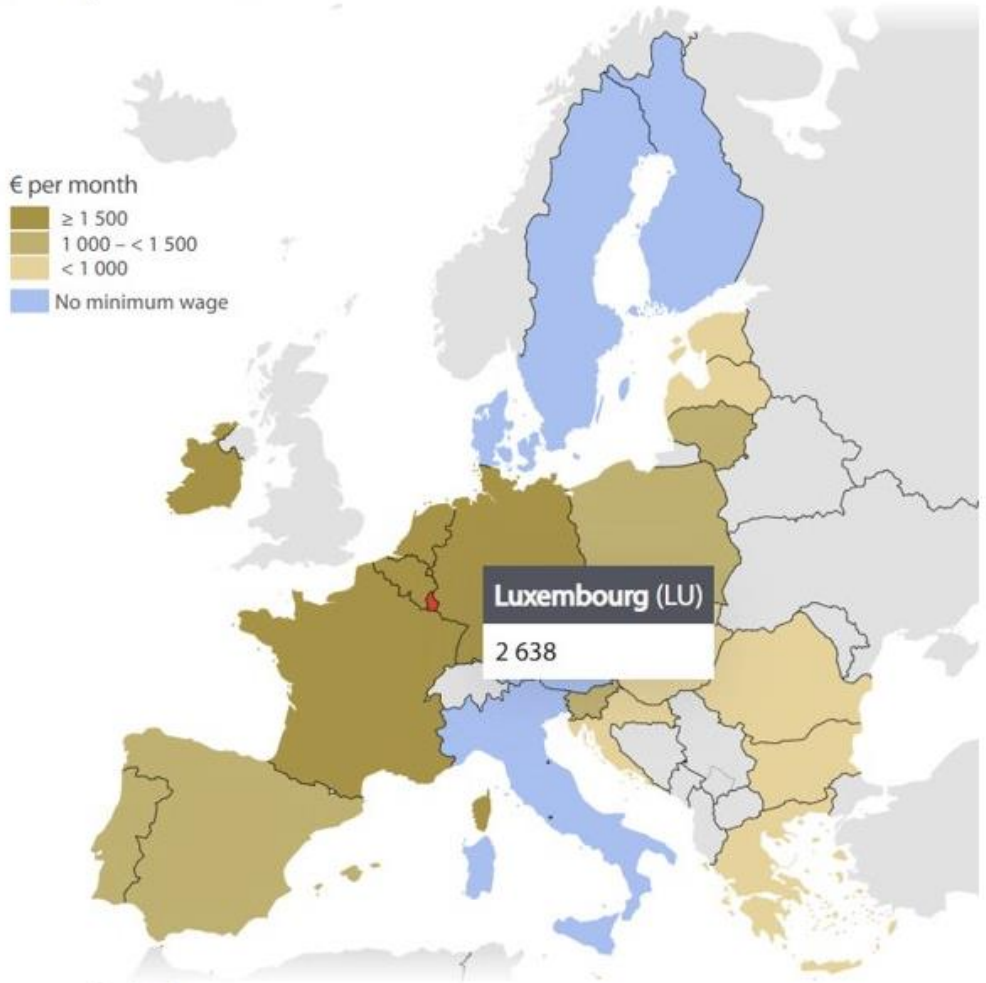
Minimum wages in the EU, January 2025
(in € per month)



eurostat
Source dataset: earn_mw_cur

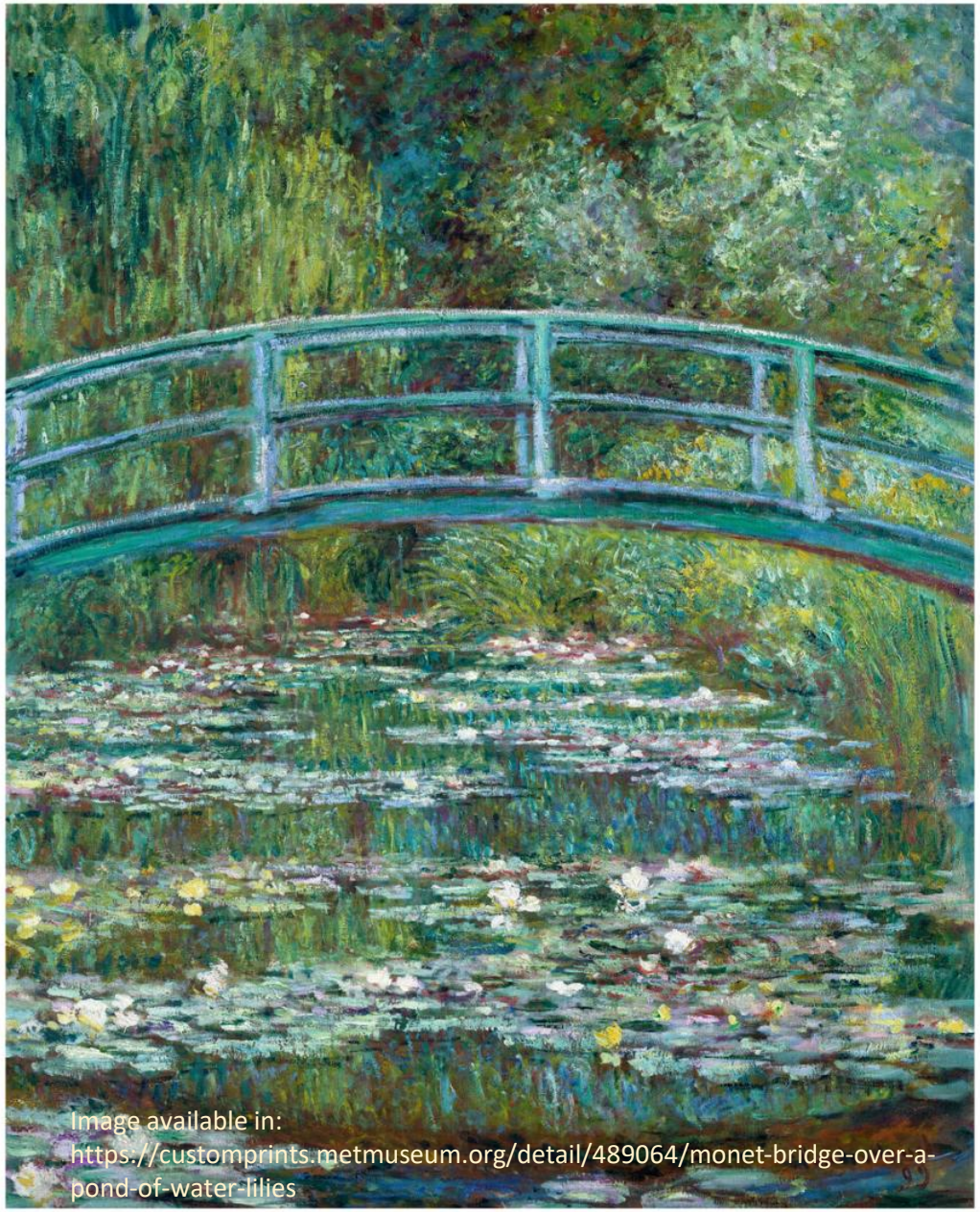
Administrative boundaries: © EuroGeograph
Cartography: Euro:

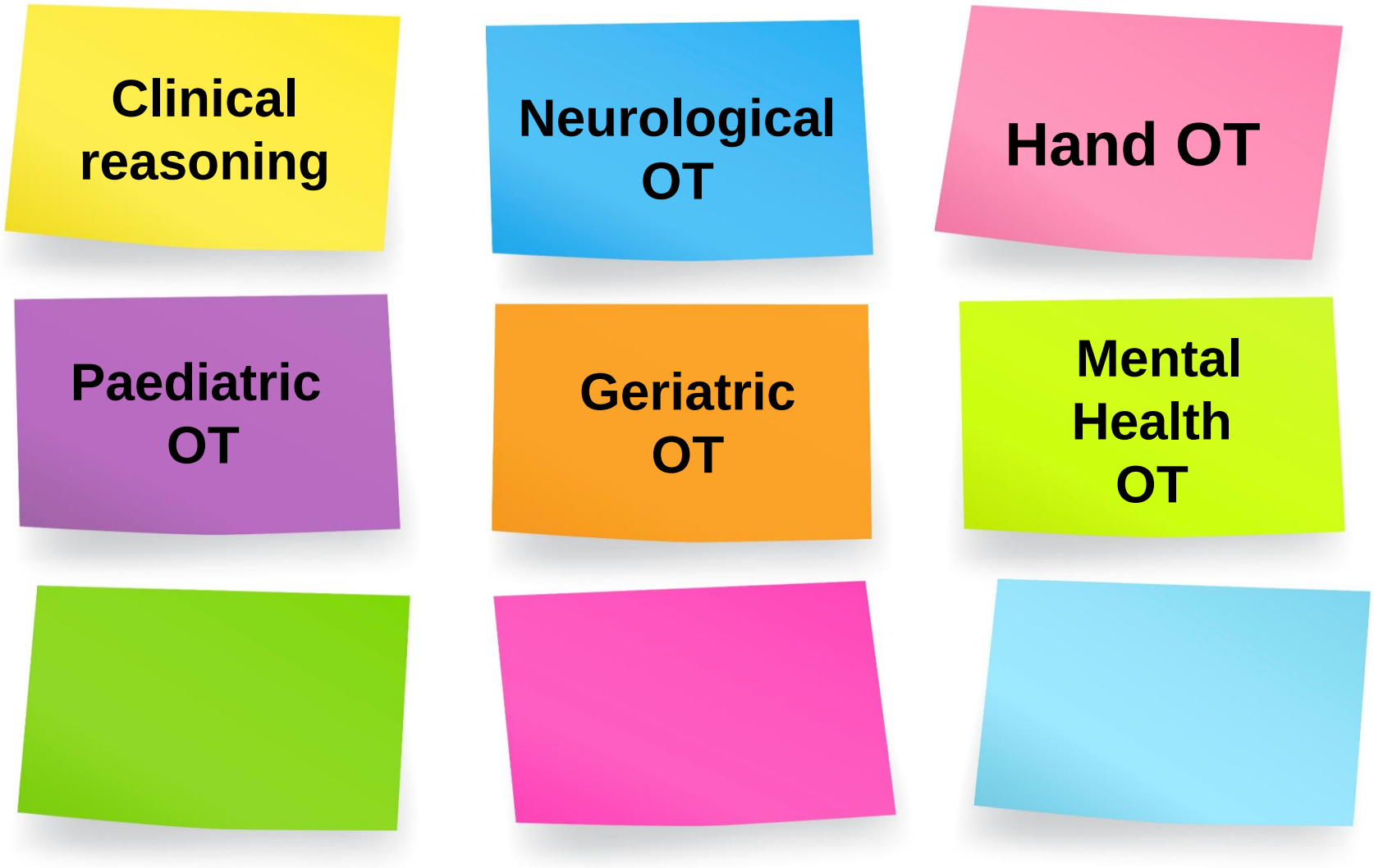
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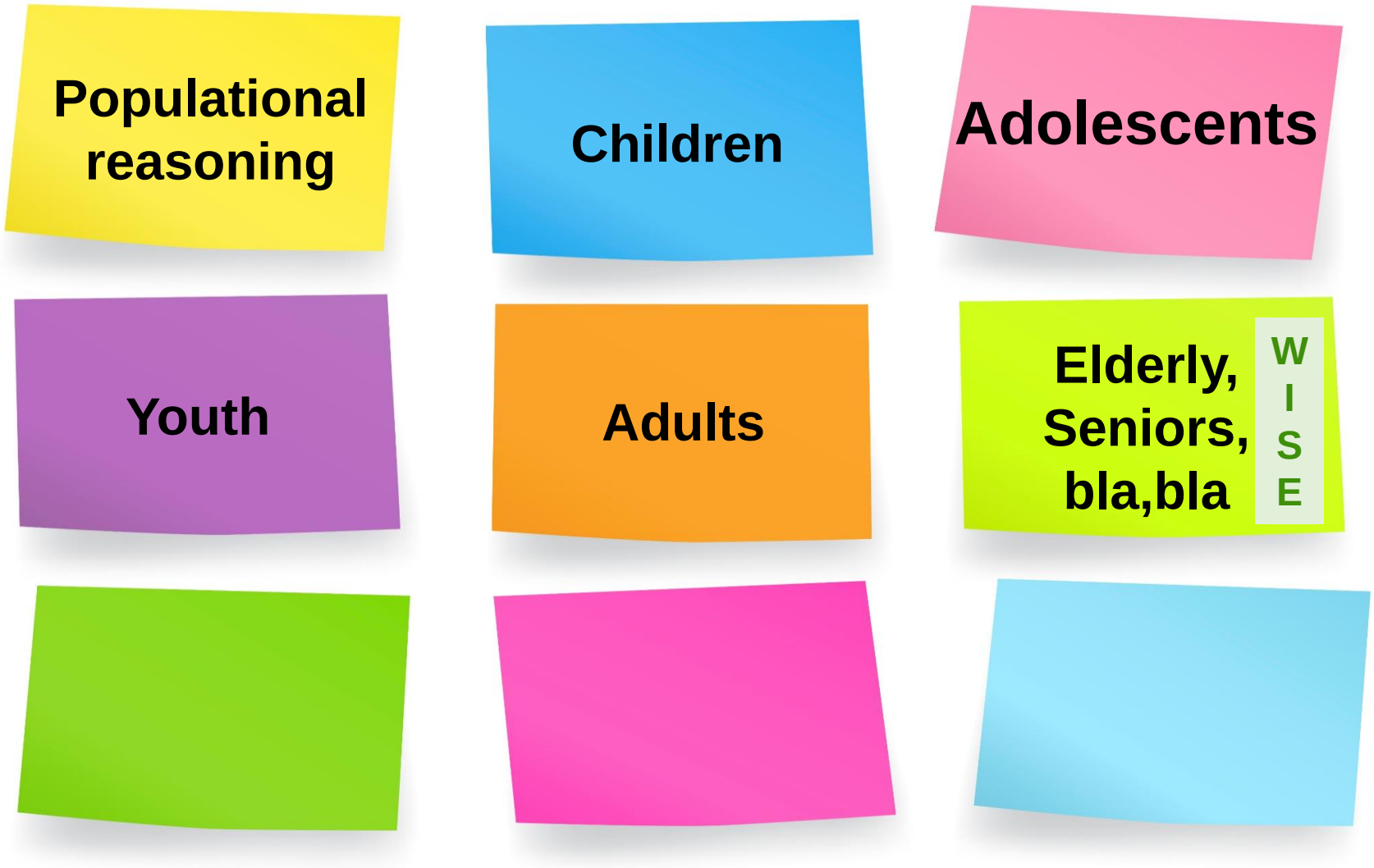
eurostat
Source dataset: earn_mw_cur

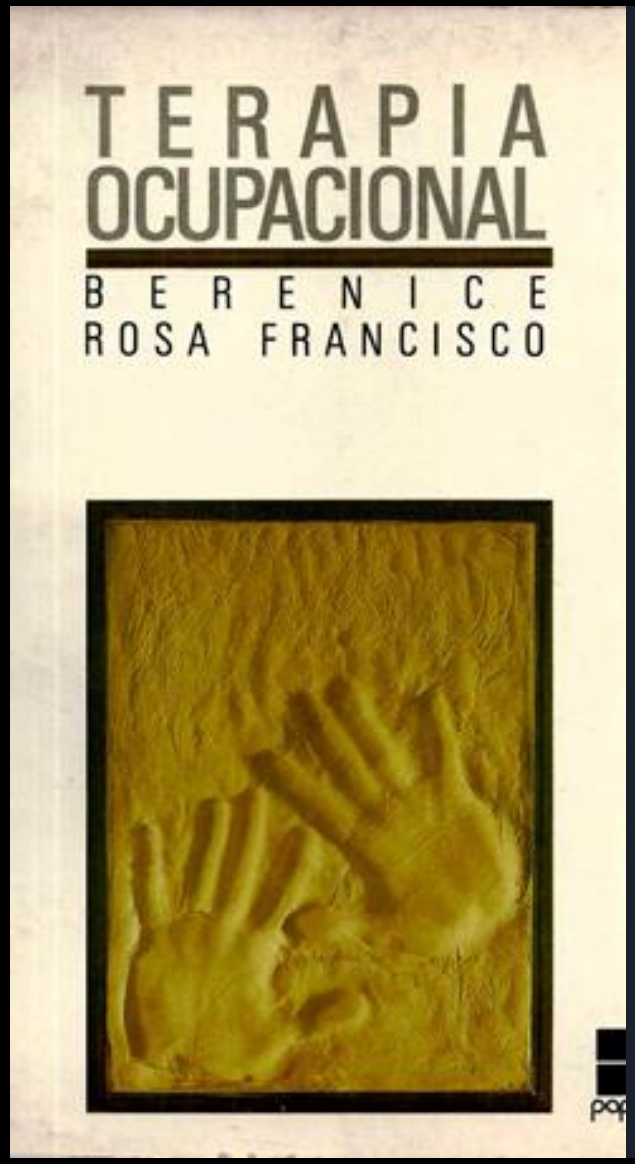
Administrative boundaries: © Eu
Cartog


Image available in:
https://customprints.metmuseum.org/detail/489064/monet-bridge-over-a-pond-of-water-lilies


Clinical reasoning
Neurological OT
Hand OT
Paediatric OT
Geriatric OT
Mental Health OT


Occupational reasoning
Education
Work
Housing/ living
PLAY
Occupational transitions


Populational reasoning
Children
Adolescents
Youth
Adults
Elderly, Seniors, bla,bla
W
I
S
E



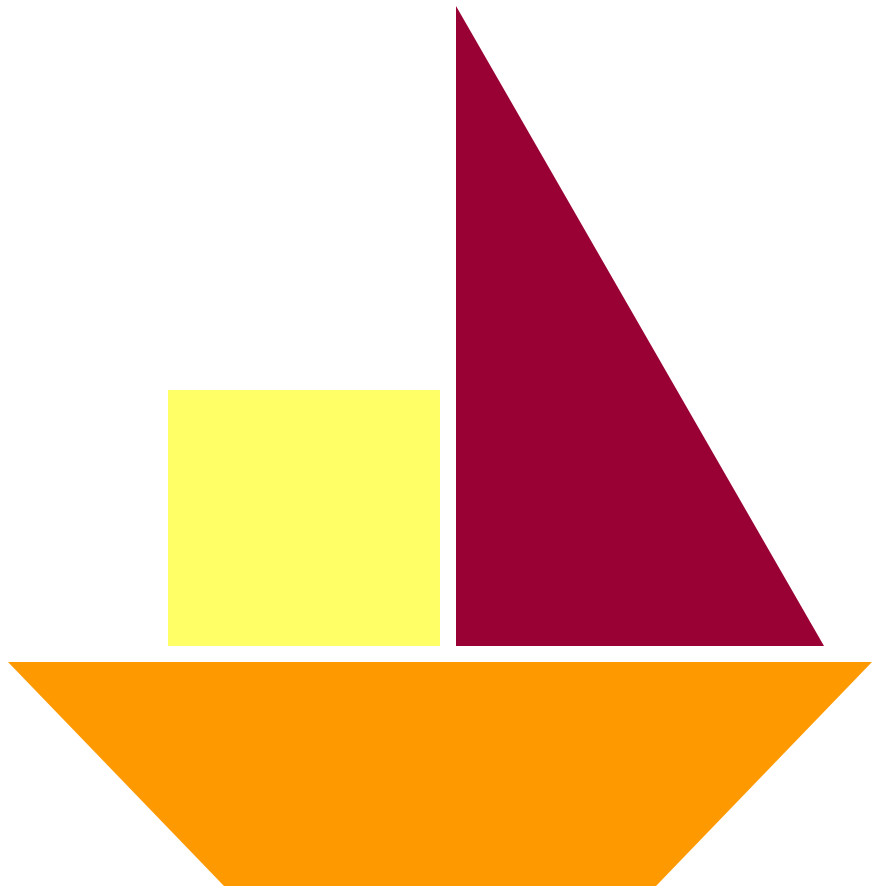
My teacher and referent: Berenice Rosa Francisco and her book published in 1988!

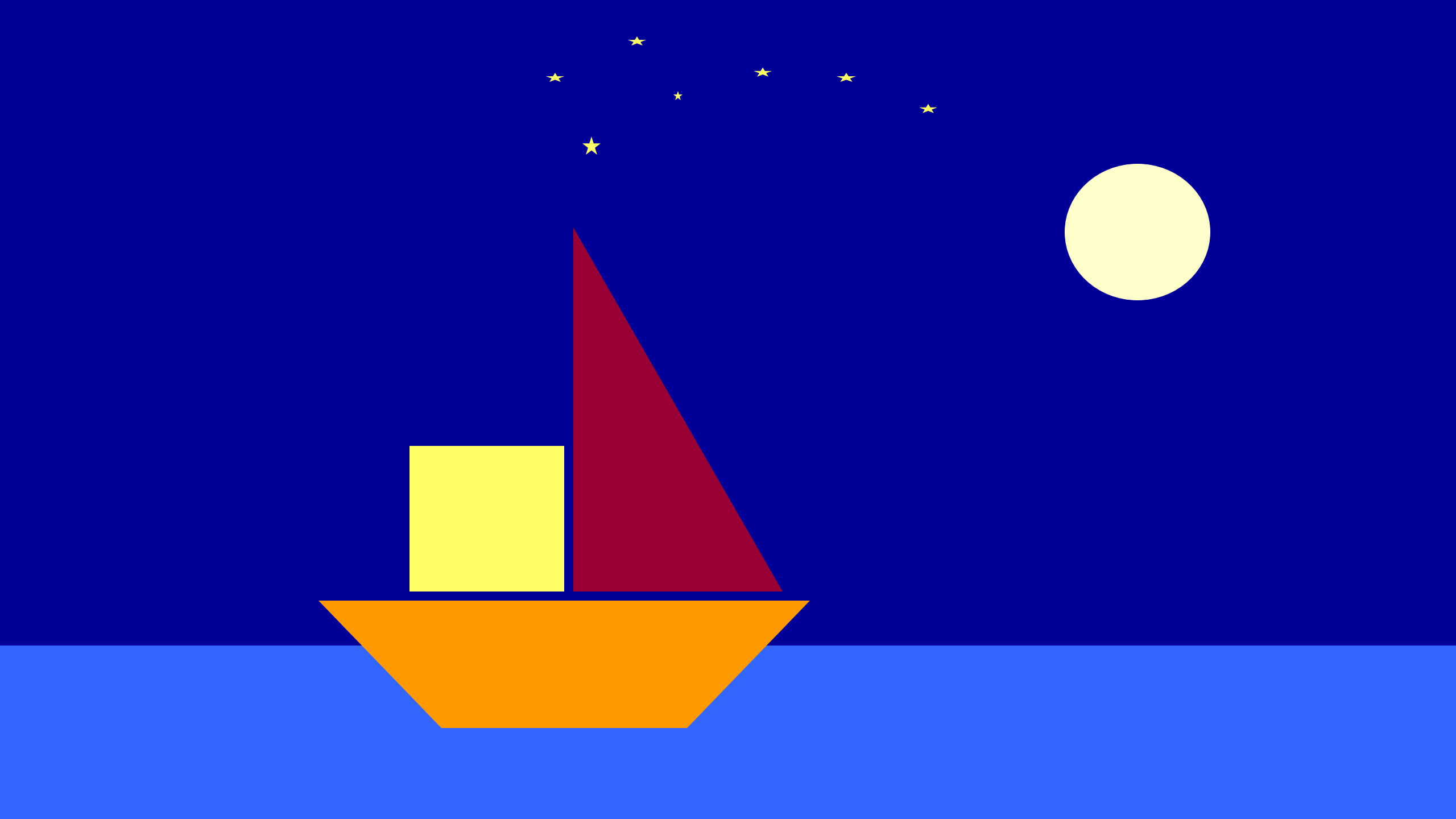
Querida Berê (Dear Berê),

- Our critical OT, for sure a worldwide OT referent! ...as many others we ignore ...
- Obrigada, gracias, merci, danke,…, THANK YOU!
- Máxima gratidão! Our GRATITUDE



(Re)dimensioning Occupational Therapy: shifting paradigms









EDUCATION FOR CHANGE

… and the spiral never ends…

- **This is about us as co-citizens, beyond OT**
- **Any citizen is an agent of change, if absent by others**
- **How can we contribute to reduce structural inequities around, across and because of us? Let's increase our critical awareness to avoid those perpetuation by our actions (or no actions)**
- **Questions, dialogue, cultural humility, participatory process. shared knowledge, strategical and critical thinking, ethical commitment and collective decision making**

Free image: https://depositphotos.com/photos/fondo-azul-espiral.html


Occupation
Therapy



… and the spiral never ends…

THANK YOU!

ines.viana@udc.es

