

# Fresh & Ready

# Menu

## Viennoiseries & Pastries

Croissant	1,00\$
Pain chocolat	1,00\$
Muffin	2,00\$
Cookies	1,00\$
Madeleine	1,00\$
Cake	2,00\$



## Small salads

Mixed salad	2,50\$
Carrots & cabbage	3,00\$
Lentils & chickpeas	4,00\$
Taboule	4,00\$
Mixed vegetables salad & eggs	4,00\$



## Large Salads

Chicken Ceasar salad	5,00\$
Pasta salad	5,00\$
Chicken salad bowl	7,00\$
Veggy salad bowl	7,00\$

## Sandwichs

Chicken, tomatoes, cucumber, salad	4,50\$
Ham & cheese	4,50\$

## Wraps

Tuna	5,00\$
Veggy	5,00\$



## Paninis

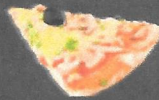
Classic :	
Ham & cheese	4,50\$
Italian :	
tomatoes, peso, mozza	5,00\$
Bolo :	
meat, tomatoes, cheese	5,00\$

## Homemade quiche

One slice	2,50\$
Every day one different homemade quiche	

## Pizzas

One slice	2,50\$
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Ham & cheese
Peperoni
Veggy fresh tomatoes, mozza, basil

## Main courses

Nuggets & pasta	6,00\$
Pasta Bolognese	6,00\$
Salmon Pasta	6,50\$
Veggy Pasta	6,50\$
Burger	4,00\$
Cheese burger	5,00\$
French fries	2,00\$

## Daily Special

6,50\$

## Special Kids

(Kindergarten - grade 6) 6,50\$

One hot meal  
+ one dessert  
+ One drink (water)

The menu will be send  
by Email every week

## Desserts

Fresh fruits salad	2,50\$
White cheese & Strawberry	2,50\$
Apple Pie	2,50\$
Chocolate cake	2,50\$
Cheese cake	2,50\$
Yoghurt	1,00\$
Vanilla Yoghurt	1,00\$
Compote	1,00\$
Fresh fruits	1,00\$
Natural Ice cream	2,00\$

## Drinks

Flat natural water	1,50\$
Sparkling natural water	1,50\$
Fruit juice	1,50\$
Organic fruit juice	2,00\$
Homemade Lemon or orange limonade	2,50\$
Smoothies (banana, mango, passion, strawberry)	4,00\$

