



## Welcome to the Comboni Missionaries' Newsletter

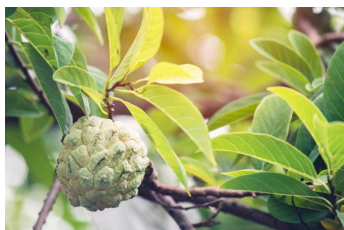
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### African Proverb of the Week

*"We are people because of our people."*

(Sotho, Lesotho)



**Herbs & Plants.**  
**Annona Reticulata.**  
A powerful fruit plant with medicinal benefits.

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**Kenya. Providing a future and dignity**

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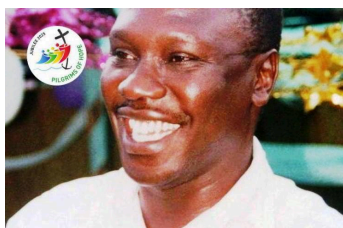


**Mission Diary.**  
**Walking with the youth.**

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**Jubilee Reflection.**  
What is there to hope for?



**Witnesses of Jubilee.**  
**Uganda. Lukwiya Matthew.**



**Herbs & Plants.**  
**Acacia senegal.** A plant with potent effects that provide relief.

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