

Editorial: the European Journal of Counselling Theory, Research and Practice

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We are pleased to introduce interested readers to Volume 2 for 2018 of the *European Journal of Counselling Theory, Research and Practice (EJC-TRAP)*.

Welcoming a range of contributions, this peer reviewed journal was launched last year on 18 April, 2017 with the aim to focus on all aspects of the theory, research and practice of counselling and psychotherapy.

In our first year we published articles on a range of topics including teaching clients how to cope; models of supervision in therapy; Multimodal Relaxation Method applied to counselling, psychotherapy and coaching; university campus mental health on Uganda campuses; a research protocol for investigating the relationship between perfectionism and self-compassion; and supervisor-supervisee relationship and alliance. We had two book reviews and also a review of a play about ‘The Secondary Victim’ when a complaint is made about a counsellor.

For volume 1, we thank the authors for their contributions and assistance of the Editorial Board, Consulting Editors and reviewers. Our administration and typesetting team are also thanked for their hard work.

Contributions are invited

We welcome the following types of contributions to the journal:

1. Original research
2. Research protocols
3. Review articles
4. Brief reports
5. Techniques, interventions and strategies
6. Conference, congress and symposium reports
7. Book reviews

For fuller details about submitting papers please visit our journal submission webpage.

Sponsors

We thank the European Association for Counselling (EAC) for being the main professional body to sponsor the European Journal of Counselling Theory, Research and Practice. The EAC is the leading body for counselling in Europe. In its mission statement it states that it is the driving force for counselling in Europe, by promoting and maintaining the highest quality of professional and ethical practice, education and ongoing professional development (EAC, 2018). It has developed criteria for the award of the European Certificate of Counsellor

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Conclusion

The lifeblood of journals are article submissions. We look forward to receiving contributions reflecting the counselling and psychotherapy field in both Europe and internationally. ■

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Reference

- **European Association for Counselling** (2018). *About the European Association for Counselling*. Retrieved on 1 May, 2018 from: <http://eac.eu.com/about-eac>