PHOENIX CUP

OPEN WEIGHTLIFTING COMPETITION 2014

12 – 14 December 2014

Middlesex University, London

www.kazolylifting.co.uk

www.starsforthefuture.com

Final Entry: 20 November 2014

Info: Kazem Panjavi
Email: kazem@starsforthefuture.com
Mobile: +447958685884

Phoenix Cup
Open Weightlifting Competition

Kazem Panjavi– Head of the Organizing Committee,
138 Curlew Court, West Ealing, London, W13 0AH
Email: kazem@starsforthefuture.com

Re: Invitation to the Phoenix Cup Weightlifting Competition from 12th December – 14th December at Middlesex University, London.

Important information:

1.) Room reservations must be made by the organizer, Kazem Panjavi- Head of the Organizing Committee. Prices (as of 14/11/ 2014) are published in the invitation.

2.) The technical meeting will take place on Friday, 12th December 2014, at approx. 19.00 – at the Middlesex University meeting room. The venue of the competition is Middlesex University-Hendon, London. The competitions will be held on 13th December 2014.

3.) The organizer must be in receipt of final entries by 20th November 2014 at the latest.

4.) Following the competitions on Saturday, the Competition party (banquet) will inform late. The Competition party is free of charge for all lifters, coaches and team leaders with an accreditation. Victory ceremonies for the winning team, the six best overall lifters, the Six best U-23 athletes and the Six best U-17 athletes and 6 best team will be held at the Phoenix cup party.

5.) Entry fees for lifters & coaches is £30, for referees is free.

6.) Gatwick and Stansted airport will be £30 for return per person.

7.) Hotel : Room for 4 on Friday & Saturday with continental breakfast is £210
Room for 3 on Friday & Saturday with continental breakfast is £180
Room for 2 on Friday & Saturday with continental breakfast is : £150
Room for one on Friday & Saturday with continental breakfast is: £100

8.) Transport from Heathrow to Hotel & Hotel to Heathrow will be free but from Hotel will be a 10 min walk from the competition venue, only 4 service for transport will be provide it

a: 8am on Saturday 13th Dec from hotel to Middlesex University
b: 11am from Middlesex University to the hotel
c: 11:15am from Hotel to Middlesex University.
d: 2pm from Middlesex University to the Hotel
e: 2:15pm from Hotel to the Middlesex University
f: after competition from Middlesex University to Hotel
g: 8pm from Hotel to the Banquet hall
h: 11:30pm from Banquet to the Hotel
i: Sunday 14th Oct, 3hours before your return flight.

Phoenix Cup Weightlifting Competition

Invitation: International club Competition for U17 (Youth) and U23. – Men and Women

Organization:	Stars for the Future, Kazem Panjavi– Head of the Organizing Committee, 138 Curlew Court, West Ealing, London, W13 0AH
Date:	12 – 14 December 2014
Venue:	**Middlesex University** The Burroughs, London NW4 4BT
Weigh-in and start:	Final schedule will be published after the final entry.
Admission:	All athletes with a valid license entered by clubs/federations by means of the enclosed form.
Competition specs:	Phoenix Cup open Weightlifting Competition: For under 17: athletes born from 13/12/2000 to 01/01/1997 And for under 23 should be under 01/01/1991 Weight categories:

For youth Girls: 44kg, 48 kg, 53 kg, 58 kg 63 kg, 69 kg & +69
For u23 Women :48 kg, 53 kg, 58 kg 63 kg, 69 kg, 75 kg & + 75 kg

For youth Boys: 50 kg, 56 kg, 62 kg, 69 kg, 77 kg, 85, 94kg & +94
For u23 Men : 56 kg, 62 kg, 69 kg, 77 kg, 85, 94kg, 105 & 105+

Limit:
Two female youths (U17),
Two female U23s,
Three male youths (U17),
Three male U23s from each country.

Competition will be based on Sinclair point and six lifters and six team will receive the award on the Saturday night at 9pm.

Accreditation: All participants (lifter – coach – team leader) pay an entry fee of 30 pound. Referees do not have to pay the accreditation. **The amount has to be paid to the below-mentioned account until 20th Nov 2014 which is also the final entry date.**
Account Name: Stars for the future
Name of the Bank : NATWEST (Perivale branch)
Sort Code: 607005
Account Number: 50576828
Bank address: 40 Bideford Ave, Perivale, Greenford, Greater London UB6 7PY

Yours sincerely,

Kazem Panjavi – Head of the Organizing Committe