

# *Editorial: Launch of the European Journal of Counselling Theory, Research and Practice*

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## **Overview**

We are delighted to officially launch the *European Journal of Counselling Theory, Research and Practice* (EJC-TRAP). The EJC-TRAP is a peer reviewed journal focusing on all aspects of the theory, research and practice of counselling and psychotherapy.

We welcome the following types of contributions:

1. **Original research**
2. **Review articles**
3. **Brief reports**
4. **Techniques, interventions and strategies**
5. **Conference, congress and symposium reports**
6. **Book reviews**

Key items the editors and the reviewers will be considering regarding contributions 1 to 4 above are:

1. **Is the article relevant to counselling and psychotherapy?**
2. **Does it address issues of interest to a broad readership?**
3. **If a research paper, then is the methodological rigour of sufficient standard?**
4. **Is it written clearly to understand?**
5. **Does it add to the existing knowledge-base?**

In addition, reports on conferences, congresses and symposia are considered important contributions to the journal in order to keep researchers and practitioners up-to-date with events they were unable to attend. Book reviews can bring to our attention books worth obtaining or putting on course reading lists. Both reports and reviews are reviewed by the journal editors and are not part of the anonymised peer review system. The editors will also invite papers and keynotes from experts and pioneers in the field.

For further information about submitting papers, please visit the Submission and Review Process webpage.

## **Continuous online publication model**

EJC-TRAP has adopted a continuous online publication model. Therefore once a paper is accepted for publication after the peer review process, it is typeset, proofed, checked, errors corrected and then it will be uploaded to the website within 28 days. In order to publish accepted articles promptly, the journal will use article numbers instead of the traditional method of continuous pagination through any particular volume or issue.

*(Page numbers will still be used within each article starting at page 1.)*

### Sponsor

The main professional body to sponsor the *European Journal of Counselling Theory, Research and Practice* is the European Association for Counselling (EAC), the leading body for counselling in Europe. In its mission statement it states that it is the driving force for counselling in Europe, by promoting and maintaining the highest quality of professional and ethical practice, education and ongoing professional development (EAC, 2017). It has developed criteria for the award of the European Certificate of Counsellor Accreditation which have been agreed by the founding countries of the Association. We (the editors) thank Yvonne Kruijff, the EAC President, for her letter of support for this new journal (Kruijff, 2017).

### Summary

This is an exciting period to undertake and publish counselling and psychotherapy research. Systematic reviews provide evidence that counselling and a range of therapies are effective treatments in primary care (eg Bower, Knowles, Coventry & Rowland, 2011; Cape et al., 2010) although more research is needed. In this short editorial we have provided an introduction to this new journal and the types of articles we are seeking.

We look forward to receiving contributions reflecting the counselling and psychotherapy field in Europe and beyond. ■

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### Weblinks

- **European Association for Counselling:** <http://eac.eu.com/about-eac>
- **European Journal of Counselling Theory, Research and Practice:** <http://www.europeancounselling.eu>

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