**CV Britt Morthorst, born 16th of May 1965 living in Gentofte.**



**EDUCATION**

PhD, Department of Clinical Medicine, University of Copenhagen 2018

Thesis entitled: The impact of the pack size restriction of non-opioid analgesics

sold over-the-counter in Danish pharmacies

Master’s in Health Science, MHSc, University of Copenhagen 2012

Course of introduction to Healthcare Science Course of research for healthcare

Professionals with bachelor, University of Copenhagen 2007-2009

Nurse, professional bachelor’s degree, Copenhagen 2003

Studying Medicine, University of Copenhagen 1987-1989

**EMPLOYMENT**

Post doc, Child and Adolescent Mental Health Services, Research Unit,

Suicide Prevention Clinic for Children and Adolescents 2018

PhD-student, Department of Clinical Medicine, University of Copenhagen 2013-2018

Research assistant, The Inclusion project, IPS, Research Unit, Mental Health

Centre Copenhagen 2012

Project leader, the AID-trail, Research Unit, Mental Health Centre Copenhagen 2007-2012

Research Unit, Mental Health Centre Copenhagen

Project Nurse, Centre for Clinical intervention and Neuropsychiatric

Schizophrenia Research and Research Unit, Mental Health Centre Copenhagen 2005-2007

**Scientific performance (from Google scholar);**

3 reports for Social and National Board of Health

14 peer reviewed publications

Citations: 161

H-index: 7

**Board of directors**

Association for Development and Research in Suicide Prevention (FUF) since 2007.

**Expert consultancy**

Consultant for The National Board of Social Services Videns portal (Self-harm) and the National Board of Health (Det Nationale Partnerskab for Selvmordsforebyggelse).

Expert for Danish national television (DR), with specific focus on ethical aspects of reporting of suicidal behavior

Translation and implementation of WHO media guidelines for reporting of suicidal aspects and behavior, up-date 2017; National Board of Health.

**Grants**

Three years Post doc grant, Mental Health Services in the Capital Region of Denmark.

Three years PhD-Scholarship at the Faculty of Health and Medical Science, University of

Copenhagen.

Åse og Ejnar Danielsens fond: 100.000 kr. in 2009 (the AID-trial) and 50.000 kr. in 2015

(the paracetamol-project).

Helsefonden: 200.000 kr. in 2014 (the paracetamol-project) and 168.000 kr. in 2019 (The TEENS trial).

Partnerskabet under the National Board of Health: 168.000 kr. (Translation WHO media guidelines).

**TEACHING**

Consultant for The National Board of Social Services Videns portal (Self-harm)

10th semester Medical students at University of Copenhagen and Cand scient San students

Roskilde Handelsskole, External lecture in Psychiatry and Crisis Psychology.

Has supervised three masters and PhD students.

**Publication list**

**[Britt Reuter Morthorst](https://pubmed.ncbi.nlm.nih.gov/?term=Morthorst+BR&cauthor_id=32252604)**, [Lars Mehlum](https://pubmed.ncbi.nlm.nih.gov/?term=Mehlum+L&cauthor_id=32252604), [Sigurdur P Pàlsson](https://pubmed.ncbi.nlm.nih.gov/?term=P%C3%A0lsson+SP&cauthor_id=32252604), [Charlotte Mühlmann](https://pubmed.ncbi.nlm.nih.gov/?term=M%C3%BChlmann+C&cauthor_id=32252604), [Yngve Hammerlin](https://pubmed.ncbi.nlm.nih.gov/?term=Hammerlin+Y&cauthor_id=32252604), [Trine Madsen](https://pubmed.ncbi.nlm.nih.gov/?term=Madsen+T&cauthor_id=32252604), [Merete Nordentoft](https://pubmed.ncbi.nlm.nih.gov/?term=Nordentoft+M&cauthor_id=32252604), [Annette Erlangsen](https://pubmed.ncbi.nlm.nih.gov/?term=Erlangsen+A&cauthor_id=32252604), Suicide Rates in Nordic Prisons 2000-2016. Arch Suicide Res, 2020 Apr 6;1-11. doi: 10.1080/13811118.2020.1746943. Online ahead of print.

# [**Britt Reuter Morthorst**,](https://www.sciencedirect.com/science/article/pii/S016503271932957X?via%3Dihub#!) [Annette Erlangsen,](https://www.sciencedirect.com/science/article/pii/S016503271932957X?via%3Dihub#!) [Manon Chaine,](https://www.sciencedirect.com/science/article/pii/S016503271932957X?via%3Dihub#!) [Frank Eriksson](https://www.sciencedirect.com/science/article/pii/S016503271932957X?via%3Dihub#!), [Keith Hawton,](https://www.sciencedirect.com/science/article/pii/S016503271932957X?via%3Dihub#!) [Kim Dalhoff,](https://www.sciencedirect.com/science/article/pii/S016503271932957X?via%3Dihub" \l "!) [Merete Nordentoft](file:///C%3A%5CUsers%5Cjette%5CAppData%5CLocal%5CPackages%5CMicrosoft.MicrosoftEdge_8wekyb3d8bbwe%5CTempState%5CDownloads%5CMerete%20Nordentoft), Restriction of non-opioid analgesics sold over-the-counter in Denmark: a national study of impact on poisonings, Journal of Affective Disorders; <https://doi.org/10.1016/j.jad.2020.02.043>

**Morthorst B. R.,** Erlangsen A, Nordentoft M, Hawton K, Hoegberg L C G, Dalhoff K P. Availability of paracetamol sold over-the-counter in Europe: a descriptive cross-sectional international survey. Basic & Clinical Pharmacology & Toxicology, Basic & Clinical Pharmacology & Toxicology, 2018 Jan 10. doi: 10.1111/bcpt.12959.

**Morthorst BR**, Erlangsen A, Dalhoff KP, Nordentoft M. En ung kvindes selvmord. Ugeskr Laeger. 2017 Jul 24;179(30). pii: V69174. Danish. No abstract available. PMID: 28789762

**Morthorst B. R**., Soegaard B, Nordentoft M Erlangsen A. Incidence rates of deliberate self-harm in Denmark during 1994-2011: a nationwide register study. [Crisis](http://www.ncbi.nlm.nih.gov/pubmed/27338293) 2016 Jun 24:1 DOI: [10.1027/0227-5910/a000431](http://dx.doi.org/10.1027/0227-5910/a000431)

**Morthorst B**, Krogh J, Erlangsen A, Alberdi F, Nordentoft M., Effect of assertive outreach after suicide attempt in the AID (assertive intervention for deliberate self-harm) trial: randomised controlled trial. BMJ 2012 Aug 22;345:e4972. doi: 10.1136/bmj.e4972.

**Morthorst B**., Nordentoft M., Unge med Selvmordsforsøg og Behandling, Publikationen er nr. 3 af i alt 5, som formidler resultaterne af forskningsprojektet ’Forandringens Omveje og Genveje, udarbejdet for Servicestyrrelsen.

Marie Hoegh Thoegersen, **Brit Reuter Morthorst** & Merete Nordentoft (2019)

Assertive community treatment versus standard treatment for severely mentally ill patients

in Denmark: a quasi-experimental trial, Nordic Journal of Psychiatry, 73:2, 149-158, DOI:

10.1080/08039488.2019.1576765

[Effectiveness of Mental Health First Aid training in Denmark: a randomized trial in waitlist design.](http://www.ncbi.nlm.nih.gov/pubmed/26837214) Jensen KB, **Morthorst** **BR**, Vendsborg PB, Hjorthøj C, Nordentoft M., Soc Psychiatry Psychiatr Epidemiol. 2016 Apr;51(4):597-606. doi: 10.1007/s00127-016-1176-9. Epub 2016 Feb 2

[Individual Placement and Support supplemented with cognitive remediation and work-related social skills training in Denmark: study protocol for a randomized controlled trial.](http://www.ncbi.nlm.nih.gov/pubmed/26093636) Christensen TN, Nielsen IG, Stenager E, **Morthorst** **BR**, Lindschou J, Nordentoft M, Eplov LF.Trials. 2015 Jun 21;16:280. doi: 10.1186/s13063-015-0792-0. PMID: 26093636

[The effect of the mental health first-aid training course offered employees in Denmark: study protocol for a randomized waitlist-controlled superiority trial mixed with a qualitative study.](http://www.ncbi.nlm.nih.gov/pubmed/25884517) Jensen KB, **Morthorst BR**, Vendsborg PB, Hjorthøj CR, Nordentoft M. BMC Psychiatry. 2015 Apr 14;15:80. doi: 10.1186/s12888-015-0466-1.PMID: 25884517

Hedeland RL, Jørgensen MH, Teilmann G, Thiesen LR, Valentiner M, Iskandar A, **Morthorst B**, Andersen J. Childhood suicide attempts with acetaminophen in Denmark: Characteristics, social behaviour, trends and risk factors. Scand J Public Health. 2013 May;41(3):240-6. doi:10.1177/1403494812474122. Epub 2013 Jan 28

Thogersen MH, **Morthorst B**, Nordentoft M. Perceptions of coercion in the community: a qualitative study of patients in a Danish assertive community treatment team. Psychiatr Q, 2010: 81: 35-47.

B Oranje, L Osterballe, **BR Morthorst**, BY Glenthoj, alpha 2-noradrenergic effects on ERP-indices of selective attention and mismatch negativity; BIOLOGICAL PSYCHIATRY 63 (7), 106S-107S, 2008