

STARS FOR THE FUTURE
Women competition
Crossfit IVY
Sunday 29th March 2015



	GROUP	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	AGE CATEGORY	BODYWEIGHT CATEGORY, kg	BODY WEIGHT kg	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	PLACE	SINCLAIR	POINTS
									1	2	3		1	2	3					
		Group 1 - Novice Girls - Start 13:30pm																		
1	1	Seesy	Dhanda	St Georges	26/05/08	U11	30	24.2	7	8	9	24	11	12	14	37	61	1	218.97	
									4	2	3	9	5	7	7	19	28	117	point	
2	1	Hope	Saunders	Gumley	03/08/02	U13	63+	76.2	32	34	36	102	42	45	47	134	236	1	280.24	Best youth li
									3	3	3	9	6	6	7	19	28	292	point	
3	1	Megan	Faulds	Cardinal	01/09/00	Youth Novice	44	40	20	23	x26	23	25	28	x30	28	40	1	77.95	
4	1	Imaan	Arshad	Lampton	20/06/00	Youth Novice	44	41.2	15	x17	17	17	17	x18	18	18	35	2	66.20	
5	1	Beatriz	Kretteis	Cardinal	25/09/00	Youth Novice	48	48	23	x25	25	25	28	30	32	32	57	1	93.44	
6	1	Ida	Rana	Lampton	7/6/2001	Youth Novice	53	51	20	24	x28	20	30	x32	33	33	53	1	82.50	
7	1	Zainab	Qureshi	Lampton	14/06/00	Youth Novice	53	51.2	18	21	23	23	22	26	28	28	51	2	79.12	
8	2	Sophiya	Rana	Lampton	13/10/98	Youth	58	58	x45	45	47	47	58	x61	x61	58	105	1	147.83	Best youth li
9	2	Julia	Lane	Farnham	12/02/00	Youth Novice	58	56.8	35	x38	38	38	46	48	49	49	87	2	124.39	
10	1	Imani	Goodison	Green School	13/12/00	Youth Novice	58	54.3	25	27	28	28	32	34	36	36	64	1	94.71	
11	1	Zoe	Fletcher	Green School	05/04/00	Youth Novice	58	58	22	25	27	27	30	33	35	35	62	2	87.29	
12	1	Khadija	Buho	Lampton	11/10/00	Youth Novice	58	57	x15	15	16	16	20	x22	x22	20	36	3	51.34	
13	2	Noorin	Gulam	Bournemouth U	06/09/95	Junior	53	52.8	x67	67	x70	67	x88	x88	x88	0	67	---	0.00	
14	2	Nazharia	Lamboan	Crossfit IVY	18/11/94	Junior	58	57.2	45	x48	x48	45	60	x65	x65	60	105	1	149.35	
15	2	Deborah	Alawode	Twyford	19/09/97	Junior	69	68.1	52	56	58	58	67	70	72	72	130	1	164.42	Best Junior
16	1	Makeeda	Brown	Green School	27/11/97	Junior Novice	69	66.2	15	20	23	23	30	x33	x33	30	53	1	68.21	
17	2	Abigail	Felsenstein	Middlesex	14/06/88	Sen	58	55.7	45	50	x54	50	54	60	67	67	117	1	169.77	Best senior
18	2	Bryony	Watson	Fareham	27/03/92	Sen	58	56.4	45	48	51	51	60	x64	x64	60	111	2	159.55	
19	2	Alicia	Sealey	Crystal palace	17/11/84	Sen	63	62.9	49	x51	x51	49	x64	64	x68	64	113	1	150.33	
20	2	Melissa	Langley	Crossfit IVY	11/10/88	Sen	63	61.9	x48	49	x52	49	60	x65	x65	60	109	2	146.58	
21	2	Kimberley	Bateman	Middlesex	15/05/92	Sen	69	68.8	40	44	48	48	45	50	54	54	102	1	128.22	
22	2	Ruth	Carpenter	Crystal palace	24/06/88	Sen	75+	104.5	64	x67	67	67	x78	78	x84	78	145	1	152.02	

Refrees:	Denise
	Brian
	Jaspreet
	Micheal
	Nasrin
Competition managers:	Kazem Panjavi
	MC: Steve
	Pc: Kian
Coaches:	Stuart, Stu, Adam, Naz,
Loaders	Se,Sorcha, Rosie, Hope, Micheal

weigh-in : 12:00 / Group 1 Start 13:35pm ,Finished 15:00
Group 2 Start 15:30pm ,Finished 16:55