



E- Newsletter Spring 2021

***Did you know that our website
can be automatically translated
into 26 different languages?***

***Have you visited the
"Resources" section on our
website?***

***Let's keep on talking all
year round!***

Inside this issue

<i>Message from the President.....</i>	<i>2</i>
<i>ENOTHE News and Updates.....</i>	<i>4</i>
<i>SPOT News</i>	<i>6</i>
<i>News from Members</i>	<i>8</i>
<i>News from Projects & Partners</i>	<i>12</i>
<i>2nd COTEC-ENOTHE Joint Congress.....</i>	<i>12</i>

Message from the President

Dear colleagues,

And there we are. For most of us more than a year living and dealing with COVID-19. As many of you will recognize working in OT education, it is a very challenging time. And lockdown after lockdown, test after test, we are longing for human contact. Students and teachers cope with isolation, loneliness and uncertainty. And despite that, the energy, commitment and positivity of ENOTHE members is enormous and makes me smile every day I work with the board and hear and see what the latest developments are in our network.

The newsletter reflects this commitment of members and their interesting contributions to OT Education in Europe. All of our members 'keep on moving' and it seems we also do not have time to pause the development and innovation of OT Education. Students are very well served and supported by the online activities and campaigns of the thriving SPOTeurope and their mini SPOTs. I strongly believe that ENOTHE will flourish when these young professionals will enter our network as occupational therapist and lecturers in the future.

We thank the members for their contribution to our 'home-made' promotional video which shows what ENOTHE can bring. It is a warm welcoming family and we are working on using this for professionalizing our promotion to potential new members.

In a survey we have consulted our members on ENOTHE's Strategy and have collected more than ten pages (!) of valuable feedback in addition to the last Pre GA workshops. So there is work to do to process this. Especially I would like to thank new members for their fresh ideas, contributions and suggestions!

The board is working more and more efficiently online and we have found a good way making shorter meetings, working sessions on themes and topics to compensate the face-to-face meetings which we still hopefully have in the near future. We are anticipating on the future board rotations and have started a new and updated nomination procedure and call all members to join and support interested. Read more [HERE](#). Timely translations to Spanish, French and German will be available.

In the update on the congress in Prague you can read more about the switch to the virtual conference and the upcoming changes and challenges of the new exciting program. We are moving the next General Assembly outside this congress to Thursday October 14 2021, so save the date!

Towards the congress ENOTHE is organizing webinars based on topics and ideas of members collected in a recent survey. It is great to see with how much enthusiasm and eagerness members are willing to contribute. It will be joy to follow them so keep yourself up-to-date via your representative and social media.

ECOLE is 'on a roll' and the first activities designed by the Think Tank are emerging in Task Force of partners creating a Summer School "Digital perspectives on Occupational Therapy education". The aim is to provide students, knowledge and skills about digital and innovative solutions that are relevant for

Last but not least, of course ENOTHE is continuously contributing to our network partners. Together with a student from SPOTeurope we presented in Poland, Poznan in the Conference "Innovations in occupational therapy". We joined for the first time in a WFOT Council Meeting. In the COTEC executive board interim meeting we presented how ENOTHE works and in the OT Europe Executive Board we worked on the strategy in an innovative workshop led by Nils Erik Ness. We emphasize the importance of OT Education in the endorsement in a Joint Statement of Health First Europe and the Thematic Network on 'Profiling and Training the Healthcare Workforce of the Future.

So keep up the good work and join us in the positive and 'growing mindset' towards a future which in the end will open up to even more opportunities for OT Education then before.

Wishing you all a Happy Easter Days on behalf of the ENOTHE board.

Soemitro Poerbodipoero



ENOTHE News and Updates



We are proud to announce that **27th ENOTHE Annual Meeting**, hosted by the **Ivane Javakhishvili Tbilisi State University, Georgia**, is now scheduled for **October 14 - 16, 2022**.

Stay tuned for updates on theme and formats of the meeting on the webpage [here](#).

ENOTHE was invited by COTEC to present, at COTEC Executive Interim Meeting in March, its structure, activities and practices – **“ENOTHE work from inside”**.

If you appreciate consulting the presentation, click [here](#).



E.C.O.L.E. – ENOTHE CENTER OF LEARNING & EXCHANGE



Occupational Therapy Programme of First Faculty of Medicine in Prague (Charles University), Occupational Therapy Programme of European University Cyprus and University School of Nursing and Occupational Therapy of Terrassa (Autonomous University of Barcelona), together in collaboration with ENOTHE and SPOTeurope, are pleased to announce the 1st edition of the international Student Summer course in Occupational Therapy -

“Digital perspectives on Occupational Therapy education”.

Access all information regarding: aims, dates, participants, tuition, expression of interest procedure and deadlines, [HERE](#).

During the month of January/February, a survey on topics for **ENOTHE Webinars/Afternoons** was conducted with members. Thank you for participating! Check the survey results wordcloud.

In line with the survey results, we are now ready to announce that there are already 3 ENOTHE Webinars scheduled:

“Internationalising the Curriculum (IoC) -how to start?”; “Integrating Occupational Science in a Competence-Based Curriculum for Occupational Therapy Program in Finland”; “COIL (collaborative online intercultural learning) in OT – COPILOT”.

Find more information on our website [HERE](#).

ENOTHE Webinars are conducted by members for members, with the support of ENOTHE.

Furthermore, **ENOTHE/ECOLE plans** to develop an **open call on shaping a task force** to start working on the **tuning competences update and tuning packages**.

We encourage you to be attentive to forthcoming announcements!

Want to know more about ECOLE? Visit the [webpage](#).



Dear ENOTHE members,

It is always a pleasure to gather news regarding events, updates, and anything student-related for you. Therefore, we are more than happy to announce that, among other things, we have exciting mini SPOTs updates and have started our very own Town Hall meetings!

During these Town Hall meetings, SPOTEurope's board gets together with the mini SPOTs to talk about matters that either one of them wants to bring up or reflect upon topics that have already occurred and are in need of feedback. It is vital to us to listen to students' needs, reflections, and what they are up to; whether it is studying, doing projects, or organizing events. The first meeting took place on the 17th of February of 2021 where we received feedback on vital topics and we also got to see the students presenting themselves and their miniSPOT and sharing problems and solutions to creating and sustaining one. It was such a fulfilling experience to see everyone internationalizing without us leading the conversation. One of the vital topics mentioned was the Student Board Member (SBM) rules of procedure. The final version has been updated and uploaded on our [website](#).

We also could not help but notice that upon reading our two previous contributions to ENOTHE's newsletter we found ourselves proud to have become the wide platform we are today. Therefore, we would love to share with you our newest outreach updates. We are happily watching the creation of new mini SPOTs these past months and the hard work the already existing ones have been showing. More detailed updates about new mini SPOTs and events will follow in our 2nd SPOTEurope newsletter in May. But for instance, mini SPOT Nijmegen is currently organizing their second Live Podcast event on the 23rd of March 2021. It will be an online event where students can ask questions and have discussions with their guest speaker about Episode 3. They have already uploaded their 4th Podcast Episode and all of that while supporting other mini SPOTs by attending their very own events!

Another example is from mini SPOT Prague who have started their 'Ergohost' events, led by experts (not only in the field of occupational therapy). So far they have hosted an event with Bc. Martina Cahová and PhDr. Vít Čelíkovský on the topic "Occupational therapy in Mental hospital Bohnice and the use of mindfulness in personal and professional life" and "Practical psychology in working with patients". They have also hosted online with Deborah Murphy and Marina Georgiadou, presenting "Occupational Therapy in prison, a tale of two countries". A

huge 167 participants attended from a variety of countries including; Czech Republic, USA, Great Britain, Scotland, Austria, France, Portugal, Cyprus, Turkey, India, and others. Amongst other successes, they have inputted in the Czech Association of Occupational Therapists Newsletter, the Faculty of Medicine bulletin and have met with Mini SPOT Olomouc to provide assistance with setting up yet another Mini SPOT in the Czech Republic. This is just a small insight into their many activities!

And finally, SPOT HvA organized collaboratively an event with Western University about occupational therapy around the world. Our student representatives and sounding board members have been very dedicated, including one member who hosted an online book club for students around the world!

In an alternative to online events, Mini Spot EssLei (Portugal) have produced a [web page](#), which includes information about national and international events related to health and where we mention the relationship with the Occupational Therapy practice, OT Academic Life where we show the reality of OT students in different towns, several blogs posts with subjects that are published on the page. Mini SPOT HvA also did an alternative to online events by creating a 'virtual insight trip to Amsterdam' for the OT Euromasters Cohort!

Alongside the above, we are, as you may already know, regularly organizing students favorite events: **SPOTinars**! We had both Margot Berry and Frank Kronenberg as our guest speakers and both the students and we loved to hear about diversity in OT and systematic racism presented by these honorable OTs respectively. You can find the synopsis of them by visiting our [website](#). But that is not all! We planned our next SPOTinar for the 14th of April and it is all about the COPILOT! You can find more information in our calendar on our [website](#).

Another important news is that we are looking for board members to welcome in our SPOTeurope family! Next to a general board member for SPOTeurope, we are also looking for a new Student Board Member. The procedure for that can be found on the [website](#). The vacancy will be sent soon to both ENOTHE's & SPOTeurope's network. The deadline for application will be the 1st of May.

Thank you, once again, for providing us with the opportunity to bring unique and important student-based aspects and opinions to the table.

Kind regards,
SPOTeurope's board



Occupational Clinical Practice - Training, Research and Community Support Hand-in-Hand

Students and teachers of the Occupational Therapy degree of the Polytechnic of Leiria develop since 2019 a project for the study and implementation of assistive technologies in schools as Occupational Therapy intervention to enhance the occupational performance of children with neuromotor limitations and autism spectrum disorders.

The project "Technologies for Inclusive Education - TEI@IPLeiria" is developed nationwide and results from a protocol between Altice Foundation and the Polytechnic of Leiria to study the adequacy of technologies to support children school and social inclusion.

The OT students implement assistive technologies for augmentative communication and computer control and also work with the children's teachers to develop more accessible activities and assessments adapted to school contents.

This project is grounded in three areas: training and education of students; research development; and community support. Thus, students within the framework of their clinical training, develop their intervention in a community that does not yet benefit from occupational therapy service and, in parallel, develop a case study research as their final project. In this way, they were able to develop their intervention and research skills, produce scientific knowledge, support people in need of occupational therapy intervention, and make known the potential of integrating occupational therapists into the staff of schools and town councils.

It was with great satisfaction that we received the feedback that the solutions found allowed a balance between the skills and difficulties of each of the children and that positively influence the teaching-learning process, exceeding the expectations of the teachers.

There is no doubt that the OT is the most qualified professional to evaluate and implement these technologies, to enhance the participation and performance of the individual in everyday tasks, including the teaching and learning of people with specific needs.

Jaime Ribeiro (OT, PhD)

School of Health Sciences of the Polytechnic of Leiria, Leiria - Portugal

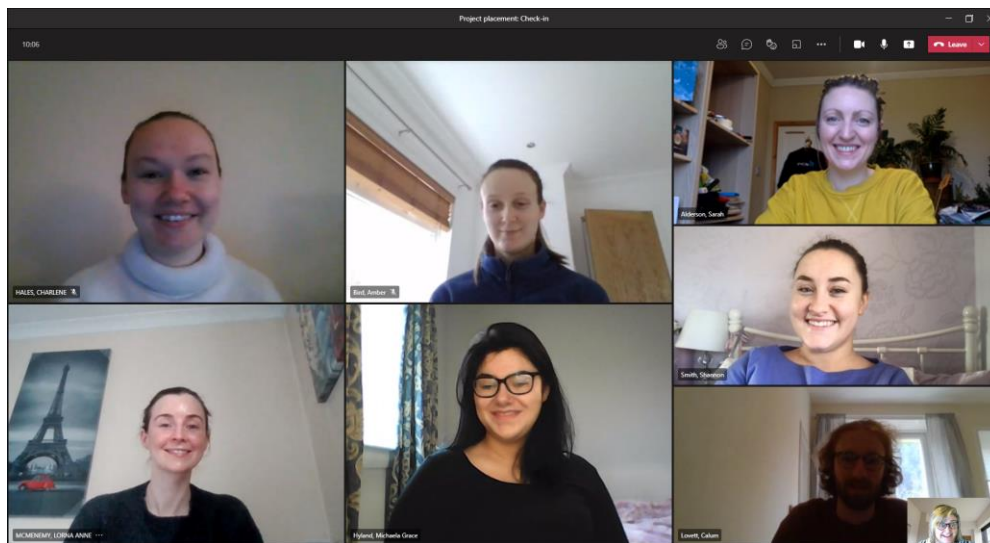
Glasgow Caledonian University

Students and staff at GCU are continuing to be innovative regarding practice placement opportunities:

Online simulated placement

In collaboration with The University of Sydney, GCU have developed an online simulated placement for the level 2 students on the BSc (Hons) Occupational Therapy programme. This has been in response to placement challenges to provide innovative placement experience for students. The online simulated placement has students working in peer assisted learning groups with simulated service users based on real-world case studies through stages of the occupational therapy process, including assessment, goal setting and simple interventions. The simulated service users are retired occupational therapists from across the UK as well as other retired health and education professionals. A mixed method research evaluation is planned.

W2R Work to Retirement: Managing the transition from work to retirement: A project placement



This project placement is completely online (see photo) and provides students with an opportunity to develop an occupation-based intervention. Seven students, working alongside a practice educator from GCU, are developing an occupational therapy programme for supporting people in the transition to retirement. A rapid review is being conducted to identify contemporary evidence and, following relevance checking, the data from the included studies will be extracted and analysed using TIDieR (the international standard for interventions description). The findings of the analysis will be used as the basis for developing a manual that other students can use in order to be able to offer the transition from work to retirement

programme in the future. It is a full placement and the students will complete the usual placement documentation: assessment report, attendance record, activity diary and reflections, maintaining portfolio and completing case study. They will also be assessed against the learning outcomes.

If you would like to know more please contact Catriona Khamisha, Practice Academic Lead, C.Khamisha@gcu.ac.uk

"The Caravan of the Senses", an itinerant multisensory stimulation classroom"

With this project, we seek that the students can interact with the environment through the stimulation of their senses, in order to acquire learning and develop the maximum potential of their school, social and intellectual skills.



**la
caravana
de los
sentidos**

Facultad Padre Ossó

It is intended to guarantee that children from rural populations can access resources under equal conditions, which is especially relevant for minors with special educational needs.

This project is aimed at all students of early childhood education and the first stage of Primary. We currently work with 415 students, 31 of them with special educational needs and 39 Teachers.

The professional team is made up of occupational therapists who also have specialized advice from the faculty of the Padre Ossó Faculty (centre attached to the University of Oviedo).



To carry out the interventions we have a mobile equipment, a classroom installed in an adapted caravan and equipped with specialized material. In this way, the service is 100% operational from arrival at the school.

The intervention consists of three aspects: preventive, therapeutic and guidance.

- Preventive: aimed at all students. Work is carried out to maximize participation and help children reach developmental milestones according to their age expectations.
- Therapeutic: focused on direct treatment for identified students who need more direct interventions to improve their participation in the classroom and on a day-to-day basis.
- Guidance: advice to tutors, teachers, and specialists on regulation strategies for the classroom, advice for the adaptation of material resources, etc.

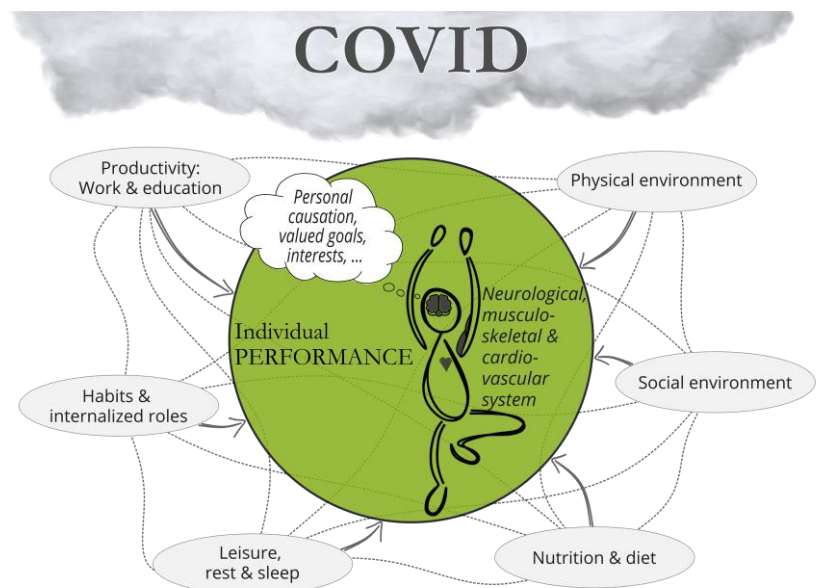
Go CoFIT through Online-Teaching - Blogging from students for students

The Coronavirus is omnipresent and affects many areas of life - including the performance of students.

Since the next semester will also proceed mostly online, [this blog project](#) will show how students can deal with the given conditions in order to get fit and motivated through online teaching, to maintain their own performance or to increase it.

In accordance with the motto **"Staying fit and motivated in online teaching"** and the holistic approach pursued, the blog will inform students with contributions on the following topics:

- Designing an online workplace
- Tips & tricks for learning
- Break organization
- Relaxation
- Brainfood



The project was started by nine students of the OT-degree program at the **Carinthian University of Applied Sciences**, as part of the course „*Project Management and Presentation*". The series of blogposts will reflect some of the core competencies in OT. Therefore, there are a few reasons why this topic is particularly close to our hearts as future Occupational Therapists:

- Ergonomics is already an indispensable topic in professional life and relevant in schools, colleges and universities.
- Health promotion and prevention represents a possible field of work for OTs, trying to counteract the occurrence of illnesses and disabilities in everyday life.
- Human occupations are the central focus of Occupational Therapy, which is why OTs are also known as
- experts for activities/occupations and the adaptation of these and
- experts in aids & environmental adaptations.

With our series of articles we want to make our knowledge about ergonomics in everyday life more accessible for students and to simplify the daily study routine in online classes in order to counteract physical and psychological stress.

— *Written collaboratively by Verena Hofer (student/project lead) & Markus Kraxner (lecturer/supervisor) - Carinthian University of Applied Sciences.*

News from Projects & Partners

Disseminating event of the project INTERACT

The **Erasmus+ project InterAct - Interdisciplinary Cooperation in Psychosocial Interventions** has been based upon experiences gained working with refugees across different disciplines, such as occupational therapy, physiotherapy, education and psychology. The participating institutions have been IB Hobschule Berlin (Germany); UVic-UCC (Spain); Karolinska Institutet (Sweden); National University of Athens (Greece); and HCI Productions (Finland).

Various psychosocial support projects have been developed in response to the sudden increase of refugees arriving in Europe since 2015. Such projects occur in many places in various countries, involving practitioners from different disciplines. The migration policies that regulate the everyday practices of refugees and people engaged in the field of psychosocial support for refugees are complex. Due to this complexity, an interdisciplinary perspective to orient practices was needed.

During the two-year project, these experiences have been collected and reflected upon together with refugees, volunteers, practitioners, students and teaching colleagues from different health care and social disciplines in higher education.

The three main objectives of the Interact project have been (1) To transfer results and experiences gained from refugee projects in different European countries to regular psychosocial support practice, teaching and research, (2) To foster interdisciplinary cooperation in teaching, psychosocial practice and research, and (3) To create international cooperation and exchange of experience.

Lecturers, students and practitioners developing psychosocial interventions with refugees can benefit from the intellectual outputs of the project: (1) Educational toolbox on psychosocial practice. (2) Practice guidelines. (3) Policy recommendations (based in the undertaken research). (4) Online exhibition. They are available at the web of the project www.interact-erasmus.eu

Five disseminating events have been organized in Germany, Sweden, Greece and Spain at the end of the project to spread its results. This last one was co-organized by the UVic-UCC in collaboration with ENOTHE on 16 December 2020. The event had the collaboration of the Secretariat of Equality, Migration and Citizenship of the Generalitat de Catalunya and the Vall d'Hebron Hospital.

On behalf of ENOTHE, its president Soemitro Poerbodipoero has taken part in the opening of the event; and its Vice President Maria Kapanadze has moderated the panel of experts with the participation of Francisco Collazos, Nadine Blankvoort and Theo Bogeas.

Sarah Scheer (IB Hobschule Berlin) and Salvador Simó (UVic-UCC) have presented the results of the project. Margarita Mondaca (Karolinska Institutet) and Ursula Costa (University of Applied Science Tyrol) have presented the results of the related Node refugee project. The event has had more than 100 participants from Europe, Asia, America and Asia. The organisers want to support the support and participation of our former WFOT President Kit Sinclair during this event.

Occupational therapists are already playing a very important role in relation to the psychosocial attention of refugees, a role that can be improved in the next future.



Photo:

Eirini Adomopoulou, Sarah Scheer, Margarita Mondaca, Salvador Simó, Maunuel Guerrero and Eric Asaba.

Text newsletter Interact - Salvador Simó. PhD, MsC, MBA.

2nd COTEC-ENOTHE Joint Congress, Prague, Czech Republic, September 15-18 2021 - Update

Dear members, Dear colleagues,

First of all, we would like to express our gratitude to all of you who are still on board making this postponed virtual congress happen in September this year. We have received many supportive messages that truly make it possible to continue this adventure. Because it is not organising a normal congress, it is not organising an online congress, it is the huge challenge of transforming a face-to-face complete program to an innovative full four-day virtual congress with keeping all accepted abstracts in and be inclusive to new ones. We have an amazing support which is a joint effort of ENOTHE and COTEC office managing program and ExOrdo. We are very happy to announce that the final program will be published latest May 1st. And yes, it is a long breath, we do ask for more of your patience and how ironic, your resilience: still the theme of this congress! And it will be worth it.

In the meantime the Scientific Committee will be busy with rescheduling the whole program to fit our new platform hosted by GUARANT and the University and Association partners in Prague. In five parallel virtual rooms, exhibitor rooms, poster lobby and other digital applications you will be able to enjoy the program to your own wishes. Online development does have its benefits and opportunities since the fees are lower now, no travelling is needed so anyone from anywhere can join! And you will have full access to all parts of the program. Of course we had to make difficult choices to create space. Formats have been changed regards to time slots and we have moved some parts outside the conference program. The General Assemblies and Governance days of ENOTHE and COTEC and some of the student activities have been moved prior to or after the conference. We will try to organise all the very promising OT-Europe workshops online, in a series towards the congress. Keynotes and keynote workshops are still in the program and will be re-scheduled to comply with time zones around the globe.

Regarding the formats the following revisions have been made:

- Workshops are now 45 min, seminars 15 min, roundtables 30 min. and will be delivered via livestream.
- Oral presentations require a pre-recording of 5 minutes and will be clustered in sessions followed by a 10 minute livestream Q&A

- All days start with a short plenary opening and close with social and informal online events.

Once the program is ready it will be published and participants can see their place in the program. Clear instructions and instructions guides for technical support, uploading posters, oral presentation recordings and so on will be provided for presenters through the congress website and GUARANT partner.

For early-bird registration (already 140 confirmed and counting!) the already sent distributed codes can be used again.

There are great online exhibit possibilities for sponsors, so do not forget to check out the new prospectus on the congress website and spread the word. Follow the updates and deadlines closely on the conference website <https://www.cotec-enothe2021.com/>

On behalf of both boards, the Organising and Scientific Committees we wish you all the best for now and are looking very much forward to meet you all online!

Stay tuned, safe, resilient and healthy!

Warm regards,

On behalf of the Scientific and Organising Committees,

Soemitro Poerbodipoero (ENOTHE President) & Anu Söderström (COTEC President)

If you have any questions, please don't hesitate to get in touch with us, please contact:

cotec-enothe2020@oteurope.eu



ENOTHE

European Network
of Occupational Therapy
in Higher Education



Holzmeistergasse 7-9 2/1 | A-1210 Vienna | Austria

Central Association Register ZVR: 1929 378541

