

E- Newsletter
Spring 2020



ENOTHE

European Network
of Occupational Therapy
in Higher Education





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Message from the President



Dear colleagues,

I am fully aware now we have published this newsletter that the world might have already changed several times. Firstly, our warm support goes out to those who have lost loved ones due to the corona virus (COVID-19). It is little comfort but we do care and think about you.

Secondly, our great respect to those who contribute on the frontline in this pandemic battle. The health care practitioners, the educators and the researchers that make progress and help to reduce the impact of this catastrophe prevent worse. Let us hope that the wake-up call is also a clear message to invest more in those sectors proven to be so valuable to mankind.

Facing the crisis in fighting the corona virus, we also know that we will get through this and come out stronger, with more knowledge and skills than we had before. We are learning 'by doing', it sounds familiar, don't you think?

Worldwide, the importance of Occupational Therapy in 'crisis and disaster management' is on the agenda and our experts deliver their services where possible and where needed. For those working hard from home, switching to online OT education, creativity, flexibility, enablement and empowerment of students and lecturers comes as second nature. ENOTHE is impressed with the acceleration and innovation that education has taken and we therefore ask you to share your practices.

Of course, daily ENOTHE board activities continue. After the well-received October 2019 Annual Meeting in Athens, the newly configured board had a first face-to-face meeting in Amsterdam in December. An annual plan was created based more upon individual board strengths and capacities.

We have also decided to take steps towards a sustainable way of working. This means for example that we reduced face-to-face meetings this year and replaced it with a first two-day online board meeting. We will be more efficient and split into pairs to work with more outreach-activities and try to have an ENOTHE presence where needed. Where possible we will fly less.

Since December a range of activities were undertaken these, we used to advocate our network and influence, position, strengthen the present and future of OT Education. These activities include:

- Vanessa, Panagiotis, Marta and myself have been working on the Scientific and Organizing Committee at the February meeting in Prague. We were preparing the programme for the 2nd COTEC-ENOTHE Congress 2020. We stay positive and hope we can stick to the release the preliminary programme with lots of student and teacher participation.
- Lisette has participated in an EU workshop called the Health Promotion and Disease Prevention in Health and Educational Settings.
- Maria participated in the International Network for Health Workforce Education.



The ENOTHE-Academy idea is starting to develop and the 'think tank' are working to align with a new strategic plan for ENOTHE towards 2025.

- Sigitas, Maria and myself visited OT schools and conferences in Poland, Ukraine and Belgium where ENOTHE was warmly welcomed. The ENOTHE board were invited to present and contribute ideas along with emerging OT schools and OT programmes.
- SPOTEurope is strengthening and we are pleased that student engagement within ENOTHE is very well represented by Vanessa, as student board member.
- To be inclusive and sustainable, a new advertisement strategy is going into a pilot phase and with the office we move towards a new transparency with a new financial managing system.
- Work has progressed on updated short guideline for ENOTHE representatives. It is anticipated that this will renew the appeal on the role and responsibilities of our contact persons in the institutions.
- It is announced that in September, two board members will be up for re-election and one board member is stepping down after completing their four-year term in office.
- As an ENOTHE board we move forward, paying attention to continuity and diversity in ENOTHE's governance.
- It is important to share with members that in March 2020, the presidents and vice-presidents officially signed off the legal documents and we can now announce that Occupational Therapy Europe and ROTOS have become 'Foundations'. The official Occupational Therapy Europe celebrations will take place at the end of the 2nd COTEC-ENOTHE Congress Prague in September.

Please read more about all of the above activities and more, in this wonderful newsletter. This newsletter was co-created with the great contributions from our active members.

On behalf of the whole board I wish you all the best these challenging times. Stay strong and healthy, we can fight this together and we start this online.

Your President,

Soemitro





ENOTHE News and Updates



Upcoming elections for the ENOTHE Board 2020

Dear members,

We would like to inform you that three current board members are finalizing their four-year term in October 2020 (i.e. Soemitro, Panagiotis and Ursula). As stated in the constitution the general assembly shall procure that not more than two board members shall leave the board at the end of its term. Therefore, two of these three members will present their motivations for re-election at General Assembly (GA) this year, and one vacancy will be open for a new member to join the board.

In brief, we will need institutional members to vote on three opportunities at the next.

- To agree or disagree on the re-election of the two members of the board for two more years (re-election is admissible only once). These votes will be done separately and after each member present their motivations to the GA.
- To vote for one of the nominees to become a new member of the board. This vote will encounter to choose between the nominees forward for the position after each nominee present themselves and their motivations for joining the board.

According to the Association's Constitution, the Executive Board consists of at least six members, if possible, drawn from different countries throughout the European region. The ENOTHE Association relies on members stepping forward to take on Board positions so that the organisation can continue to thrive.

General information on what skills and competencies are required of Board members, on the main areas of work for the ENOTHE board and on the commitment can be found here: <https://enothe.eu/members-pages/constitution/>

Best Regards,

Enothe Board



ENOTHE Representative Role description (update)

The ENOTHE has updated the role description of the ENOTHE representative.

Dear ENOTHE representative,

As a representative you have the honor to be the gateway between your university and the ENOTHE community. This means that you have the position to create opportunities for students and staff to contribute to and benefit from international and intercultural exchange within occupational therapy education.

Below we describe the roles and duties that come with being our main contact. We expect you to:

- Be the ENOTHE ambassador within and outside your department
- Share ENOTHE activities and spread the newsletter among staff and students
- Update ENOTHE about interesting developments within your department by contributing to the newsletter (e.g. miniSPOT, projects, grant applications)
- Support the annually membership fee procedure until completion
- Forward any changes in contact details to info@enothe.eu
- Inform yourself on spread General Assembly documents
- Be present at the General Assembly for voting or ensure proxy-voting
- Facilitating and enabling students in participating in the annual meetings (e.g. funding, accreditation, time)
- Support students in submitting abstract for the annual meetings in collaboration with your colleagues
- Facilitating and supporting the creation of miniSPOTs to increase internationalization at your university. There is a 'MINI SPOT GUIDE' to help you get started!





Advertising with ENOTHE: a pilot

In order to increase the income of ENOTHE in the future, the question arised whether we want to be open for advertising. This was clarified and discussed in one of the Pre-GA Workshop in October 2019. After processing members input and ideas from the Pre-GA workshop in Athens and thoughtful review, the ENOTHE board has decided to put in practice a pilot regarding the Advertising possibilities within the ENOTHE newsletter. This pilot action with its preliminary results will be presented at the 2020 General Assembly for continuity approval by members.

See below the pilot advertisement fee structure:

	Members	Non members
1 A4	500€	750€
1/2 A4	250€	375€
1/4 A4	200€	300€

Each advertisement on the ENOTHE newsletter has a potential reach of:

- 113 members (2019 membership as reference)
- 332 newsletter subscribers
- social media and website exposure through the newsletter publication with approximately over 6200 followers.



ENOTHE Board Activities



EU workshop On Health Promotion and Disease Prevention in Health and Educational Settings on Feb 13th, 2020 in Luxemburg

On behalf of ENOTHE, board member Lisette Farias was invited to take part in the **EU workshop On Health Promotion and Disease Prevention in Health and Educational Settings on Feb 13th, 2020 in Luxemburg**. The purpose of the workshop was to invite representatives from health professionals associations, institutions/universities, and public health ministers/policy interested on the subject to share best practices and raise awareness on the importance of bringing the topic of health promotion into education of health professionals across EU. This workshop was also an effort to build capacity, engagement, and set steps for future collaborations between the 76 attendees. The workshop had presentations, keynotes, and group discussions. The attendees were divided into 6 groups and worked with 5 questions related to needs, next steps and how to continue working on the subject. The results of the discussion were presented to all groups. Most of the groups lifted the need of working interdisciplinary and that there is no consensus of the role of each professional and who has the responsibility to approach people with advice on lifestyle practices and there is also a lack of practical tools for health practitioner to be involved in health promotion. We believe that occupational therapy as a profession has an active role in promoting healthy lifestyles, and therefore we should be present at this type of initiatives which can generate feasible education-related platforms to increase awareness of the role of OT in health promotion and develop this role and knowledge within OT education.





The ENOTHE Academy Think Tank developments update

The ENOTHE Board is pleased to inform the members that the ENOTHE Academy Think Tank enthusiastically continued its work through these months. As a result, the BluePrint 2.0 on the ENOTHE Center of Training and Exchange (ECOLE) with its mission and vision was developed. The Think Tank members organized several online meetings and came out with proposals for the development of the platform to channel the needs and facilitate the interaction of the members, the structure of the ECOLE and the calls for three pilot courses on different topics. The proposed topics for the pilots are: 1) Capacity building course in designing flexible curriculum and/or in knowledge and understanding of the concepts in OT; 2) Summer student course on social transformation; 3) Train-the-trainer course on service design or social entrepreneurship and digital health. These themes are not definitive and will be worked out further. It is supposed these topics respond to the actual needs of schools in constructing OT flexible curriculum, promoting internalization-at-home and tackling the innovation.

The ECOLE is collaboratively integrating the SPOTEurope proposals in its initiatives. The ENOTHE members will be encouraged to participate actively in these developments during the next pre-GA workshop.

The current members of the Think Tank are Filip Dejonckheere, Ton Satink, Liliya Todorova, Olya Mangusheva, Maria Kapanadze, Soemitro Poerbodipoero, Lisette Farias Vera, Panagiotis Siaperas, and Vanessa Röck.





Representatives of ENOTHE in International Conference “Innovation in Occupational Therapy: Accessibility as a space for interdisciplinary and interprofessional cooperation” in Poznan, Poland

Representatives of ENOTHE were invited to this 3rd International Conference “Innovation in Occupational Therapy. Accessibility as a space for interdisciplinary and interprofessional cooperation” in Poznan, Poland. 3 Poznan universities join forces to draw attention to accessibility of public space. The main objective of the conference was to address the problems of social participation brought about by the aging of society by bringing people from different professions together for a common purpose. Increasing the accessibility of the public environment as one of the factors reducing the exclusion of older people.

The first day, a plenary session, was opened by representatives of the hosting Universities, the initiators of this event. First keynote presentation focussed on how cultural gerontology illuminated the richness and complexity of ageing. Desmond O’Neill, Trinity College Dublin, Trinity Centre for Health Sciences, Ireland presented that is a widespread perception in the public that aging has more of a negative impact. It is important to understand that as people age, they not only lose but gain experience which is beneficial for all. Environmental accessibility enables this experience to use and enjoy.

Thomas Bock from Faculty of Architecture, Technical University of Munich, Germany presented “Social inclusion by design and robotics”. Using of robots for social interaction, preventive health, happy life (gaming), nutrition, micromobility and life support defines the future of healthcare and well-being.

Keit Parts from Estonia presented experience of Estonian Accessibility Task Force how to integrate accessibility to EU policy processes. The result of task Force – policy recommendations for Government in 2021, is an accessible Estonia in 2035.

The president of ENOTHE Soemitro Poerbodipoero presented “Creating ‘Open Spaces’ from a triangular perspective on accessibility of OT education, research and practice”. The introduction of the different ways in which occupational therapy education, practice and research are advocated by ENOTHE, COTEC and ROTOS a latest update on the development of OT Europe was addressed in this presentation. For the sustainable future of occupational therapy we elicited on how the development of interprofessional and international competence can contribute to the accessibility of Occupational Therapy Education, Practice and research.

Zuzana Rodová, OT and lecturer from the Department of Rehabilitation Medicine at Charles University in Prague presented the history, development and current situation of occupational therapy education in Czech Republic. After which she of course promoted the COTEC ENOTHE Congress in September.

Other local speakers in the plenary session shared their perspective on accessibility from a wide variety of sectors like democratic, architectural and product design. Closing



off with arts, theatre and cultural perspective and a fantastic musical performance by a local entertaining choir with disabilities.

In the second day of workshop session ENOTHE contributed with a workshop on "Exploring the potential of OT Education, Research and Practice!" During the workshop the development of occupational therapy in Lithuania was presented in the local context of similar history, culture, educational and economic potential. In the perspective of developing occupational therapy the obstacles encountered and success stories were presented. The participants in the workshop started with defining their own achievements and then worked towards solutions for challenges in progress. After the workshop we had an inspiring meeting with Master students from other universities in Poland in the end leading to connecting them to SPOT Europe and the possibility of communication and participation in their activities.

It was once again a great possibility to present the activities of ENOTHE, contribute to more collaboration in OT education and to compare the development of OT in different countries. Many thanks again to the host from Poznan and the warm welcome.

Sigitas Mingaila &

Soemitro Poerbodipoero



OT-Europe News



Occupational Therapy
Europe



OT-Europe Update

As you probably know OT-Europe is now a legally constituted Foundation!

Thanks to the hard work of our previous Presidents of both COTEC and ENOTHE and Esther Steultjens from ROTOS who all wrote the Constitution. Developments have continued and in March all the current Presidents and Vice Presidents of the 3 organisations have signed all the required documents with notarised signatories which finalises the legal process.

Work is underway to continue developing the necessary documents - we now have draft Rules of Procedures and a draft Strategic Plan, and the financial arrangements are also under development. The OT Europe Coordinating group has found a working process which leads to versions that can be presented to the members for the upcoming General Assemblies.

We have agreed on two-year terms of office for the President, Secretary and Treasurer of the executive team for the foundation, with COTEC holding the Presidency for the first term, followed by ENOTHE and then ROTOS. ENOTHE are currently providing the secretarial function and ROTOS the treasurer role.

We have also been looking at where communication with other membership networks and agencies should sit, as we are keen to ensure each of our organisations - COTEC, ENOTHE and ROTOS - keep their profile and the links that they are best suited to serve. And that we use OT Europe as the primary focus is overarching or bridging practice, education and research. Of course, we want to avoid any duplication of work and take advantage of our overarching organisation when there is a need for strength in numbers or profile.

Regular Skype meetings are now in place and we are planning a face to face meeting in Prague later this year during our COTEC-ENOTHE Congress. We look forward to celebrate the kick-off with you, our members, of a new era in which OT Europe can play a major role in positioning OT in Europe.

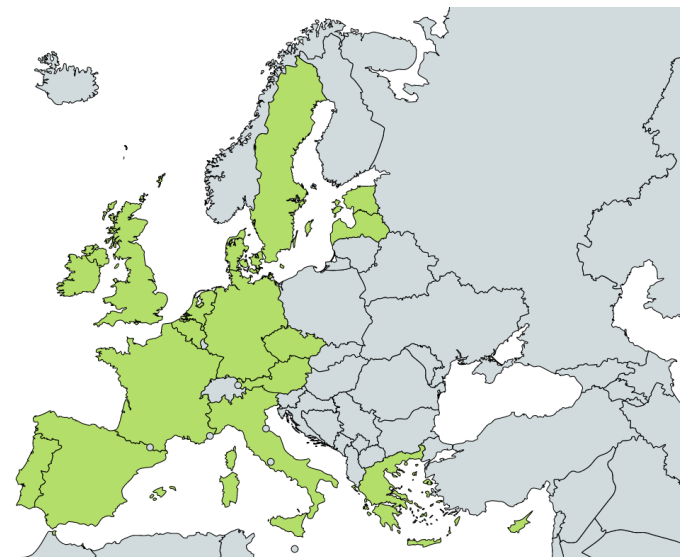


OT-Europe Register of Experts: Update

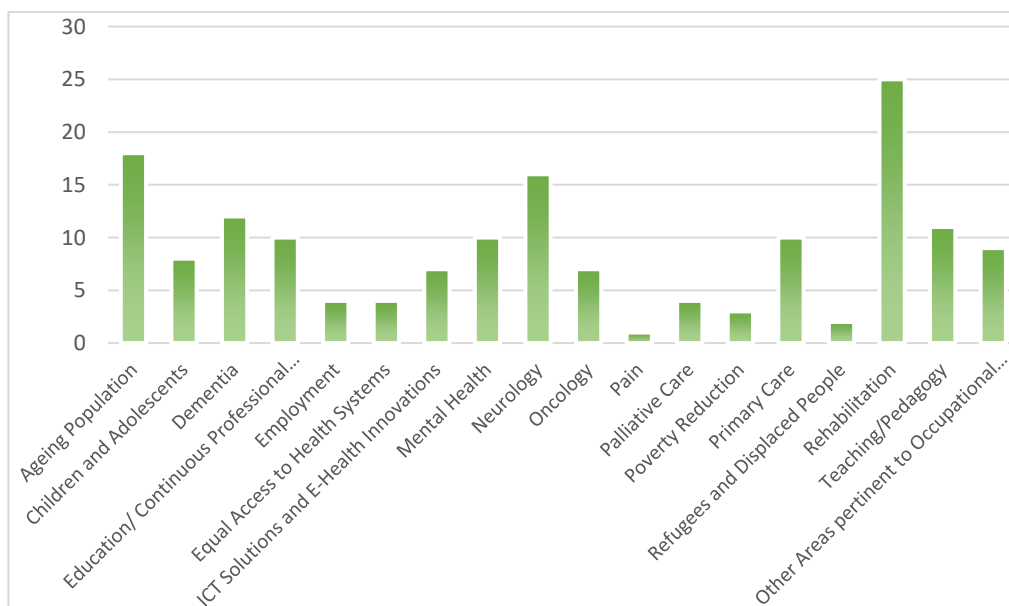
The established a Register of Experts is in line with the priorities identified by the European targets for 2020 and the WHO key areas for action. The purpose of establishing the Register is to facilitate contact with known Experts in a particular area of research, education and practice in order to ensure the best representation to respond to a consultation or attend a significant meeting. At the COTEC General assembly 2017 it was agreed that this register would become the basis of the Register of Experts for Occupational Therapy Europe (OT-Europe), expanding the pool of Experts, moving towards representation and visibility across practice, education and research.

We strongly recommend OT Experts from education to register. Find your information here: <https://enotthe.eu/ot-europe-register-of-experts/>.

Currently there are 65 experts on the register with the following geographical and area of expertise spread:



Austria	3	Ireland	8
Belgium	4	Italy	4
Cyprus	1	Latvia	1
Czech Republic	2	Netherlands	9
Denmark	4	Portugal	3
Estonia	1	Spain	3
France	4	Sweden	2
Germany	1	UK	9
Greece	6		





ROTOS News

ROTOS

Research in Occupational Therapy
and Occupational Science





Last February, between 22nd -23rd February 2020 in Prague, Czech Republic the ROTOS standing committee had the opportunity to meet and finalise the necessary procedures for the preparation of ROTOS becoming a legal entity as a Foundation. They also discussed and agreed the ROTOS Foundation’s internal rules of procedures and strategic plan for 2020-23 Present during this two day face-to-face standing committee meeting were:

- Esther Steultjens (Chair)
- Alison Laver-Fawcett (Vice-Chair)
- Panagiotis Siaperas (Link to ENOTHE Board)
- Naomi Hankinson (Link to COTEC Board)
- Niall Turner (Lead for funding and website)



ROTOS’ vision is ‘Improving European citizens’ lives through occupation centred research and science by having one strong voice for occupational therapy and occupational science research’ and ROTOS’s overall Strategic Aim is ‘That knowledge from Occupational Therapy and Occupational Science research will be appropriately used to inform and shape European policy and practice, through the establishment of a strong European profile of Occupational Therapy and Occupational Science researchers, that both strengthens occupation-centred knowledge generation and supports access to this knowledge for the benefit for all Europeans.’

On the 11th of March in Amsterdam, Esther Steultjens signed the official documents for the ROTOS Foundation. So, ROTOS became a legal entity (foundation) and the 3rd part of the Occupational Therapy Europe Foundation was formalised.





On the 2nd of April the new ROTOS Foundation executive committee had their first online meeting. Due to personal reasons Esther Steultjens has stepped away from the Executive committee of the foundation for the time being and two new members have been co-opted for an initial 12-month period. The ROTOS Foundation executive committee now comprises of:

- Alison Laver-Fawcett (Interim Chair)
- Daphne Kos (Vice Chair-Secretary)
- Saša Radić (Lead for communication)
- Niall Turner (Lead for funding and website)
- Panagiotis Siaperas (Link to ENOTHE Board)
- Naomi Hankinson (Link to COTEC Board)

The new executive committee is working on the plans for the further development of ROTOS Foundation, and an open workshop is planned for interested participants of the 2nd COTEC-ENOTHE Congress next September in Prague.



SPOT News



Dear ENOTHE members and students,

We, SPOTEurope, send our heart out to all of you going through this global phenomenon. We wholeheartedly wish that you are safe and sound and most importantly staying at home in this difficult time. We feel for you and, do not be deceived, this too shall pass. Stay healthy, stay active and engaged as always!

Now moving on to the bright side, this spring's newsletter is to be filled with great news and actions that we, the miniSPOTs and many of you have accomplished!

Let's start off with updates from the miniSPOTs, shall we?

We are very pleased to hear back from our miniSPOTs that are actively working on promoting internationalization in their universities!

MiniSPOT Nijmegen launched its first activity in January with a screening of a movie followed by a discussion.

MiniSPOT Essa (Alcoitão) was working on setting up a "buddy system" to welcome the international students in their university.

MiniSPOT Prague is actively working with ENOTHE and us on the next COTEC-ENOTHE conference.

MiniSPOT HvA (Amsterdam), invited a guest lecture, at the end of February, to talk about community work. It was well attended with students from every year. The guest lecturer showed the importance of community work which was both a reminder and an eye opener for the students.

We encourage you to get in contact with them and find out more about their projects! Email Emma (outreach coordinator) (outreach@spoteurope.eu) and stay tuned on our social media accounts for more insight pictures, videos or stories!

Also, if you are a member of a miniSPOT, please be advised to give us input of your work because we really love to learn about all your amazing projects and actions since we know how serious you are with expanding our community and helping OT students as well!

We, as SPOTEurope, run a campaign at the moment called #stayhome. Due to this global phenomenon, almost every university and every college has been either temporarily closed or operating online classes. As much as our lecturers want and are trying to help us, students, by uploading tons of information and videos and assign us a great amount of tasks, we cannot always understand and keep up with the theory and the uploaded material. Having this figured out, we decided to help OT students and talk weekly about theories or anything OT related. You can contribute to this campaign and be a part of our team, or send us a case study requesting for a specific subject to be brought into discussion. You can always learn more about this project by clicking on the "#stayhome campaign" category on our [website](#) or by emailing us!



We hosted our first #OTalk around the topic of 'Internationalisation and Student Vision'. Four questions were asked:

- What does internationalisation mean to you and what opportunities have you had in your curriculum / practice for this?
- What is your vision for internationalisation? And how could this impact your studies / practice.
- Has your vision of internationalisation changed since starting your studies / practice?
- What opportunities do you wish you could have for internationalisation? What skills and challenges are there to this

All four questions led to a very positive outpour of many different conversations that carried on post talk. It was amazing to learn about everyone's experiences and hopes for the future of internationalisation. The main feedback we gained was that students are very positive about internationalisation and would like to experience this more within their curriculum. Many students have had opportunities to have placements abroad, but the access of funding for such opportunities is questionable. If you would like to look back on the conversation, you can search #OTalk on Twitter and search for 17/03/2020. A huge thank you to everyone who got involved!

We are also very pleased to announce that our Sounding Board is expanding! Our student representatives have been more active than ever by either being on the Sounding Board or sharing cultural content on our Facebook group (anecdotes included). The Sounding Board is a group of representatives who work alongside our board and e.g. helped out Vanessa (the Student Board Member) with some tasks to ensure that student voices are heard in ENOTHE.

Besides having an incredible team of representatives, we want to give special credits to Renske Bakker Schut from SPOT Nijmegen for putting in a huge amount of effort and providing us our promo video! Thank you Renske you have been extremely helpful and enjoyable to work with! You can always find the promo video on our website (<https://www.spoteurope.eu/>). Let us know what you think of it!

Moving on, in February, Vanessa has been in Prague to work together with SPOT Prague and the organizing and scientific committee on the preparations for the ENOTHE-COTEC conference in September. They had a very productive collaboration and an enjoyable sightseeing session prepared by the students from SPOT Prague. Thank you very much for your effort and hospitality!





For those of you who want to learn more about the face to face meeting, you can March's blog (<https://www.spoteurope.eu/early-preperations-for-the-enothe-cotec-conference-in-prague/>).

Last but not least, there is a pre-conference student session arranged before the ENOTHE – COTEC conference takes place. It is hosted by SPOT Prague and us and provides the opportunity to network with students and to get an insight into occupational therapy in different countries. Furthermore, this is a possibility for sharing experiences within a positive network and even to practice one's presentation skills. Another highlight of this event is "meet the researcher", where researchers will present themselves and the research they are currently working on and afterwards, at the networking event, there will be a chance to connect with them. The idea behind this is for students to find a "mentor" for the following days to go to sessions with and to exchange ideas. This pre-conference student program is free of charge and allows a maximum number of 250 persons. So please be advised to register early with us by emailing info@spoteurope.eu to ensure your participation. In case you would like to do an oral presentation within that pre-conference session, please let us know until end of June. For further information do not hesitate and contact us, we will be more than happy to fill you in on the details!

We are very pleased to know that all of you have done an amazing job assisting us and promoting OT all over Europe and that is the reason we put so much effort in all of this as well!

We are always looking forward to expanding our networks, so if you are a teacher willing to develop and provide internationalization opportunities for your students or an OT student that wants to get involved, don't hesitate to contact us at outreach@spoteurope.eu . Also stay on the lookout for we may have a new board position coming up! More information will be provided in the next newsletter!

Best wishes and stay safe,
The board of SPOTeurope



News from Members

ENOTHE warmly welcomes our seven new members from Ukraine, France, United Kingdom and Greece!

Our updated 2020 membership list is now available [here](#)



Researchers from the **Center for Innovative Care and Health Technology (ciTechCare)** and professors at the School of Health Sciences, Polytechnic of Leiria, promote the Gulbenkian's Knowledge Academies project, funded by Calouste Gulbenkian Foundation, through the **Teacher's Classroom Management methodology of Incredible Years**. This methodology aims to develop social and emotional skills in children and young people, from 3 to 8 years old, pursuing the qualification of professionals who apply the knowledge and competencies in issues of great social relevance and public interest. The territorial impact of the project is centered on the Community of the District of Leiria, in the councils of Porto de Mós and Marinha Grande.

The project team is formed by 16 elements, trained and supervised in this methodology, composed by professors from the School of Health Sciences, professionals from two city councils and from some social solidarity private institutions from the district of Leiria. This team will disseminate this methodology among educational agents in the community, for free, providing methodological tools in the theoretical-practical model in order to be applied daily with the population of children with whom they work, representing an investment in teacher qualification and in strengthening the classroom environment.

It is intended that the Teacher Classroom Management methodology of the Incredible Years program be implemented with 135 educational agents (educators, teachers, technicians, and operational staff) and applied to about 2,000 children, during the project's execution time (2 to 3 years). To this end, a free education and training network was created to train formal caregivers who, in the context of their professional life, will promote a strong investment and development of the skills of children and young people, with the aim of becoming well-trained and motivated adults to pursue 1st and 2nd cycle studies.



Between October 2018 and June 2019, we have already formed 34 caregivers/educators. We expect to have another group of 50 educators in 2020. The data collected regarding the results obtained from the implementation of the methodology will be analysed, treated and disseminated, and the team will have competences in it, enabling its replication in subsequent years.

Watch the video in [here](#).

This project will be presented at COTEC-ENOTHE Congress 2020.

Vanda Varela, OT. Corresponding email: vanda.varela@ipleiria.pt, Guest Lecturer from Health Sciences School of the Leiria Polytechnic.



UNIENDO HORIZONTES



Uniendo horizontes arises from observation and the need for a functional rehabilitation service for those people with different affectations, which cause a dysfunction of their occupational performance in their activities daily living. Through the Padre Ossó Faculty, an agreement was formalized with the Nutritional Control Center of the Health Dispensary in Kalana, Mali. By telematics, different actions are carried out for the

assessment, monitoring and intervention focused on the person, the context, the activities and the social participation, always considering health determinants.

- To develop a programme of telerehabilitation in a disadvantaged environment, which will increase the social inclusion of people with disabilities.
- To advise on intervention in people with occupational dysfunctions in Kalana.
- To promote development cooperation in places of extreme poverty.
- Acquire greater learning by the students through guided intervention practice.

So far, 12 people have been studied and assessed, among whom we found problems in occupational performance.



In this project, different interventions are carried out:

- Programme for the creation of protocols for assessment, intervention and information. In which the work team formed from the faculty participates (with the collaboration of teachers and students involved in the project).
- Functional habilitation program. The students create video and image support materials according to the needs of each case, developing their clinical reasoning in the process.
- Self-care and daily management program.
- Program of creation, adaptation and training of low-cost assistive technologies. Starting from the existing material in the clinic and with a minimum cost, adapting the resources to improve the management of the service.



Occupation Matters to Me: an e-book publication

Dr Fiona Maclean, Queen Margaret University, Edinburgh
Elaine Hunter, National Allied Health Consultant, Alzheimer Scotland

Since 2013 a unique collaboration between Alzheimer Scotland and Queen Margaret University, Edinburgh has established an occupational therapy academic internship programme. With matched funding from Santander Universities UK, the occupational therapy interns have worked in partnership with the Scottish Dementia Working Group (SDWG), who are the independent voice of people living with dementia within Alzheimer Scotland.

This collaboration with the SDWG has informed the creation of project outcomes that seek to challenge the stigma of dementia through understanding the value and place of occupation, identified by the person as being of importance to them. One such example has been the publication this year of an e-book, entitled 'Occupation Matters to Me', available here:

<https://www.alzscot.org/sites/default/files/2019-12/SDWG%20e-Book.pdf>

The e-book was originally initiated in 2016 and over the course of three years, the interns worked with members of the SDWG to photograph occupations identified by those who participated as being of importance to them. In particular, the photographs aim to represent the value of maintaining occupations when living with dementia, for as long as possible, to sustain connection with families, friends and to remain part of their communities.

The e-book is not a photography project. Each member of the SDWG chose how and in what way the photographs should be taken and how their occupation should be represented. Ultimately, what the e-book offers is an opportunity to share more widely the everyday lives of people living with dementia and who continue to live well with dementia.

This work supports our wider policy ambition in Scotland (Alzheimer Scotland, 2017, 2020b), to harness Allied Health Professional leadership, which includes a quality-improvement approach that drives innovation, to share best practice, that will deliver high-quality, personal outcome-focused therapies for people living with dementia.



We are keen to share our work more widely across Europe and, if interested, our contact details are:



Dr Fiona Maclean
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UKROTHE

STUDY PROGRAMME OCCUPATIONAL THERAPY IN UKRAINE



Co-funded by the
Erasmus+ Programme
of the European Union

P.PORTO

ESOLA
SUPERIOR DE SAUDE



Ukrothe is an Erasmus+-project, initiated by VIVES University of Applied Science in Bruges. The project is a collaboration between three Ukrainian Universities, three West European Universities, Ukrainian rehabilitation and NGO's. This project is supported by Ergotherapie Vlaanderen, ENOTHE and WFOT. The aim of the project is capacity building for the Ukrainian colleagues. In collaboration there is the development of an occupational therapy course, adapted to the needs of the country. The project will revise and extend the current curriculum, with a focus on practical experience. Therefore different skills labs with a variety of equipment will be installed and we focus on strengthening the contact with the work field.



3rd International Conference “Innovations in Occupational Therapy. Accessibility as a space for interdisciplinary and interprofessional cooperation”, March 3-4, 2020

For the third time, a meeting of scientists, teachers, students, managers and practitioners of occupational therapy was organised in Poznań (Poland). This year’s conference focused on accessibility – making the world easy to understand and access, ensuring that as many people as possible benefit from services, products, therapeutic and rehabilitative programmes, cultural products, as well as organisational and social solutions. The main objective was to popularise knowledge about accessibility and also



to exchange experiences and achievements of researchers and practitioners. The keynotes referred to using culture, modern technologies and contemporary approaches in education, research and practice. Subsequent sessions gave an interprofessional outlook on OT as a discipline which is central to the concept of accessibility. The discussions were lively and stimulating.

The programme of the conference included:

- **Two plenary sessions** (translated) with distinguished guests: Prof. Desmond O'Neill (Trinity College Dublin, Ireland), Prof. Thomas Bock (Technical University of Munich, Germany), Soemitro Poerbodipoero and Dr. Sigitas Mingaila (ENOTHE), Zuzana Rodová (Charles University and General University Hospital in Prague, Czech Republic), Dr. Beata Fabisiak (University of Life Sciences in Poznań, Poland),
- **Four thematic sessions** with 31 reports from researchers, students and practitioners on accessibility in occupational therapy, education, social policy, design, and everyday life,
- **One poster session,**
- **Nineteen workshops,** developing and improving skills related to accessibility, interdisciplinarity and interprofessionalism in occupational therapy,





- **Concert of „Siły specjalne” (“Special Forces”)** – a music band implementing social inclusion by music therapy in the community,
- **The inaugural meeting of North-Western Cluster: Science and Regional Governments for Accessibility** – first-of-its-kind meeting of representatives of regional governments, scientists and industry.



The conference was organised by Occupational Therapy Unit, Chair of Geriatric Medicine and Gerontology, Poznan University of Medical Sciences; Department of Furniture Design, Poznan University of Life Sciences, and School of Form, SWPS University of Social Sciences and Humanities.

Mirosława Cylikowska-Nowak
Sławomir Tobis





News from Projects

News from the Social Transformation through Occupational project group

Greetings to all colleagues and friends throughout Europe at this difficult time. We are living everyday transformations to our social world, in how we live and work together. We would like to send our best wishes to all those colleagues who are experiencing particular challenges at this time either in their professional or personal lives.

Our group has been working hard to prepare the e-book 'Case Studies for Social Transformation through Occupation'. We are delighted that this is now days away from being available as a pdf document with a Creative Commons Licence for distribution via the ENOTHE website. We hope that you will share this document widely and we look forward to receiving your feedback. Please also note that we would like to receive further case studies to add to this e-book and so to provide an ever growing resource for us all.

We are now engaged in the process of analysis of the interview data (from which we developed the cases) to develop further our understandings of the nature and process of occupation that contribute to social transformation. These findings will be presented in a journal article when completed.

Finally, we are delighted that we have had accepted an abstract for a workshop at the COTEC-ENOTHE conference in Prague in September. Hopefully, we will be able to meet together there and engage in further discussions about social transformation and the contribution of occupation and occupational therapy to that.

For now, we send you all our very best wishes.

The ENOTHE Social Transformation through Occupation Project Group

Please keep in touch and join the work of the group and the International Social Transformation Through Occupation Network (ISTTON) at our Facebook group: Social Transformation through Occupation



International Social Transformation
through Occupation Network



News from the Citizenship II project group

The importance of citizenship is increasingly evident in this time. Whether through the demands for us to consider the health of others through social distancing recommendations, the recruitment and organisation of huge numbers of volunteers, or discussions around the care and vulnerabilities of the marginalised, homeless, refugees, those in prisons, care homes and other institutions. How we care for each other, how we live and work together, changing values in whose work is important, and recognition of our essential connectedness, are all at the forefront of current debate. While we cannot know the long term outcomes of this situation, we support the importance of continuing this awakened awareness in the months to come.

As a group we are working on the final stages of preparation of the booklet: Educational Materials on Citizenship from an Occupational Perspective, and hope these will be useful to your educational activities in the coming academic year.

We are also delighted that we have had two abstracts accepted for the COTEC-ENOTHE conference. We will be holding a workshop where we will be exploring some of these educational materials, and in an oral presentation will present some of the results of the scoping review we are also undertaking. We look forward very much to seeing many of you there.

For now, we send our best wishes to you all

The Citizenship II project group.



P4PLAY: PhD in Occupational Science, European Joint Doctorate (EJD)

The P4PLAY MSC ITN is a European Joint Doctorates (EJD) programme in Occupational Science for Occupational Therapists that is a collaboration between four academic and fifteen partner organizations who form the consortium. The EJD will establish the first innovative trans-European Occupational Therapy doctoral training programme dedicated to play occupation, participation, policy and practice.

Supported and co-funded by the European Commission through the Horizon 2020 Marie Skłodowska-Curie Innovative Training Network (MSC ITN) Programme, the P4PLAY EJD programme provides 8 PhD positions.

The P4PLAY EJD aims to attract international Early Stage Researchers (ESR) for high quality PhD training. The aim of the programme is to increase the international, intersectoral and interdisciplinary mobility of researchers. The students will be selected for a **3-year advanced multidisciplinary research training, preferably starting late August 2020.**

Applications are now open for the @MSCActions ITN-EJD in Occupational Science - P4PLAY. Learn more about this PhD programme and how to apply: <https://euraxess.ec.europa.eu/jobs/495950>

See attached guide for applicants for further information



P 4 PLAY



COVID-19 Contributions and Resources



ENOTHE initiative - COVID-19 and Teach

Find more information here: <https://enothe.eu/covid-19-and-teach/>

WFOT Minimum Standards for the Education of Occupational Therapists (revised 2016) related to COVID-19 pandemic – Statement

https://www.wfot.org/news/2020/covid-19-and-wfot-minimum-education-standards-statement?fbclid=IwAR30L6qh8-L5uNIGC_tUGQXj2FLYkRaJlhoOgM-hXkKZe6lGj8qA_HPLf8o

UNESCO COVID-19 Educational Disruption and Response

<https://en.unesco.org/themes/education-emergencies/coronavirus-school-closures?fbclid=IwAR1hN8-UmmOjah8tuXnTVXBfCuvFru0P6nhm2hY89hcZtH94VyImZ2936pk>

EFAD Nutritional information to help health professionals working with COVID-19

EFAD has collated information from dietitians from around Europe which we have shared on our web site. Daily updates to the site.

Please visit <http://www.efad.org/en-us/covid-19/>

Judith Liddell - Executive Director - The European Federation of the Associations of Dietitians (EFAD). EFAD – the voice of European Dietitians

Guide for managing the disruption to daily life caused by COVID-19

COVID-19 is causing widespread disruption to daily life for people across the world. While supporting social distancing restrictions to keep our communities safe, we also need to be mindful of how these current changes can impact on other aspects of health: including our mental health, fitness and occupational health. This guide discusses aspects of daily life — things that you probably always took for granted and now are having to re-think. An occupational therapy framework is used to consider how productivity, leisure, self-care, your space, routine and roles may be impacted and to present suggestions and examples of how to adapt and manage the disruptions. This has been designed to help everyday people adapt to the changes. A poster is also available for use in clinics or other public spaces. The links and/or pdf guide and poster may be shared freely.

Guide: <https://bit.ly/2Ulksxz> ; Poster: <https://bit.ly/2xVuUEu>

Lorrae Mynard - PhD Candidate (Occupational Therapy), School of Primary and Allied Health Care, Monash University, Australia in partnership with Occupational Therapy Australia



2nd COTEC-ENOTHE Congress 2020

THE REGISTRATION IS NOW OPEN!

2nd COTEC – ENOTHE CONGRESS 2020
PRAGUE, CZECH REPUBLIC
SEPTEMBER 23–26, 2020

CONGRESS THEME:
Occupational Therapy Europe – building resilience
in individuals, communities and countries

COTEC ENOTHE FIRST FACULTY OF MEDICINE Charles University



**2nd COTEC-ENOTHE Joint Congress, Prague, Czech Republic,
September 23rd - 26th, 2020**

We are excited to report the important milestones of the preparations in the 2nd COTEC-ENOTHE Congress.

Registration is now open, make sure to register before the early-bird registration closes on June 14th. Take a look at the Congress website www.cotec-enothe2020.com to see the registration fees and find the link to registration form. We remind you that all members of COTEC Member Associations and the staff and students of ENOTHE Member Universities are entitled to a lower fee. Please turn to your association/university to receive the discount code. Undergraduate students are entitled to the Student fee and residents of countries with low-income, lower and upper-middle income economies according to the World Bank also benefit from a lower registration fee.

Congress program will be published on the Congress website later this March. There will be over 90 sessions with over 350 oral presentations, 42 workshops, 16 seminars and 8 round table discussions. ENOTHE PreGA and General Assembly as well as COTEC Governance day program all have dedicated slots in the program and COTEC General Assembly will take place the day after the Congress.

Keynote speakers are introduced on the Congress website. They are:

- Josh Cameron, PhD, Resilience Research Centre, Brighton University, UK
- Dr. Christine Chapparo, University of Sydney, Australia
- Professor Maud Graff, Radboud University, the Netherlands
- Professor Pat McKee, Department of Occupational Science and Occupational Therapy, University of Toronto, Canada
- Mgr. Jana Pluhařiková Pomajzlová, Czech Republic

Keynote abstracts can also be found on the website.

The marketing and sponsorship opportunities at the 2nd COTEC-ENOTHE Congress 2020 are excellent with over 1.000 expected congress delegates. Please see the Partnership prospectus <https://www.cotecenothe2020.com/partners-and-exhibitors/> and contact Industry Liaison Officer Adéla Koudelková, koudelkova@guarant.cz should



your organisation be interested to be one of the exhibitors or sponsors. There is a lower exhibition fee for COTEC and ENOTHE Member organisations.

We are looking forward to meeting many colleagues from near and far in Prague this September.

On behalf of the Scientific and Organising Committees,

Soemitro Poerbodipoero (ENOTHE President) & Anu Söderström (COTEC President)

For queries about registration and program please contact:

cotec-enothe2020@oteurope.eu





ENOTHE

European Network
of Occupational Therapy
in Higher Education



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