



The 4th International Webinar on Maternal and Child Health (MCH) Handbook in the world

November 4th, 2021

Yasuhide Nakamura

**Chair, International Committee on
Maternal and Child Health (MCH) Handbook**

Indonesia before MCH handbook

Question 1



A mother took care of her child in the house where there were no books. Only mother's card and child growth card were available, but very frequently lost. (Tinggi Raja Village in North Sumatra in 1986)

MCH Handbook by simplifying many forms in Indonesia

KMS KARTU MENUJU SEHAT



AIR SUSU IBU
makanan bayi terbaik

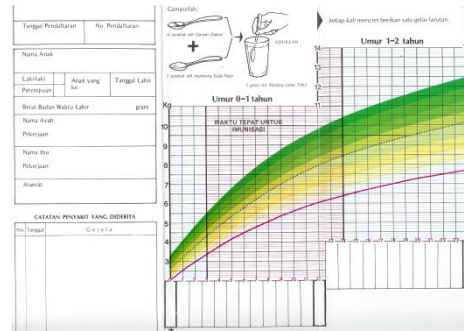
KARTU MENUJU SEHAT
IBU HAMIL

PERIKSAAN KEHAMILAN SETIAP BULAN

Daftar Periksa Kehamilan

No	Reguler	Kontrol
NAMA IBU		
LEMBARAN LAYANAN ATASI (D.A.)		
NAMA SUAMI		
ALAMAT		
LEDER		
PODIYANGAJ		
DAFTAR HUKUM		
PODIYANGAJ		

DEPARTEMEN KESEHATAN RI
DIPERBAIKI OLEH PUSAT PENELITIAN DAN PENGEMBANGAN
DINAS KEMENDAGRI



Child Growth Chart

PUSAT PENELITIAN DAN PENGEMBANGAN
TUMBUH KEMBANG ANAK
Jl. Mawardi 155 Telp. 40274 Yogyakarta

Kartu data
Tumbuh Kembang Anak

NAMA ANAK :
NAMA AYAH :
ALAMAT :
UMUR :
JENIS KELAMIN :
PELATIH :
PUSAT :
TANGGAL :
TANDA TANGAN :
STAMP :
PUSAT :
TANGGAL :
TANDA TANGAN :
STAMP :

Child Development Card

MCH Handbook

Mothers Card

BUKU KESEHATAN
IBU DAN ANAK

D.I.Yogyakarta

Bawalah Buku ini!
setiap pergi ke tempat
pelayanan kesehatan

Nama Ibu :
Nama Anak :

DEPARTEMEN KESEHATAN RI
bekerja sama dengan

JICA JAPAN INTERNATIONAL COOPERATION AGENCY
THE ENSURING QUALITY OF MCH SERVICES THROUGH MCH HANDBOOK PROJECT
2000

Indonesia after MCH handbook



A mother and two boys enjoyed to utilize their own MCH handbooks. (Lombok Islands in 2010)

Empowerment



Parents treasure MCH Handbooks for a long time.

The late Prof. Azrur Azwar (University of Indonesia) said, “When parents keep their MCH Handbook, they can communicate their concerns to health professionals. The MCH Handbook empowers parents.”



Prof. Azrur Azwar and I made presentations on MCH handbook at the World Summit on Sustainable Development in Johannesburg, South Africa in 2002.

Take Home Message 1: MCH handbook may empower parents and promote health and wellbeing of children



School children were dancing with songs how to wash hands for health promotion(Kericho District in Kenya: 2015)



Children in the Kinder garden (Lombok Islands in 2010)

There are many Childhood Diseases !

Question 2



There are many childhood diseases. So it is impossible to make a MCH handbook for each disease one by one.

1. “No one left behind”

To improve the social inclusion of persons with disabilities, refugees, migrants, ethnic minorities and the poor.

2. “a book of All in ONE”





To promote a harmonized mélange of care within many health fields. Information from many health fields, such as maternal and child health, immunization, infectious diseases, nutrition, family planning etc., are integrated into one book.



Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

Parenting Information for Health Care Professionals & Researchers

Technical information on children's health and safety. If you don't find what you are looking for, [browse all parent topics](#) or view [CDC's A to Z index](#) for a more detailed list of topics.

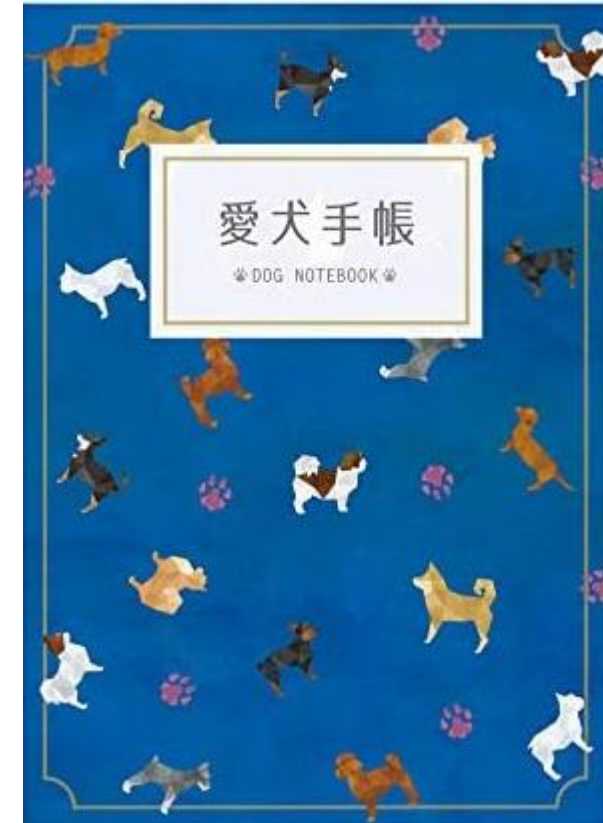
- [ADHD Treatment Recommendations](#)
 - [Behavior Therapy for Young Children](#)
- [Adolescent Health](#) 
- [Adolescent Immunizations](#)
- [Alcohol](#) 
- [Brain Injury Tool Kit for Physicians](#)
- [Child Abuse Prevention](#)
- [Child Development \(Developmental Surveillance\)](#)
- [Developmental Screening](#)
- [Foodborne, Bacterial, and Mycotic \(fungal\) Diseases](#)
- [Genetic Counselors](#) 
- [Immunization Safety](#)
- [Infections/Infection Control](#)
- [Male Latex Condoms and Sexually Transmitted Diseases](#)
- [MRSA \(Health Care Related\)](#)
- [Seasonal Flu Information for Schools & Childcare Providers](#)
- [TB Education and Training Network](#)
- [TB Patient Education Materials](#)
- [Tips for Supporting Students with Sickle Cell Disease](#)  [970 KB]
- [Vaccines and Immunizations](#)

MCH handbook in Braille (a form of written language for blind people) and HANDBOOK for pet (dog or cat) in JAPAN



Japan family planning association

Japan family planning association



Kokosabu

Refugees



Sisters of Kurdish Refugees at camps in Turkey (1991)



A Mother and a Newborn of Kosovo Refugees at hospital at Skopje (1999)



Take Home Message 2:

MCH handbook is a wonderful tool to realize the world of “No one left behind”



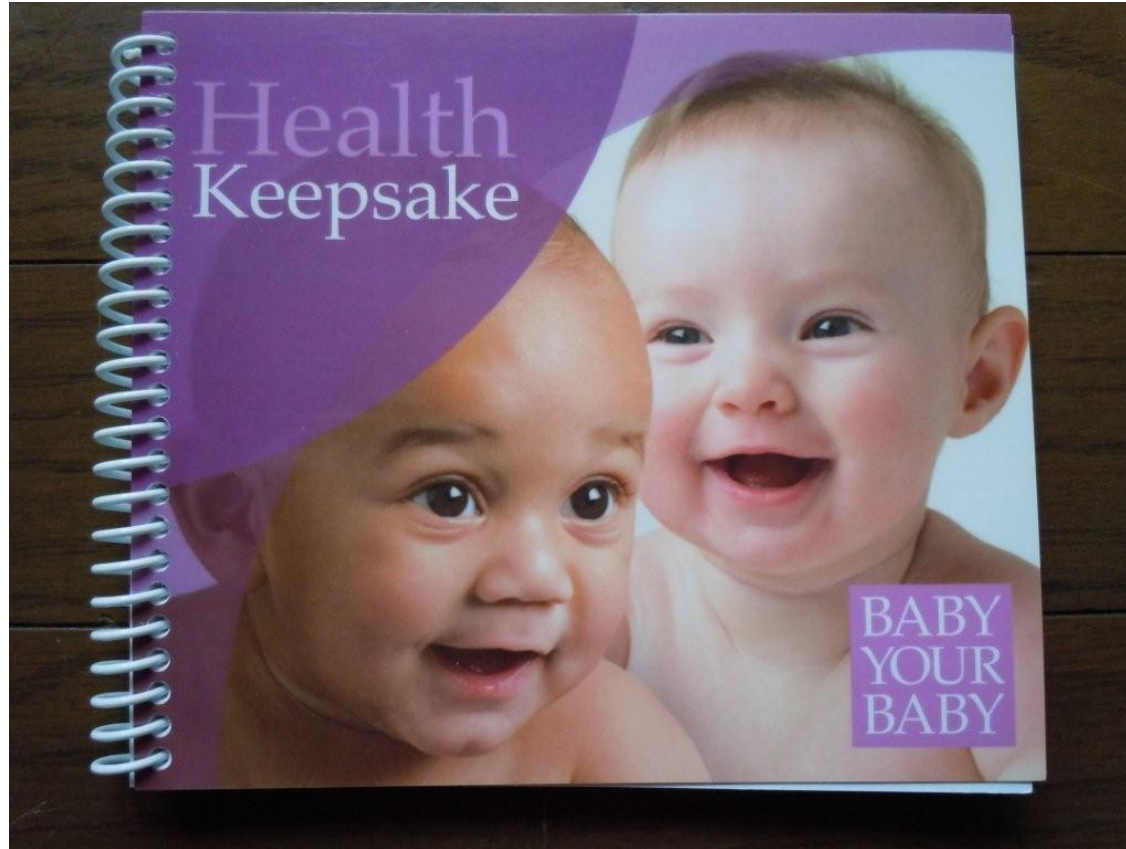
Mobile MCH handbook and paper-style handbook for Palestine Refugees (UNRWA, JICA).



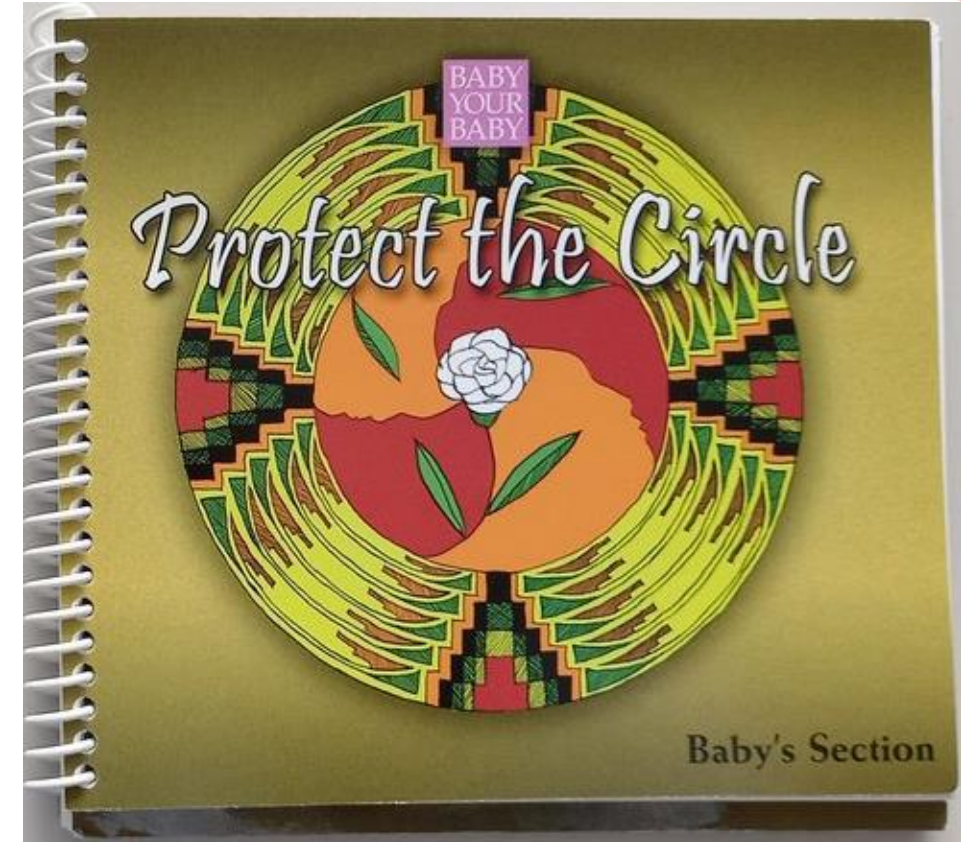
WHY NOT BOTH for a synergy effect? Paper-style handbook keeps an all-in-one simple form and digital handbook can cover the information to no one left behind.

Utah State (USA)

Question 3

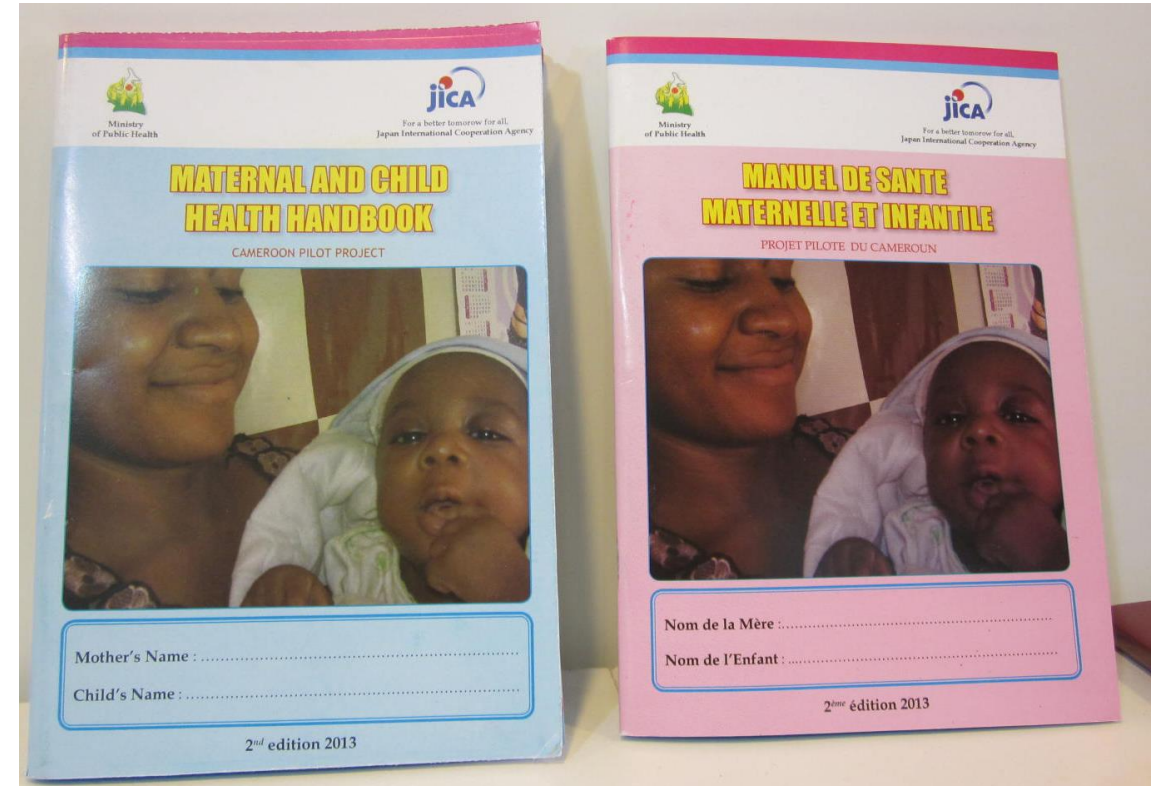


MCH Handbook in Utah State (USA) promoting "Baby your baby program" as a keepsake from parents to children



Special version for native Americans living in Utah State, because their custom hates photography

Cameroon

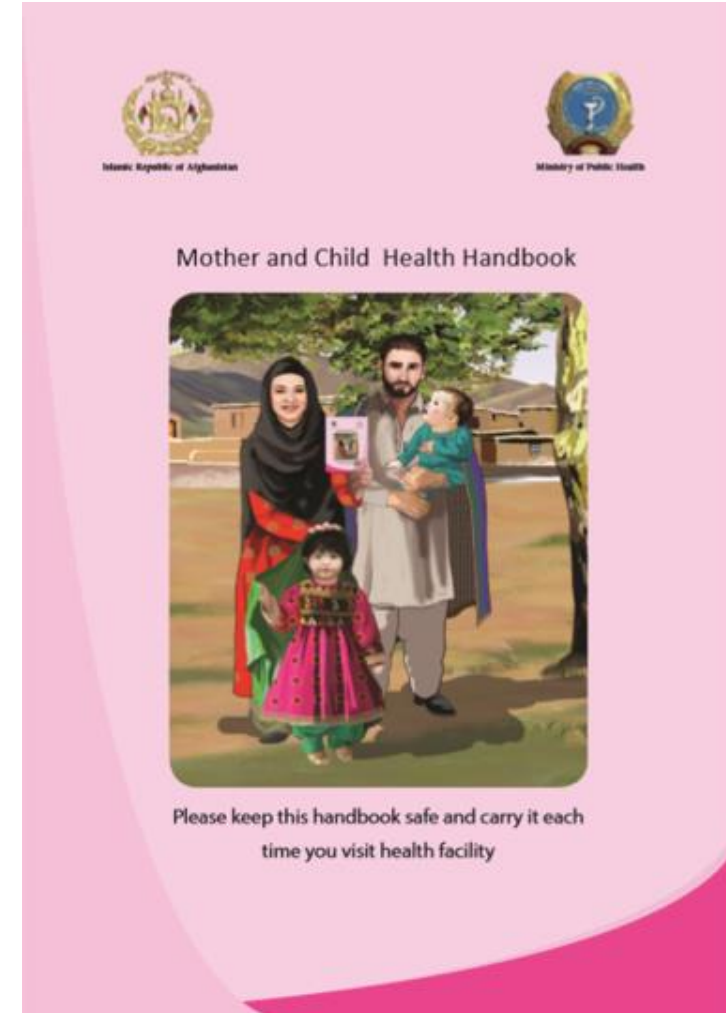


Cameroon is the first country publishing both French and English MCH Handbook, because the national languages of Cameroon are French and English.

Afghanistan



Children at Afghan Refugees Camp in Pakistan. They were born at the camps and had never visited Afghanistan in the moment (1990)



The deputy minister visited a health center in Japan (2016). MCH handbook is expected to save the lives of women.



Maternal and Child Health (MCH) is one of the most conservative health fields

Jomon Era: Japanese prehistory period, dated between 14,000 to 1,000 BC.

Dogu (Japanese terracotta):

Dogu are made of clay and are small, typically 10 to 30 cm high.

Most of the figurines appear to be modeled as female, and they are considered to be representative of mother goddesses.



Jomon Venus: 4,000 or 5,000 years ago
Togariishi Jomon Musium (Nagano, JAPAN)

Take Home Message 3:

Healthcare depends on culture and custom, so MCH Handbook can be flexible.

COMMON FINDINGS

- Health records and information on both a mother and a child
- MCH handbook kept at home

Different FINDINGS

- The size, color, contents and languages are different in countries and areas
- Healthcare services practice, food, and prevention for common diseases are different.



Thank you very much!

British Museum

JAPAN from prehistory to the present

Japan has successfully developed a thriving, modern, high-tech society, while celebrating many elements of its traditional culture.
(British Museum 2008)



Each country will develop MCH handbook for mothers, children and families, while celebrating many elements of its traditional culture!