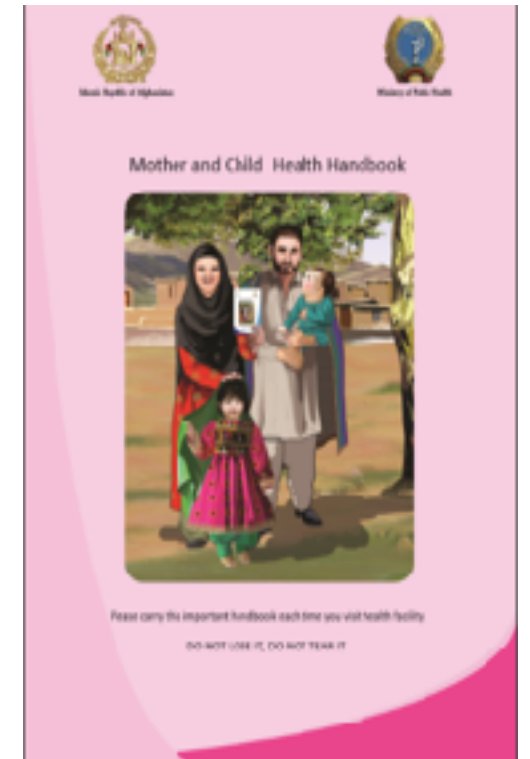




MCH Handbook initiative as a tool for COC and UHC in Afghanistan

BY: Dr . Mohammad Salim Bahadury



Outline

Country profile

MCH Handbook initiative in Afghanistan

MCH HB Contents

Implementation modality

Capacity building

How did MCH HB enhance coordination between distributing points at health facility?

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Universal health coverage through MCH HB

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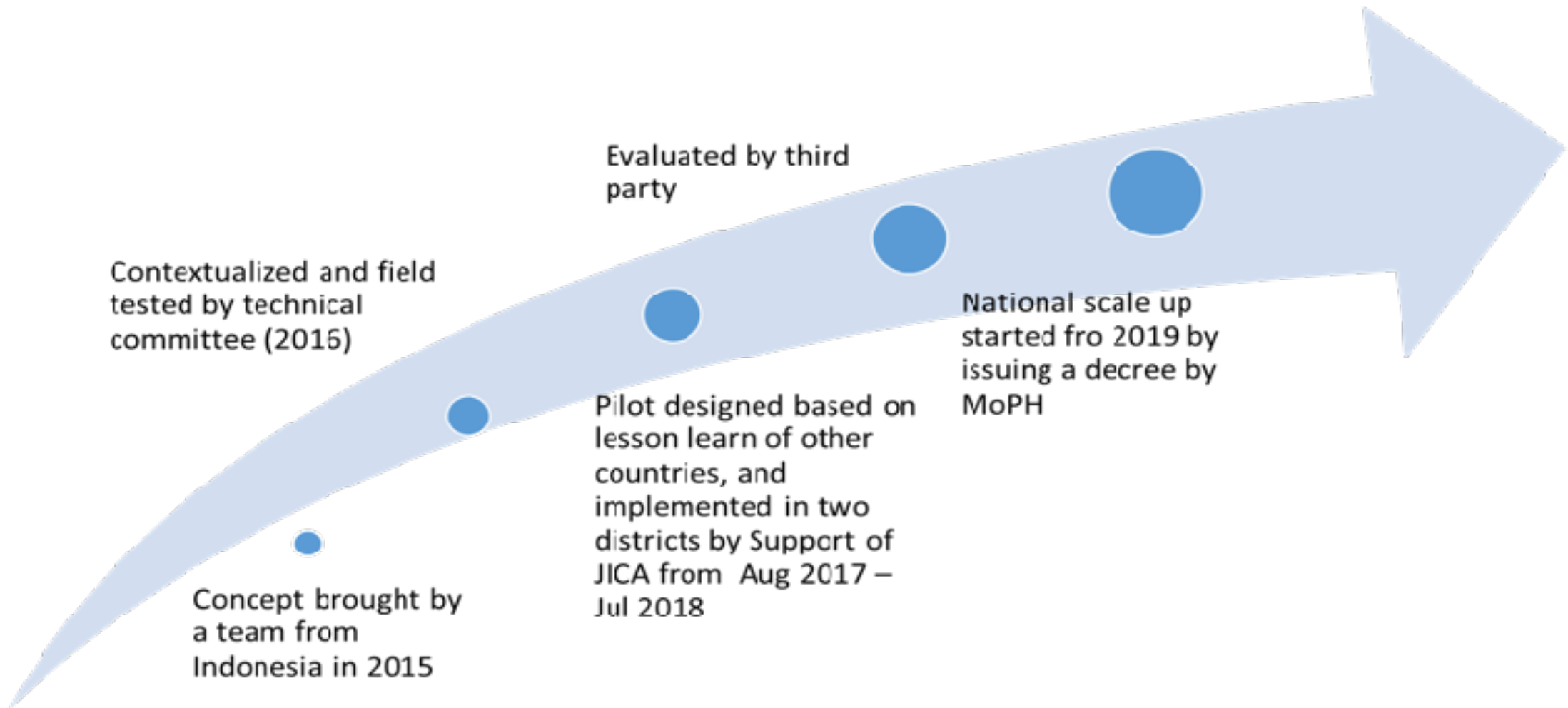
Country Profile



• Total Population	30,000,000
• Growth Rate	2.6%
• Life Expectancy	62 (Men), 64 (Female)
• MMR	661/100000 LB
• Under Five MR	55/1000
• IMR	45/1000
• NMR	22/1000
• CPR	23%
• TFR	5.3
• Deliveries by SBA	51%



MCH HB Initiative in Afghanistan



MCH HB Initiative in Afghanistan (Cont....)



Maternal Health (pregnancy, delivery, post natal)

Health messages +
illustrations

Health records

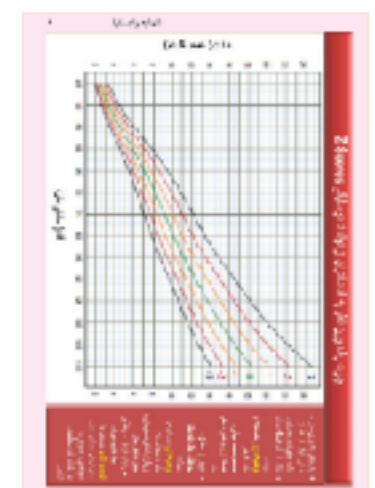
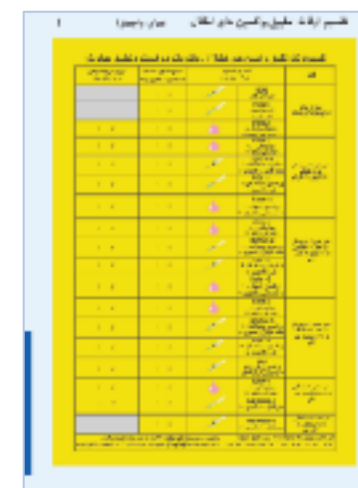
- ANC, Delivery, PNC
- FP
- TT Card

Child Health (from birth to 2 years)

Health messages +
illustrations

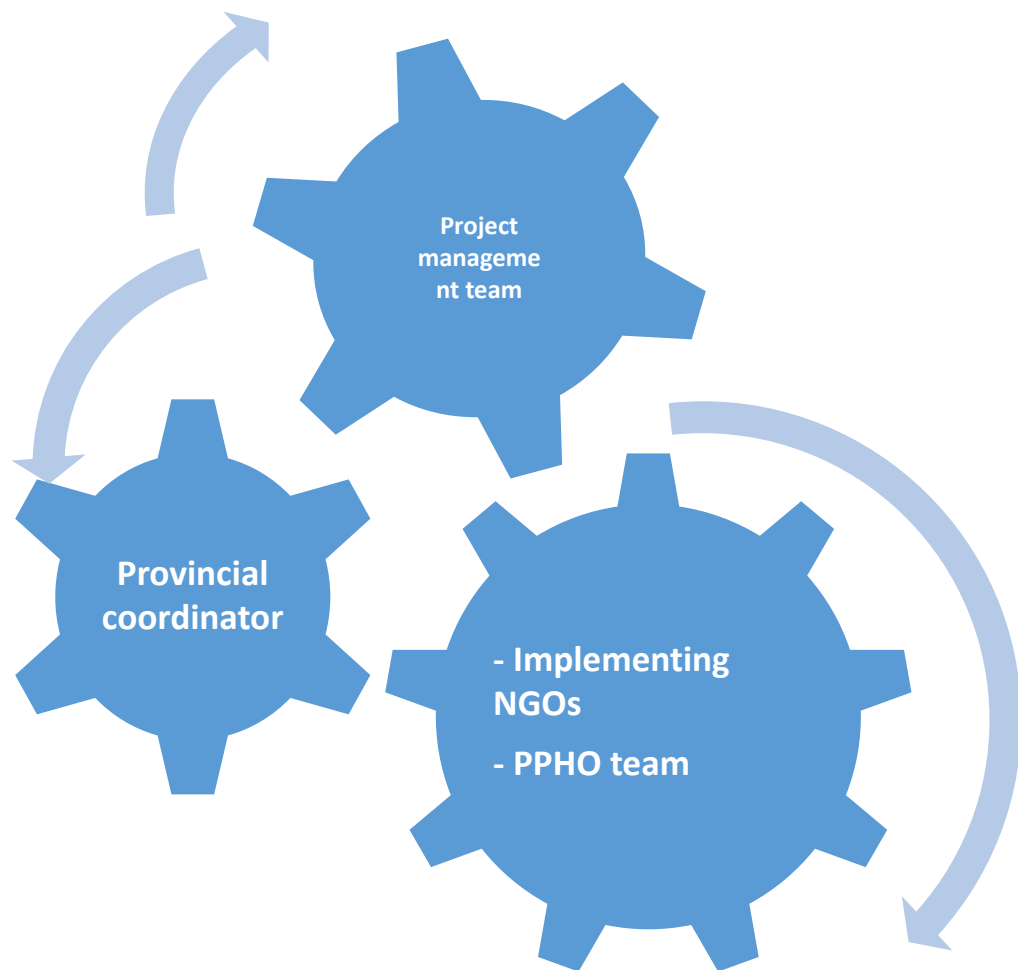
Health records

- Vaccination card
- Growth monitoring





Implementation modality & Phase wise Scale up



First phase (2019):

- Three provinces (Kabul, Nangarhar and Bamyan)

Second phase (2020):

- Eight more provinces will be added (Daikundi, Kandahar, Balkh, Hirat, Badakhshan, Parwan, Kpisa and Panjshir)

Third phase (2021):

- National wide (23 remaining provinces will be added)

Capacity building



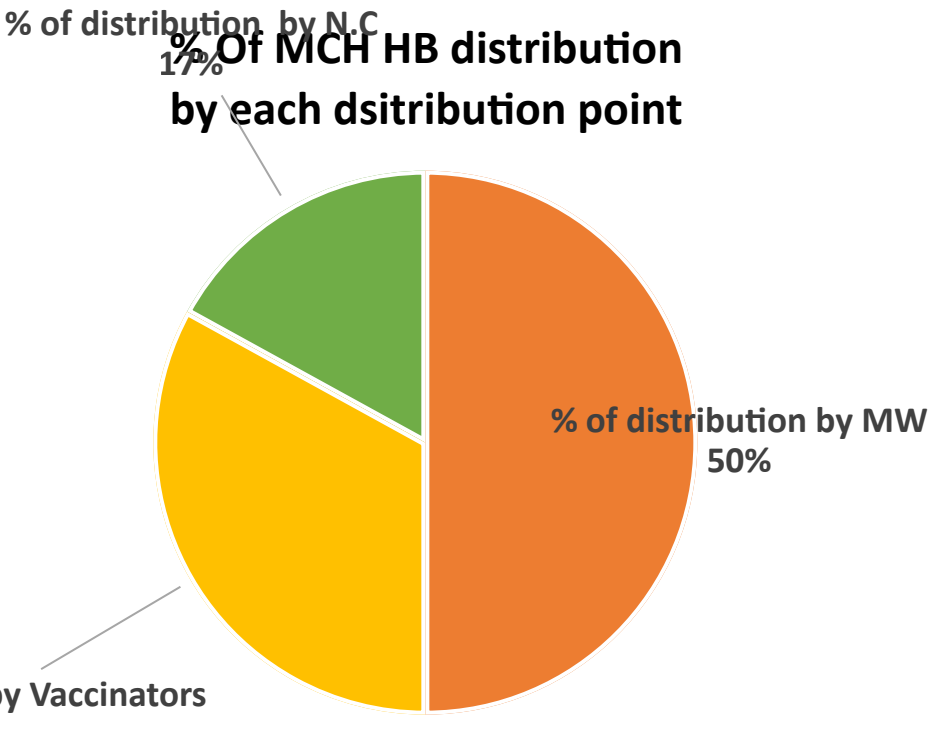
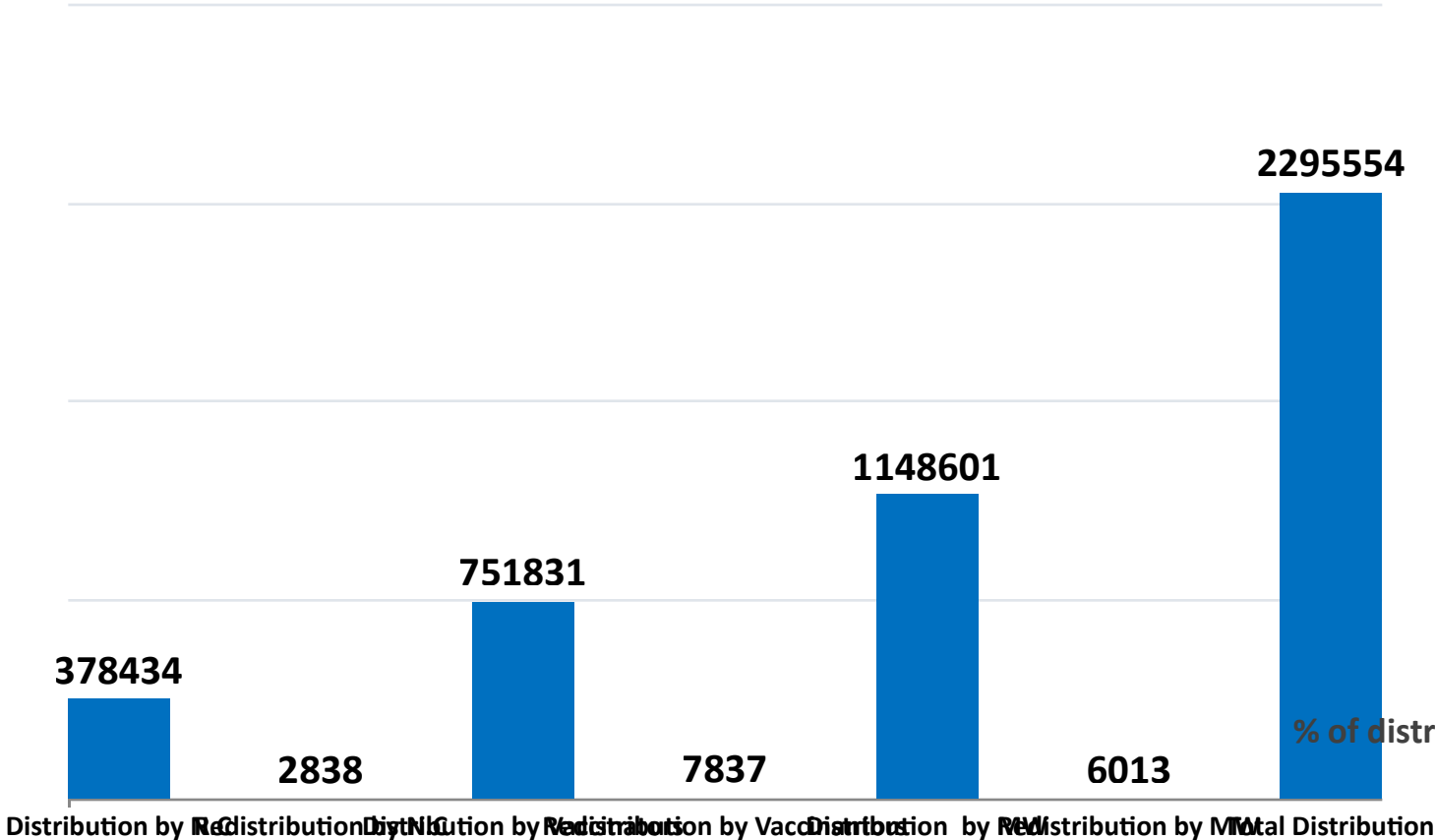
Training micro plan developed:

- ToT training for Technical teams of PPHD & Implementer NGOs.
- Initial training for HCPs(Midwife , Vaccinator & Nutrition counselor).
- ToT training for Community health supervisor (CHSs).
- Orientation workshop for community health workers(CHWs).

Distribution



MCH-HB Distribution by each distribution point

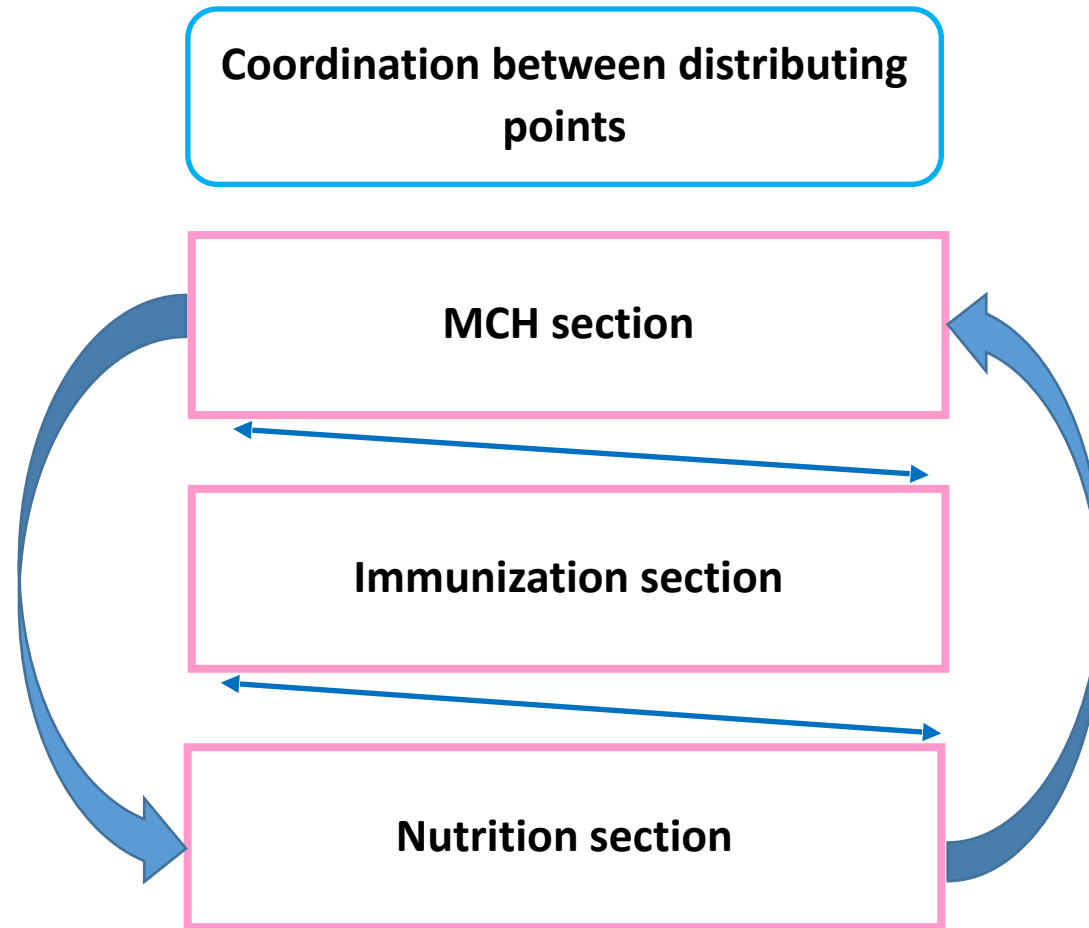


Retention rate 99,3% Re distribution 0,7%

How did MCH HB enhance coordination between distributing points at health facility?



- Interdepartmental coordination
- Regular referral
- Tracking of missed services by each department
- Minimize miss-opportunities



Continuum of care by implementing MCH HB



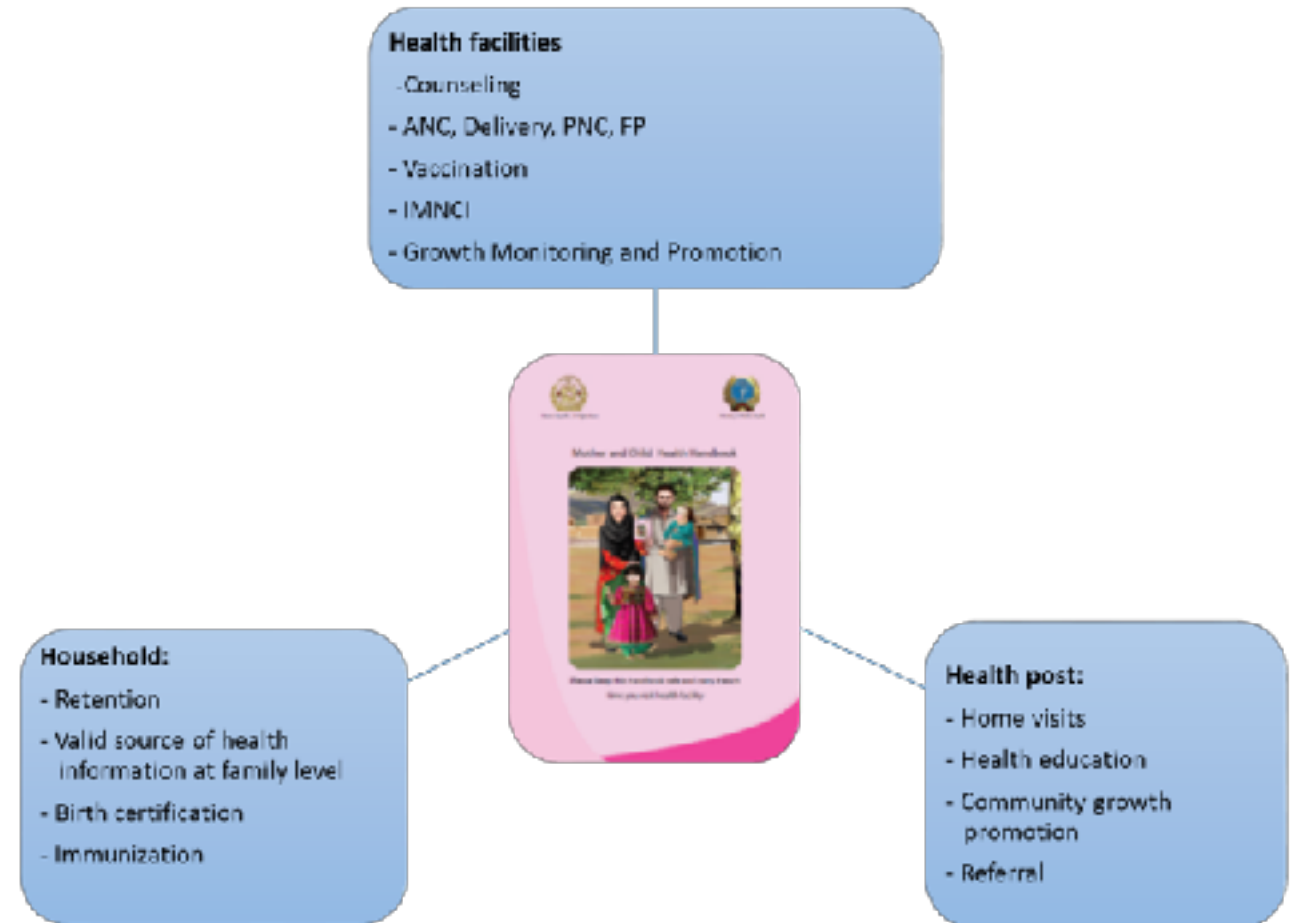
- MCH HB tracks services during pregnancy, child birth and after birth
 - Antenatal care
 - Care during delivery
 - Post natal care
 - Vaccination
 - Nutrition services
- As window of opportunity during first 1,000 days of life



Universal Health Coverage through MCH Handbook



- Distributing MCH HB through public health facilities
- Adopting community based interventions like family health action groups
- Distribution of MCH HB through private sector(Next step)



Monitoring

- Accelerated monitoring plan developed.
- Joint monitoring with PPHDs and NGO.



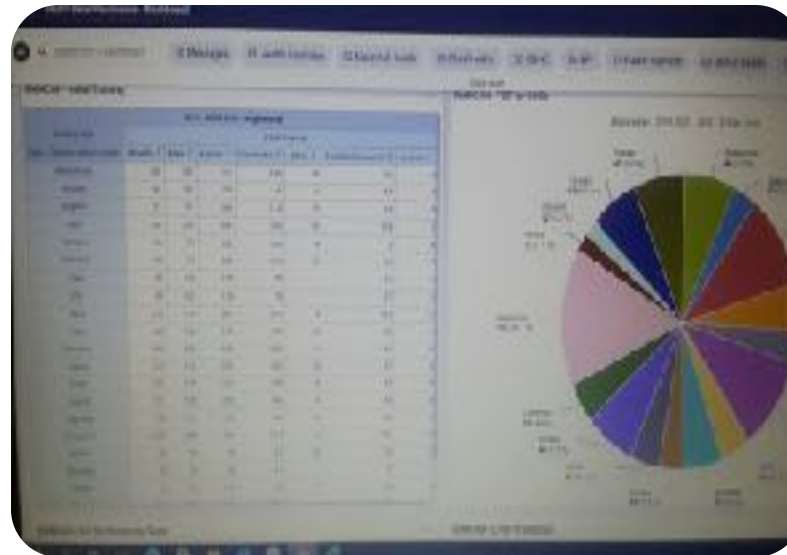
Review Workshops

Review workshop conducted for
Phase 1-2 of Provinces at provincial level.



Promotion of MCH HB

- Facebook page and viber group created.
- MoPH decree sent to all PPHDs and implementing NGOs.
- MCH HB article published in the BMC Public Health Journal.
- An article on MCH HB presented in the FMIC 9th international conference.
- MCH HB presented in the health assembly.
- MCH HB Dashboard created in DHIS 2 to monitor the distribution of MCH HB at national and subnational levels.



Lesson learn

- Involvement of professional associations such as midwifery association is necessary for successful implementation of MCH HB.
- More focus on training of healthcare providers will minimize the confusion during distribution of MCH HB.
- Involvement of community will promote utilization of MCH HB specially male involvement in maternal and child health.
- Coordination at central , provincial and community levels.



Success story

A mother having MCH HB in their hand at corridor of the Health facility and waiting for getting health service from MCH section. When the monitor asked who is this book belong to? she responded “its belong to me”. The monitor asked her do you know the content of this book, and have you ever learned anything about health of mother and child from this book? she said: yes, since I am studied primary school and I learned from written messages as well as pictures of the book, for example before during my previous pregnancy period I don't know regarding care of pregnant women and jumped form stair to the ground and unfortunately I do miss abortion and when I got the handbook and read it specially regarding take care of pregnancy period for the pregnant women I follow the mentioned important message, now fortunately I have a healthy infant.



Costing



Total Contribution (USD)	8,031,623
Total Programmable Amount (USD)	7,436,688
Total Fund Utilization to end of Feb,2021 (USD) <i>(Actual expenditure + Commitments as of the reporting date; excluding 8% Recovery Cost)</i>	5,424,457
Fund Utilization Rate (%) <i>(Based on the above Utilization)</i>	73%

Challenges

- AGEs, prohibited MCH-HB distribution in some provinces (Farah, Noristan & Kunduz).
- Security challenge for conduction of ToT for provincial technical teams at zonal level.
- Geographical and climate issues.
- Corona virus pandemic.



Next step(Integration of MCH HB in the health system &Involvement of Private sector)



- Cost of printing and supply of MCH HB will be included in the contracts of implementing NGOs after end of 2021.
- MCH HB indicators are under process to be included in HMIS
- Coordination with private sector related MoPH directorate as well as private sector association at central and provincial level.
- Conduction of MCH-HB orientation workshop for Private HFs staff in 2022.
- Technical support for implementing NGOs during year 2022.



THANK YOU