



Early Explorers

Day Nursery and Pre School

Promoting Positive Behaviour Policy

Providers are responsible for ensuring they follow the current version of the framework for their provider type.

Our Philosophy

At Early Explorers, we believe children thrive best when they feel safe, secure, and valued. Supportive practitioners who act as positive role models and show respect for each child's individuality nurture this environment. We use co-regulation strategies where adults and children work together to manage feelings and behaviours, helping children develop self-regulation over time.

Our nursery actively promotes British values and encourages positive, caring, and polite behaviour. We foster an environment where children learn to respect themselves, others, and their surroundings.

Supporting Personal, Social, and Emotional Development

We implement the Early Years Foundation Stage (EYFS) curriculum to support children's personal, social, and emotional development (PSED). This includes helping children:

- Understand and express their feelings
- Recognise others' feelings
- Develop age-appropriate self-regulation and behaviour management skills

We work in partnership with parents, maintaining consistent routines, clear boundaries, and supportive relationships.

Our Aims

To support positive behaviour, we aim to:

- Respect and recognise each child's individuality



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- Provide warm, responsive relationships that support children in times of stress and build confidence
 - Understand that some behaviours (e.g., biting) are developmentally typical
 - Encourage self-regulation, empathy, and respect for others and the environment
 - Promote social skills through group activities
 - Ensure all staff, parents, carers, and visitors model positive behaviour
 - Communicate openly and work in partnership with families
 - Praise and acknowledge positive behaviour consistently
 - Provide a key person system for strong family-child relationships
 - Use age-appropriate rules developed with children to encourage understanding and cooperation
 - Support children to name and manage emotions, develop empathy, and resolve conflict peacefully
 - Have a named lead responsible for behaviour support and promotion
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Behaviour Lead

The named behaviour lead is:

Responsibilities include:

- Advising and supporting staff with behaviour concerns
 - Liaising with the SENCo for additional support needs
 - Keeping up to date with legislation, research, and best practice
 - Leading behaviour-related policy updates and training
 - Accessing expert support and acting as an information hub
 - Ensuring staff attend relevant behaviour management training and maintaining training records
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Nursery Rules

Our rules focus on safety, care, and respect. We keep rules simple, age-appropriate, and involve children in setting them to promote ownership and understanding.

Managing Challenging Behaviour

- We support children showing distressed or challenging behaviour through co-regulation, helping them express feelings and work towards positive solutions.
 - We comfort any child upset by another's behaviour.
 - We acknowledge the child's feelings while making clear that unacceptable behaviour—not the child—is unwelcome.
 - Physical punishment or threats are never used or tolerated.
 - Physical intervention is only used if absolutely necessary to prevent harm or damage, following appropriate training, parental consent, and documentation.
 - Staff never humiliate or single out children and use distraction and redirection where possible.
 - Staff avoid raising voices except to ensure safety.
 - Behaviour support strategies are tailored to each child's development and circumstances.
 - Apologies are encouraged only when children understand their significance.
 - Staff reflect on their own responses to behaviour challenges to ensure consistency and appropriateness.
 - Parents are informed of challenging behaviour and may be invited to discuss and work collaboratively on support strategies.
 - We keep confidential records of incidents, shared and signed by parents.
 - Where needed, individual behaviour support plans and risk assessments are implemented, prioritising safety for all.
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Supporting Emotional Wellbeing

- Children are helped to understand their own and others' feelings and develop non-aggressive ways to express emotions.
 - We respect children's needs for personal space and individual differences in sharing and social interactions.
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Staff Guidance for Behaviour that Challenges

- Create an environment where children feel safe and secure.
- Recognise that some physical aggression is a normal developmental phase and redirect energy positively.
- Teach children that aggression is not an appropriate way to get needs met and promote peaceful conflict resolution.
- Use proactive strategies, such as initiating group games, to prevent overly boisterous behaviour.



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- Ensure staff and parents can access and review this policy annually and provide feedback.
 - Offer confidential discussions for parents with any concerns about their child's behaviour.
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Anti-Bullying

- We promote awareness that bullying, fighting, and discriminatory behaviour are unacceptable.
 - Bullying is recognised as repeated behaviour causing distress or threat and is addressed promptly and sensitively.
 - Staff intervene at the earliest signs of bullying and work with parents to find consistent resolutions.
 - Through fostering respect, cooperation, and empathy, we support children to build friendships and resolve conflicts peacefully.
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Conclusion

By promoting positive behaviour and supporting emotional development, Early Explorers provides children with a strong foundation for future learning, social success, and wellbeing.

This policy was adopted on	Signed on behalf of the nursery	Date for review
<i>Aug 2025</i>	Early Explorers Day Nursery	<i>Aug 2027</i>