Pushing the boundaries

Capital Kids Cricket: Impact Report 2021/22

Celebrating 33 Years of Community Cricket





Making a difference

Haydn Turner, Chairman



It is with some pride that we present this report because, in our 30+ years, we have succeeded in contributing to the wellbeing of thousands of London children and to their communities.

We started as a small charity with the dream of increasing the playing of cricket in state schools. Amazingly, not only have we succeeded in this but, by adapting the creativity and skill of our professional coaches we have used their ethos of cricket for hospitals, children with special needs, refugees and kids with severe behavioural

problems. When I read this report, I am amazed at what our professional team and volunteers have achieved, thousands of children involved playing good competitive cricket, new junior clubs, parent and community groups involved. Wow!! What a story.

We are an independent charity with small overhead costs. Thank you to all, coaches, volunteers and of course our funders. There is an increasing need in all our communities for activities that contribute to physical and mental health and wellbeing. Capital Kids has proven to be a force to meet these needs and, with more funding, we can do even more.

Shahidul Alam Ratan, CEO



It gives me great pleasure to extend my warm congratulations and thanks to all our past and present trustees, staff, volunteers and supporters who have helped to shape Capital Kids Cricket over the last 33 years and led it to where it is today.

We are a thriving, dynamic, grassroots charity that responds to the needs of the communities across the city and beyond. In many instances our projects are unique, even pioneering, from community cricket clubs, to work with women and girls, families, hospital

schools, and refugee engagement both here and abroad.

The coming years will be both exciting and challenging as we expand to new areas and support even more communities, families, and young people. The cost of living crisis will have a significant impact on everyone and we hope, with your support, we can ensure that no child, young person, or family misses out due to financial difficulties.

I am delighted to welcome Nasser Hussain OBE as our President. With his input we will do even more for disadvantaged children and young people.

I would also like to say a big thank you to all our funders, partners and supporters.

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Donate

If you would like to donate to Capital Kids Cricket and help us change the lives of disadvantaged children and young people across London, please visit:

www.donorbox.org/ckc-donate

Any donation you can make is a huge help to us!

If you would like to donate by cheque, these can be made payable to 'Capital Kids Cricket' and sent to our office address:

Capital Kids Cricket 157 Tennyson Road, London, E15 4DR

Acknowledgements

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Our story

CKC was set up in 1989 by Haydn Turner and Bill Greaves, two accomplished businessmen, friends and passionate life-long cricket supporters. Both wanted to address the lack of cricket on offer in London and regenerate cricket in schools.

By 1991 CKC had gained momentum and joined forces with other initiatives focused on establishing cricket in schools including the London Schools' Cricket Association (LCCA) and the London Schools' Cricket Project (LSCP) and in partnership they were operating across 19 London boroughs.

This mission has remained the same since 1989, although the charity has evolved and alongside its work in schools across London, it delivers projects in hospitals, at junior cricket clubs and is now actively involved with refugees in the UK and in Lebanon. CKC has remained true to its goal and has sought to use cricket to unify people regardless of their differences – both socially and culturally – and bring communities together.

Since 2015 the charity has been steered by Shahidul Alam Ratan who is the CEO and Head of Development for CKC. The charity has an active and accomplished board of trustees under the direction of Haydn Turner, who had the vision all those years ago, and John Challinor, who has been involved since 1991 as part of the partnership with the LSCP and LCCA.





Why cricket?

Cricket is an individual game within a team environment. While all members of the squad need to work together to win each game, individual batters might hit hundreds, star bowlers might take multiple wickets and a fielder might take a spectacular catch.

This blend of team and individual sport is invaluable when working with children. Playing the game, children learn to take responsibility for themselves – and to make the most of the opportunities available to them. But, while playing, children also learn how to balance their individual achievements with teamwork: they learn to recognise their strengths but also their weaknesses, and they learn to recognise that great achievements can only come from working together.

One of the most popular sports in the world, cricket is a unifying force. Regardless of ethnicity, gender, religion, class or sexual orientation, cricket reaches across boundaries and brings people and communities together. Through participating in cricket, young people have the opportunity to meet and socialise with others from a wide variety of backgrounds – cricket can be a platform for kids to learn the strength which comes from diversity.

While many sports can say the same, we believe that the spirit of cricket in particular sets it apart. The game is run on the basis not only of rules, but a deeply ingrained sense of fairplay – respect for others whether they're in your own team, in the opposition or the officials applying the rules of the game – is an essential part of the sport. The spirit of cricket is one of fairness and generosity – which makes the sport a powerful tool for teaching children the vital social skills which will set them up for life.

Physically, contrary to some beliefs, cricket is also a demanding sport. The game requires both endurance and the ability to perform short, sharp, explosive movement. Players need to be able to spend hours in the field, but also move at a moment's notice – to hit the ball, sprint between creases, run and jump and dive in the field.



The importance of sport

Why is it important for children and young people to play sport regularly?

- Social
- Improving communication skills
- Working as a team
- Interacting with friends
- Meeting new people

Emotional



- Improving concentration and focus
- Learning to deal with winning and losing
- Improving quality of sleep
- Building confidence and self-esteem
- Relieving stress and depression

Physical



- Aiding healthy growth and development
- Developing skills (e.g. hand-eye coordination)
- Helping to develop stronger bones, muscles and joints
- Maintaining a healthy weight
- Developing a lifelong habit of regular exercise
- Improving posture and balance
- Maintaining and improving flexibility
- Improving cardiovascular fitness

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Bowl Out Racism

Workshops delivered:32Total sessions:178

Initiated in October 2021 and officially launched in January 2022, following Azeem Rafiq's testimony and the Yorkshire cricket racism scandal, our Bowl Out Racism Campaign aims to eliminate racism and all forms of discrimination from cricket and society as a whole.

Using an approach built around education, awareness raising, and respect we are working towards the campaign's goals through running workshops for both children and adults at clubs, schools and within communities.

Since the launch we have delivered 32 workshops at schools and clubs.



Tom Harrison, former ECB CEO, holds a Bowl Out Racism shirt at our launch event



ICC Men's World Cup Trophy Tour

Bowl Out Racism has been endorsed by the England and Wales Cricket Board and, with their support, we were fortunate to be granted access to the ICC Men's World Cup Trophy (won by England in 2019) for a month in early 2021.

Across the month, we took the trophy on a tour to schools, clubs and communities and promoted Bowl Out Racism's goals.

In total we visited 75 locations and just under 10,000 people had an opportunity to see the trophy.



The future

We are actively working to secure funding that will allow us to take the Bowl Out Racism campaign to the next level. If secured, we aim to expand this campaign across the UK through recruiting and training volunteers. Once trained, they will be able to deliver workshops and raise awareness in their local areas, bringing about long-term change from the grassroots up.

How can you help?

Support our Bowl Out Racism campaign by joining us as a voluntary ambassador or donate to the campaign using the QR code. To find out more email us at <u>office@ckc.london</u>





Clubs

Our clubs are more than just places to play cricket. As community hubs they bring people from all backgrounds together. They bring communities together and allow us to tailor our work to best serve and respond to local needs.

As cricket clubs they provide high quality coaching that enables children and young people to become the best cricketers they can be, including access to pathways to both the recreational and professional game.

As educational centres they promote personal development. We empower children and young people through life-skill activities that teach them skills they will use their entire lives. For young adults and adults we provide access to coaching courses, enabling them to learn an employable skill.

The future



Thanks to funding from the John Lyon's Charity we will be supporting the development of two junior clubs each year for the next three years. In 2022/23 we will be working with two clubs we set up, London Tigers Junior CC and Regent's Park CC, to help them to establish a girls' section and improve their outreach respectively.

By 2025 we will have used our extensive knowledge and experience of running junior cricket clubs to improve six junior cricket clubs across central and west London. Allowing us to enhance the lives of more children and young people than ever before.

How can you help?

Our clubs are in need of sponsors to help cover the costs of buying kit, equipment and, most importantly, helping to subsidise the costs of membership and match fees for disadvantaged children and young people.

If you, or someone you know, might like to sponsor our junior cricket clubs please contact: joe.fisher@ckc.london_

Total participants: Total hours:	423 788	
Total sessions:	168	
Workshops:	14	

Tower Hamlets CC

Based in Victoria Park (summer) and Stepney Green School (winter) Tower Hamlets CC was set up in 2009. It is our most well-established club, with a strong junior section and three adult teams (primarily made up of young adults from across the borough) who compete in the Middlesex County Cricket League. The club achieved Clubmark accreditation in 2022.

We would like to thank Middlesex Cricket for their support in developing the junior section at Tower Hamlets CC and providing great experiences for participants, such as visits to Lord's and forming a Guard of Honour ahead of matches.

Mustafa's story

Mustafa, 9 years old, joined Tower Hamlets CC last year. Since then he has grown in confidence. This is his story, as told by his mother:

Mustafa played with other children of his age and made new friends. He looked forward to every Thursday, knowing he would see his friends and get to play alongside them. The great coaches at the club taught Mustafa new skills and ensured he enjoyed each session. They met his needs and talked through where he needs to improve. They encouraged him to do better and Mustafa gained immense knowledge of the game through them. Mustafa loves cricket and this was a great opportunity for him to improve on his existing skills. When he started off, he only enjoyed batting but throughout the weeks of practice, he has also learned to enjoy bowling, catching and fielding.

Above all, he has become a more confident boy and his social skills have also enhanced. Playing any sort of sport is important for children, as it gives them the opportunity to stay physically fit and also lets them meet new people of all ages and backgrounds. Mustafa is very passionate about cricket and we are grateful to the club that they have created a platform for young people, where they can go into a safe and happy environment to take part in a sport that they really enjoy playing.



West Ham and Stratford CC and Leyton Wicketz CC

Our two Lord's Taverners funded clubs, West Ham and Stratford CC and Leyton Wicketz CC have been running since 2011 and 2017 respectively. Run purely as junior cricket clubs, they both operate as stepping stones on a child's or young person's cricketing journey from the school playground to competitive adult cricket or even age group county cricket.

Developing the abilities of the participants at our clubs and improving their skills and confidence is a huge part of the work we do. Whether through the way we deliver our cricket sessions or the numerous and varied workshops that we run, we consistently work on developing skills such as teamwork, communication, self-confidence, resilience and leadership. I have seen a huge change in my children's confidence and cricketing abilities. It was so important for me that the kids enjoyed themselves and after every single session all they wanted to do was come home and play more cricket!

As someone who has loved cricket since I can remember, it brings me great joy to see my family enjoying cricket as much as I do!

I have made new friends and the coaches are teaching me new skills that I was not aware of before.

I made lifelong friends.





Women's and girls' club cricket

Thanks to funding from the Postcode Society Trust, 2021/22 was a big year for women's and girls' cricket at West Ham and Stratford CC, and Leyton Wicketz CC. At both clubs we have been able to establish girls' teams with regular training throughout the year as well as women's only cricket sessions at Leyton.



Each of these sessions is well attended and we are delighted to have formed the foundations for what, in years to come, will be a fully established women's and girls' section at each club. By next summer (2023) we aim to enter at least one girls' junior team into the Metropolitan Essex Cricket League and, by 2025, aim to have at least two junior sides at each club and a combined women's adult team established and playing in matches.

What participants enjoyed most about the sessions:

Being actively involved. Being free to enjoy without pressure. Not worrying about boys being there. Having challenges sometimes with the mum activators playing against us.

Variety of training and warm up activities. Really good professional coaching. Lovely atmosphere. The range of physical activities and the excellent coach. Learning new skills, meeting new people, and playing actual cricket.

London Universities CC

Having run cricket sessions for women's university cricket clubs since 2016, we set up London Universities CC as a team that brought together and provided playing opportunities for experienced players from King's College London, University College London, Imperial College London and the London School of Economics.

In their first year the club played friendlies in the summer against women's cricket clubs across London and took part in the Surrey Women's Smash It Indoor League – a competition that they went on to win, losing only one game in the process!



Holiday camps

Total participants: Total hours:	255 256	
Total sessions:	64	
Total workshops:	16	
Sports leaders trained:	8	

Intrinsically linked to our club projects our most recent holiday camp activities ran in West Ham Park, Leyton Sports Ground and Weavers Fields (Tower Hamlets) during the Easter, May half-term and summer school holidays.

Responding to multiple needs the holiday camps keep children and young people physically active, prevent boredom, prevent antisocial behaviour, attract new club members and, where funding is granted (thank you to the East End Community Foundation), tackle food poverty through providing cover for free school meals.

As with our clubs, the holiday camps not only provide children and young people with expert cricket coaching, but also include life-skill workshops and activities designed to improve and develop skills such as leadership, communication, resilience and teamwork.

Over the last year our holiday camps featured: first aid courses, eco-art and orienteering workshops in partnership with West Ham Park, talks and activities based around maintaining a healthy diet, a session with local police officers at Leyton Sports Ground and an accredited sports leaders course.

The future

Over the next year we hope to expand our holiday camp provision to include camps in both central and west London while continuing to extend their delivery with new workshops and approaches to teaching life skills.

How can you help?

Funding and support is required to expand our camps to new areas, other times of year (October half-term, Christmas, and February half-term), to develop new workshops and, most importantly, provide cover for free school meals for all children who attend our camps throughout the year.

To donate to our holiday camps project please use the QR code or email <u>office@ckc.london</u> to find out more about this project and how your support will help.





Refugee cricket projects

585	
250	
184	
85	
	250 184

We began working with refugee groups in 2014 and, since then, this work has expanded to include cricket for multiple refugee groups in east London. In 2018, working with the Alsama Project, we introduced cricket to Syrian refugees living in the Shatila refugee camp in Lebanon. Most recently we ran sessions and provided support for families who fled Afghanistan in August 2021.

East London refugee cricket

Throughout the year we run cricket sessions for young refugees at two locations in east London – Leyton Sports Ground and Newham Leisure Centre, where we support Dost, a charity that works with refugees and asylum seekers.

Qayum's story

Cricket is hugely popular among the predominantly Afghan refugees that we work with and, for young people such as Qayum, our sessions provide an opportunity to meet new people, develop English language skills and settle into new surroundings. Here is Qayum's story, as told by his carer:

Qayum arrived in the UK in June 2021. He started his life here with a few friends who he met on his journey who all went in their own direction once in the UK. Like most kids from Afghanistan he probably had some anxiety about where he would be placed to live.

He has since been living with us and we have gotten to know his hobbies and interests. Cricket is top of the list and the Capital Kids Cricket was introduced to us by his Social Worker, and he has been regularly attending ever since.

CKC's sessions were a great place for Qayum to meet other teens from his country and from other parts of the world. This helped him develop his English communication as well as build friendships with others.

He has been excited recently as we have started to purchase the right equipment for cricket training and is very proud to walk around with his big bag on his back.

Welcome to London project

In August 2021, following the events that led to Afghan families fleeing the country and coming to the UK, our work with refugees in London took on new significance. Using our network of contacts, developed as a result of our ongoing work with refugees in London, we were able to reach out to the nearly 200 families living in hotels in Russell Square, Camden, and provide immediate support.

Having fled under traumatic circumstances they arrived in a new country. Most of the families, especially children, did not speak English. We knew settling into life in London would be a challenge for them. To help overcome this we began work with the families within a week of them arriving – delivering cricket sessions for the children and young people and aerobics/ physical activity sessions for mothers – sports, we know from experience, can provide relief from trauma, allowing children and young people to express themselves, have fun and escape from the stresses they face and have endured.

Starting at first in a small park near the hotels we were eventually able to take the children and young people for weekly sessions at the MCC Academy, Lord's. Making use of the free slot that the MCC graciously provides us each week and using our own funds to arrange for the children to be transported to and from the hotels.

Following the success of our work in Camden we were approached by Kensington and Chelsea to provide similar support for refugee families housed in hotels in their borough. With the council's support we ran cricket sessions, including a trip to Lord's, for children and aerobics classes at the hotels for mothers and daughters.



Our work with these families gained national recognition and was featured as a special report in the Daily Mail

CKC in Lebanon

Having first taken cricket to three of Lebanon's Syrian refugee camps in 2018, the sport is now thriving among children and adults alike with over 500 participants taking part in weekly sessions across 10 hubs, split across three refugee camps – Shatila, Bourj (both in Beirut) and Bekaa, in the Bekaa valley.

Through our partnership with Alsama – a Beirut based charity that works with the refugees at each camp – we had returned to Lebanon regularly until the Covid-19



pandemic. With three years having passed since our last visit, we were keen to return. In June 2022 we spent 10 days spread across the 10 hubs and were delighted to see the progress made by both the coaches and participants.

With both refugee coaches and participants essentially learning the game at the same time, our work in Lebanon centres predominantly around coach education with each visit consisting of weekends full of cricket sessions for children, shadowed by Alsama's coaches, and weekdays used to run staff training.

Maram, the Iron Butterfly

The children and young people at each camp are truly remarkable, despite fleeing war, experiencing unimaginable traumas and living in cramped refugee camps, they are full of joy and talent, committed to their education and passionate about cricket – a sport they have grown to love.

Nicknamed the Iron Butterfly, due to her strength of character and the way she feels when she plays cricket, Maram, a 15 year-old girl who lives in the Shatila camp, is the embodiment of this:



"The nice thing about cricket is that, when you enter the playground, you become another person. I feel like I am a butterfly moving between the flowers, I forget all the stress, the war and destruction. Before cricket, my family didn't want me to play cricket with boys, or wear certain clothes, but now, because of cricket, I am an assistant coach and I can wear whatever I want. I can communicate with all types of people and I am confident.

I make many mistakes with my English language, but cricket taught me: no pain, no gain. I have to make mistakes, but the special thing is I have to learn from the mistakes.

After three years of playing cricket I am another girl. I am a girl with values, a girl with confidence, a girl with a personality."



The future



With funding from the John Lyon's Charity and the City Bridge Trust, we are able to continue supporting refugee groups across London and, over the next year, will be engaging with new groups across central and west London. In addition to this, we will also be establishing and improving our support network, enabling us to signpost the refugees we work with to services they may require, such as English language classes, support with housing or assistance with their education.

If we can secure funding, we will return to Lebanon in 2023 to continue our work with the children, young people and coaches at each of the refugee camps and expand activities at the Bekaa refugee camp.

How can you help?

With your help we can raise the funding required to return to Lebanon and continue our work with the Syrian refugee children and young people who, through a love for cricket, have found joy and inspiration.

Please donate now using the QR code or email <u>office@ckc.london</u> to find out more about our refugee projects and how you can support them.



Hospitals

Total participants:	141
Total sessions:	201

Our hospital programme returned to almost full capacity in 2021/22 after being run at a reduced level due to the Covid-19 pandemic. Given the impact of the pandemic on some of the patients it was needed more than ever.

Evelina, Great Ormond Street Hospital (GOSH), and the Royal Marsden

The young patients at the Evelina, GOSH and Royal Marsden hospital schools suffer from a range of physical illnesses and health problems, such as cancer and rare diseases, that often require treatments lasting years.

Our weekly sports sessions provide a joyful escape for these children that is evidenced by the beaming smiles that greet our specialist coaches, Denise, Ray, and Paul, the moment they appear within the school and on the wards.





I like how fun Ray and Denise are and they always think of good games that everyone can take part in. I enjoy taking part and doing sports activities. It's a nice, fun space.

The sessions are awesome!



Chelsea Community Hospital School and the Royal Free

The Royal Free and Chelsea Community Hospital School (CCHS) (operating across numerous sites) provide specialised care for children and young people with a wide range of mental health challenges including psychosis, personality disorders, depression, self-harming, suicidal feelings and eating disorders.

Our work at CCHS is unlike any of our other projects. Denise, our specialist Inclusion Coach, uses a variety of sports and activities to engage with the

children and young people at the hospital, but the true impact of her work comes from the unique way in which she builds trust and relationships with them. In doing so, Denise supports patients through their treatments, provides an escape from the traumas some of them have experienced in their lives, and brings joy and smiles to their faces through the various activities she runs – from teaching children to crochet, to playing tennis and carving halloween pumpkins.





In the last 12 months Denise has also taken on extra responsibility at CCHS and now drives the school's minibus, taking children from the hospital on trips to places such as museums, farms, theme parks and to attend weekly swimming lessons and horse riding.

Denise has excellent relationships with the children on the unit and they are always pleased to see her. She is very good at quickly getting to know them and tailoring her input to their strengths and/or needs.

I love going out on trips. Nice days out with the school, Denise, Mica and Janette.

> I love PE with Denise, kurling is so much fun.

PE helps me with my physiotherapy exercises.

The future

The next 12 months will be an exciting time for our hospital school projects as we expand to St George's hospital in south London and, with funding from Children in Need, bring a new way of working to the hospitals.

From November 2022, we will begin delivering sessions at St George's hospital in Tooting, working with children at the hospital school with physical health problems as well as working at their Springfield site with young people with mental health difficulties.

Over the next 12 months we will be working with Evelina, GOSH, and the Royal Marsden to run a new virtual hospital project which aims to link our hospital sessions online. This will allow children at each hospital to interact with each other and form new friendships while taking part in small games and competitions together.

How can you help?

You can donate to our hospital projects using the QR code. Your donation will help us to continue our work at each hospital and train new coaches who will enable us to work with even more children and young people.

To find out more about the hospital projects and how you can support them, email <u>office@ckc.london</u>



Competitions

Total participants:	2,354
Total matches:	485
Total boroughs:	16
Total teams (including schools): 161	

The future

Due to a lack of funding, we were unable to run some of our regular competitions last year but are hopeful of securing funding to bring them back in 2022/23. These competitions include:

The London Sixes – a six-a-side league which, from 2022/23 onwards, will be a women only competition.

The Inclusion Cricket League – a unique competition for children with special educational needs and disabilities (SEND) that uses an adapted form of cricket to provide children with an opportunity to represent their school – an opportunity they may not otherwise get.

How can you help?

All our competitions are in urgent need of sponsorship/funding to ensure they can continue to run. Without funding, we will need to reduce or stop these unique and memorable experiences for disadvantaged children and young people across London.



If you, or someone you know, can help with funding our competitions, please contact us or donate using the QR code.



William Greaves Trophy

Every year the William Greaves Trophy, our flagship primary school competition and one of the biggest of its kind, provides an opportunity for year 5 and 6 children from state primary schools across London to take part in indoor, softball, cricket matches and coaching sessions at selected schools.

Teams, consisting of five boys and three girls, compete against schools within their borough before progressing to a semi-final and then the grand-final day at Lord's.

In the 2021/22 competition 134 schools from 15 boroughs took part, with Little Ealing Primary School coming out on top as champions for the second time in three years.

From 2022 teams will be made up of four boys and four girls.



We loved going to Lord's.

The Capital Kids programme is a wonderful opportunity for pupils from London. The team is doing incredible things and we are so privileged to be a part of it.





It was a fantastic event and we would love to be involved again next year!

The Hundred Blaze

Previously run as the T20 Asia Blaze, The Hundred Blaze provides an opportunity for young aspiring cricketers to represent the country of their heritage. Adopting the format and rules from The Hundred, the competition ran across two days in the Easter school holiday and featured Bangladesh, India, Pakistan, Sri Lanka, West Indies (ACE Programme) and Afghanistan teams.





The Trailblazer Trophy

The Trailblazer Trophy, run as part of our university women's cricket project with support from the Surrey Cricket Foundation, brings together students from King's College London, University College London, London School of Economics and Imperial College London for softball indoor training and matches between October and March each year.



Matches are played between teams formed of students from each university with a mix of abilities from complete beginners to experienced club cricketers.

Bangladesh District Cup

The Bangladesh District Cup, supported by CKC since 2019, brings communities from across the UK together each year to take part in two weeks of competitive cricket action.

The 2022 competition, featuring players representing 12 districts in Bangladesh (up from an original six), ran in Seven Kings Park with 20 matches played by 225 young players and adults.



Schools

Total schools worked in:	36
Participants coached:	3,137
Boys:	1,657
Girls:	1,480
Hours delivered:	1,570

Coaching in schools

In 2021/22 we delivered coaching sessions in 30 mainstream state schools, delivering 1,282 hours of coaching including year-round delivery at Grasmere Primary (Hackney), New End Primary (Camden), and Kaizen Primary (Newham) who became the latest school to directly fund our coaching sessions.

However, there has been a decline in the number of mainstream state schools that we coach in across London over the last 10 years. This is in direct correlation with a gradual reduction in funding available to deliver such sessions.

Where we do work, we deliver a tangible change to the lives of the students we work with. With this in mind we have adapted our delivery to work with pupils in referral units and alternative provision schools.



Kaizen Primary School

Ray Tudor, CKC's Head Coach, initially began coaching at Kaizen via Chance to Shine's school programme. Such was his impact, however, that, after the Chance to Shine hours had been completed, the school chose to fund year-round sessions.



Ray and the children at Kaizen Primary School in Newham.

Jamie's story

Ray has been coaching Jamie^{*} for a year and his parents have seen the positive impact Ray's sessions have had:

Jamie has never been so excited about an activity before, and it has really brought his confidence out. He is absolutely desperate to continue cricket lessons, and it is the only sport he has shown a real interest and passion in, which is absolutely testament to Ray's inspirational teaching.

Having been along to a couple of the family sessions, I have witnessed how brilliantly Ray worked with all the children of all ages and abilities. I really hope that Kaizen is able to continue to use Ray for cricket lessons going forward, and that Jamie is lucky enough to be able to continue lessons with him.

Thank you for bringing out the best in Jamie and getting him excited about sport.

*name changed for confidentiality.



Pupil Referral Units/Alternative Provision Schools (PRUs/APSs)

PRUs/APSs provide support and education for children and young people who have struggled in mainstream education and have been excluded or expelled. Aiming to support pupils back into education their pupils can be vulnerable to involvement in drugs, violence, and gang-related crime.

We began working in PRUs in 2019 and are now working in four PRUs/APSs across east London – Hawkswood Primary PRU, Hawkswood Therapeutic School, Burnside Secondary PRU (all Waltham Forest), and London East Alternative Provision (Tower Hamlets). "Jerry creates a fun and inclusive environment for all. He always sets up interesting and diverse sports that change each week. He is confident working with students with complex needs and has been able to engage students who are often particularly difficult to access.

Jerry diligently supports students with their cognitive skills, motor skills, movement, group work skills, hand-eye coordination, team skills, communication, participation, leadership skills and problem solving skills. The PE students look forward to their session with Jerry and are always excited for them."

- teacher at Hawkswood Primary PRU

Using sports as a diversion and engagement tool we aim to support both the school and their pupils back into mainstream education, using workshop activities to teach important life skills.

The future



With funding from the John Lyon's Charity and the City Bridge Trust we will be expanding our PRU Project to at least two new schools across London each year for the next four years. By 2026 we aim to be delivering sessions in 12 PRUs across London and changing the lives of some of the most marginalised children and young people in the city – diverting them from paths that could lead to crime and imprisonment, broadening their horizons, and supporting them to reach their full potential.

How can you help?

While we have funding in place to expand our work in pupil referral units/alternative provision schools, we require funding and support to provide mental health and nurture group training that will enable our coaches to provide even better support to the pupils they work with.

We are actively seeking funding and support that will allow us to return to delivering sessions in state schools.

To donate to our PRU Project please use the QR code or to find out more about our work in schools, to connect us with a school or to find out more about how you can support us, email us at <u>office@ckc.london</u>



Trips

Total participants:	241
Boys:	125
Girls:	116
Total trips:	6

Our annual residential trips to Arundel and Wormsley, complimented by the Lord's Taverners Wicketz club trips to Repton, provide a unique opportunity for disadvantaged children and young people to develop important life skills, such as independence and resilience, while making new friends and playing cricket at some of the UK's most picturesque grounds.

For a lot of the children who attend, our residential trips are their first experience of being away from home without their parents and, in some cases, it is the first time they have left London.

Arundel

We returned to Arundel three times in 2022 with two girls' residential trips (May and July) and a CKC family day (August), all hosted by the Arundel Castle Cricket Foundation.

Running across three days the residential trips provided an opportunity for the girls who attended to develop their cricket skills as well as take part in unique life-skill sessions including working as teams to build shelters in the nearby woodlands.

We have been running residential trips in partnership with the Arundel Castle Cricket Foundation for almost 30 years and, in this time, inspired generations of young people.







Wormsley

Set within the Chiltern Hills, Wormsley Cricket Ground is one of the most picturesque grounds in the UK and we are honoured to have the opportunity each year to take disadvantaged children and young people on day trips to the ground to play cricket.

In 2022 we took 38 young people from London Tigers CC and our club projects for a day of training and matches.

Lord's Taverners – Repton Wicketz Residential

As part of the Wicketz club projects we run in Leyton and West Ham, selected children and young people from each club have the opportunity to attend the Repton Wicketz Residential trip at Repton College in Derbyshire.

A fantastic opportunity for those who attend, the residential trip allows the participants to meet players from the other Wicketz clubs across the country. Children take part in unique life-skill workshops, train and play matches.



The future



Over the coming years we hope to expand our residential and day trips to include trips to schools and residential centres in other areas of the country. In doing so, we will provide even more inspirational and memorable experiences for disadvantaged children and young people across London.

How can you help?

To support a disadvantaged child or young person to attend a residential trip please donate using the QR code.

To find out more about our trips and residentials, including if you may be able to support us in identifying new locations for trips, email <u>office@ckc.london</u>





Coach development and volunteering

Total coaches engaged:	25	
Club volunteers:	12	
Coaches trained:	7	

Coach development, through providing both pathways to courses and opportunities to gain experience, is a big part of the work we do. Once qualified, coaches have a skill that allows them to start a career, earn a living or, in the case of our younger coaches, earn some money to support their studies.

Over the last 20 years we have developed and trained over 30 coaches and many have gone on to find employment at county cricket clubs or other sports organisations.

The future

Next year we aim to train at least one new coach at each of our community club projects and, through our expanded work with clubs in central and west London, aim to support them in identifying and developing new coaches. We will also be working to identify and train coaches to work on our hospital and pupil referral unit projects.

Ashrafullah Abulkhairi

At Capital Kids Cricket we provide bursaries to complete Coach Development Courses for existing club volunteers. Ashraf is a typical example of a parent who has been involved with a club (Leyton Wicketz CC) for a number of years, helping as an assistant and team manager. His commitment to helping young people was recognised by CKC and we have funded his Foundation 1 coaching course in 2021. Ashraf has now gone on to the Core Coach qualification (formerly Level 2) and is in the process of completing this qualification. We are very proud of Ashraf and the work he has done for Leyton Wicketz. We hope to support more volunteers to follow this pathway into coaching and use cricket as a vehicle to change the lives of hundreds of children.



Sayed Aziz

Sayed Aziz is a qualified Level 2 coach who started his journey with Capital Kids Cricket. We have supported him to complete his coaching qualification and prepared him to deliver coaching in schools as a lead coach.

As part of the qualification Sayed completed six coaching practices by shadowing and supervised delivery at one of our community clubs. Since completing his assessment we have given him exposure to different coaching environments

including primary schools, club sessions and community sessions. After working with experienced Capital Kids Cricket coaches for two months Sayed is now able to lead primary school sessions by himself.

"I have found a lot of self-satisfaction from coaching children in primary schools. At first I was very nervous and didn't think I would be able to coach 30 children on my own in schools, however after having lots of practice and feedback from CKC coaches I have developed confidence. I am now able to deliver in a school as a lead coach and I really enjoy it. I would like to thank Shakeel and Capital Kids Cricket for supporting me through this process."

How can you help?

To support a young person to become a coach please donate using the QR code or email us at <u>office@ckc.london</u> to find out more.

We are always on the lookout for new coaches and volunteers. If you would like to find out more about volunteering or coaching with us, email <u>office@ckc.london</u>







Partners and funders

We would like to say a huge thank you to all of our supporters, partners and funders for your continued support! We would also like to thank all our individual sponsors and donors. Without your generosity we would not be able to carry out the work that we do.

Partners



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Our new President



We are delighted to announce that former England men's Captain and Essex Cricketer, Nasser Hussain OBE has joined CKC as our President.

I am delighted to accept the honour of being the President of Capital Kids Cricket. The charity has done so much to promote sports in London over the last 33 years for boys and girls across the capital.

As a boy I was brought up in Chennai, and I played lots of cricket in my dad's cricket school in Ilford. I know how important this work is and I have seen first hand what cricket can do for social inclusion.

A lot of good work has already been done and I look forward to being a part of the good work that needs to be done in the future.





Our team

President

Nasser Hussain OBE

Trustees

Haydn Turner – Chairman John Challinor – Treasurer Kalyan Kumar Phil Turner Yemi Osho MBE Judy Knappett George Blizzard William Ellse Phil Ladmore Richard Verity Sheikh Aliur Rahman John Barclay Martin Darlow

Patron

Lady Victoria Getty - Chief Patron

Staff

Shahidul Alam Ratan – CEO Joe Fisher – COO Shakeel Ahmed – Development Manager Ray Tudor – Development Manager and Head Coach Denise O'Neill – Inclusion Coordinator and Coach Jerry Bramble – Development Coach Golam Roquib Milon – CMS and Admin Assistant (remote)

Ambassadors

Jenny Gunn – former England International Tamim Iqbal – Bangladesh International Luke Hollman – Middlesex CCC player and former CKC participant

Donate

If you would like to donate to Capital Kids Cricket and help us change the lives of disadvantaged children and young people across London, please visit:

www.donorbox.org/ckc-donate

Any donation you can make is a huge help to us!

If you would like to donate by cheque, these can be made payable to 'Capital Kids Cricket' and sent to our office address:

Capital Kids Cricket, 157 Tennyson Road, London, E15 4DR







Capital Kids Cricket 157 Tennyson Road, London, E15 4DR office@ckc.london



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