



Contact Information

Danish Research Institute for Suicide Prevention
Kildegaardsvej 28, opg. 15, 4th floor
2900 Hellerup, Denmark
charlotte.muehlmann@regionh.dk
+45 26112546

Charlotte Mühlmann

Charlotte Mühlmann has been involved in suicide preventive research since 2012, where she started working at a suicide preventive clinic in Denmark. In her Ph.d., the Self-help Online against Suicidal thoughts (SOS) trial, she examines the effect of an internet-based therapy program for people with suicide thoughts.

Education

MSc in Psychology, Institute of Psychology, Aarhus University, Aug. 2008- October. 2014

Organizational work

Co-organizer of the European Society for Internet Interventions, esrii, conference in Copenhagen 2019

Coordinator of the Danish network for suicide among the elderly, Forskergruppen for ældre og selvmord, 2015-now

2016, 2017, Co-organizer of the World Suicide Prevention Day in Copenhagen

Earlier employment and volunteering work

2011-2014, Chairman of Sindslidendes Vilkår, an organization that has three drop-in centres for people with mental illnesses in Aarhus, Denmark.

2012-2013, Research assistant, at Risskov clinic for suicide prevention

2009-2011, Volunteer at Sindslidendes Vilkår's three drop-in centres.

Publications

Mühlmann C, Madsen T, Hjorthøj C, Kerkhof A, Nordentoft M, Erlangsen A. The Self-help Online against Suicidal thoughts (SOS) trial: study protocol for a randomized controlled trial. *Trials*. 2017;18(1):45. Published 2017 Jan 28. doi:10.1186/s13063-017-1794-x

Birkebak J, Stuart EA, Lind BD, Qin P, Stenager E, Larsen KJ, Wang AG, Nielsen AC, Pedersen CM, Winsløv JH, Langhoff C, Mühlmann C, Nordentoft M, Erlangsen A. Psychosocial therapy and causes of death after deliberate self-harm: a register-based, nationwide multicentre study using propensity score matching. *Psychological Medicine* 2016

Erlangsen A, Lind BD, Stuart EA, Qin P, Stenager E, Larsen KJ, Wang AG, Hvid M, Nielsen AC, Pedersen CM, Winsløv JH, Langhoff C, Mühlmann C, Nordentoft M. Short-term and long-term effects of psychosocial therapy for people after deliberate self-harm: a register-based, nationwide multicentre study using propensity score matching. *The lancet. Psychiatry* 2015 1;2:49–58.

Fundraising

2014

- Trygfonden, 98.000kr.
- Socialministeriets pulje til frivilligt socialt arbejde (Puf), 74.000kr.
- Paragraf 18 midler ved Aarhus Kommune, 53.000kr.

2013

- Socialministeriets pulje til frivilligt socialt arbejde (Puf), 110.000kr.
- Paragraf 18 midler ved Aarhus Kommune, 70.000kr.
- Uddannelsespuljen, Center for Frivilligt Socialt Arbejde, 22.000kr.

2012

- Paragraf 18 midler, 70.000kr.
- Uddannelsespuljen, 10.000kr.