



## IF YOU CAN'T FEED A HUNDRED PEOPLE, THEN FEED JUST ONE. – MOTHER TERESA

Nineteen years ago, in South Nepal, as I stepped out of a church service, I noticed an elderly woman begging in front of the church gate. I asked the pastor about her, and I learned she survived by begging because she had no one to care for her. That moment deeply moved me and opened my eyes to the quiet suffering and needs many elderly people endure in Nepal. Later in Kathmandu, I shared this with others and began seeking ways to help. Over the years, through the churches we planted, we supported many in need and started an elderly home. The journey has taught me that caring for the elderly is both demanding and full of needs, yet it is also deeply meaningful. Seeing how many older people live without family support or a safe place to stay strengthened my commitment to serve. Each step has been about restoring dignity, offering care, and bringing hope to those who might otherwise be forgotten in their later years. Here are a couple of stories from a few of them.



### DEV NARAYAN SHRESTHA – A STORY OF WELCOME

Dev Narayan Shrestha is 81 years old. Many years ago, he lost his wife. They never had children, and as the years passed, his home grew quiet and empty. Living alone became harder with age. There were no community or family nearby to help care for him. Dev Narayan asked for help and came to us through the pastor of a local church in 2017. At the elderly home, he found more than just help. He found people who greeted him, listened and shared meals with him. The silence of his old home was replaced by gentle conversations and a sense of belonging. In this new chapter of his life, he has found care, dignity, and the comfort of human connection.



Dev Narayan Shrestha



Dil Maya Sunar

### DIL MAYA SUNAR – A STORY OF RENEWAL

Dil Maya Sunar is 75 years old from Gorkha District, Nepal. She lost her husband many years ago and has only one daughter who struggles to support her own family. As Dil Maya grew older, life became very hard. There were days she did not have enough food or warm clothes, and loneliness filled her small home. With little choice but hope in her heart, she came. Since coming there, Dil Maya has had regular meals, fellowship, prayers, a safe place to sleep, and caring people around her. She no longer worries each day about survival. Instead, she lives with simple comfort. She is quietly grateful for a place where she is remembered and cared for.

## HUM BAHADUR SHRESTHA (MAITE BAJE) – A STORY OF BELONGING

Maite Baje lived most of his life alone, never married. Age eventually reduced his strength, and with no family to support him, even basic needs became uncertain. When he came to the elderly home in 2018, what changed his life was not only food or shelter, but how people spoke to him—with respect, patience, and warmth. Slowly, the lines of worry on his face softened. He began to smile more. Those who serve him often reflect that his quiet thankfulness speaks louder than words. To care for him is to be reminded that every person deserves to be seen and valued.



Maite Baje

## WITH GRATITUDE

Special thanks to Tor Inge and the Vasshus family for your faithful support over the years and your visit in 2006. We are deeply grateful for your encouragement and generosity. Your partnership has helped create a home where lives are honoured and care is given with joy. We truly appreciate the difference you have made.

*-Sudip Khadka*



Older picture with me & elderly people from our home

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<https://globeintl.org/members/sudip-cfa>



### Please Join Us in Prayer

1. Please pray for the cook and caregivers who faithfully serve the elderly each day. Their work can be physically and emotionally heavy, so pray for strength, patience, and encouragement for them.
2. Pray for good health and protection for both the staff and the elderly.
3. Pray for provision for medical needs, because in Nepal, medical care, hospital visits, and medicines must be paid for, and there is no insurance coverage.

4. Pray that the work will continue to provide a place of care, love, and hope for those who have nowhere else to turn.

*Thank you for standing with us through your prayers, encouragement, and partnership. Together, we are witnessing God's faithfulness unfold in powerful ways across Nepal.*