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Message from the President



Dear colleagues,

A brand-new year lies ahead with new horizons for ENOTHE members including the board. I feel very privileged to continue in this fantastic network in the role of President in this enthusiastic and active board. Over the last few years there has been an upward positive spiral in board and members activities and I will give my best to facilitate this collective effort in the coming years.

The Annual Meeting in Athens has been amazing. We thank again the hosting organising committee of Athens Metropolitan College, the students, the office, the board and all the participating and contributing members and keynote speakers for making this meeting a true 25th milestone. Read more about our reflection on October's Annual Meeting in this Newsletter. We also said goodbye this year to our devoted, former President, Marie-Antoinette Minis who contributed greatly in achieving the official development of OT-Europe before her end of term in October 2019. Our new constitution, making ENOTHE a legal association, makes it possible that in January the chair of the ROTOS Esther Steultjens, the recently chosen new President of COTEC Anu Söderström and myself will sign the constitution approved by the General Assemblies of the three Associations whose membership shapes the foundation of OT-Europe, a symbolic and major step in the history of ENOTHE.

Student engagement in ENOTHE was brought to a new level last year by SPOT Europe and their professionalisation thrives. The emergence of 'mini-SPOTs' throughout Europe has led to even better participation of students in ENOTHE's activities including the trial period of a student board member. Marlies Nijenhuis stepping down as SPOT President and student board member and leaves a legacy of student engagement never shown before. We were happy to welcome Cassandra Christianen as new SPOT President and are very proud to present Vanessa Röck who will be the student board member representing the students voice in the ENOTHE board.

We warmly welcome <u>Sigitas Mingalia</u> who was elected during the General Assembly to the board. <u>Maria Kapanadze</u> will continue her board role as Vice President. To complete ENOTHE's strategy and mission, we have our experienced and dedicated board members <u>Lisette Farias Vera</u>, <u>Panagiotis Siaperas and Ursula Gubler Thomann</u> to work with on a new strategy plan, financial health, improving governance of ENOTHE and OT-Europe activities and capacity building. We have already celebrated the diversity in our 'new board' meeting in Athens and will continue the good work in our first December

meeting in Amsterdam. With the continuing office support and coordination by <u>Marta Figueiredo and Mandy Boaz</u> we will continue to position ENOTHE as an inclusive and sustainable network.

The true impact of ENOTHE lies with the commitment and contributions of those who we represent you, the members of our network. Work with us, let us co-create the bright future of OT Education, and let's 'keep on rocking' OT education in Europe as we should.

On behalf of the board I wish you a very inspiring and innovative 2020! Your President, Soemitro Poerbodipoero





New Board Members



Let us welcome the new board members to the ENOTHE Board. Read below what they have to offer and dreams concerning ENOTHE!



Sigitas Mingaila

What is the main achievement of your career in OT?

Successful clinical work as an occupational therapist. Research about occupational therapy with patients with neurological disorders. Teaching occupational therapy. Head of Occupational Therapy Programme at Lithuanian University of Health Sciences. Taking on the role of ENOTHE board member.

What I have to offer to ENOTHE?

Experience gained in designing a study programme of occupational therapy and maintaining its sustainability in "new" countries. Collaborative experiences among studies, science and practice.

What are your dreams concerning the future of ENOTHE?

To have more occupational therapy training institutions to be members of ENOTHE. That by members participating in ENOTHE activities it would reduce the distinction between new and experienced countries. Increased role of ENOTHE in expanding the role of occupational therapy in new areas, especially in countries with less experience in occupational therapy.



Vanessa Röck

What is the main achievement of your career in OT?

Being part of ENOTHE and SPOTeurope and having the possibility to represent the student's voices within these two boards. Furthermore, starting with the European Master in Occupational Therapy and graduating the Bachelor Program from the Health University of Applied Sciences Tyrol where I have already had the possibility to be included in research projects and to complete one of the first internships with refugees and asylum seekers in Tyrol/Austria.

What I have to offer to ENOTHE

Bringing in my passion for internationalization, the perspectives of students and my enthusiasm for

innovative ideas. Moreover, during my studies I have experienced the power of an enriching collaboration between students and lecturers which I would like to share.

What are your dreams concerning the future of ENOTHE?

An equal partnership between SPOTeurope and ENOTHE and therefore a strong collaboration between students and lecturers in order to prepare OT students for the future. Another dream would be that member universities support their students to take part in international events and creating miniSPOTs.



ENOTHE Board Activities



2019 COTEC General Assembly, Brussels - Oct 26th

ENOTHE Vice-President, Maria Kapanadze attended on behalf of the ENOTHE Board the 2019 COTEC General Assembly, Brussels, October 26th. See here her feedback.

"I was highly pleased to join the 7th COTEC General Assembly, October 26th, 2019, in the role of an external observer and the Vice-President of the ENOTHE. The discourse adopted in the assembly once more has affirmed the OT-Europe defends one strong voice in Europe, based on the tight collaboration and coordinated actions between the COTEC, the ENOTHE, and the ROTOS. Besides, these actions strengthen the relationships with the WFOT. A new COTEC action plan, budget and the need for a new strategy plan were considered and it had a direct link to what we do in the ENOTHE. Besides, I see getting in touch with different country associations' representatives as very beneficial for understanding the context of each country and educational systems. The farewell ceremony dedicated to the COTEC President, *Stephanie Saenger*, and an Executive Committee member, *Patric Duletzki*, honoured the years of dedication and enthusiasm when striving for the profession. The ENOTHE welcomes the newly elected president, *Anu Söderström*, and, a new Executive Committee member, *Sarah Warren*.

The celebration of the World OT Day with the flashmob in the heart of the Brussels, Parc Royal, has emblematically closed the encounter of the COTEC members."









25th ENOTHE AM



Reflection

Dear member colleagues,

This year's annual meeting took place in Athens and was hosted by Athens Metropolitan College. The 25th meeting started with a short tribute in memory of Ann Wilcock who had sadly passed away. The President of ENOTHE, Marie-Antoinette Minis then officially opened the event, this was her last annual meeting as her term in office has ended.

During the opening ceremony there was time to reflect on the past. Not only the ancient Greek era, but also the months preceding the Annual Meeting when Panagiotis Siaperas our local Greek ENOTHE Board member his colleagues and students contributed greatly to make this meeting possible.

SPOT President, Marlies Nijenhuis (who stepped down) was honoured for her contribution to student engagement in ENOTHE. The opening ceremony proceeded in presence of Professor Dinos Arcoumanis (Chairman of Academic Board of AMC Metropolitan College Greece) and with a strong and welcoming message send by Ms. Kyriaki Keramiotou President - of the PanHellenic Occupational Therapy Association.

The audience were enthralled by the moving performance from the choir based at ESTIA-Support & Social Care Centre for people with intellectual disability, this then led us towards the first keynotes.

The first to keynotes were both challenging to our minds and way of prejudiced thinking by addressing the core concepts of philosophy. On one side by Theodosis N. Pelegrinis and the stunning critical perspectives on practice, research and education with displaced persons on the other side by Nadine Blankvoort. A disturbingly good start of the programme.

Later on, in the programme our other keynote speakers would also keep us on the edge of our seats by inspiring us and addressing a variety of important issues for OT Education throughout Europe. This included the use of creative thinking and explorative questioning to prevent curricula becoming too narrow presented by Filip de Jonckheere. Liliya Todorova shared not only success stories but also discomforting and valuable lessons learned on developing OT programmes through the years.

The use of technology in education and collaborative online learning was enthusiastically explained by one of the COPILOT project members Elisabeth Fattinger. The annual meeting closed with a strong Hanneke van Bruggen lecture presented by Hans Jonsson. He set new corner stones for a sustainable OT future by placing 'flow' and 'doing' back into the centre of the temples of education, research and practice.

In the programme, members contributed through many oral presentations, workshops, posters, bootcamp style workshops, inspirational orals and inspirational videoclips. These were new formats which we tried out. In the evaluation (see elsewhere in this newsletter) you can read more about what member's impressions where of this year's annual meeting.

In the Pre-General Assembly workshops members gave input to the ideas and governance of ENOTHE's academy, projects, finance and strategy. The workshops enable the general assembly itself to become what we consider now, as a very pleasant



and structured meeting in which members were informed and asked to vote in favour of ENOTHE's effort to work on a lot of future developments. The board had the opportunity to report back on last year's activities, the increase and maintenance of memberships, the future dissemination of ENOTHE products, the new strategy plan, SPOT Europe, ENOTHE projects and updated guidelines, development of OT-Europe and ROTOS, The Register of Experts and the think-tank' process towards the ENOTHE Academy. The general assembly voted for approval of the budget, amendment of the constitution and of course for the installation of our new board members Vanessa Röck and Sigitas Mingaila.

The Gala Dinner with the spectacular view on the Acropolis made the party and dance an absolute festive and 'royal' evening for those who witnessed. Take a look at these great video impressions of the annual meeting and relive the atmosphere in Athens.

With the upcoming COTEC-ENOTHE Congress in Prague in September 2020 and an official bid from Georgia for 2021 we are set for some good meetings in the coming years. This made the closing ceremony a true celebration of a successful annual meeting and a goodbye ceremony for our departing president. It is honour to follow in her footsteps and together with the board and all the members we explore the new pathways of ENOTHE. Together we can create a tomorrow and the strive towards the training and delivery of high quality, human centered, social change agents: the occupational therapists for 2020 and beyond.

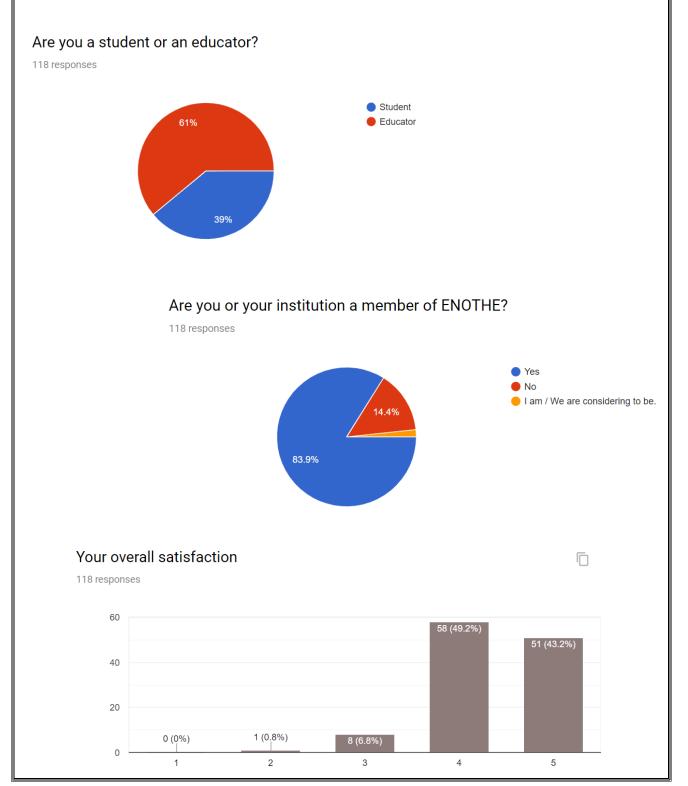
Soemitro Poerbodipoero



Evaluation Questionnaire Results

Here is a sneak peak of some of the 25th ENOTHE Annual Meeting evaluation results!

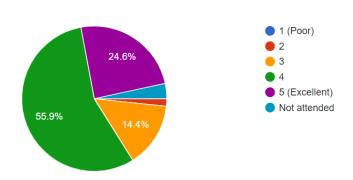
The online questionnaire was sent to all Annual Meeting participants, which had a one month window to respond. The response rate was of 34%. This figure is growing (2018 response rate was 24,7 %), although a higher rate is desired considering future annual meetings content, organisation and participants involvement impact.





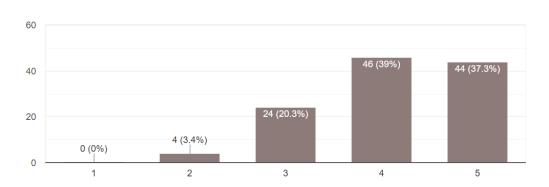
The content and relevance of the different presentation formats for your experience as a student / educator

118 responses



Has the Annual Meeting increased your awareness and engagement in the actions and activities of the ENOTHE board and members?

118 responses



Thank you to all of those who were present at the 25th ENOTHE Annual Meetings and to those who took a bit of their time to respond to the evaluation questionnaire, which is a valuable tool for the ENOTHE Board, considering future Annual Meetings organisation.

The full content of the evaluation results will be available at the ENOTHE website.



SPOT News	



Dear members of ENOTHE,

Around the ENOTHE Annual Meeting, the SPOTeurope board has been very busy with some changes. In this newsletter we would like to give you an update and a call to action for spreading our network.

Before the annual meeting, a lot of our board members had been graduated, which left us with open positions in the board. Through our social media and ENOTHE we were able to fill up the blank spaces and make our board complete again. Please take a look on our <u>website</u> to see the new board.



This year, for the first time ever, SPOTeurope hosted a pre-conference student meeting at the AMC Metropolitan College – see the <u>video here</u>. We believe it was a great success and would like to include this in future programs.

Furthermore, we are also very pleased to announce to have changed our logo!



The decision to modify it came from our wish to have a more catchy logo. We would like to credit Renkse Bakker-Schut from SPOT Nijmegen for this. She has been working hard on it in order to have it finished at the ENOTHE Annual Meeting and we are so happy about it. Thank you Renske!



Moreover, in Athens we were delighted to hear about the amazing work that miniSPOTs and student representatives are doing all over Europe. Nevertheless, we would like to expand our network and make it sustainable. Therefore, we need YOU – students and lecturers. The last years, we have realized how valuable the support from lecturers is and to quote a student from the annual meeting, we are looking for lecturers with a "heart for internationalisation". So please, if you would like to assist your students to develop a miniSPOT feel free to contact our <u>outreach coordinator</u>.

We are looking forward to hearing from you and wish you good holidays.

Warm regards,

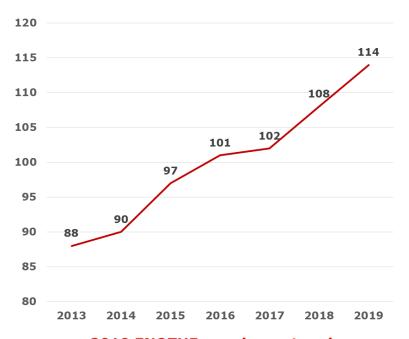
The SPOTeurope board

Cassandra Christianen – President; Natalie Pickering- Vice President; Emma Rodrigues - Social medial lead; Emma Schlinquer - Outreach coordinator; Emmanouela -

Blogger; Vanessa Röck - Student Board Member ENOTHE



News from Members



2019 ENOTHE member network



20 years European Master of Science in Occupational Therapy

On August 29th COTEC Stephanie Saenger (former president of COTEC) and Marie-Antoinette Minis (former President of ENOTHE) joined the celebration of 20 years European Master of Science in Occupational Therapy.

(https://www.ot-euromaster.eu)

The celebrations took place after the thesis presentation seminar and graduation ceremony, in "A Beautiful Mess". This restaurant was founded by Refugee Company to provide people with a refugee background and the opportunity to participate in society, It is not an ordinary restaurant. Located in the former Bijlmer prison, people with a refugee background collaborate with locals in this fusion restaurant. In collaboration with local partners & colleagues, they gain Dutch work experience and a network with the goal of finding permanent employment.

At this very festive event there were many alumni and (former) teachers, amongst them many prominent people like Hanneke van Bruggen, Sarah Kantartzis and Sophia Vikström and OT-Europe Experts like Nadine Blankvoort and Sophie Alberquerque.

The founders of this programme Ulla Runge, Astrid Kinébanian and Gaynor Sadlo told their story.

On behalf of Occupational Therapy Europe Stephanie Saenger, Marie-Antoinette Minis (president of ENOTHE) and Soemitro Poerbodipoero congratulated the staff and students and offered a small gift. Both presidents expressed the wish to have a closer collaboration with the programme in the future.



In the community, to the community...

At Leiria Health School, in the Polytechnic Institute of Leiria, one of the Portuguese schools recognised by the WFOT, we are committed to implement community projects and develop the community-based intervention within the Occupational Therapy Educational Programme creating possible job opportunities for the newly graduated students. So, at the moment, we have two projects implemented in partnership with several private, non-profit and non-governmental organisations (NGO).

The GeronTer® project begun in 2015 and has the main objective to promote the implementation of Occupational Therapy services in institutions that do not yet have this offer. Thus, within the scope of the project, students have to design an Occupational Therapy service, proposing the management of material, human resources and training to formal and informal caregivers, in the institutional and transdisciplinary context where it occurs. Simultaneously, it aims to facilitate the development of the clinical reasoning in students, with the gerontological population, having as the point of action the promotion of active aging of the elderly in the senior residences in the central region of Portugal. In this sense, students are led to apply theoretical knowledge in practice, promoting occupations to positively influence the health, well-being, and quality of life of the elderly person.





The HumaniTer® Project was first implemented with the NGO, Doctors of the World, in 2017, following the fire catastrophes in the central region of Portugal as a way of responding and restoring the occupational balance and avoid the occupational deprivation of the populations and communities affected by the catastrophe. At this moment, the objective of this project is to involve students with NGO, implementing Occupational Therapy intervention in disadvantaged communities, homelessness, refugees and the hard-to-reach population.

Students have the opportunity to develop skills in solving problems, proposing solutions and strategies, developing materials and interact with the populations and local representatives being aware of the needs and difficulties of intervention in these contexts.

Both projects also aim to promote the need to integrate occupational therapists into the local intervention teams, promoting the creation of new jobs.

If there are colleagues who are interested in sharing their knowledge in this type of projects, with us, please feel free to contact us, we'd love to grow and become better. dulce.gomes@ipleiria.pt



P4PLAY: PHD IN OCCUPATIONAL SCIENCE, EUROPEAN JOINT DOCTORATE (EJD)

P4Play is an innovative European Joint Doctoral programme (EJD) that has been awarded 2.2 million in funding by the Horizon 2020 Marie Sklodowska Curie Programme for 2019. The project is being led by Professor Jeanne Jackson and Dr Helen Lynch from the Department of Occupational Science and Occupational Therapy, UCC, and in collaboration with three other University Occupational Therapy Departments:

- a. Maria Prellwitz, Lulea University, Sweden, Department of Health Sciences and Occupational Therapy, Sweden
- b. Sarah Kantartzis, Queen Margaret University, Scotland, Division of Occupational Therapy, Scotland
- c. Christina Schulze, ZHAW University, Switzerland, Institute of Occupational Therapy, Switzerland

Our consortium is a network of researchers, academics and industry partners who take play seriously, and are advocates for the rights of the child to play, with foundations in the COST Ludi TD1309 action: Play for Children with Disabilities. ENOTHE is one of the partners in the project other partners come from government play policy advisors, and NGO advocacy groups in addition to designers of play materials. Our goal is to progress a rights-based agenda for all children at risk of play deprivation through the development of a child-centred play research programme in relation to four fundamental areas: People, Place, Policy and Practice (P4Play).

The P4Play EJD aims to establish a trans-European Occupational Science doctoral training programme, as a response to the shortage of researchers in Occupational Science and Occupational Therapy in Europe. Currently, only five European countries offer PhDs in Occupational Therapy, while none offer PhDs in Occupational Science, which severely restricts professional education and practice and ultimately impacts patients, and families, who receive occupational therapy services. Therefore, the societal challenge for improving health professions training and knowledge in evidence-based practice is a priority for the profession. This European Joint Doctorates programme responds to this challenge in Occupational Therapy career development across Europe through the study of play from an occupational science perspective. For more information: http://p4play.eu





News from Projects

FIRST YEAR OF COPILOT

The COPILOT project is approaching the end of its first year. At the beginning of September, the partners had their third trans-national meeting at Lulea University of Technology in Sweden. There, they also participated in a short-term joint staff training event, trying out different ICT tools and learning how to best use them to stimulate students' learning and to produce inspiring and motivational introductory videos to the COPILOT learning activities.





During the first year, the partners developed a draft of the COPILOT model, and a synopsis of 14 possible online learning activities addressing broad topics such as professional identity, digitalization, working with communities, visions of the future, OTs as social change agents, or comparing OT approaches across cultures. Didactical approaches "e-tivities" and "culturally such as responsive online design", as well as useful digital learning tools identified.

Three activities have been fully developed with study guides and further three exist in draft versions. The activities "Vision of the future", "Am I an OT?", "OT identities across Europe" and "International Case Comparison@home" are running as pilots in 2019/20, with more than 200 students from 8 countries expected to take part. Different versions are being tested, such as with and without e-moderators, involving quest partners, etc.14 groups of 116 students from Sweden, Belgium and Switzerland are





currently taking part in "Vision of the future" and have given a very positive first feedback on the study guide.

COPILOT learning activities also inspire students to produce "student generated content" that can be shared as Open Educational Resources (OERs) in the future. All project results – the generic framework, the online learning activities and OER materials – will be made accessible as OERs in 2021.

COPILOT was presented in an inspirational keynote by the coordinator Elisabeth Fattinger at the ENOTHE annual meeting in Athens.





School-based Occupational Therapy

"We are very pleased to have been awarded a grant from ENOTHE to support us in developing and improving European Occupational Therapy Education, Fieldwork and Research in School-based Occupational Therapy!

Over the past few years, occupational therapists across Europe have started looking for innovative opportunities to increase the educational and social participation of children in schools. The focus is shifting from individual impairment-focused approaches to multi-level (or tiered) occupation-focused approaches, emphasizing the importance of school- or class-wide interventions. However, there are no undergraduate or postgraduate curriculum guidelines yet to prepare students for school-based Occupational Therapy practice across Europe.

We therefore came together with a group of enthusiastic OTs with practice experience and/or working in OT education in research. We have started to gather information about what is happening in the countries we represent, as well as what research has been published across the world, in order to prepare curriculum materials and guidelines to support educators to support OT students learning in this area. In addition we are setting up a resource website and are also hoping to prepare a funding proposal for a multi-country project in this coming project-year.

On behalf of the whole project group,

Debbie Kramer-Roy (The Netherlands), Christina Schulze (Switzerland), Helen Lynch (Ireland), Sylvie Ray-Kaeser (Switzerland), Barbara Piskur (The Netherlands), Reinhilde Lennaerts (Belgium), Erna Schönthaler (Austria), Nathalie Buhagiar (Malta), Niamh Mellerick (UK), Koen van Dijk (The Netherlands)."



2nd COTEC-ENOTHE Congress 2020



CONGRESS THEME: Occupational Therapy Europe – building resilience in individuals, communities and countries











FIRST FACULTY OF MEDICINE Charles University



2nd COTEC-ENOTHE Joint Congress, Prague, Czech Republic, September 23rd - 27th, 2020

The planning and preparations of the 2nd COTEC-ENOTHE Joint Congress has entered a new and exciting phase. More than 900 abstracts (!) were submitted and went through the review process for independent review. During the coming month the Scientific Committee will be very busy with carefully selecting and aligning the outcome of the review process with the themes, possibilities and of course the limitations of the draft programme and the venue. Thanks to the enormous support of the ENOTHE and COTEC office the Scientific Committee is able to manage the ExOrdo system and is on track. At the end of December notifications to authors about acceptance are planned to go out. The final programme is to be published in March so that all those who want to be part of this fantastic event will have the opportunity to register on time. The Organising Committee together with professional congress organiser Guarant is busy with organising the registration process, the social programme, opening and closing ceremony and of course the acquisition of sponsors needed to make this congress possible. The 2nd COTEC-ENOTHE Congress 2020 with over 1.000 expected congress delegates will provide excellent marketing and sponsorship opportunities to our partners. Please see the Partnership prospectus and contact Industry Liaison Officer Adéla Koudelková, should your organisation be interested to be one of the exhibitors or sponsors.

The theme of the Congress is "Occupational Therapy Europe - building resilience in individuals, communities and countries". In response to the positive suggestions and questions about the theme, the scientific and organising Committees emphasise that the congress aims to relate occupation and occupational therapy practice, research and education to the broadest interpretation of resilience by addressing the question: "In which way do you think your research, education and practice contributes to a resilient, more adaptable and flexible future of individuals, families and (professional) communities. Congress objectives are to share knowledge, discuss strategies addressing the challenges and barriers of resilience and identify best practices and experiences. Applicants should not be concerned that indirect relation with the theme will be a reason to reject abstracts. Reviewers have been instructed to review based on quality and aligned with the assignment of the Scientific Committee to create a programme with resilience as a 'common thread' throughout.

Before the end of this year abstracts of the confirmed keynote speakers will be available on the <u>website</u>.

To keep yourself up-to-date follow the Congress 2020 developments also on social media (click the icons for access):







Registration opens in January 2020, make sure to register before the early-bird registration closes. Follow the dates on the Congress website.

On behalf of the Organising and Scientific Committees we wish you all good Christmas Holidays and a *resilient* 2020. See you all at the 2^{nd} COTEC-ENOTHE Congress next year!

Warm regards,

On behalf of the Scientific and Organising Committees,

Ursula Gubler-Thomann (ENOTHE Treasurer), Soemitro Poerbodipoero (ENOTHE President) & Anu Söderström (COTEC President)

For queries about abstract acceptance and registration please contact:

cotec-enothe2020@oteurope.eu



In Memoriam



Imke Winkelmann



26 October 2019 Imke Winkelmann died after a long and courageous fight. Imke was a lecturer at the Ergotherapie School of Osnabrück (ETOS) and was their representative in ENOTHE since 1997. She actively promoted ENOTHE to all German schools of occupational therapy and was a dedicated ambassador for ENOTHE. She participated in the work of ENOTHE, sharing the philosophy and disseminating project outcomes.

Imke participated actively in three ENOTHE project groups:

- 2000 in European Curriculum Guidelines.
- 2000/2001 in Teaching Practical Skills.
- From 2004-2008 in Tuning Educational Structures in Europe.

Imke was elected onto the ENOTHE Board in 2001 where she served as an active Board Member until 2007.

In addition to her ENOTHE work, Imke also worked tirelessly to develop staff and student International links, partnerships and exchanges with colleagues throughout Europe including Bulgaria, Scotland, the Netherlands and Belgium. These collaborations were born in ENOTHE.

We will remember Imke as a hardworking, talented and committed board member and also as a particularly cordial and hospitable woman with a great love for her profession and teaching in occupational therapy. Her attention to detail, determination, precision, genuine warmth and welcoming nature were evident in all her professional activities. We will miss Imke as a colleague and a warm friend. Imke rest in peace.

Hanneke van Bruggen and Linda Renton.



ENOTHE

European Network of Occupational Therapy in Higher Education



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