



Welcome to the Comboni Missionaries' Newsletter

Thank you for subscribing to the newsletter of the Comboni Missionaries in the United Kingdom. Please enjoy this week's latest blogs from our Communities across the world! We upload new articles every day – to read them throughout the week, visit our website at the link below.

African Proverb of the Week

"The heart is like a goat, it must be tied up" (Sotho-Lesotho)

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Herbs & Plants.
Pelargonium
sidoides, a
medicinal plant for
respiratory
diseases

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Reflection.
Economy Must
Have a Human
Face

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**Panama. The Black
Christ of Portobelo**

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USA. Latino migrants:
"Hope must never



Bible and Mission.
Samuel. Listening



**Oral Literature. The
Wisdom of Kalaga**

disappear from our
lives”.

to God’s Voice

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