

ENOTHE

European Network
of Occupational Therapy
in Higher Education



MEMBERS' NEWSLETTER

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BOARD MESSAGE

Dear members and colleagues,

Celebrating 30 Years and a Successful Annual Meeting

It was a great pleasure to see so many of you at the 28th ENOTHE Annual Meeting in Coimbra, Portugal. The meeting was a wonderful opportunity to reconnect, exchange ideas, and explore new ways to strengthen occupational therapy education across Europe and beyond. This year's annual meeting was particularly special as we celebrated 30 years of ENOTHE; three decades of collaboration, innovation, and shared commitment. The atmosphere in Coimbra was vibrant and filled with a strong sense of community. On a practical note, this year's gathering brought together over 400 participants, with more than 220 presentations, workshops and poster sessions shared, which is a true demonstration of our strength in diversity and academic exchange. We extend our heartfelt thanks to all participants, presenters and volunteers for their dedication and enthusiasm, which made those three days both inspiring and memorable.

Honoring colleagues

During the Annual Meeting, we had the honour of electing Marie-Antoinette van Kuyk-Minis, as an Honorary Member of ENOTHE, in recognition of the long-standing dedication and exceptional contribution to the development and strengthening of our association. We are also delighted to celebrate our newly appointed Fellows of ENOTHE: Debbie Kramer-Roy, Liliya Todorova, and Linda Renton. Each of them has demonstrated remarkable commitment towards occupational therapy education, and their work continues to inspire our community.

Transitions in our Board

At the same time, we would like to express our sincere appreciation to Annette Köppenborg, who has completed her term as ENOTHE auditor. Her diligent work and constructive support have contributed greatly to the transparency and integrity of our association. We thank her wholeheartedly for her service and wish her all the best for the future.

We are also pleased to welcome Cristina Perdomo Delgado as a new Board Member, and Christine Spevak-Grossi as our new Auditor.

BOARD MESSAGE

We look forward to working together and continuing to build on the solid foundations laid by their predecessors.

Upcoming Activities

The webinar series “Occupational Therapy Education in [Country Name]” continues to offer valuable insights into national perspectives and practices. Since August, we have had enriching sessions from Lithuania, Germany, and Spain; sincere thanks to all colleagues involved for sharing their experiences and innovations. The upcoming webinars will feature Sweden, Switzerland, and Belgium, and we warmly encourage members to join, exchange ideas, and help strengthen connections across Europe.

Looking ahead, the Board will hold its next in-person meeting at the end of January 2026, while maintaining regular online meetings to ensure continuity in our work and collaboration on key initiatives.

We would like to remind you of the EMOTHE, as there is an ongoing call for reviewers and abstract submission.

Preparations are already underway for the 29th ENOTHE Annual Meeting, which will take place from 22–24 October 2026 at the Centre de Congrès Pierre Baudis in Toulouse, France. Key dates:

- Submission period: 1 January – 31 March 2026
- Reviewer applications: 1 January – 16 March 2026

You can find all the details on ENOTHE’s website and social media.

We also remind members that the open call to host the 2027 ENOTHE Annual Meeting is now available; we encourage interested institutions to submit their proposals and join us in shaping future gatherings.

As we move into this new academic year, we would like to wish everyone a fulfilling and well-accomplished year ahead.

With warm regards,
The ENOTHE Board

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MEMBERS' NEWS



HELLO FROM HERTS!

At the University of Hertfordshire in the United Kingdom we provide a 3-year pre-registration BSc (Hons) Occupational Therapy as a degree apprenticeship. Our team has recently joined ENOTHE and we look forward to learning more about occupational therapy education across Europe.

Degree apprenticeships in occupational therapy integrate academic study with work-based learning. Apprentices are employees in different settings, across healthcare, social care, and other settings including schools; apprentices bring their skills, knowledge and experience from their roles to the programme. Apprentices must also complete a minimum of 1000 hours of practice placements, and these are within settings other than their workplace.

We link with local communities for teaching in the following ways:

- Apprentices visit local community organisations and develop a group protocol about these organisations as part of an academic assessment.
- Role-emerging placements: the development of new placement opportunities for apprentices in settings without an occupational therapist.
- Experts by experience provide information by in-person discussion with the apprentices which contributes to an occupational formulation in an academic assessment.

Our programme has a blended approach to learning, with use of online and in-person teaching and digital resources. We also highlight active learning in groups with the use of enquiry-based learning. We intend to further develop our teaching in the following areas:

- Generative artificial intelligence and occupational therapy practice.
- Interprofessional education.
- Simulation with multi-media resources.

We look forward to further collaboration with colleagues across ENOTHE and to build on the networks developing from our participation in OT Europe in Krakow in 2024. Please get in touch if you would like to learn more about our teaching approaches!

David Lacy, d.lacy@herts.ac.uk, University of Hertfordshire



NEW THREE-YEAR OCCUPATIONAL THERAPY LED WELLBEING AND THE CURRICULUM PROJECT UNDERWAY IN UNIVERSITY COLLEGE CORK SUPPORTED BY HIGHER EDUCATION AUTHORITY MENTAL HEALTH FUNDING

Leading universities around the world are teaching students about wellbeing to support their success in learning and life. Students increasingly value their wellbeing and personal development while employers seek self-efficacy skills including resilience and self-awareness.

In University College Cork in September 2025, incoming first year students on selected modules had an opportunity to 'learn to be well' so they can 'be well to learn'. Twenty-five module leaders across University College Cork devoted time and space in their semester 1 curricula for over 2500 students to take 'Jumpstart Your Success: Everyday Matters', a bespoke self-paced online unit that is available to students on their Canvas virtual learning environment dashboard. In this unit, students explored what being a successful student means to them, learn what mental wellbeing means, describe how the brain develops in the late adolescent years [up to 24 years, 80% of all undergraduates in Irish universities within this age band], analyse their time use, learn how to build healthy habits that stick and strengthen their resilience by considering their support network.

Students can earn a micro credential for completing the full Everyday Matters: Healthy Habits for University Life® digital badge, a more comprehensive time use and wellbeing course which complements Jumpstart Your Success: Everyday Matters.



Jumpstart Your Success:
Everyday Matters

These curricular innovations are elements of a three-year wellbeing and the curriculum project underway in UCC supported by Higher Education Authority Mental Health funding. This pioneering project is progressing national policies on promoting mental health across the population and Higher Education Authority policies on student success and student mental health.

This project is designed and led by Dr. Eithne Hunt from the Department of Occupational Science and Occupational Therapy, UCC in collaboration with students, academic and professional services staff. For further information please contact Eithne at e.hunt@ucc.ie

Jumpstart Your Success: Everyday Matters

UCC
Coláiste na hOllscoile Corcaigh
University College Cork, Ireland

"How to study effectively and how to build good habits"

"All information was very useful and made me feel more confident"

"Everything I was worried about starting college was included"

"The picture of the tree showing what resilience looks like was really powerful for me especially as the first week of college has been so challenging"

"Knowing there is a support system"

"Made you realise everyone experiences tough weeks and you're not alone"

"I loved the videos. They provided short, scientific-based, engaging insights into the topics being discussed"

"The wellbeing part I think was the best"

"It made me feel so much more confident in my ability"

"Everything has a purpose in this course, so I think they were great"

Find it on your Canvas dashboard!

Jumpstart Your Success: Everyday Matters

UCC
Coláiste na hOllscoile Corcaigh
University College Cork, Ireland

What's the story you tell yourself about learning?

Learn to be well - be well to learn

Are you giving yourself time?

Wired to learn from 'womb to tomb'...what happens in the late teens/early 20s?

Dear Future You

The triple E formula for creating habits that stick

Resilience and everyday magic

Find it on your Canvas dashboard!

NEWS FROM KAUNO KOLEGIJA

Since October 4th until October 30th, Kauno kolegija's Occupational therapy 1st and 3d year students were collecting experiences in different practical fields. Evelina Lamsodienė, lecturer at the Department of Rehabilitation of the Kaunas College Faculty of Medicine, and first-year Occupational Therapy students visited the "Eglės" and "Versmės" sanatoriums in Birštonas. The Department of Rehabilitation maintains long-term cooperation with these treatment institutions—students complete internships here, gain valuable professional experience, actively volunteer, and many graduates find their first employment here. The visits help students become more closely acquainted with the activities of a real rehabilitation institution, the applied treatment and wellness technologies, and the work specifics of specialists.

Also, third-year occupational therapy students participated in the "Choose Lithuanian Goods" exhibition, where they promoted the occupational therapy profession by inviting people to check their reaction time and movement coordination with interactive board.

From October 20th to 30th, students from all courses of the Occupational Therapy program had the opportunity to attend lectures given by visiting lecturer Hulya Yucel on the following topics: Ergonomic Universal Designs in Developed Countries (Sweden, Japan, Germany, USA, South Korea, Netherlands, Poland, Norway, Finland, Canada) and Natural Sensory Integration for Children and Adults in Nature.

On October 27th, marking World Occupational Therapy Day, third-year students from the Occupational Therapy study program at Kaunas College Faculty of Medicine participated in a meeting with experienced occupational therapist and visiting professor Hulya Yucel from Istanbul Health Sciences University. As the professor shared her long-standing professional and academic experience, the occupational therapist's path was revealed to the students as an uninterrupted 28-year mission—a journey full of purpose and hope, which began around the 1990s in closed hospital wards when the field was little known and understood. Thank you to Professor H. Yucel for the inspiration and meaningful celebration! Read more: <https://shorturl.at/XTBSS>.

On October 30th, first-year occupational therapy students visited the special education school "Šv. Roko mokykla" and the social care center "Vija," where they observed the work of an occupational therapist, their work environments, listened to the experiences of practicing occupational therapists, and had the opportunity to ask questions of interest.

From October 23th to 25th, Giedrė Sasnauskienė, lecturer at the Department of Rehabilitation of Kauno kolegija HEI of Medicine and Vice-President of ENOTHE, participated in the international ENOTHE Annual Meeting 2025. Read more: <https://shorturl.at/dlthr>

Moreover, on November 3-7th Nordplus intensive course were held in Kaunas, Kauno kolegija HEI and gathered an international community of occupational therapy students and lecturers to examine the impact of everyday technologies on the accessibility and participation in activities. It was designed to maximize the experience of international cooperation. Students gained knowledge through cross-cultural collaboration, allowing them to compare occupational therapy practices across different countries.

This year, student projects were based on real-life experiences—patients from Kaunas Hospice House agreed to collaborate, sharing their daily activities and the challenges they face in everyday life.

This intensive course was attended by students and lecturers from Iceland, Norway, Denmark, Sweden, Finland, Estonia, and Latvia. A total of 7 lecturers and 23 students participated.

Crucially, the Design Thinking methodology was adopted during the course, serving as the primary tool for innovative and user-centered problem-solving. The main focus was placed on analyzing the independence deficits of Kaunas Hospice House patients and developing competencies related to the accessibility of everyday technologies.

Learning activities were active and practical. Theoretical grounding was provided in lectures and immediately applied through practical group work. The most significant part of the program was the preparation of pitches, dedicated to presenting everyday technology ideas adapted for hospice clients. All students presented ideas and developed projects that would improve not only the daily lives of hospice patients but also the efficiency and organization of care delivery.

Giedrė Sasnauskienė

giedre.sasnauskiene@kaunokolegija.lt



INTERNATIONAL COLLABORATION ON FREE TIME OCCUPATIONS (ICFO) AT ARTEVELDE UNIVERSITY OF APPLIED SCIENCES



We are looking for colleagues to take part in ICFO 2026. If you or a colleague have an interest in new and innovative ways of working with older people then read on...

Our Occupational Therapy programme hosts the International Collaboration on Free time Occupations (ICFO). This annual three-day event transcends borders and generations. The central theme? Leisure activities among older adults, viewed from various perspectives and disciplines. International and national speakers bring new insights to life in powerful keynotes and workshops and inspires our students to think differently about older people and their occupations.

For the 2025 edition we welcomed international speakers from countries including Sweden, Spain, Switzerland, and Kosovo who shared insights through inspiring keynotes and lectures like “What can we learn from elder persons, if we really listen to them?” and “Navigating occupational justice and injustices for older persons.” These sessions challenged students to rethink assumptions about aging.

Beyond lectures, participants engaged in hands-on workshops covering diverse topics: being LGBTQI+ and aging, intimacy and sexuality, animal-assisted therapy, and photography as a tool for expression. Students also explored Ghent’s community initiatives promoting active lifestyles among seniors—cycling, dancing, and sports—linking theory to practice during Belgium’s Week of Fall Prevention.

A highlight was the opening of De Rits, a welcoming space on Campus Kantienberg designed to foster meaningful intergenerational connections. Musical interludes by local senior choirs added a cultural dimension, reinforcing the event's emphasis on creativity and social inclusion.

ICFO's impact resonates deeply: students reported transformed perspectives recognising that leisure is not merely recreation but a powerful connector that supports dignity and participation. As one reflection noted, "Working in a care home means working in someone's home" and "My view of older people has completely changed."



If you or a colleague are interested in joining us in April 2026 (22nd-24th) for the 8th edition of the ICFO then drop me a line at: mike.jarrey@arteveldehs.be





NEWS

Dear ENOTHE members,

Hello from the SPOTeurope board members! Summer for SPOT was productive and restful at the same time and Autumn found us with renewed energy, fresh ideas, new student initiatives and a lot of updates that we can't wait to share with you! So get cozy and let's begin!

First, we would like to begin by sharing some updates about our board.

Sadly, we are saying goodbye to Kira Hanßmann, Aleyna Kayim, and Gaëlle van Liefveringe. It has been a true pleasure having them on our team. They have carried out their roles with professionalism, leadership, and great enthusiasm. We wish them all the best for the future.

There have also been some internal changes. Kato Omloop, previously our Social Media Lead, has now taken on the role of President with passion and dedication.

At the same time, we are thrilled to welcome two new board members: Katia Pappa and Dorothea Giannopoulou.

Katia will step into the position of General Board Member, while Dorothea will join us as our new Blogger. We are confident that their creativity and fresh perspectives will be a wonderful addition to our team!

In October, four board members of SPOTeurope attended the ENOTHE Annual Meeting in Coimbra, Portugal. Our current Events Coordinator, Aleyna Kayim, had the honour of delivering this year's student keynote speech, titled "Empowering Students: Engagement in Co-Creating the Future of Occupational Therapy Education." Her full presentation is available on the ENOTHE website.



Alongside Aleyna, three other SPOTeurope board members were present: Kira Hanssmann (President), Angela Lumpert Palacios (Student Board Member), and Kato Omloop (Social Media Lead). Throughout the event, we represented SPOTeurope at our stand, connecting with students and educators from across Europe and beyond.



We handed out flyers, shared information about our projects, and continued to strengthen and expand the SPOT network. Additionally, each board member hosted one session during the congress, supporting the presenters.

On the first morning, SPOTeurope organised a student meet-and-greet in collaboration with students from miniSPOT ZHAW, Switzerland, creating a space for international student exchange. To close the first day, we hosted a student workshop focused on intercultural competence, its importance in OT practice and the role of internationalisation in developing these skills.

On the last day, Angela and Kira presented the SPOT Pitch, offering attendees an introduction to SPOTeurope's mission, activities, and future ambitions.

A special highlight of the meeting was a shared dinner between the SPOTeurope board and the ENOTHE board, providing an opportunity to connect and further strengthen the collaboration between ENOTHE and SPOT.

During the ENOTHE General Assembly, Angela represented the students' voice, contributing to key discussions on the future of OT education in Europe



At the same occasion, the ENOTHE board formally bid farewell to Aleyna and Kira, who completed their roles on the SPOTeurope board. Our current blogger, Gaëlle, who could not attend the meeting in person, was also officially thanked for her contributions. In addition, Kato has now officially taken on the role of President of SPOTeurope, marking an exciting new chapter for the student platform.

In March, SPOTeurope hosted an engaging SPOTinar titled “The Role of OT in Visual Rehabilitation”, presented by Occupational Therapist Miranda Zwijgers. The session explored how occupational therapy supports individuals with visual impairments, and the use of touch as a compensatory sense for vision loss. Miranda Zwijgers shared practical interventions such as tactile drawing and mobility training, as well as strategies to assist children with visual impairments in school, daily activities, and play, ultimately enhancing their independence and quality of life.

In April, we continued our learning journey with another thought-provoking SPOTinar, “Unpacking Occupational Justice: From Theory to Applications”, featuring Dr. Michael Sy. Together, we explored the concept and theoretical foundations of Occupational Justice (OJ) and reflected on its relevance across different cultural and global contexts. This powerful session encouraged participants to consider how occupational justice can inspire interprofessional collaboration and social change.

Finally, we are excited to announce the establishment of two new Mini SPOTs! We are over the moon that students in Malta and Cyprus have decided to join the SPOTeurope community by creating their own Mini SPOTs. Expanding our network is so meaningful to us, as it helps us achieve the goal of internationalization. Bringing students closer while advocating for Occupational Therapy is one of SPOT’s key roles and we are always thrilled to have more students from all over Europe to share our vision and mission with. We can’t wait to see all those new initiatives come to life and enrich our beautiful community!

That’s all from us for now! We’ll be back with more updates in the ENOTHE spring newsletter. Warm regards, The Board of SPOTeurope



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STUDENT SCHOLARSHIP FOR PARTICIPATION IN THE ENOTHE ANNUAL MEETING 2025

KEY LEARNINGS AND EXPERIENCES

HANNAH MATHEW - BRUNEL UNIVERSITY OF LONDON, UNITED KINGDOM

I am incredibly grateful to have had the opportunity to attend this year's annual meeting with the help of this student scholarship. I benefited so much both personally and professionally from connecting with students and educators around the globe and have left feeling renewed energy, passion, and excitement for my future in Occupational Therapy.

One of the sessions I enjoyed most was Hanneke van Bruggen's workshop on Enhancing Critical Thinking in Occupation Based Community Development for Social Transformation. In this workshop I expanded my understanding of what it means to be a critical thinker and engaged in discussion about how (and if) this concept is taught in OT programs. In small groups, we discussed ways in which we could facilitate students going beyond surface level solutions. This included educators being honest and vulnerable about their own gaps in knowledge and implementing approaches like Socratic Seminars/Debate Style classes to increase student's comfort with disagreements, considering others' perspectives, and asking questions. I think this would be a great way to prepare students for clinical discussions within multi-disciplinary teams and between other OTs.

Throughout many sessions there was an emphasis on the benefit of placing students in real-life situations (or as real-life as possible depending on the circumstances) to enhance their learning and translation of skills to real-world practice. Whether that be via community engagement or the use of AI to enhance experiences it was inspiring to see the creative ways OTs were trying to enhance and improve OT education and validated my own experience in OT education.

Lastly, this conference was a really important experience in my professional development journey. Firstly, making connections with OTs and students from around the globe opened my eyes to what a diverse field OT is and all the options I have for my future within the profession. Contributing to critical discussions in workshops and presenting (last minute) to a full room increased my confidence in my ability to contribute to the OT profession and confirmed I have made the right career choice. Speaking with other OT students about their programs also made me feel less alone as I noticed many of us had the same struggles and strengths.

Prior to attending this conference, I had not considered myself interested in academia or research but this experience has not only made it seem less daunting, but something I am genuinely interested in and capable of.

Thank you, again, for the opportunity to attend this year with the help of this scholarship. In my application statement, I said attending this conference would develop my professional communication skills, inspire life-long learning, open my eyes to the different career paths within OT, and increase my diversity competence. I can confidently say that it has done all this and more and I am thoroughly looking forward to attending again in the future, hopefully with another presentation of my own!

TAMUNA TSULUKIDZE - IVANE JAVAKHISHVILI TBILISI STATE UNIVERSITY, GEORGIA

Attending the ENOTHE Conference 2025 was an inspiring and valuable experience. The event gathered occupational therapy specialists, educators, and students from all over the world, creating a dynamic space for sharing ideas and exploring new directions in our field.

One of the main focuses was how technology and artificial intelligence are shaping the future of occupational therapy. Presentations showed examples of AI-supported assessment tools, virtual reality in rehabilitation, and digital learning platforms that increase accessibility and engagement. It was fascinating to see how innovation can strengthen the therapist's role and improve outcomes for clients.

Beyond the academic sessions, I had the opportunity to build new professional networks and exchange experiences with colleagues from different cultural and educational backgrounds. These connections opened possibilities for collaboration and international projects.

I was also inspired by discussions on sustainability, inclusion, critical thinking and ethics, which reminded us of the human-centered values behind every technological advancement.

Overall, the ENOTHE Conference broadened my perspective, deepened my professional motivation, and encouraged me to integrate innovative, evidence-based approaches into my future occupational therapy practice.

CHRISI LAGOUVARDOU - ATHENS METROPOLITAN COLLEGE, GREECE

My name is Chrisi Lagouvardou, and I had the privilege of attending the 28th Annual ENOTHE Meeting, which took place in Coimbra, Portugal. Not only did I have the opportunity to attend this inspiring conference and present my work to an international audience, but I was also honored to be one of the recipients of the scholarships offered by ENOTHE, for which I am profoundly grateful.

I registered for the conference while still in my fourth year of studies at the Metropolitan College, recognizing it as a valuable opportunity to expand my knowledge, meet professionals from different backgrounds, and broaden my academic and professional horizons. The academic curriculum at the Metropolitan College was of exceptionally high quality and significantly contributed to the broadening of my intellectual horizons. At that time, I was enrolled in the module “Translating Knowledge into Practice”, which introduced us to several innovative and out-of-the-box topics. This module further motivated me to explore how Occupational Therapy (OT) can address complex and unconventional issues—an inspiration that led me to develop and present my project titled “Occupational Therapy’s Response to Climate Change.”

At the conference, the oral presentations I attended were remarkable, providing me with a wealth of new information as well as thought-provoking questions regarding the future directions of our profession. The presenters inspired both hope and motivation to delve deeper into emerging challenges within Occupational Therapy. Equally impressive were the poster presentations displayed throughout the venue; they showcased a diverse range of research, supported by passionate professionals eager to share their findings. The poster pitches were particularly engaging, offering practical insights into how OT can make a meaningful difference in people’s lives.

Among the most impactful aspects of the conference were the workshops. Although I was unable to attend all the sessions I wished to, the ones I participated in profoundly shaped my perspective on the profession. They provided valuable experiential learning opportunities, bridging the gap between theory and practice, and allowing me to reflect on my own reactions, emotions, and learning processes. Furthermore, the presence of SPOT and mini-SPOT representatives highlighted the importance of international collaboration and connection among OT students and professionals from various contexts.

Overall, attending the ENOTHE 28th Annual Meeting was a truly transformative experience.

It enabled me to build meaningful connections, exchange ideas, and step outside my comfort zone to engage more deeply with the profession, an experience that is really important for students to have during their study curriculum. It offered me a new lens through which to view Occupational Therapy; one rooted in innovation, collaboration, and global awareness.

Thank you to ENOTHE for this fantastic opportunity via the student scholarships program. I hope I will return as a professional in a few years from now.

Chrisi Lagouvardou

Metropolitan College Graduate

CARLA FERNANDA CEDEÑO REYES - UNIVERSIDAD MIGUEL HERNÁNDEZ, SPAIN

I had the honour of participating in the 28th ENOTHE Annual Meeting held in Coimbra from October 22nd to 25th, 2025, where I served as a moderator in different oral presentation sessions throughout the event. It was an enriching experience, both academically and personally, and a unique opportunity to grow as a future occupational therapist.

Among the activities I enjoyed the most were the SPOT workshops, where the enthusiasm and collaboration among students from different countries created a truly inspiring atmosphere. Two presentations particularly caught my attention: one from the University of Oviedo, focused on the translation and adaptation of an assessment tool related to sexuality and its importance for both men and women, and another from the students of Réunion Island, who presented creative occupational projects using recycled materials. Both sessions made me reflect on the breadth and depth of occupational therapy practice in diverse contexts.

The intercultural exchange was another major highlight. Meeting people from all over the world not only from Europe, sharing experiences, speaking several languages, and discovering new perspectives made me appreciate even more the richness and diversity within our profession. I also had the chance to meet pioneering professionals whom I deeply admire, which made this experience truly unforgettable.

This was my first ENOTHE meeting, and it has left a lasting mark on my professional and personal development. I have learned so much that I now feel more confident about the direction I want to take in my career. If circumstances allow, I will certainly take part in future meetings.

LAURA KONING - HOGESCHOOL VAN AMSTERDAM, THE NETHERLANDS

During these three days, I had the opportunity to attend the ENOTHE Congress, where I made many valuable international connections with students, lecturers, and occupational therapists. It was my first time participating in an international conference, which made it a truly special and enriching experience.

What I found particularly valuable was meeting people from different countries and cultures, and seeing how occupational therapy education can be shaped in diverse ways across the world.

I also had the chance to facilitate a workshop on resilience and mental strength among students. This was an incredibly meaningful experience, as it allowed me to inspire both educators and students, and to highlight the importance of giving more attention to this topic within occupational therapy education. The theme of resilience appeared frequently in other workshops as well, though I noticed that it was often approached from a top-down perspective. In contrast, our project takes a “for students, by students” approach, which makes it stand out.

The insights I gained from other workshops were enlightening and added depth to my understanding of the topic especially considering the different cultural perspectives that were shared. The variety of formats (such as workshops, Q&A sessions, and panel discussions) provided opportunities to either actively contribute or to learn from others, depending on one’s level of knowledge.

The range of topics presented was diverse, although I noticed that some themes like resilience were offered simultaneously, which made it challenging to explore multiple perspectives on the same issue. Nevertheless, I look back on an inspiring and educational experience that broadened my professional and international outlook as a future occupational therapist.

CHELSEY DEMOL - HOGESCHOOL VIVES, BELGIUM

Attending the ENOTHE Annual Meeting in Portugal was a truly inspiring and valuable experience. It was my first time I had participated in an international meeting. It gave me the opportunity to connect with students, teachers and professionals from across Europe, all sharing the goal of improving occupational therapy education and making it more inclusive.

One of the most interesting aspects for me was seeing how innovation and technology are being integrated into higher education. The discussions about the use of Virtual Reality (VR) in teaching particularly caught my attention, as my current bachelor project focuses on VR. It was exciting to see that universities are exploring VR to make learning more interactive, especially in practical fields like occupational therapy. This gave me ideas and motivation for my own projects and for my future work as an occupational therapist.

I also found the presentations about revising assessments for children and on other target groups very interesting. They discussed how assessments, such as writing tests, can be redesigned to provide more accurate and meaningful information. I have always found testing and evaluation fascinating, so it was inspiring to see how professionals are striving to make assessments more inclusive and effective.

Besides the academic content, the Annual Meeting offered many opportunities for informal exchanges. I especially enjoyed meeting other students and members of SPOT (Student Platform Occupational Therapie). These interactions gave me new perspectives on how occupational therapy education is organised in different countries and made me realise how connected our profession is on an international level.

The annual meeting also allowed me to reflect on my future career. As I aspire to become a higher education teacher, it was inspiring to observe what institutions aim to achieve and how teachers are supported in implementing inclusive practices. Being part of this international environment emphasized that education is not only about teaching knowledge, but also about fostering safety, engagement, and belonging for students.

Participating in the ENOTHE Annual Meeting broadened my understanding of occupational therapy education in Europe. It helped me reflect on how inclusion, innovation, and collaboration can strengthen our field and improve the way we support people in meaningful activities. I left the meeting with new insights, valuable contacts, and a renewed sense of motivation for my future as an occupational therapist. It was truly an unforgettable experience!



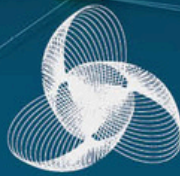


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NEWS FROM OUR PARTNERS



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UPDATES

OUR NEW BOARD MEMBER



Cristina Perdomo Delgado

What is the main achievement of your career in OT?

My main achievement has been contributing to the knowledge of how robot therapy and assistive technologies can enhance interventions with older adults experiencing cognitive decline and dementia. I have worked to transfer this research and innovative practice not only across Europe but also to Latin American countries and Canada, promoting a global and inclusive perspective of Occupational Therapy based on evidence and technology.

What I have to offer to ENOTHE?

I can offer a strong commitment to innovation and international collaboration, fostering the creation of networks and strategic partnerships among Occupational Therapy professionals and educators from different parts of the world. My goal is to enrich the exchange of knowledge and experiences across diverse educational contexts, strengthening our professional community through creativity, diversity, and shared learning.

What are your dreams concerning the future of ENOTHE?

My dream is for ENOTHE to become a leading European and international reference center for guidance, development, and excellence in Occupational Therapy education. I envision ENOTHE as a reliable and influential resource that promotes global partnerships, research networks, and innovative practices, driving forward the quality and continuous evolution of our profession in both academic and clinical settings.

OUR NEW AUDITOR



Christine Spevak-Grossi

*Thank
You*

“OCCUPATIONAL THERAPY EDUCATION IN [COUNTRY NAME]” WEBINAR SERIES

ENOTHE is currently developing together with its ordinary members (universities/institutions with an Occupational Therapy programme) this webinar series. Webinars open to registration are:



KNOW MORE AND REGISTER [HERE](#)



29th ENOTHE Annual Meeting

22-24 October 2026

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**CENTRE DE CONGRÈS
PIERRE BAUDIS
TOULOUSE**

Centre de Congrès Pierre Baudis
11 Esplanade Compans Caffarelli
31000 Toulouse, France

Key dates:

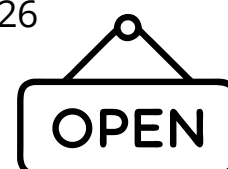
Registration

“Annual Meeting Fan”: 1 November 2025 - 31 January 2026

Early Bird: 1 February - 31 May 2026

Regular: 1 June - 31 July 2026

Last Call: 1 August - 30 September 2026



Abstracts and Review

Submission: 1 January - 31 March 2026

Reviewer applications: 1 January - 16 of March 2026

Review: 1 April - 15 April 2026

Announcement of results: 20 April 2026



European Magazine of
Occupational Therapy in
Higher Education

A publication of the European Network of
Occupational Therapy in Higher Education

www.emothe.eu

The magazine is an official publication of the European Network of Occupational Therapy in Higher Education (ENOTHE), with free access to ENOTHE members and paid access to non-ENOTHE members.

The aim of the European Magazine of Occupational Therapy in Higher Education is to advance knowledge in occupational therapy education, within Europe and the rest of the world, through the publication of scientific studies, scholarly reports and theoretical papers.

EMOTHE accepts the following submission types:

- Development work article (Articles should be instructional in nature and should be written in a style that readers outside the area of specialty could understand);
- Research article (Articles should be scientific in nature and should be follow scientific writing);
- Student article (Reports not submitted as original development research article);
- Resource reviews (Review of books/resources that can be used in teaching or learning);
- Letters to the editor.

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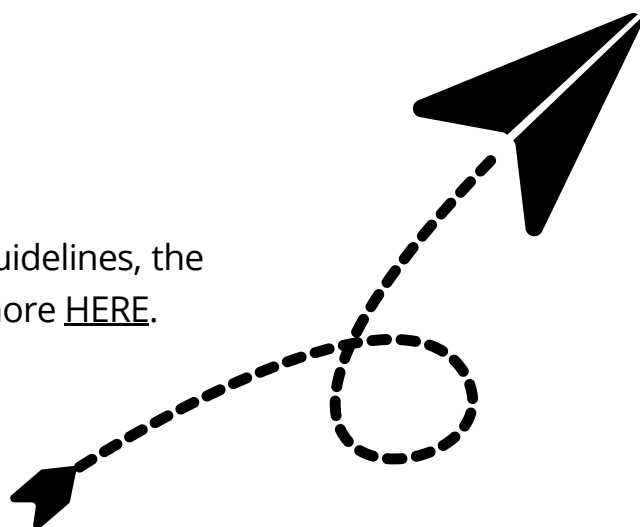
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Newsletter: 1/4, 1/2, 1 page ; Website: quarterly button

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Exciting Academic Opportunity in Occupational Therapy – Join the Cyprus University of Technology Team

**Faculty Position in Occupational Therapy –
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The Department of Rehabilitation Sciences at the Cyprus University of Technology invites applications for a full-time faculty position at the rank of Assistant Professor or Lecturer in Occupational Therapy. This is a unique opportunity to join a dynamic, research-active department within the School of Health Sciences, located in the beautiful Mediterranean city of Limassol. The successful candidate will contribute to the ongoing development of high-quality education, research, and innovation in Occupational Therapy, within a university that holds the HR Excellence in Research Award from the European Commission. Minimum qualifications for academic posts, including publication and experience requirements, are listed on the [University's website](#). Applicants should also have good knowledge of the Greek language, as required by the Public Service Commission circular, or at least at the B2 level according to the CEFR.

Applications are open **until 9 January 2026** (23:59 GMT+2).

More details and application link:

<https://www.cut.ac.cy/university/administration/administrative-services/hr/jobs/article/?languageId=1&contentId=608270>

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